# ANTIOCH OURNALL

# LAKELIFE

A crafty adventure PAGE C1





# WEEKLYJOURNALS.COM

# LOCAL NEWS

Condell Medical
Center receives
approval to expand
emergency
department.

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# COMMUNITY NEWS

Parent's opinions count when it comes to drugs and their kids.

PAGE A20

# LAKE COUNTY

Local family works to raise awareness of Lou Gehrig's disease.

PAGE D1

# **SPORTS**

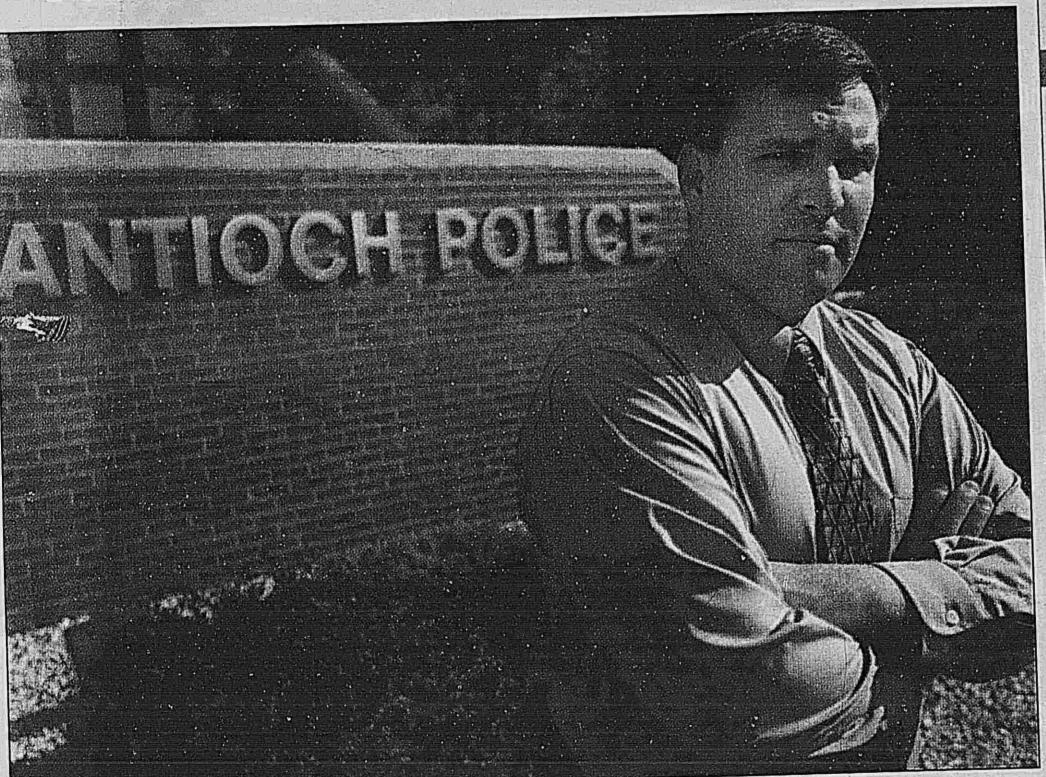
Antioch soccer pulls out a close victory against Grayslake North.

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# Learning together

Detective educates students, himself

Page A5



Chris Padgett - cpadgett@nwnewsgroup.com

Detective Rick Moritz stands outside of the Antioch Police Department. Moritz was a school resource officer for Antioch's middle and high schools.

The edition of Sept. 22-28, 2006

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Volume 120 No. 30



# Change a Life. Foster a Child.

There are hundreds of children in northern Illinois in need of a stable, loving family. Many of these children are victims of abuse and neglect, but they have the potential to thrive in a nurturing environment.

Kids Hope United is seeking individuals from all walks of life to learn about foster care.

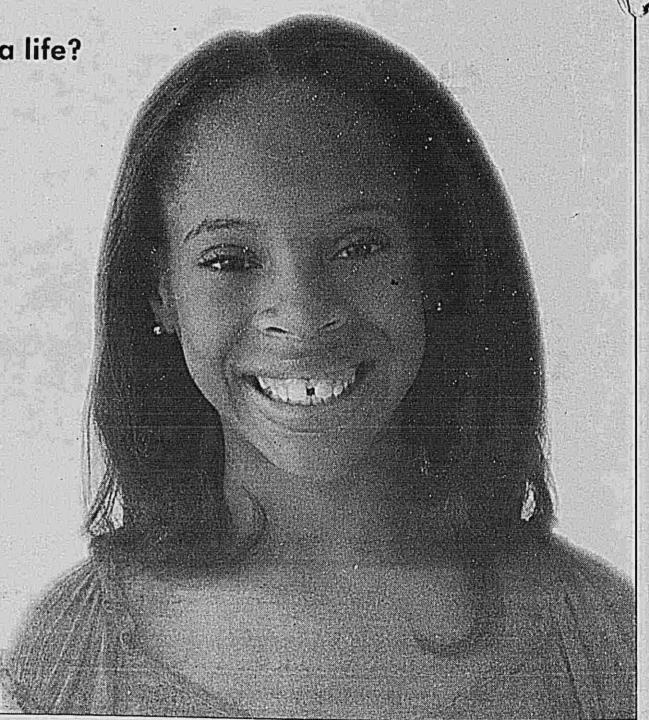
Do you have what it takes to change a life?

Learn more today:

847.245.6543 www.kidshopeunited.org

# kids hope united

Protecting children.
Strengthening families.



LIBERTYVILLE

# Taking the next step

Condell Medical Center approved to expand emergency department

> By JESSICA JACOBSEN jjacobsen@nwnewsgroup.com

LIBERTYVILLE - Condell Medical Center continues to grow.

In an effort to help achieve Level I Trauma status, Condell was approved to expand its emergency department.

The approval, which came on Sept. 12, was unanimous by the Illinois Health Facilities Planning Board.

Expanding the emergency department is the second step Condell is taking to be able to upgrade to Level I status, officials said. The first step was the approval to expand the bed tower in July.

Sue Thompson, the director of public relations and marketing for Condell, said the expansion will help Condell to take the responsibility of becoming a Level I Trauma Center.

"It's going to give [Condell] an opportunity to grow," Thompson said.

# **Expansion highlights**

The emergency department expansion at Condell Medical Center in Libertyville will include the following features:

- · Nine additional treatment stations
- An increase in ambulance bays
- A new inpatient admittance area, allowing nurses to identify appropriate care plans for patients

# By the numbers

- More than 48,000 visits to Condell's emergency department from 2004 to 2005
- About 53,000 visits anticipated by hospital officials for 2006

The next step Condell will take is to receive financial backing, Thompson said.

In a released statement, Condell President and CEO Dennis Millirons said, "This is a very exciting time for Condell's medical team and staff as we build a new bed tower and begin our [emergency department] expansion to

See CONDELL, page A19

# Libertyville man pleads not guilty to drug charges

By EMILY PREVITI

epreviti@nwnewsgroup.com

WAUKEGAN – Drug law violators comprise 21 percent of adult inmates in state prisons across the United States, according to the U.S. Department of Justice, Bureau of Justice Statistics' report in 2004.

Data from the Illinois Department of Corrections indicates that the state is on par: 25 percent of its 2004 inmate population committed an offense related to drugs.

Scott Erb might be the first Lake County resident to join them because of the manufacture of methamphetamine.

Erb, his tall and sturdy figure swathed in a navy blue jail suit, appeared before Associate Judge John Phillips in the Lake County 19th Circuit Judicial Court on Sept. 19, when he pleaded not guilty to six counts related to a methamphetamine arrest last month.

The 39-year-old faces charges of unlawful possession of cocaine, unlawful possession of methamphetamine, unlawful possession of methamphetamine precursors (pseudoephedrine) and three counts of unlawful possession of methamphetamine manufacturing materials (hydrogen peroxide, iodine and acetone).

Manufacturers use these chemicals to make the drug.

Erb could serve three to seven years (14 for an extended sentence) in state prison for each count of possession of methamphetamine precursors and manufacturing materials, both Class 2 felonies. Unlawful possession of methamphetamine carries a prison term that would range between two and five years (five to 10, if extended); cocaine, one to three (three to six, if extended).

Additionally, Erb faces between 15 and 60 years of incarceration for charges that stem from an arrest in October 2005.

If convicted, Erb would serve the sentences in succession, Stephen Scheller, Erb's attorney, said.

The 2005 arrest prompted a dozen counts related to meth possession and production against Erb, who pleaded

See DRUG, page A19



# 

Regulars

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— About us

# **ANTIOCH**

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# — Factual accuracy Did we get it right?

Accuracy is important to us at the Antioch Journal and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention. Call Larry Lough at 847-223-8161 or e-mail him at llough@nwnewsgroup.com

# Editor's Choice by Larry Lough

# First things first for your newspapers

Did you celebrate Constitution Day on | Monday?

Probably not.

Newspapers have a special appreciation for the Constitution, especially the First Amendment to that hallowed document.

"Congress shall make no law ... abridging ... freedom of the press."

That's a heavily edited version of the First Amendment, which ensures five (or is it six?) freedoms for Americans.

Sometimes a reader, upset that his news

release or letter didn't appear in print exactly as he wrote it, will complain to us, "I guess we don't have freedom of the press in this town."

Of course we do! People with a press have the right to be selective - and the obligation to be responsible - in what they print.

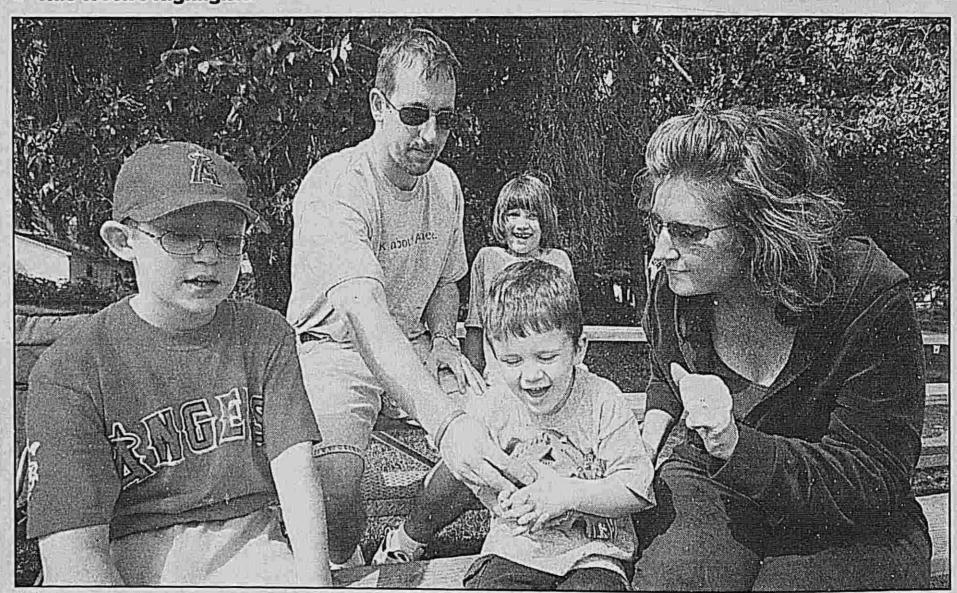
A free press should not be confused with free speech, which gives every citizen the right to preach on the street corner, hand out leaflets door to door, speak out at public meetings, even buy advertising (within or without the newspaper) to promote a point of view.

We should all cherish the unparalleled freedom of expression we enjoy in this great country. And the best way to keep that freedom strong, of course, is to exercise it.

We're listening. Let us know your thoughts and opinions at llough@nwnewsgroup.com.

Thanks for reading the Journal.

# This Week's Highlights



Sandy Bressner - sbressner@nwnewsgroup.com Plus

**FALL HOME & GARDEN** What to take care of in the fall for the spring

"Serving our communities to make them better places to live"

A mission of awareness PAGE C1





# COMMUNITY

# Quote of the Week

"We don't have absolute power. And that's a good thing; nobody should."

—Village Trustee Mary Turner of Antioch's growing neighborhoods (see story on A8)

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WEEKLY JOURNALS
Friday, September 22, 2006

AN

# **LAKE COUNTY HOMETOWN HEROES**

# Antioch

After three years as a school resource officer for Antioch Community High School, Cmdr. Rick Moritz is back in the investigations side at the Antioch Police Department. But he still looks fondly upon his time helping students at the high school.

### Fox Lake

For Larry Lutz, coaching baseball and softball has been a way of life for many years. Lutz, of Ingleside, has coached for more than 30 years and helps the Grant Township Area Athletic Association organization.

# Grayslake

Joyce Campbell has spent the past three years raising funds to establish a youth center in Grayslake.

In the process, she has become a role model and mentor to students in the community.

# Gurnee

Gurnee Police Officer Jay Simon arrested 102 people for driving under the influence in 2005, and 205 in his four-year career in the village. The Illinois Department of Transportation recognized Simon's net in 2005 with its Top Cop award.

# Libertyville

Mark Parrish donates time to Libertyville's Cats Special Olympics Swim Team. Parrish has helped the team with fundraising, through his work with the Mundelein Police Department, and in the Law Enforcement Torch Run Special Olympics.

# Lindenhurst

As co-chair for the Lindenhurst 50th Anniversary Committee, Anna Klebba played a part in organizing many events for residents to celebrate Lindenhurst's half-century mark. She also volunteers with Girl Scouts and at her church.

# Mundelein

Last year on Labor Day, Mundelein Fire Chief Randy Justus led a group of local firefighters down to the hurricane-ravaged area of Louisiana with a mission to relieve the New Orleans firefighters from their duties.

## **Round Lake**

In 2005, the Lake County Juvenile Officer's Association named Victor Ligenza, lieutenant with the Round Lake Area Park District Ranger/Police Department, the 2005 Law Enforcement Award recipient. He has made big contributions to promote the advancement of the juvenile justice system.

## Wauconda

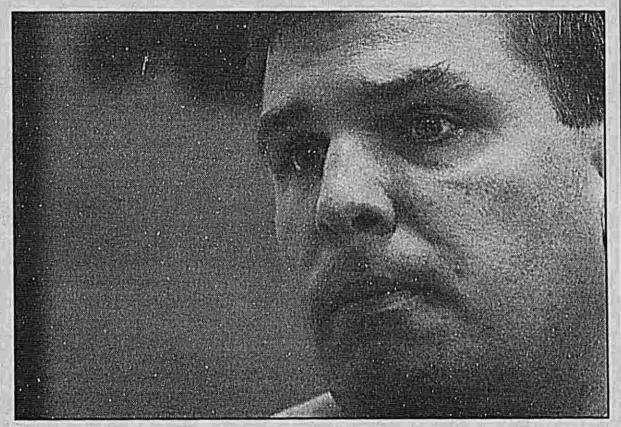
Joe Munson is in his first term at the Wauconda Township Highway Department as its road commissioner. He is well-known in the Wauconda area for helping organize a 2-hour Memorial Day parade, and he is the new Commander of American Legion Post 911.

# Waukegan

In his 28 years with the Waukegan Police Department, William Biang has worked to rid the area of violent crime and gang activity. As police chief since 2003, he has increased those efforts through the WPD's Neighborhood Enforcement Team.

To find out more about the above Hometown Heroes, visit weeklyjournals.com.

# **ANTIOCH**



Chris Padgett - cpadgett@nwnewsgroup.com

Detective Rick Moritz looks on at the Antioch Police Department. Moritz's job required him to help kids, which he says is the reason he signed up to be a school resource officer.

# A helping hand

Antioch detective lends time, experience with students

By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH – Detective Rick Moritz's stint as a school resource officer got off to an interesting start in 2003.

While walking the grounds at Antioch Community High School, Moritz saw a man sitting behind the school. The man had sat there most of the day.

When Moritz approached him, he tried to drive away, but the police officer stopped him.

While searching the vehicle, Moritz found nine bags of crack cocaine and marijuana. And the vehicle had been stolen in Chicago.

Luckily, Moritz said, such incidents are few and far between. Most of his 3 years as a resource officer for the high school and Antioch Upper Grade School have been spent helping kids – the reason he signed up for the job in the first place.

Antioch Police Chief James Foerster said the School Resource Officer program started in 1996 as a way to familiarize the community with the police department.

The job is an appointed position, but applicants sign up for the opportunity. Many officers have come from



# **Detective Rick**

Name: Rick Moritz Age: 37

Position: Detective with the Antioch Police Department

**Education:** Six years with the United States Marines

Family: Wife Stacey, of 12 years; two kids aged 7 and 9.

Hobbies: Motorcycle riding and in his spare time reading Tom Clancy novels and spending time with family.

the investigations department and have spent up to 4 years with the schools, although no limit exists.

Foerster said he had known Moritz since he became an Antioch police officer 6 years ago. They worked the same hours, and Foerster was the shift commander.

What sets Moritz apart?

See HOMETOWN HERO, page A21

The transfer of the property of the second s

# Our Town

# Collective donation

Students in Antioch, Lake Villa, Lindenhurst, Avon, and Round Lake school districts have most of the school supplies they need thanks to the One for All Coalition.

The Antioch Rotary Club, the Antioch Senior Center, Northbridge Church, the 100% Foundation, the Open Arms Mission and the Lindenhurst Early Childhood Center donated 375 school supply kits to these schools as part of the coalition.

Want to help out St. Peter School in



Tara Cilfton

Antioch?
Then buy a brick.
The school has just launched Paving the Way to a Brighter Future

Brick

Campaign.

For \$100, you can buy a brick inscribed with your name that will be placed at the entrance to the **Father Hanley Gymnasium.** 

Proceeds will be used to buy new computer equipment and keep the elementary curriculum current.

For more information, call the school at (847) 395-0037.

St. Peter School is not only selling bricks, but it's also the site of the **Antioch Rotary Club's** annual Pork Chop Barbecue and Auction.

The festivities begin at 5 p.m. on Saturday, Oct. 7, at the St. Peter Church Father Hanley Social Center.

Tickets cost \$20 each and \$25 at the door.

Call the club's publicity chair, Tom Hausman, at (847) 395-7489 for more information.

• If you have interesting information or anecdotes to submit for "Our Town," e-mail Tara Clifton at tclifton@nwnewsgroup.com

# WAUKEGAN

# Civil Air Patrol needs cadets

### **WEEKLY JOURNALS**

WAUKEGAN - The Civil Air Patrol's Lake County Composite Squadron will host an open house at Waukegan Airport on Saturday, Sept. 23.

The event will take place from 10 a.m. to 4 p.m. in the airport's Civil Air Patrol Hangar, 3500 N. McAree Road.

"All youth from ages 12 to 18, and adults of all ages, are invited to learn about Civil Air Patrol's congressionally chartered missions of homeland security and emergency services, aerospace education and cadet programs," said Capt. Craig A. Danly, squadron commander.

The Civil Air Patrol, the official U.S. Air Force Auxiliary, is a nonprofit service organization composed of 64,000 civilian volunteers nationwide, with more than 1,500 members in Illinois.

Its members perform more than 95 percent of inland search and rescue missions as tasked by the Air Force Rescue

# For information

To learn more about CAP, call (847) 604-4649 or visit www.cap.go.

and Coordination Center.

The group's Cadet Program is designed to provide youth with an environment in which to learn, mature and explore opportunities to help them reach their potential as adults.

Cadets participate in a structured program through group and individual activities that include aerospace education, physical training, leadership and moral and ethical values. The program encompasses 16 achievement levels that include study in each of those four areas.

Upon completion of each level, the cadet earns increased rank, decoration, awards, eligibility for national and international special activities, and an opportunity for flight and academic scholarships.

# Membership open to adults

CAP also offers senior membership to adults age 18 or older. Adult membership provides opportunities to serve in areas such as search and rescue, homeland security and disaster relief.

To prepare CAP adult members for special missions, extensive training and education in more than 20 different fields is provided.

Technical training is offered to members in related areas such as flight operations, emergency services and communications.

Additional training in management and executive leadership is available to members as they progress through the CAP ranks.

# Police Beat

People named here have only been charged with these crimes, not convicted. Information in Police Beat comes from local police records.

# **ANTIOCH**

# No valid driver's license

Evan M. Whitehead, 19, 200 block of Marion Avenue, Twin Lakes, Wis., driving without a valid driver's license, speeding, Sept. 17.

## Theft

Daniel P. Anderson, 33, 37000 block of Piper Lane, Lake Villa, theft, Sept. 13.

## DUI

Michael L. Rizzo, 37, N8988 Moon Lake Retreat, Iola, Wis., driving under the influence of alcohol, improper lane use, Sept. 10.

# LINDENHURST

# Suspended driver's license

Bruce Hacker, 39, 21368 W.
Sarah, Lake Villa, driving with a suspended driver's license, driving with no valid registration, driving with no proof of insurance, improper display of registration, Sept. 5.

Piotr Wielblad, 21, 5135 W. Barry, Chicago, driving with a suspended driver's license, driving with improper lighting, Sept. 12.

Michelle L. Boscacci, 34, 1624 Melrose Ave., Round Lake Beach, driving with a suspended driver's license, failure to notify the Secretary of State of a change of address, Sept. 17.

# Revoked driver's license

Santiago Morales, 43, 650 S. Elmwood, Waukegan, driving with a revoked driver's license, driving with suspended registration, driving with no proof of insurance, Sept. 7.

David J. Laskowski, 38, 1505 S. 60th St., West Allis, Wis., driving with a revoked driver's license, improper display of registration, driving without a seat belt, Sept. 12.

# Possession

Randall W. Frolich, 20, 1809

Maplewood Court, Lindenhurst, possession of alcohol by a minor, consumption of alcohol by a minor, possession of drug paraphernalia, Sept. 10.

Robert Meyer, 19, 511
Northgate Road, Lindenhurst,
possession of alcohol by a minor,
possession of drug paraphernalia, possession of a controlled
substance, transportation of
open liquor, Sept. 10.

## No valid driver's license

Ruben Benitez-Tacache, 24, 235 N. Wolf Road, Wheeling, driving without a valid driver's license, speeding, Sept. 10.

Fabian Ruiz, 24, 21743 Oak St., Lake Villa, driving without a valid driver's license, Sept. 14.

Armendo Velazquez, 17, 1421 Ridgeway, Round Lake Beach, driving without a valid driver's license, improper lane use, Sept. 17.

## LAKE VILLA

# DUI

Tracy J. Smith, 25, 36474 Traer Terrace, Gurnee, driving under the influence of alcohol, improper lane use, driving with a suspended driver's license, Sept. 13.

# No valid driver's license

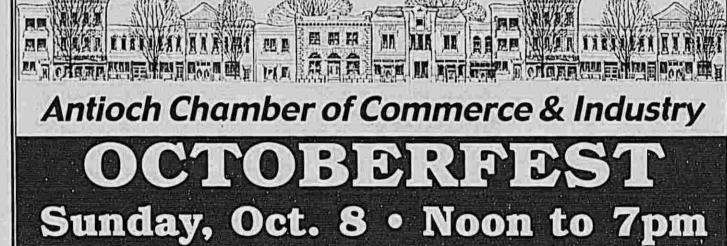
Adrian Hernandez, 33, 18881 Hickory Ave., Mundelein, driving without a valid driver's license, driving with no headlights on, Sept. 14.

Nicolas M. Rivera-Murillo, 22, 400 E. Grand Ave., Lake Villa, driving without a valid driver's license, failure to signal, Sept. 7.

Tye J. Spooner, 29, 5520 18th Ave., Kenosha, Wis., driving without a valid driver's license, driving with suspended registration, obstructing justice, unlawful use of a driver's license, Sept. 5.

# **Drive-off**

Nicholas R. Cullen, 24, 857 Sanctuary Drive, Lake Villa, driving off from a gas station without paying, Sept. 11.





# Downtown Antioch

Tapping of the 1st Keg - Noon
Kitchen Band - 12:30pm • Brat Toss - 1:15pm
Beer Stein Race - 1:30pm
Wiener Race (Dachshunds) - 2pm
Great Pumpkin Roll - 3pm
Music by Jimmy's Barvarians - 4 to 7pm
Beer Barrel Roll - 6pm
plus...Moonwalks, Bubba the Bus, Kids Klub
Coloring, Hayrides, Haystack Hunt

Sponsored by the Village of Antioch Contact the Antioch Chamber at 847-395-2233 for information

Orchard & Skidmore (Near Intersection of 83 & Orchard)

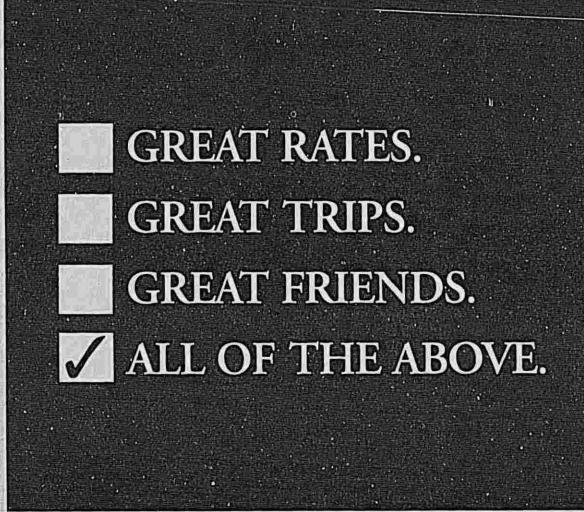
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Great employees make for a great experience. Connie Barszcz, like all of us at State Bank of The Lakes, puts extra effort into ensuring every customer has a great experience. Since Connie is actively involved with our PlatinumPreferred® customers, she has plenty of opportunities to go that extra mile.

Recently, an elderly couple visited the bank. Connie shared with them the impressive attributes of our PlatinumPreferred® Account, specially designed for those 55 and older. She also mentioned the exciting trips organized for those seniors ... including an upcoming adventure to downtown Chicago to see the King Tut exhibit, followed by dessert at Eli's Cheesecake Factory.

We're not sure if it was the account, the trip, or the food, but that couple signed on for all of the above. And Connie had another delighted new addition to our bank. See how exciting banking can be! Right now, open an account and we'll pay you \$75!\* Contact one of our Personal Bankers today for this limited-time offer.



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- ✓ No fee Trust or Investment Consultation
- ✓ No annual fee on self-directed IRAs
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OPEN ANY STATE BANK OF THE LAKES CHECKING ACCOUNT AND RECEIVE \$75

PLATINUM

# STATE BANK THE LAKES

Community Banking At Its Best

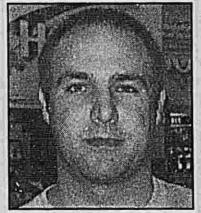
Antioch Bank: 440 Lake Street Antioch, IL 60002 847-395-2700 Grayslake Bank: 50 Commerce Drive Grayslake, IL 60030 847-548-2700

Lindenhurst Bank: 2031 Grand Avenue Lindenhurst, IL 60046 847-356-5700 McHenry Bank: 2730 West Route 120 McHenry, IL 60050 815-344-5100 Spring Grove Bank: 1906 Holian Drive Spring Grove, IL 60081 815-675-3700



\*To immediately obtain \$75 cash bonus, an opening deposit of \$750 is required OR direct deposit must be activated at the time of opening. The \$75 cash bonus will be forfeited and a penalty charged if the account is closed within 6 months of opening. The \$75 cash bonus may be considered income for tax purposes and is 1099 reportable. Offer expires 10/31/06.

# Neighbors



# Curtis Greis of Mooresville, Ind.

1 grew up in: Perv, Ind.

### My family:

Mom, Sharon; Dad, Walter; brothers Donald, Ronald, James, Warren, Joe; and Chad; sister, Starlet.

> My pets: A dog named Bear

### Occupation:

Computer network engineer; travel the country [including Antioch]

# I graduated from:

Maconaquah High School

### Hobbies:

Playing pool, camping and fishing

### Last good movie you saw: My Best Friend's Wedding

# What's in your CD player right now?

Howie Day "Having a Bad Day"

# Last good book you've read:

Never read one

# Favorite restaurant: Olive Garden

What are you doing this weekend?

No plans

# What is your dream job? To have no job but still have lots of

My pet peeve is:

Lying

• If you have a "Neighbor" whom we should profile in this column, call Weekly Journals at (847) 223-8161 or e-mail it to antioch@weeklyjournals.com



Check out our Web site at LAKE VILLA

# A new sheriff station in town

# Owner of plaza donates office space

By TARA CLIFTON

tclifton@nwnewsgroup.com

LAKE VILLA - The Lake County Sheriff's Office opened its second substation last week, during a formal ribbon cutting ceremony.

The station is located at Lake Tower Crossing, a new shopping plaza on the southwest corner of Deep Lake and Grass Lake roads.

The inside, is made up of

spacious rooms with wide windows, tall ceilings; everything is brand new.

A bonus to the new station is it will not cost the taxpayers a penny.

Karen Vass, owner of the said. plaza, donated the office space to the county sheriff's office. Cour

"My initial thought was 'What's the joke?" Sheriff Gary Del Re said. "What's the catch? How much is it going to cost?"

Vass, however, was not jok-

ing

She simply wanted a police presence in her shopping complex, she said.

1+731×2+73+3091 1146

And she isn't new to law enforcement either. She worked in dispatch for the DeKalb City police.

"I know how it is," Vass

The new substation, called County 3, will serve the Lake Villa, Lindenhurst, Antioch, Round Lake, and Grayslake areas, as well as other communities in northern Lake County, Del Re said.

Right now a traffic unit works in County 3, but more officers will be added soon.

"This will enable us to better serve the Lake Villa region," Del Re said.

Sgt. Chris Thompson, public relations officer for the sheriff's office, said the station will not only add more security to the area, but also give officers a resting area.

"It's a welcome addition," he said. "It's a good place to have, and they can make it their own."

# **ANTIOCH**

# Subdivisions growing with developments

# New additions causing questions regarding village code, ordinances

By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH – Looking for a home in Antioch? Those in the market will have plenty to choose from.

Housing developments have spread quickly in the village, many of them sprouting up just within the past five years.

But whether Antioch will truly benefit from such growth remains to be seen, and as with many things, there are pros and cons.

Two of the newest additions to the Antioch household is White Tower Farms subdivision and Red Wing View subdivision, located at Route 173 and Savage

The preliminary plans for White Tower Farms were approved just weeks ago, after a year of negotiations with the developer, Residential Land Fund. About 155 acres of land had to be annexed into the village for the subdivision, located on Route 45, about a half mile north of Route 173, to get its start.

For now, the village is putting a halt to residential annexations, said Village Administrator Mike Haley.

"We're not looking for any more right now," he said. "Our plate is full."

So for at least a little while, Antioch won't have to deal with the detailed process of establishing a residential area outside the village. But if a developer wants to build within village limits, gov-



Chris Padgett - cpadgett@nwnewsgroup.com

Housing developments are popping up all over Antioch communities.

ernment officials have very little power to stop it, said Mary Turner, chairwoman of the village's planning and zoning committee.

"We can't fight it," Turner said. "As long as they go along with our ordinances, we're dead in the water."

Like many villages, Antioch has ordinances that determine the maximum lots a neighborhood can have, the type of house, a house's distance from roads, lot sizes and other restrictions.

A benefit of working with new housing developers, Turner said, is getting a chance to delve into those ordinances.

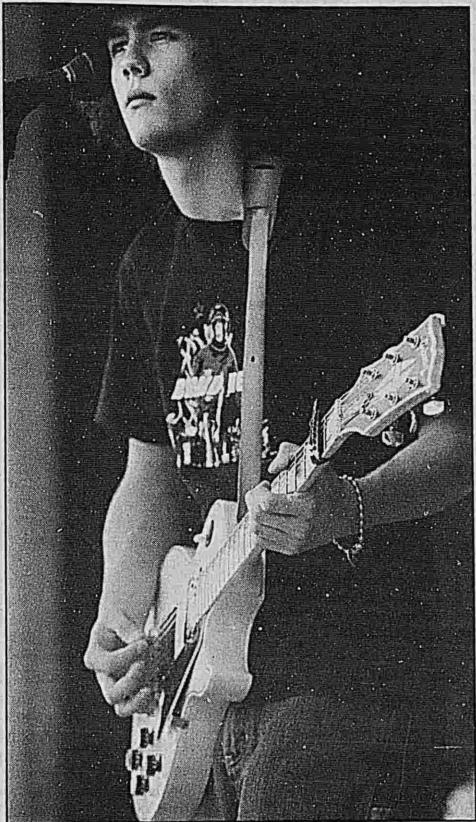
"As we go through the process we find where glitches are and we fix that," she said.

Yes, officials could regulate village code to a point where almost nobody could build, Turner said, but that would hurt the village.

"Who are we to say, 'No Mr. and Mrs. Jones from Chicago, you can't live here," she said. "We don't have absolute power. And it's a good thing; nobody should."

See HOUSING, page A10

Performing for a cause



Annie Christie - achristie@nwnewsgroup.com

Dylan Yates, 17 of Antioch along with his brother Elliott and sister Lindsey are members of Alcatraz Rivals. They jammed during Park Palooza, an event that raised money for the Tim Osmond Sports Complex.

# **Catholic Charities** seeks foster parents

**WEEKLY JOURNALS** 

WAUKEGAN - Catholic Charities of Lake County will conduct monthly foster parent information sessions on the first Tuesday of the month beginning Oct. 3.

The session will take place from 7 to 9 p.m. at Joseph Cardinal Bernadin Center, 671 S. Lewis Ave., in Waukegan.

Individuals, couples and families interested in providing foster homes for children at (847) 782-4249.

in need of a temporary residence are invited to attend.

Demand for foster homes has become acute in the Lake County area. Children typically need a foster home because their families have been temporarily disrupted by legal or social issues.

Catholic Charities welcomes applicants from people of all faiths.

For meeting registration or information, call Lucy Rivera **LAKE VILLA** 

# Dancing into a bowl of fun

Lake Villa dancers raising money to perform in Pro Bowl

By TARA CLIFTON tclifton@nwnewsgroup.com

LAKE VILLA - Members of the Lake Villa Timberwolves dance squad want to go to Hawaii.

But the bill is hefty, and they need help to fund the trip.

If they can raise enough money, five of the dancers will perform during the halftime show in the 2007 NFL Pro Bowl, which will take place on Feb. 10 in Honolulu, Hawaii.

The girls have until December to get \$3,000 each, which covers airfare, hotel stays, uniforms and tours, but not food and spending money.

Angela Meeks said the girls

have worked non-stop since the summer to garner funds. Her daughter Cheyenne Lucassen is one of the girls who is vying for a plane ticket to the Aloha State.

They have made and sold blankets, washed cars, and had many other fundraisers, said Meeks, who lives in Trevor, Wis., with her daughter.

So far, Lucassen has stacked up \$800. She and her family. will host a Candle Light Bowl at 3 p.m. on Saturday, Oct. 21, at Lakes Bowl, 601 W. Railroad Ave. in Round Lake. Tickets cost \$50 a couple. The cost covers three games, shoe rental and dinner, which will take place at 7 p.m.

The fund raising frenzy began in February, Meeks said. The Timberwolves dance squad were at a United Performing Association competition in Minneapolis and qualified to be invited to perform at the Pro Bowl, Meeks

Out of the 21 team members, 17 were invited, but only five could accept the invitation.

The Lake Timberwolves is Lake Villa Township's youth football league, which includes dance and cheerleading squads.

"We by no means have the money," Meeks said. "But it's a once in a lifetime opportunity for my daughter."

# — © Corrections

In an article titled "Fueled Up" in the Sept. 15 edition, the proportions of fuel in an E85 vehicle were reversed. Such a vehicle takes 85 percent ethanol and 15 percent gasoline. The Journal regrets the error.

In an article titled "School District 41 Administration looks ahead" in the Sept. 15 edition, a school was placed incorrectly. Antioch Upper Grade School is part of School District 34. The Journal regrets the error.

**FAMILY PRACTICE** AND SPORTS MEDICINE United Hospital System welcomes...



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Dr. Jason Johnson, a Family Practice and Sports Medicine physician, has joined United Hospital System.

"I enjoy taking care of both adults and children. There is something special about watching a whole family grow and change over time. I also feel my Sports Medicine background integrates well with Family Practice. Effectively managing musculoskeletal injuries and pain can help people to maintain active lifestyles and ultimately a better quality of life." -- Dr. Johnson

# **Accepting New Patients**

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United Hospital System Physician Clinic 1790 Nations Drive, Suite 106 Gurnee, Illinois



www.uhsi.org

# No clock tower for Antioch

By TARA CLIFTON tclifton@nwnewsgroup.com

ANTIOCH - The northeast corner of Orchard and Main streets will not be home to a clock tower.

In a split vote, the village board voted Monday, Sept. 18, against funding the project.

Trustees Larry Hanson, Robert McCarty and Robert Caulfield voted to give the clock tower committee the extra money it needed. Trustees Mary Turner, Barbara Porch, and Scott Pierce voted to deny the committee's request.

Mayor Dorothy Larson broke the tie.

"The board felt there were too many other things going Village

Administrator Mike Haley.

At the top of the village's todo list is renovating the sewage treatment plant and planning an aquatic and recreational center, among other projects.

Don Skidmore and Jim LaFontaine, heads of the clock tower committee, raised about \$175,000 through business and organization contributions for the project.

The village also had given

And that all would have been fine if preliminary tests at the clock tower site had not revealed the poor condition of the soil.

The costs of cleaning the contaminanted dirt and installing a cement foundation proved to be too much.

# Traffic congestion, growth are topics of concern with Antioch Village Board

# HOUSING

Continued from A8

Village Trustee Larry Hanson, however, thinks the village has a right to tweak codes and ordinances as much as it wants to prevent unwanted development.

"You have to take a look at when is enough enough?" Hanson said. "If you don't want it, you have to do something with your codes. You have to be creative."

Hanson's biggest concern with multiplying neighborhoods, he said, is traffic congestion, which is already clogged.

Residents, Hanson said, would probably like to take a breather from the construction.

"You can grow, but we should start slowing things down a bit," he said.

The more people that live in

By TARA CLIFTON

tclifton@nwnewsgroup.com

Auxiliary at the VFW Post 4551

wants students to let freedom

ring - with their words and

The women are sponsoring

The Patriot's Pen competi-

the local portion of the nation-

tion is open to grades six

ANTIOCH - The Ladies

an area, Hanson said, the more services they want, such as large retail stores. And that means someone has to pay for those services.

Turner, however, said commercial developments, such as retail stores, bring in sales tax revenue to the village, which funds projects.

The Lake Street Makeover, Turner said, couldn't have happened without the extra money.

"When you spend money in your community, it stays in your community," she said.

Turner said she understands, though, that people fear losing the "hometown" feel of Antioch, as well as their large back yards and forest views.

"No one want the loss of the familiar," Turner said. "But when it comes to telling people they can't build, you're putting the people of Antioch at risk."

VFW encourages student expression

Patriot's Pen and Voice of Democracy under way

# Looking for a new place?

The U.S. Department of Housing and Development offers these tips:

Figure out your budget: What you can afford depends on your income, credit rating, monthly expenses, and how much you can put toward a down payment and interest rate.

Know your stuff: Read up on fair housing acts, loan procedures and more. It never hurts to know too much.

Get it looked at: Have the house you're interested in professionally inspected. This will help you gauge the home's condition and discover if any repairs are needed.

For more information, log onto www.hud.gov

# Library celebrates censored books

# Public invited to week's events

**WEEKLY JOURNALS** 

ANTIOCH - For the next week, the Antioch Public Library District will celebrate all books that at some point or another, someone has found vulgar, tasteless or just plain offensive.

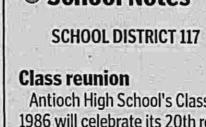
The library has several events planned for its Banned Book Week, which takes place from Sept. 23 to Sept. 30.

Heidi Knuth, a library spokesperson, said residents are welcome to attend the week's activities.

At 6 p.m. on Monday, Sept. 25, a feature film for adults will address censorship and intellectual freedom.

Mary Ann Bretzlauf, a College of Lake County English instructor, will present "Free to Read: Twenty Five Years of Banned Books Week." Her discussion begins at 6:30 p.m. on Sept. 28.

Also, many displays and decorations throughout the library will highlight banned books.



Antioch High School's Class of 1986 will celebrate its 20th reunion this fall. The event takes place during Homecoming Weekend, Oct. 6 to Oct. 9. For (Allen) Weber at (847) 395-7322 or e-mail her at rweber378@aol.com.

# Top honors

Antioch High School's 2006

through eight, and calls for a 300- to 400-word essay on the student's thoughts of this year's theme, "Citizenship in America.'

The writer of the essay that the Antioch VFW sends to the regional competition will receive a \$100 savings bond, said Barb Gray, a representative of wide Patriot's Pen and Voice of the Ladies Auxiliary.

> The national winner will receive a \$10,000 savings bond. Voice of Democracy invites

Finesse, a literary and art maga-

zine, won a gold medal from the

Association. This is the third year

Columbia Scholastic Press

in a row the publication has

the national organization.

**Hall of Fame** 

earned the highest award from

students in grades nine through 12 to record a 3-to 5minute speech expressing their views on this year's theme, "Freedom's Challenge."

The local winner will receive a \$300 savings bond, and the national winner gets a \$30,000 college scholarship.

If students wish to participate in either of the contests, they should contact Gray at (847) 973-2450 or (847) 395-5393. Essays and speeches are due to the VFW post, 75 North Ave. by Friday, Oct. 20.

# School Notes

Democracy contests.

more information, contact Becky

Ward Lear, who was ACHS' athletic director from 1957 to 1987 was inducted into the Lake County Sports Hall of Fame during a ceremony held on Aug. 31 at Midlane Country Club in

Highland Park.

During Lear's tenure, he oversaw the start of girls' athletics.

# **College visit**

A Monmouth College representative will visit Lakes Community High School students starting at 12:15 p.m. on Tuesday, Sept. 26.

Admission rep. Sarah Daugherty will talk with junior and senior students about the college, based in Monmouth. For more information, contact the school at (847) 838-7100.

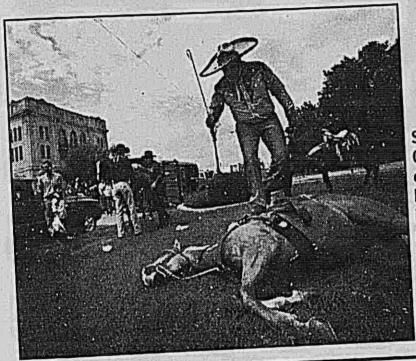


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Participants in the Mexican Independence Day Parade race down the street in downtown Waukegan as a part of the Festival Fiestas Patrias.



Salavador **Gonzales steps** on top of his horse to show its training after finishing the Mexican Independence Day Parade in downtown Waukegan.

# ¡Viva! México



Javier Quebravo of Waukegan dances during the Mexican Independence Day Parade in downtown Waukegan on Sept. 17. Residents from around Lake County gathered for the celebration.

Photos by Chris Padgett - cpadgett@nwnewsgroup.com



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1310 S. Route 12 (On the corner of Routes 12 & 134) 847-973-2265 **Round Lake** 

935 W. Rollins Rd. (Just east of Fairfield Rd.) 847-740-2265

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## ANTIOCH

- Wine Tasting and Silent Auction. 6-9 p.m., Friday, Sept. 29. Best Western Regency Inn, 350 Rt. 173. Fine art for auction. For more information, call the Antioch Fine Art Gallery at (847) 838-2274.
- Art Open House. 1-4 p.m., Sunday, Oct. 1. Antioch Fine Art Gallery, corner of Ida and Main Streets. Lake County artists Marjie Krutsch and Beverly Walczak will be showing their work. For more information, call (847) 838-2274.
- Antioch Public Library District Board meeting. 7 p.m., last Tuesdays. 757 N. Main St. Call (847) 395-0874 to confirm.
- Bingo. 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.
- Bingo. 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.
- Pinochle. 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.
- A Safe Place support group meeting. Mondays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.
- · CPR classes. 6 p.m., second and fourth Wednesdays. Squad Building, 835 Holbek Dr., sponsored by Antioch Rescue Squad. \$5 fee. Call (847) 395-5511 to learn more.
- Take Off Pounds Sensibly meeting. 6:30 p.m., Wednesdays, \* weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy Stark at (847) 395-7407 or Betty Muller at (847) 838-3907 for more information.
- Kiwanis Club of Antioch meeting. Noon, Tuesdays. Bacchus Restaurant. The public is welcome to join and share experience, knowledge and service project ideas. Call Melissa at (847) 489-8044 or e-mail at mjrigoni@hotmail.com for more information.
- Antioch Jaycees meeting. 7:30 p.m., last Mondays. Regency Inn. For more information, call (847) 395-8035.
- AARP Chapter 387 (for adults 55+) meeting. 1 p.m., second and fourth Tuesdays. The Senior Center, 817 Holbek Dr. Call Sharon Nowak at (847) 395-5068 to learn more.
- Lakes Region Historical Society meeting. 7:30 p.m., fourth Thursdays. Meeting House, 977 Main St. Call Wendy Mastom at (847) 354-0321 or Earl Beese at (847) 395-1685 for additional details.
- Northern Illinois Conservation Club meeting. 7

- p.m., Monday, Sept. 25. Clubhouse, one-half mile south of Rt. 173 on east side of Rt. 83. For more information, call (847) 395-NICC or visit www.lake-online.com/nicc.
- Irish-American Club meeting. 7:30 p.m., fourth Thursdays. State Bank of the Lakes. Call (847) 395-3942 for details.
- Lakes Area Community Band rehearsal. 7-9 p.m., Mondays. **Antioch Community High School** band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.
- Open gym. 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

### GRAYSLAKE

- "The Marriage of Figaro" highlights. 7:30 p.m., Sunday, Sept. 24. Byron Colby Barn, 1561 Jones Point Rd. The Millennium Chamber Players will perform highlights from the Mozart opera. Tickets are \$15, children under 16 are free. To order tickets or for more information, call (847) 543-1202.
- Grayslake Greenery Garden Club meeting. 7 p.m., Monday, Sept. 25. State Bank of the Lakes, 50 Commerce Dr. Mike Novak, from WGN Radio's "Let's Talk Gardening," will share his knowledge and hints. All are welcome. For more information, call Deb at (847) 548-9297 or visit www.grayslakegreenerygardenclub.org.
- "Asteria: Rose of Such Virtue" Early Music concert. 4 p.m., Sunday, Oct. 1. Byron Colby Barn, 1561 Jones Point Rd. Admission is \$15, with children under 16 free. To order tickets or for more information, call (847) 543-1202.

# GURNEE

- Network Lake County meeting. 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.
- Gagewood Lions Club meeting. 7 p.m., fourth Wednesdays. Warren Township Center, 17801 Washington St.
- Or Tikvah Sisterhood meeting. 7 p.m., fourth Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. For more information, call (847) 856-1440.
- Viking Park Singers rehearsals. 7:30-9:30 p.m., Tuesdays. Viking Park Dance Hall. . Interested singers are welcome.
- Lake County Mother of Twins and More Club meeting. 6:30 p.m., fourth Tuesdays. Joy Lutheran Church, 749 S. Hunt Club Rd. Call (866) 248-7670, ext. 1264 before attending.

# **AROUND TOWN**

- Singles (ages 55+) Breakfast Group meeting, 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.
- Lake County Philatelic Society meeting. 7 p.m., fourth Tuesdays. Warren-Newport Public Library, 224 N. O'Plaine Rd. Area stamp collectors are invited. For more information, call (847) 244-4048.

### HAINESVILLE

- Village Board meeting. 7 p.m., second and fourth Tuesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.
- Emergency Management Agency meeting. 7 p.m., second and fourth Wednesdays. 100 N. Hainesville Rd. For more information, call (847) 223-2032.

## INGLESIDE

- Fox Lake/Round Lake Area Rotary meeting. Noon, Fridays at Za Za's, 69 Washington.
- Grant Hall Museum. 1-4 p.m., Sundays. Fox Lake-Grant Township Area Historical Society, 411 Washington St. Admission free, donations accepted. For information, call (847) 587-0544 or mail P.O. Box 224, Ingleside IL 60041.
- Grant Township Republican Club meeting. 7:30 p.m., fourth Tuesdays. Township Building, 26725 W. Molidor Rd. Call (847) 740-2233 for more information.

# LAKE VILLA

- 11th Annual Pig Roast. 4-7 p.m., Saturday, Sept. 23. Lehmann Park. Tickets are \$10 for adults, \$5 for children 6-15, and children under 5 are free. Fundraiser for Lake Villa United Methodist Church's local and global missions.
- Weigh to Win meeting. 7-8 p.m., Tuesdays, Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.
- Lake Villa Take Off Pounds Sensibly meeting. 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.
- MOMS Club of Lake Villa/Lindenhurst meeting. 9:30 a.m., Mondays. Lake Villa District Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

## LAKE ZURICH

• 6th Annual Oktoberfest. Sept. 22-24. Mt. St. Joseph, 24955 N. Rand Rd. The event is free, with evening entertainment (after 4 p.m.) \$5 per person. For advance tickets or more information, call (847) 438-5572 or

visit www.lzacc.com.

## LIBERTYVILLE

• Crafters wanted for Art, Craft and Gift Show. 9 a.m.-3 p.m., Saturday, Oct. 14. Winchester House, tance of being a responsible dog 1125 N. Milwaukee. There is a \$25 fee, which includes a 60-inch round table and two chairs. The donation of one crafted item is required for a raffle. Applications due by Sept. 22. For more information or applications, call Patty Schultz at (847) 377-7224.

### LINDENHURST

- Lindenhurst Village Board meeting. 7 p.m., second and fourth Mondays. Village Hall Boardroom. Call (847) 356-8252 for more information.
- Free blood pressure screening. 8 a.m.-noon, Mondays. Victory Lakes Continued Care Center. Call (847) 356-5900 to learn more.

# LONG GROVE

• 14th Annual Apple Fest. 10 a.m.-6 p.m., Friday, Sept. 29-Sunday, Oct. 1. Long Grove business district. Free admission and parking. For more information, call (847) 634-0888 or visit www.longgroveonline.com.

# MCHENRY

 Fibromyalgia support group meeting. 7 p.m., fourth Tuesdays. Northern Illinois Medical Center (Centegra). For more information, call Lois at (815) 653-7171.

## MILLBURN

- Millburn Chapter 570-Order of the Eastern Star Annual Roast Beef Dinner. 4-7 p.m., Saturday, Sept. 23 Masonic Lodge, Rt. 45 near Grass Lake Rd. Tickets are \$10 for adults, \$5 for children 5-11 and under 5 free. The public is invited to enjoy a delicious meal and homemade pies. For more information, call Clarisse Mellen at (847) 244-
- Millburn Chapter 570-Order of the Eastern Star meeting. 7:30 p.m., Tuesday, Sept. 26. Masonic Lodge, Rt. 45 near Grass Lake Rd. The public is welcome. For more information, call Clarisse Mellen at (847) 244-3698.

# MUNDELEIN

 Crafters wanted for Holiday Bazaar. 9 a.m.-3 p.m., Saturday, Nov. 11. Mechanics Grove School. There is a \$40 fee for a 10x10 space and two chairs. Table rentals, corner spaces and electrical outlets are extra. Each crafter/vendor is required to donate one item for raffle. All indoors, free parking, bake sale. For more information, call Tracy at (847) 345-1611.

 Responsible Dog Ownership Day event. Noon-5 p.m., Sunday, Sept. 24. B.C. Dog Training Club, 920 Turret Ct. An event to promote educating the public about the imporowner. For more information, call (847) 566-1960 or visit www.bcdogtraining.com.

### RIVERWOODS

 Prairie Knitters meeting. 7:30 p.m., fourth Tuesdays. Riverwoods Town Hall, 300 Portwine Rd. New members welcome. Call Shari at (847) 374-1602 for more information.

### **ROUND LAKE**

- A Safe Place support group meeting. Wednesdays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.
- Big Brothers, Big Sisters meeting. 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.

## ROUND LAKE BEACH Lake County Community **Health Partnership**

Immunization Clinic. 4-6 p.m., fourth Tuesdays. Condell Acute Care Center, 2 E. Rollins Rd. For more information, call (847) 377-8470.

# ROUND LAKE HEIGHTS Round Lake Area Community

Band rehearsal. 7-9 p.m., Tuesdays. Indian Hill School, 1920 N. Lotus Dr. New musicians and all instruments are always welcome. Call Christi at (847) 546-8558, ext. 422 to learn more.

# **SPRING GROVE** Fox Lake School District 114 Board of Education meeting. 7 p.m., fourth Tuesdays. Lotus School,

## WAUCONDA

29067 W. Grass Lake Rd.

- Farm Heritage Festival. 9 a.m.-4 p.m., Saturday and Sunday,
- Sept. 23-24. Lakewood Forest Preserve, Rt. 176 and Fairfield Rd. This popular two-day event celebrates farm life from the turn of the century to the present. For more information, call (847) 968-3400 or visit www.lcfpd.org.
- · To submit an item to the Calendar, e-mail to wjcalendar@weeklyjournals.com, phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.

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Both the personal banker and the teller at Lake Villa Branch greet me by may first want before they even look at my paperwork. I'm impressed they move me because I an mot a lig customer, your spersomel are very courteary and mice that employees at other banks.

anonymetis

always excellent service, anonymental

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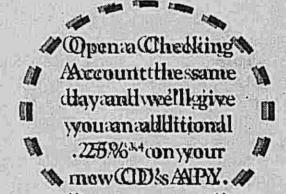
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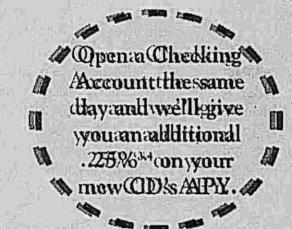
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# Condell Medical Center expansion, construction to start in April 2007

# CONDELL

Continued from A3

continue our commitment to provide quality health care to our patients."

Plans to upgrade the medical center have been in discussion for a while, Thompson said.

"We've been moving in this direction for quite some time," she said.

The emergency department expansion includes nine additional treatment stations, an increase in ambulance bays and a new inpatient admitting area to allow nurses to initiate appropriate care plans.

"An expanded emergency department and the ability to provide Level I Trauma services will allow us to slash [emergency department] waiting room times and treat an ever increasing number of patients promptly, which can make the difference between life and death," Condell Trauma Director Mark Kadowaki said in a statement.

Thompson said response to the recent approval has been positive.

"Everyone is thrilled about it ... this is a serious commitment, and I think [people] see that," Thompson said.

66

Everyone is thrilled about it ... this is a serious commitment, and I think [people] see that.

# **Sue Thompson**

Director of public relations and marketing for Condell Medical Center

99

According to Condell, emergency department visits were more than 48,000 from 2004 to 2005. Based on projected growth and historical visits, hospital officials expect visits to increase to about 53,000 for 2006.

Construction is scheduled to begin in April 2007 on both the bed tower and emergency department. The emergency department expansion is projected to end in December 2008, while the bed tower will be completed in November 2009.

Thompson said after construction is completed, and the infrastructure is in place, it will apply for certification to become a Level I Trauma Center.

# Erb enters not guilty plea to numerous drug charges

# • DRUG

Continued from A3

not guilty to those, too.

The charges from his first arrest include five counts of disposing of meth manufacturing materials.

Lake County Metropolitan Enforcement Group (MEG) and the Lake County Sheriff's Department, working with Libertyville and Gurnee police departments, arrested Erb in Gurnee last month and in Libertyville in October 2005.

According to Lake County MEG Deputy Director Keith Frederick, Erb had not yet assembled a meth lab in Gurnee, but had obtained materials to do so.

While there was no evidence that Erb sold the drug in either instance, according to Frederick, authorities found more than one pound of methamphetamine at Erb's condominium at 810 Breaman Court, in Libertyville, when they arrested him in 2005.

Though MEG has encountered meth in other situations, none of it was manufactured locally, Frederick said, and MEG has not found other labs in Lake County.

Erb was out on bail awaiting a trial that stemmed from his first arrest when an anonymous tip prompted the

Erb requested on Sept. 19 that Phillips set bail for both arrests at \$1.6 million total. Phillips set bail at \$2 million.

If Erb comes up with another \$40,000, he will make bail again, according to Scheller.

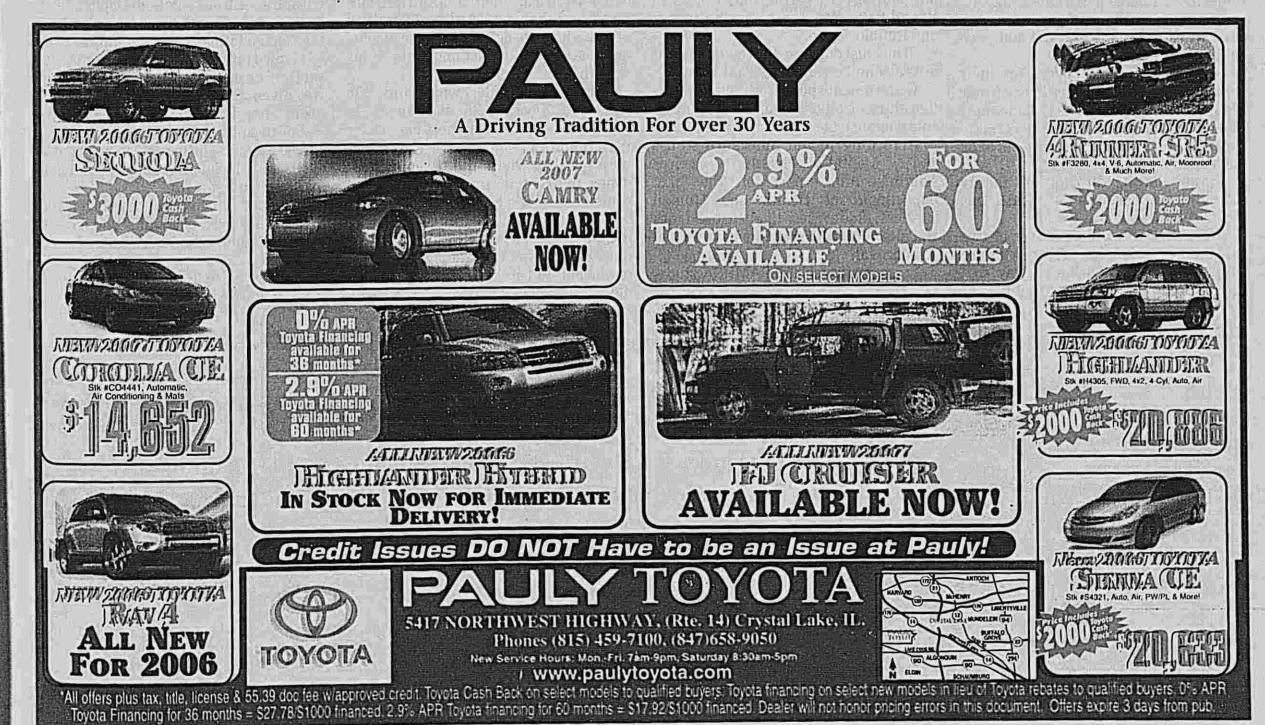
Erb also requested medication for anxiety and depression.

Over the past several years, Erb has taken a variety of medications to treat attention deficit hyperactivity disorder (ADHD) and obsessive-compulsive disorder, Scheller said.

Scheller said his client has gone without medication since his arrest Aug. 11, but expected he would have access access soon after his Sept. 18 court appearance.

Erb will appear again on Oct. 6 to set a date on which to start his hearing.

Lake County Assistant State's Attorney George Pappas is prosecuting the case.



# Parents: Not always the anti-drug voice

By TARA CLIFTON

tclifton@nwnewsgroup.com

Last school year, a Lakes Community High School student volunteered to be drug tested. He also left a marijuana pipe in his shorts in a laundry basket, which his mother later found. He even told his mother and Lake Villa police where he stashed marijuana in his bedroom.

Teenagers who do drugs often act quite the opposite of what this teen did; they hide their activities and lie, so they won't get in trouble.

But this student was in a different situation. He smoked marijuana with his estranged father to make him happy. The father offered the son the drug to bond with him, and find common ground.

However, the Lakes student felt trapped. He wanted to get caught, so he left clues, and eventually police from Lake Villa and Antioch, and school officials in School District 117 came to his rescue.

Needless to say, his mother Colleen [last name withheld for privacy], was furious when she discovered what her exhusband was doing with her son.

"I went through the roof ... this was for sure a sick form of abuse," she said.

But there are more people similar to Colleen's ex-husband; parents who don't see a problem with supplying their children with marijuana, alcohol and cigarettes.

Some parents host parties for their teenagers, reasoning that as long as their kids and friends are locked inside their home, under supervision, the risks associated with substance use are lowered or don't exist at all.

Karen Smith, director of family strengthening services for Nicasa, has met parents like this at her job.

"Parents think it's the lesser of two evils," Smith said. "They figure kids are going to smoke pot or drink anyway, so if they're doing it under their roof they're

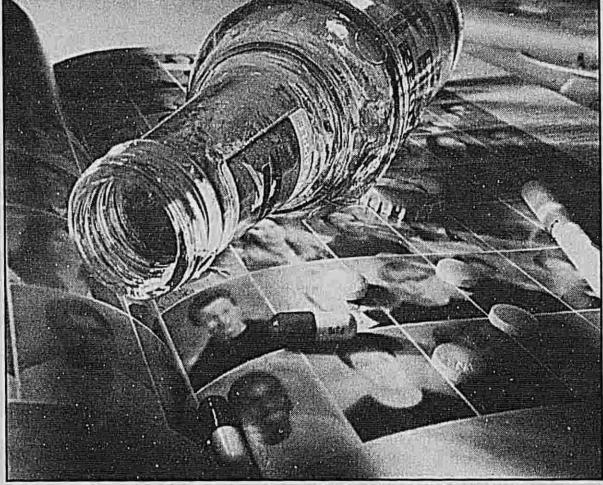


Photo Illustration by Chris Padgett - cpadgett@nwnewsgroup.com

National studies show the impact parents can have on teens regarding drug and alcohol use.

safer."

Nicasa is an organization that offers drug and substance abuse rehabilitation for families. The group has offices in Round Lake, Waukegan, North Chicago and Buffalo Grove.

"They just don't see it as being serious if its alcohol or cannabis," Smith said.

Government-sponsored studies prove that children tend to take what their parents demonstrate quite seriously.

According to the Substance Abuse and Mental Health Services Administration, part of the U.S. Department of Health and Human Services, kids are less likely to use drugs and alcohol if their parents have shown disapproval.

In one national 2003 SAMHSA study, 59 percent, or 14.6 million, teens reported talking to a parent about the dangers of drugs and alcohol. These youths were less likely to partake in such behaviors.

By contrast, another SAMHSA survey found that in 2002 almost 5 million adults who were dependent upon alcohol or tobacco had at least one child living with them.

These studies reflect what Smith said she sees at Nicasa in Round Lake.

Besides parents who host parties for their children, Smith said she works with families where the parents abuse drugs in front of their children, and sometimes offer a hit or a drink.

Smith said some youths are driven to drug use. Usually these kids have parents who are heavily addicted to drugs or alcohol, and are no longer able to handle the household, leaving such respon-

sibilities to the children.

"The kids are stressed out," Smith said. "They smoke a joint just to relax."

Smith said she is most frustrated by the parents who host parties for their kids or encourage drug and alcohol use in other ways, no matter how inadvertently.

"Not only do these parents set bad examples," Smith said, "but providing alcohol and drugs to minors is illegal."

Nathan Bylsma, School District 117's Student Assistance Program Administrator, said that parents need to consider that things can go wrong even at a party that is supervised.

"There are other things to think about besides drinking and driving," he said. "There are things that can happen like fights, passing out, and doing something sexual that will be regretted later.

"Our parents should not be allowing that to happen," Bylsma said.

In School District 117, which serves Antioch, Lake Villa and Lindenhurst, Bylsma said the instances of students using drugs or alcohol with their parents knowing are few, but he still doesn't like the fact that it happens at all.

"It's illegal for teens to drink alcohol," he said. "Regardless of your opinions on it"

Cmdr. Craig Somerville, a detective with the Antioch Police Department, said many parents don't consider how their behavior looks to their children.

"Police officers see it all the time," he said, citing one case where an 8-year-old was given alcohol. "They need to think about what it's doing to this kid."

Smith said she is saddened by youths whose parents influence them to use drugs and alcohol, but she does not call for harsh punishment.

"You can't just point your finger and blame everybody," she said. "You have to look at the individual families and communities.

"When you look at their life stories, it's a lot more complicated."



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# Detective finds way to balance work obligations with family life

# HOMETOWN HEROES

Continued from A5

"The caring that he showed and the willingness to spend the time needed to help a victim," Foerster said.

He also follows up consistently on cases, Foerster said, and is very task oriented.

These qualities helped Moritz while working as a school resource officer, he said.

Moritz's duties included handling criminal activity in the schools, he said, which involves anything from truancy to bringing marijuana to class. But he serves an educational purpose as well. For instance, Moritz attended science classes to describe how police gather evidence at crime scenes, such as lifting fingerprints. He also goes to driver's education classes to explain the dangers of drunk driving.

He answered questions from students constantly, he said. Some students asked him about specific cases and questioned how they were handled, such as why some officers are "mean" when they pull students over for speeding.

"It was good for both of us," Moritz said of these exchanges. "I got a lot out of it."



Besides enjoying that he worked with kids, Moritz said, he wants to let kids who messed up know that they have a second chance.

"You see so many kids daily," Moritz said. "You see them in their better times and in their worse times. You see them at dances and at games.

"And the value is in the continuity of

being there with students, with them knowing there's someone there to talk to."

And really, that's what being a school resource officer is all about, Foerster said.

"It's a critical position, keeping the lines of communication open between parents, educators and law enforcement officers," he said. "What's more important in our world than our children?"

Moritz said he understands that students are going to make mistakes sometimes, but that is part of life. The important thing, he said, is that lessons are learned from those mistakes.

"That's what makes us better people,"

# **─** Local Digest

### **Autumn fun**

The German American Club of Antioch will have its annual Oktoberfest at 6 p.m. on Saturday, Oct. 7, at the German-American Cultural Center on Route 132, one mile west of Route 83 in Lake Villa.

Die Freistadt Alte Kameraden Band will entertain. Raffle prizes will be up for grabs. Tlckets cost \$10 each.

For more information, call (847) 356-5484.

## **Gallery classes**

The Antioch Fine Arts
Foundation is taking registration
for its fall and winter programs.

Children's programs include
Beginning Art Discovery, Jungle
Art, and Underwater Art. Adults
and high school students can take
one day workshops covering
stained glass, papermaking and
encaustic painting.

For more information, log onto

www.antiochfinearts.org or call (847) 838-2274.

# **Christmas auditions**

Festival Arts of Antioch is looking for singing soloists for its Christmas concert.

Auditions for a soprano, alto, tenor and bass will take place from 7:30 to 10 p.m. Sept. 24 at Antioch United Methodist Church, 848 Main St. Parking is behind the church.

The soloists will be featured during the Christmas portion of Handel's "Messiah," which the group will perform at 7:30 p.m. Dec. 17.

For more information about the auditions, call Ken Smouse at (847) 395-1333.

# **Women's meeting**

The General Federation of Women's Clubs (GFWC) Illinois 10th District, affiliated with the GFWC International, will host its opening meeting for all federated women's clubs in Lake and Cook counties on Wednesday, Sept. 27, at Bonnie Brook Golf Course, 2800 Lewis Ave., Waukegan.

Registration begins at 9:30 a.m., and the meeting starts at 10 a.m. A luncheon will take place at 12:30 p.m. After that, Phyllis Cossarek will be installed as the GFWC Illinois Tenth District President by past president Joyce Spencer. For more information, contact Cossarek at (847) 256-1177.

### **Open House**

The Antioch Fine Arts Gallery will host an open house from 1 to 4 p.m. on Sunday, Oct. 1, at the gallery, on the corner of Ida and Main streets in Antioch.

Artists Marjie Krutsch and Beverly Walczak will display their work while guests enjoy refreshments.

# - Births

Wyatt Walker Raditz, a son, was born Aug. 16, at Condell Medical Center in Libertyville to Heather Shefka and Nick Raditz of Antioch. His siblings are Ryan Shefka, 4, Cheyenne Shefka, 2, and Summer Raditz, 4. Grandparents are Jackie and Jim Justus of Antioch and Tom and Barb Raditz of Bristol, Wis. Great-grandparents are Ray and Jan Williamson of Phillipi, W.Va. and Doris Raditz of Paddock Lake, Wis.

Gabriella Grace Furlan, a daughter, was born July 31, at Lake Forest Hospital to Pete and Kara Furlan of Kenosha, Wis. Her sisters are Angelica, 8, Jacqueline, 4, and MacKenzie, 2. Grandparents are Conrad and Jan Stanek of Antioch and Dan and Pat Furlan of Wadsworth.

Alexander John Simons, a son, was born July 6, at Lake

Forest Hospital to Marilyn and William Simons of Kenosha, Wis. Grandparents are Dennis and Nancy Padgett of Zion and John and Pam Simons of Zion.

Aiden Kevin Eberman, a son, was born July 16, at Condell Medical Center in Libertyville to Kevin and Kathleen Eberman of Antioch. His siblings are Steven Irving, 13, Lukas Whipple, 9, and Skylar Whipple, 12.
Grandparents are Elmer Eberman of Antioch and Rosemarie Schrieder of Grayslake.

# Isabella Eulalia Gladys

Oliver, a daughter, was born July 14 at Condell Medical Center in Libertyville to Wendy Bosques of Antioch. Her brother is Elijah Oliver, 5. Grandparents are Archie and Nezy Oliver of Antioch. Great-grandparent is Albina Freitas of Antioch.



- Race: Dover 400
- Where: Dover (Del.) International
- Speedway (1.0 mi.), 400 laps/miles. ■ When: Sunday, Sept. 24
- Last year's winner: Jimmie
- Johnson
- Qualifying record: Jeremy Mayfield, Dodge, 161.522 mph, June 4, 2004. ■ Race record: Mark Martin, Ford, 132.719 mph, Sept. 21, 1997.

■ Last week: The Chase for the Nex-

tel Cup giveth, and the Chase taketh away. For proof of the former, ask Kevin Harvick. For the latter, query Jimmie Johnson or Kyle Busch. Harvick's Sylvania 300 victory drew attention to the rather drastic gearshifts inherent in a format that reduces the Nextel Cup championship to 10 races. Witness the erratic path in two of the notable losers, the unfortunate Johnson and

Busch. Johnson, who led the points standings for most of the year, had to withstand a sick engine and a crash. Somehow he finished, albeit 39th and 67 laps behind. Busch, Johnson's Hendrick Motorsports teammate, wound up 38th, 24 laps down. On Aug. 26, Johnson led Matt Kenseth by seven points and Harvick by 321. He fell to second behind Kenseth a week later. On Sunday morning Johnson was five points behind Kenseth and five ahead of Harvick. After a race that took 3 hours, 6 minutes and 21 seconds, Johnson found himself trailing Harvick by 139. Busch woke up 15 points out of the lead and went to bed Sunday night 146 behind. The top 10 were separated by 45 points at the race's beginning and 146 at its end.

### -BUSCH-SERIES-

- Race: Dover 200 ■ Where: Dover (Del.)
- International Speedway (1.0 mi.), 200 laps/miles.
- When: Saturday, Sept. 23
- Last year's winner:
- Ryan Newman Qualifying record: David Green, Chevrolet, 157.916 mph, June 6,
- 2004. Race record: Dale Earnhardt Jr., Chevrolet, 130.152 mph, May 30, 1998.
- Last race: Kevin Harvick, in a Chevrolet, won the Emerson Radio 250 at Richmond.

### CRAFTSMAN-TRUCK-

- Race: Las Vegas 350
- Where: Las Vegas (Nev.) Motor Speedway (1.5 mi.), 146
- laps/219 miles. ■ When: Saturday,
- Sept. 23 ■ Last year's winner:
- Todd Bodine ■ Qualifying record: Mike Skinner, Toyota,

165.320 mph, Sept.

- 25, 2004. ■ Race record: David Starr, Chevrolet, 135.394 mph, Oct. 13,
- 2002. ■ Last race: Johnny Benson drove a Toyota to his fourth victory of the season in the New Hampshire 200.

# - DOVER DATA **≱FX** (M) **MBNA 400** Dover 400 June 4 Sept. 24 Distance:..... 1 mile oval Length of frontstretch:. ...1,076 ft. Length of backstretch: ...1,076 ft. Miles/Laps:.....400 mi. = 400 laps

# -TOP-10-IN-POINTS-

# NEXTEL CUP

5,230 Kevin Harvick Denny Hamlin - 35 -41 Matt Kenseth Jeff Gordon - 50 - 64 Jeff Burton Mark Martin - 75 Dale Earnhardt Jr. - 81

- 110

- 139

- 146

-1,223

- 1,270

- 1,457

- 1,524

- Kasey Kahne Jimmie Johnson Kyle Busch
- **BUSCH SERIES** 4,460 Kevin Harvick - 619 Carl Edwards -659 Denny Hamlin Clint Bowyer -845 J.J. Yeley - 902 Paul Menard - 1,103

# Reed Sorenson

Johnny Sauter

Kyle Busch

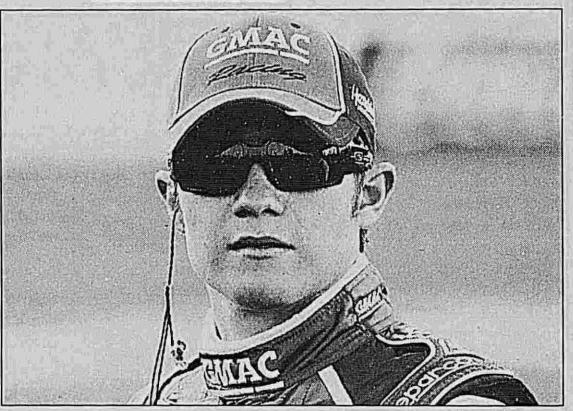
Greg Biffle

CRAFTSMAN TRUCK SERIES 2,784 Todd Bodine Johnny Benson - 124 - 263 **David Reutimann** Rick Crawford - 315 David Starr - 334 Ted Musgrave - 334 - 413 Ron Hornaday - 429 Jack Sprague Terry Cook - 439 Mike Bliss

# Who's hot —

**Brian Vickers** scored his first top-10 finish in a span of seven races and his first ever at New Hampshire. ... Dave Blaney has two top-10s all year: his past two races.

Who's hot — If not for the Chase, it would be impossible to drop from second to ninth in the standings, as Jimmie Johnson did. ...Kyle Busch fell from fourth to 10th, thanks to his Loudon misfortune.



John Clark/NASCAR This Week

North Carolina native Brian Vickers found some success at New Hampshire, reaching his first top-10 finish in seven races. However, his current teammate Jimmie Johnson dropped from second to ninth in the Chase standings after Loudon.

# FEUD OF THE WEEK





# **Kevin Harvick** vs. Michael Waltrip

Harvick's most crucial moment en route to a New Hampshire victory may have been a bruising confrontation between him and Waltrip when the driver who is 36th in Nextel Cup points tried to remain on the lead lap. "If he'd raced that hard at the beginning of the race," said Harvick, "he wouldn't have been a lap down."

**NASCAR This Week's Monte** Dutton gives his take: "The performance of Michael Waltrip in his first year as a driver-owner has been truly abysmal. Perhaps that will change when the nameplate changes to Toyota."

# Rookie favorite Hamlin getting good help from Stewart

By Monte Dutton NASCAR This Week

as the favorite to win the Nex- and who is overshadowed by tel Cup championship.

Raybestos Rookie of the Year remains, well, about his speed. is defending his title no longer, Hamlin was also considered the driver most likely to miss the Chase — that is, until he made it. He isn't bitter, though. He understands the level of the surprise he has quietly sprung on NASCAR this year.

"I try to stay as humble as I get to him," said Stewart. can," he said.

# -NUTS-AND-BOLTS--

rookie favorite when the season LOUDON, N.H. - Denny started, who climbed into a car Hamlin isn't widely perceived that didn't perform well in 2005 having the reigning Nextel Cup The common view is that champion as a teammate. Tony Stewart continues to reign buthe as he didn't make the Chase.

> there to kind of help him out and do the things that it's going to take to keep his mind focused on the task at hand and

Of Stewart, Hamlin said: "I

just go out there and race. the first big step in doing that. Kasey Kahne, who found what That's what he loves to do."

Different pressure — Dale Earnhardt Jr.'s recent record is

solid. His average finish in the six races leading up to the Chase was 8.67. In retrospect, it seemed like more of a strug-"Week to week, I can be gle than it was, but Earnhardt failed to make the Chase in 2005, which probably created more pressure.

"Now we can replace the not let the other distractions pressure of making the Chase with the pressure of winning a championship," he quipped. "I Humility has to be hard for a think he's happier now that the want to win a championship driver who wasn't even the stress is off, and now he can bad, and being in the Chase is

cause they gave me such great effort all year. They deserve this. My fans deserve it. My sponsors deserve it. Everyone who stuck with us through last onship, so I hope they soak it for the logical next step. up, because I know I am."

In case you haven't noticed, there are a lot of people who 'stuck with" Earnhardt Jr.

goes into the Chase having al- we can to challenge for the ready fulfilled his goals, it's championship."

I'm honored to be in the Chase. it took to be routinely consis-I'm happy for my team, be- tent and successful. Few expected the 2004 Raybestos Rookie of the Year to make the Chase. It was less surprising that he won the most races (five) during the regular seayear deserves being a part of son. This was the year Kahne this Chase for the champi- matured, and now he's ready

"We've accomplished the goal we set for this team at the start of the season: 'Make the Chase.' That's the only way you can win the Nextel Cup," said Kahne. "Now it's the start of another season as we have our Fait accompli - If anyone sights set on doing everything





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# SPORTS

Other sections

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WEEKLY JOURNALS
Friday, September 22, 2006
ALL

# **WEEK 4: PREP FOOTBALL**

**GRANT 21, ANTIOCH 6** 

# Bulldogs cool off Sequoits

**WEEKLY JOURNALS** 

Momentum can do a lot for a football team, but it can't do everything.

Grant's big 21-6 win against Antioch certainly proved that as the Sequoits took all of six plays to find the end zone and the early 6-0 lead last Friday.

Fortunately for the Bulldogs, that was the last time Antioch would score.

Sequoit Dan Larsen was red-hot in the opening drive, first running 18 yards, catching a 17-yard throw from play-caller Bjorn Jaranson and capping off the possession with a 30-yard touchdown scamper.

Larsen (22 carries for 104 yards) and crew went 67 yards on six plays in the drive, but could not recapture the magic later in the game.

Grant took Antioch's thunder and ran with it, rattling off 21 unanswered points for the big conference win.

In the first quarter, the Bulldogs were quick to answer Antioch's opening drive with a score of their own. Quarterback Frank Giannosa hooked up with receiver Tom Bychowski for the big 32-yard pass that set up a short 1-yard scoring drive, courtesy of Joey Claver. Kevin Katchmar's kick gave Grant the early 7-6 lead and the Bulldogs never looked back.

See FOOTBALL, page A25



Chris Padgett - cpadgett@nwnewsgroup.com

Grant quarterback Frank Giannosa (10) leaps over Antioch's Joel Jares during last Friday's game.

**CROSS COUNTRY: WARREN INVITATIONAL** 

# Blue Devil girls defend home turf with win

**WEEKLY JOURNALS** 

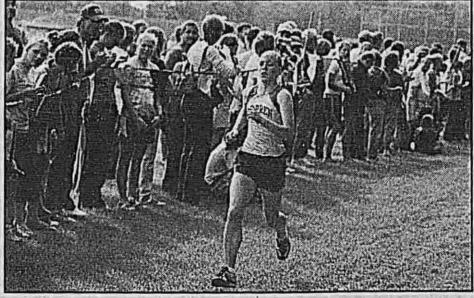
Last weekend's Warren Invitational certainly lived up to its namesake as the Blue Devils were inviting all comers to try to usurp their throne.

Warren's girls defended their course with a first-place finish while the Blue Devil boys turned in a second-place finish.

On the girls side, Crystal Lake South runner Kristina Aubert set the pace with a time of 17 minutes, 50 seconds, but Warren's Sarabeth Jones opened up the host's bid for domination. With an individual seventh-place finish, Jones was just the beginning as all five Warren finishers placed in the top 25.

Blue Devil sophomore
Heather Olson had an "off
week" with a 10th-place finish
in a field of more than 100 runners. Teammates Alexa
Williams (20:30), Jaclyn
Diaferio (20:38) and Annie
Brandes were there to pick up
Olson and the rest of the team,
finishing in the No. 22, 24 and
25 positions, respectively, to
give WTHS an 88 score – 16

See CROSS COUNTRY, page A25



Sandy Bressner - sbressner@nwnewsgroup.com

Sarabeth Jones took seventh place individually, and her teammates followed close behind to win the Warren Cross Country Invitational.

# **Prep football roundup**

Week 4

Carmel 50, Notre Dame 20

Carmel (4-0) running back Jim
 Potempa had a career day, setting personal bests with 208 rushing yards and finding the end zone four times.

CL South 47, Grayslake North 0

• The lone highlight for North (0-4) was the play of quarterback Nick Harrington and Erik Halek, who linked up for 38 yards on two passes while Harrington finished 4-for-9 for 60 total yards.

Jacobs 60, Grayslake Central 34

Central (1-3) could not halt Jacobs'
 (3-1) potent offense. The Rams first scored on a halfback option pass from Greg Bey to Chris Sparkman for a 50-yard touchdown pass. The Rams scored again on a 19-yard pass from QB Evan Jones connecting with John Corcoran for another touchdown. Running back Rich Smith also scored on a 21-yard run and a 34-yard run.

Lake Forest 38, Round Lake 6

 Lake Forest spoiled Round Lake's homecoming and shut down the Panthers' ground game to the tune of minus-9 yards in the entire first half. Ray Bryant capped off a 58-yard touchdown scamper for the lone Panther score.

Lakes 11, Vernon Hills 0

• Junior quarterback Randy Ratajcyzk completed six straight passes for 51 yards en route to the game's only touchdown for Lakes (4-0, 2-0 NSC-Prairie). Vernon Hills drops to 2-2.

Libertyville 10, Lake Zurich 9

 Wildcat play-caller Ryan Kennedy and his Libertyville (4-0, 2-0 NSC-Lake) crew found the end zone only once late in the third quarter. Joey Bowens hit a 40-yard field goal, good for a season long, and good for the win.

Maine West 14, Waukegan 6

 Waukegan (2-2) started off on the right foot, scoring on the first drive as play-caller Mar'Quezie Edmonds scrambled for the 15-yard touchdown for the early 6-0 lead. That was the last time Waukegan found the end zone in the game.

Stevenson 27, Mundelein 14

 Josh McKindra opened up the Mustang scoring with a big 71-yard run in the second quarter. Mundelein wouldn't find the end zone again until Mike Petti brought an impressive 96-yard kickoff return in the fourth quarter.

Warren 30, Zion-Benton 14

 Warren QB Jeremy Robinson went 10-for-18 for 172 yards while Warren tailback Anthony Maldonado went for 123 yards on 26 carries in the win. Robinson's favorite target was Matt Mose, who caught six passes for 109 yards. On the Sidelines

# Practicing what you preach

Words are a coach's greatest tool. Preaching is about as much a coach's job as a South Baptist minister's.

But with all the talk, there are plenty of old adages that are, in a word, worthless.

Sure, they're good for inspiring impressionable young minds looking for meaning in a crazy world, but usually, most of

us just roll our eyes.

The inspirational speech may turn the odds in sports movies, but out there on the playing field, words aren't really worth a



Daniel J. Patrick

whole lot - or are they?

Looking around the local sports scene this year, there are a few adages that are beginning to hold some water.

# 'If at first you don't succeed, try, try again'

In the case of Lake County football, take out one of the "trys" and you're on to something. After taking their lumps last year, to the tune of a 2-7 record, Lakes High School is riding high in 2006.

The Eagles are sitting pretty with a flawless 4-0 record, beating a previously undefeated Round Lake team, 42-14, and now blanking Vernon Hills, 11-0.

Now just one win away from a guaranteed playoff berth, Lakes is following in the footsteps of the former expansion team they just shut out, the Cougars. After finishing 2-7 in 2000, Vernon Hills rattled off three straight playoff seasons and four regional titles in five years.

At this pace, it's a good bet that Lakes coach Luke Mertens would prefer his team to keep "trying" like this for many years to come.

# 'Practice how you play'

ld-

Wildcat coach Randy Kuceyeski runs a tight ship in Libertyville, opting to run threea-days as opposed to the usual two-a-days in the summer and keeping his players on a tight training regimen to keep them strong and ready for battle throughout the year.

Well, something must be working as LHS looks about as strong as the 2004 state championship team did. And this finely-tuned team has started it all on the practice field.

# 'We're just taking 'em one game at a time'

I know I've asked this before, but wasn't Warren supposed to be down and out this year?

While last week's homecoming game definitely didn't stack up to the tune of a 28-6 beating, courtesy of Lake Zurich, the Blue Devils have exorcised their demons and rebounded to a 30-14 win over Zion-Benton last week.

Running back Anthony
Maldonado had a new lease on
life against the Zee-Bees, running for 123 yards on 26 carries
after amassing just 23 yards the
week before. Maldonado took
one bad game and put it completely behind him.

# 'There's no 'I' in Team'

In my playing days, there was no other adage that held more Velveeta than this one. But in the case of the seemingly unstoppable Carmel Corsairs, they seem to be beating the cheese out of every team they meet with a well-balanced, teambased attack.

Carmel's triple-option always has lent itself to a more democratic style of play, but the Corsairs can hurt you with either running backs Jim Potempa and Sean Lees, quarterback David Venegoni or any of their host of talented receivers. Lest we forget the Corsairs' talented line that gives Venegoni about a year and a half to pick out his favorite receiver. Or the stifling defense on the other side of the ball. Carmel has all the right "I's" to make up one heck of a team.

 Daniel J. Patrick is the Weekly Journals sports editor. Contact him at dpatrick@nwnewsgroup.com.



Sandy Bressner - sbressner@nwnewsgroup.com

The pack of Warren girls cross country runners take off during their host invitational. The Blue Devil girls took first place, and the Warren boys garnered second place.

# Kline carries Warren boys to 2nd place

# CROSS COUNTRY

Continued from A24

points better than second-place finisher Evanston.

Grant turned in an impressive performance, finishing third in the meet with 123 points. Alexis Capps led the Bulldogs with a time of 20:07, good for a 13th-place finish in the meet. Teammates Jessie Stimpson (20:17) and Kendra Kennedy (20:20) weren't far behind, finishing in the No. 16 and 17 positions.

Mundelein was able to take the No. 7 position, thanks to big finishes from Lindsey Benedeck (No. 15) and Claire Heitman (No. 18), who finished in 20:16 and 20:21, respectively.

Antioch also was able to crack the top half of the leaderboard with a ninth-place finish. Erin Poss led the way in 14th with a time of 20:15. Jen Naegele was the next Sequoit to cross the finish line with a time of 20:50, good for 32nd.

Grayslake Central rounded out the girls' top 10 with a score of 296, tying with Fenton. The Rams' top finisher was Megan LeBaron, who finished 31st with a time of 20:56. Minute 22 brought in the rest of the Rams: Colleen

Centella (22:02), Leyna Squillaci (22:06), Jessica Dubig (22:20) and Laura Sloan (22:43).

The Ram runners came away with a 10thplace finish with 296 points. Grayslake Central coach Joel Peebles said he liked the progress his team has made since last year's Warren Invitational.

"The female Rams showed improved times," Peebles said in a press release. "Each female runner ran more than 1 minute faster compared to last year's [Warren Invitational] meet."

While Warren was able to get the girls championship, the Blue Devils were forced to settle for second, losing to Crystal Lake Central by nine points. Warren's Steven Kleine was the top finisher for his team, taking third with a time of 15:44, edging out Mundelein's Mike Spillone (fourth, 15:48). Blue Devil Karsen Green took seventh while teammate Chris Burns narrowly missed the top 10 with a time of 16:14.

Spillone led the Mustangs to a third-place finish while Antioch took eighth, and Grayslake Central's boys mirrored their female counterparts with a 10th-place finish. The top Sequoit finisher was Mike Dussault (17th) while Central was led by Jared Zygmunt (34th).

# Grant overcomes slow start, downs Antioch

# FOOTBALL

Continued from A24

Grant found the end zone once again in the second quarter as Antuwan Hall burst through the line for a 3-yard touchdown to put Grant up by two scores. Claver ended the scoring with an 11-yard scoring run in the first drive of the second half.

Overall, Claver finished with 148 yards on 19 carries and two scores. The win opens up Grant's North Shore Conference Prairie Division season at 1-0, 2-2 overall. Antioch is still looking for its first win in the conference (0-2) and overall (0-4).

The Sequoits will try to break into the win column this week against Wauconda on Sept. 23 while Grant will try to topple a big conference opponent in the undefeated Lakes Eagles on Sept. 22.



Sandy Bressner - sbressner@nwnewsgroup.com

Grayslake North's Sean Patterson (right) and Lakes' Steve Korosis battle during a game earlier this season.

**BOYS SOCCER: ANTIOCH 2, GRAYSLAKE NORTH 0** 

# North hangs in, but Antioch pulls off'W'

By DANIEL J. PATRICK dpatrick@nwnewsgroup.com

GRAYSLAKE - Age has nothing to do with making a great game.

Even with a completely rebuilt team and a program taking its first steps, the Antioch Sequoits and Grayslake North Knights put on a closely fought battle.

In the end, visiting Antioch's defense was

For most of the game, it was a defensive matchup. Neither team had more than 10 shots in either half. What little scoring that did take place was within a short time span.

Antioch's Brett McKenzie was the first to finally score, finding the back of the net at 25:50 on an assist from teammate Andrew Wade. Wade himself scored at 22:13, thanks to a nice pass from Nick Knab for the 2-0 Sequoit lead.

Despite Antioch's 2-0 lead, the Knights didn't give up. Throughout the second half, North kept knocking on the Sequoits' door, but just could not break through with a goal. North actually out-shot the Sequoits 19-15.

Sequoit goalie Tim Miranda warded off four shots in a 5-minute span early in the second half. Miranda had seven saves for the game.

North's Jeremy Leanna was the Knights' principle threat, nearly scoring on a rebound with 34:40 left in the game.

Antioch coach Jorge Anduray blamed North's offensive barrage on his team mentally faltering in the middle of the second stanza.

"We became complacent in the second half because we had the lead," Anduray said. "We lost our system, we lost our composure, but luckily we were able to get it back by the end of the game.

After the game, Miranda was impressed with his opponent. As a first-year team, North has been painted as an easy target by other programs, but the Knights were competitive throughout the game.

"We know a lot of the kids on that team, and we know how they play. So we were able to shut them down," Miranda said of the battle against North. "But they came out a lot stronger than what we expected because we thought we could just run them over."

While North is set on building a new program, the Sequoits are pretty wet behind the ears, as well. Anduray has almost rebuilt his team from the ground up after losing 16 players to graduation last year.

Even with the youth, Anduray's team has been able to get it done on the field, logging a 4-3 record and a 2-1 mark in the North Shore Conference Prairie Division.

"Any time you can stop a team and keep them from scoring, it's something you can build on," Anduray said.

FOOTBALL: WAUCONDA 26, NORTH CHICAGO 22

# Bulldogs run over Warhawks

Chicago's flashy football style met its match in cold, hard fundamentals from Wauconda in last week's North Shore Conference Prairie Division matchup.

WHS Coach Glen Kozlowski pointed to the scoreboard during his post-game talk. The score was there in bright lights: Wauconda 26, North Chicago 22.

Running back Wisniewski was again the workhorse for the Bulldogs, carrying the ball 55 times for 332 yards and two short touchdown runs. His 3-yard TD run gave Wauconda a 26-14 lead, but this game was far from over in the fourth quarter.

Despite Wisniewski getting plenty of reps in the first half, to the tune of 127 yards rushing, the Bulldogs coaching staff made sure to let him know that his work was far from over.

"At halftime, the coaches really let us know that we had to keep running," Wisniewski said. "The offensive line kept pushing forward."

Wauconda's running back wasn't the only one giving the big guys the credit as Coach Koz also was impressed with the O-

"Give all the credit to the offensive line, all the guys; they earned it," Kozlowski said. "North Chicago is a big-play team, and we knew that we would have to contain them. This is the biggest win for us, against the premiere team in the division, with Vernon Hills."

Even with more than 300 yards to his credit, Wisniewski wasn't the only Bulldog eating up real estate as Wauconda had other weapons. There was the kicking of senior Mike White, who had two field goals, and quarterback Steven Kent hooking up with Nick Angellotti for a 26-yard TD.

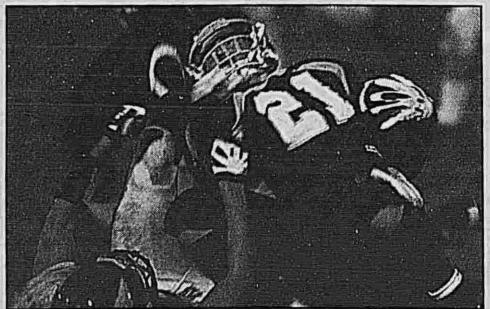
The defense stopped North Chicago, with the exception of two 69-yard TD tosses and one good for 80 yards. Turnovers included a fumble recovery and a game-clinching interception.

Wauconda's first lead came when Wisniewski scored from 2 yards out and White added the PAT. A pass from Kent to Jimmy Williams, who was hurt on the play, set up the next score, a 23-yard field goal by White.

Wauconda improves to 2-2 overall, 1-1 in the NSC Prairie.

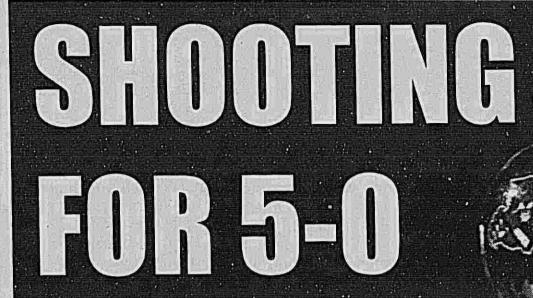
WHS hosts Antioch in the homecoming battle on Sept. 23.

# Homecoming spoilers



Annie Christie - achristie@nwnewsgroup.com

Round Lake's Corey Case (21) returns a Lake Forest punt to the 38-vard line during last week's homecoming game. Unfortunately for the Panthers, Lake Forest earned a 38-6 road victory.





Quarterback Ryan Kennedy and the Libertyville Wildcats, ranked No. 2 in the state, host Mundelein this Friday. **LOCAL ROUNDUP** 

# Ticker, Grant golfers sink Grayslake North

**WEEKLY JOURNALS** 

At the top of the lineup, last Monday's boys golf match could not have been closer as Grant's Adam Ticker edged out Grayslake North's Sean Humphrey, 41 to 42, for the medal.

However, Humphrey's team fell victim to the Bulldogs, beating North, 173-192.

Grant's Jake Cobb added a 43 score while Marc Grischeau (44), Justin Helmich (45) and Brian Swanson (45) turned in fine scores. The Knights' Josh Nieman (46) and Ryan O'Malley closed out the golfers shooting with sub-50 scores.

# Stevenson 182, Libertyville 184

Close matches seem to be the norm as the Wildcats fell to 4-4 on the season after losing by two strokes to the Stevenson Patriots last Monday.

Libertyville's Alex Hein (41) and Ashley Falasz (42) led the meet, but it was Stevenson's balanced attack with four golfers finishing in the 40s that did the Wildcats in.

## Warren 207, Lakes 208

Looking at the score in this matchup almost causes a double-take as the Blue

Devils pulled out the one-stroke victory over the Eagles.

Lakes' Abbie Horan paced the meet with a 43 while Warren's Brittany Hippensteel was next up, shooting a 48. Lakes' Morgan Robinson (52) and Danielle Ezell (53), along with Blue Devils Jasmine Walker (53), Carly Deblock (53) and Laura Putnoe (53) closed out shooters with scores in the 50s.

Despite the loss, Lakes coach Rebecca Schilz was pleased with the game.

"Losing by one stroke is always tough. However, this is a good learning experience for our girls," Schilz said.

# **BOYS SOCCER**

# Antioch 3, Grant 2

Sequoit Brett McKenzie turned in a memorable performance, single-handedly scoring all three goals for the Sept. 15 win against the Bulldogs. McKenzie got help from Andrew Wade who finished with two assists while Jesse Miranda added an assist with the winning goal.

On Grant's side, Roger Jackson and Tomas Valadez each finished with a goal apiece in the game.

Grayslake Central 5 Northridge Prep 0

The Rams finished off the Vernon Hills Soccer classic in style, shutting out both Northridge Prep (5-0) and St. Joseph's (1-0) for the championship and for their seventh and eight shutouts in 11 tries. Scoring came from Central's Milan Stupar, who led the way with two goals while Ryan Williams, Ryan O'Connor, Collin Hutchins and Corey Mulryon each had one.

# **GIRLS TENNIS**

# Mundelein 4, Grayslake Central 3

On the singles side, it was Grayslake's day as Lynne Poggensee-Wei and Darlene Nalhou won. But in doubles, it was a different story. Mundelein duos Katelynn Koepke and Karlie Alms, Rosie Powers and Grace Casali, and Mandy Ranck and Karolina Kucybala all won in doubles.

Exceptions to the rules came in No. 3 singles as Mustang Hanna Kjeldberg and Rams Megan Spradlin and Kaitlyn Deal won in extra doubles.

Round Lake 6, Grayslake North 0

North duos Amanda Stanley and Jill Aiken (No. 1), along with Kelly Hoepner and Bridget Clarke (No. 2) had the best chance of pulling out victories, but Round Lake overpowered the young Grayslake team.

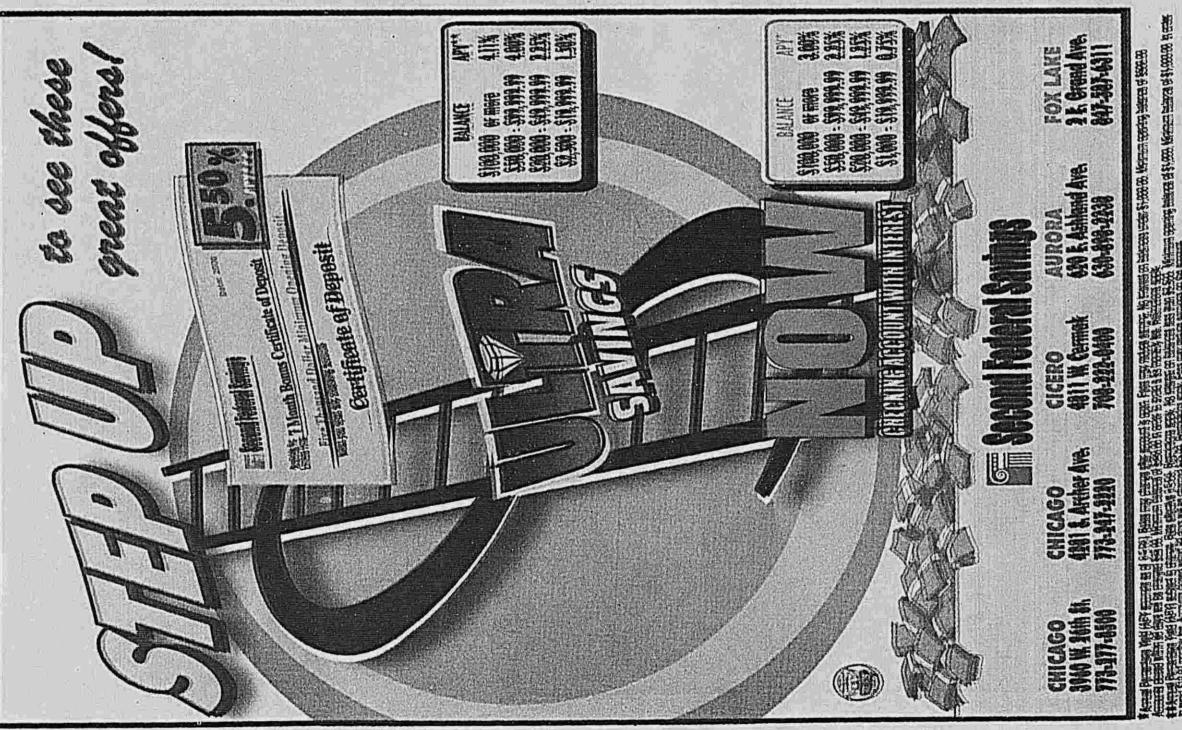
Panthers Nicole Hybl and Heather Craig were victorious in singles action while duos Ashley Weber and Sarah Severson, Sonya Racia and Sandra Artega, and Myra Gonzales and Myra Aubriz all won against North.

## Wauconda 3, Lakes 2

Lakes coach Bryan Plinske called the No. 1 singles matchup between Eagle Alyssa Wittman and Bulldog Amanda Merker "the best match of the season" with good reason as it lasted 3 hours.

Merker won 6-2, 7-6, 6-2, but every point was described as a long rally. Other Wauconda winners included Shelby Peters in No. 2 singles and Sarah School and Shannon Feight won in No. 2 doubles. Lakes winners were No. 1 duo Kelsey Whitaker and Jessie Yorko, along with Jenna Dudley and Elisa Lopez in No. 3 doubles.

See ROUNDUP, page A29



# **SPORTS**

# ROUNDUP

Continued from A28

# **GIRLS VOLLEYBALL**

# Grayslake Central d. Zion-Benton, 25-23, 25-18

Rams coach Jason Janczak called Central's win over the Zee-Bees "a total team effort" and backed up his words as Tory Dohm, Shannon Curtis, Nicole Schneider and Lauren Walters had at least four kills.

Setter Katy Jackson had 13 for Central (5-10).

# Hersey d. Mundelein, 25-17, 25-18

After running over Schaumburg, Highland Park, Glenbard North and Lake Forest in the Hersey Tournament, the Mustangs met their match against the hosts.

Mundelein's Maggie Schroeder and Heidi Haubrich finished with 38 and 35 kills, respectively, in the tournament, while Haubrich was just as deadly to opposing offenses, blocking 21 shots. Paige Tortorello was the other blocker, logging 15 caroms.

# Lakes d. N. Chicago, 25-20, 22-25, 25-18

Eagles setter **Kathy Szczesniak** was stellar in a hard-fought Lakes win over North Chicago to improve to 5-5 on the season and 2-0 in the NSC-Prairie. Szczesniak finished with three service aces and 15 assists.

# Stevenson d. Libertyville, 25-23, 19-25, 25-14

The Wildcats went the distance but fell short to the 13-1 Patriots last Saturday.

# **Wauconda High Tournament**

Grant turned out the victors of the tournament with a 5-0 record after crushing secondplace finisher Lake Forest Academy, 25-18, 25-8, on Sept. 16. Host Wauconda finished third with a 3-2 mark while Round Lake finished fifth out of six teams with a 1-4 mark.

Grant's Becca Gonyo and Jamie Swanson joined Wauconda's Jenna Howard and Round Lake's Amber Burke on the all-tournament team.

# COLLEGE

# Golf: CLC 310, Waubonsee 314, Moraine 323, Elgin 329, Oakton 341

The Lancers came out on top of Round 3 of the Skyway Confence after finishing first for the third consecutive meet. CLC's **Chad Koschmann** led the way along with former Antioch Sequoit **Tony DiPersio**, shooting 75 in the round.

# Men's Soccer: Harper 3, CLC 1

Former Libertyville Wildcat player **Cole Schambar** took a ball from the top of the box to cut Harper's lead to 2-1. But it was not enough to give CLC (3-4-1) a win.

# Women's Soccer: CLC 3, Elgin 0

CLC (6-0-1) benefitted from goals from Mel Rasor, Ashley Eddy and Gina Orlando.

# Women's Tennis: CLC 9, III. Valley 0

CLC singles players all won in straight sets, including No. 2 singles player and former Carmel Corsair Marisa Flore, No. 3 singles and former Waukegan Bulldog Arlyn Quitevis and No. 5 singles and fellow ex-Bulldog Catherine Lopez.

# Outdoor Experience

# Mundelèin woman reels in big catch

On Saturday, Sept. 9, at 8:10 a.m. a 49-foot, 1/2-inch-long muskie was caught on the Fox Chain.

"Why is this newsworthy?" you ask.

It is true that monster-size muskies that resemble the beasts that cruise Canadian

waterways are being caught more and more.

But this fish was special. It was caught by a woman, Veronica Berg of Mundelein.



Steve Sarley

Although there are no official records kept on the subject, I make the claim that this fish was the largest muskie ever caught in Illinois by a female. There have been very few fish of this size that have been caught, and I cannot find a single fish reported that was caught by a member of the fairer sex. If anyone can prove me wrong, I will humbly retract my claim.

To emphasize the uniqueness of this catch, it is the fourth largest muskie caught and released by a female in North America so far in 2006. Now, take into account the fact that nine of the 10 largest muskies were caught in Canada, and you'll see that hooking an Illinois fish of this size is quite an accomplishment.

Anyone who looks down their nose at the availability of quality fishing in Northern Illinois is ill-informed. In addition to having no closed fishing seasons, the opportunities to catch fish abound in the Land of Lincoln.

So how did Ms. Berg catch the beast? Let's let her loving husband and "net boy," Todd, tell us how.

"We had fished. Catherine and I got one small fish, so we decided to head to Channel Lake," Todd said. "We're working in and out – I'm working out – V's working in so we're

faced in different directions bow.

"All of a sudden, [Veronica] yells out and I look back just as she gets completely blasted on a Lindy M&G spinnerbait in 3 1/2 feet of water with only 3 feet of line out. I watched as the fish went off like the space shuttle – straight up! The fish cleared water three times but stayed on.

"She brought the fish around to me twice but I wouldn't try to net it because it wasn't at the right angle, and I didn't want to cause her to lose the fish. The third time was the charm – the fish came right to the net. Voila!"

After a quick round of measurements and photos the fish was safely released to fight again another day. From a standard formula that takes into account the length and girth of the fish, it is estimated that the fish topped 30 pounds.

Veronica happily said,
"We've had so many good fish
come unpinned at, or very
near, the boat that you begin
to feel you'll lose all of them –
you sharpen, re-sharpen, try
doing different things – and
still hooks fall right out of
these fish and it makes you
shake your head. But sometimes – ever so rarely – everything goes your way – and all
is right with the world."

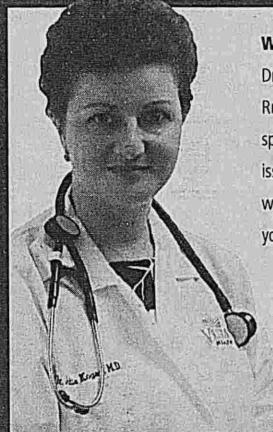
Berg and his wife have been fishing partners for quite a while. They travel all over North America in search of the hottest bites. They fish tournaments in Wisconsin and Illinois on a regular basis. Does Veronica out-fish Todd in the tourneys? I won't even go there.

The Bergs' Web site is www.intotheoutdoors.net.
Todd runs a guide service, specializing in Geneva and Delavan. Hmm! I wonder if Veronica is interested in hiring out her expertise for a day on the Chain.

• Steve Sarley can be contacted through the Weekly Journals through his Web site at www.oxperience. com. His e-mail address is steve@oexperience.com.

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One Man's Opinion

# Two weeks in, it's clear who's overrated

Two weeks down, 15 to go, and we wonder:

What do we know so far?

All we know for sure is that it's still way too early to start making postseason plans, but it's not too early to realize there were a couple of clubs who were badly overrated coming into the season, a few we should have thought more of and a few clubs out there whose accomplishments so far have a lot more to do with the schedule makers than the quality of their ballclubs.

Based on exit polls and early returns, I already feel quite comfortable anointing the Dolphins as the most overrated team in the NFL coming into the 2006 season.

The temptation will be great to hang much of the blame on Daunte Culpepper, as his two picks in the fourth quarter of the opener at Pittsburgh were crucial, and the Dolphins' offense only managed six points in their home opener vs. Buffalo. But I would be continuing to ignore the

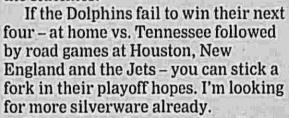
Miami's 2005 season-ending, sixgame winning streak was much ado about close to nothing, as it included only one quality win, a Week 14 upset of the Chargers at San Diego, along with wins over Oakland, Buffalo, the N.Y. Jets and Tennessee, all clubs on slow trains to nowhere, and a Patriots team that was resting on the last weekend of the season to get ready for the playoffs.

If the Dolphins were on a roll, it was downhill and wind-aided at best.

Much more to the point, Dolphins All-Pro defenders Zach Thomas and Jason Taylor clearly appear to be on the wrong side of the hill, the secondary is too young and inexperienced and

the offensive line is still an accident waiting to happen.

In addition, Nick Saban may in fact be the next Bill Belichick, who I remind you failed badly in Cleveland before flourishing in New England, but he is not yet among the NFL's elite walking the sidelines.



It was never clear to me how the Buccaneers managed to win 11 games and take a playoff game to overtime before losing last year, but there will be no repeat performances this year.

I like Chris Simms and believe he will eventually be a fine NFL quarterback, but first he'll need an offensive line that isn't made of Swiss cheese (yes, there is a trend of bad offensive lines and overrated teams developing here). Add to that the fact the Bucs are trying to dominate with a defense which is still good but no longer scary. with Derrick Brooks, Simeon Rice and Ronde Barber all staring down the prospect of a similar fate to Miami's Taylor and Thomas.

On the flip side, the Vikings are a much better football team than I or anybody else expected them to be. I still have no idea how good a coach Brad Childress will be, but as loaded as the club is on both the offensive and defensive lines, if they can keep Brad Johnson upright, Troy Williamson and Chester Taylor grow into their potential and a very talented secondary plays up to its potential, the Vikings can contend in the NFC North.

I am not sure yet how good the Bears are, so I won't guarantee the Vikes give us our Week 3 upset special, but I would bet the house that the Bears don't come up with another NFC North smackdown.

Atlanta's Rich McKay has my early vote for Executive of the Year. I'm nowhere near sold on Mike Vick at quarterback, nor do I believe you can win playoff games in the NFL without a legitimate passing game and your quarterback rushing for over 100 yards.

But acquiring John Abraham for a late first-round pick could prove to be the steal of the year, and with newcomer Lawyer Milloy also in the mix and DeAngelo Hall continuing to blossom, the Falcons' "D" appears to have some real teeth. While I still don't see Atlanta as a legitimate Super Bowl contender, its two-game lead over Carolina and Tampa Bay leaves it in great shape as one of the early surprises of 2006.

Should we make anything at all of the Saints' 2-0 start as they prepare for the most emotional home opener in the history of the league?

Only if you never heard that Thomas Dewey actually lost to Harry Truman. With Atlanta, Carolina, Tampa Bay, Philadelphia, Baltimore, Tampa again, Pittsburgh, Cincinnati and Atlanta lined up in that order and lying in wait for the Saints following their "interesting" wins over Cleveland and Green Bay, it says here they'll be the "Aints" again before you know it.

And speaking of schedules, whom exactly did the Giants and Steelers tick off? Perhaps it's fair to test the defending champs, but it seems to me that making the Steelers open against Miami, Jacksonville, Cincinnati, San Diego, Kansas City and Atlanta in that order is not fair at all.

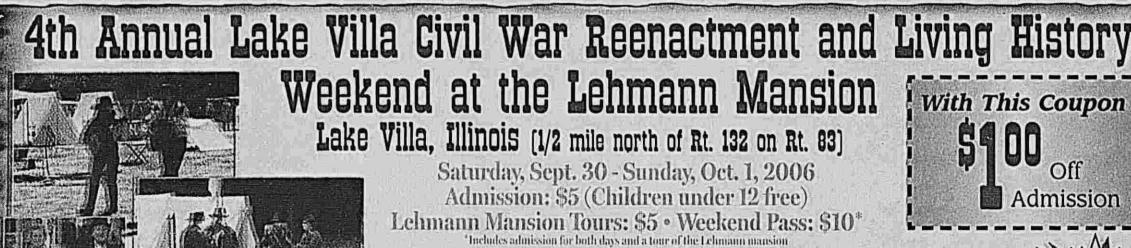
Near as I can tell, only the Giants have it worse, starting the season against Indianapolis, Philadelphia, Seattle, Washington, Atlanta, Dallas and Tampa Bay.

If the Giants get to 4-3, they may be the best team in the league.

 Hub Arkush is the publisher of Pro Football Weekly.



Hub Arkush

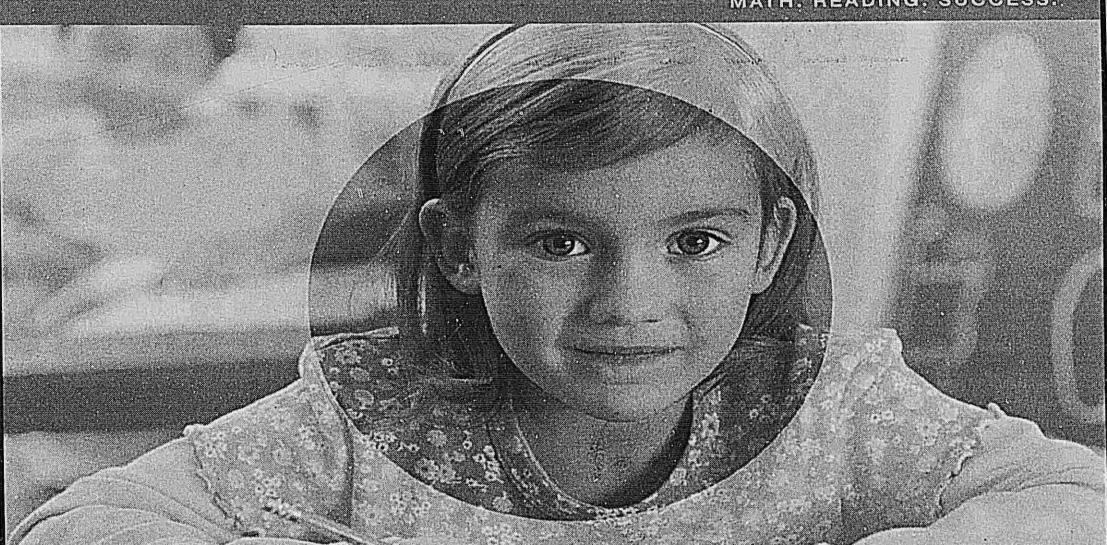


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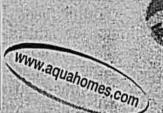
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LANGER FORD

# OURNALS REAL ESTATE

# Breaking down the bevy of beds

Ask a number of people what their favorite room in their apartment or house is and you're likely to get a variety of answers. Some might enjoy the serenity of a den or reading room, while others might enjoy the isolation of a good basement. Ask those same people where they'd prefer to be most comfortable in their home, and the answers could be more uniform: their bedroom.

A good bed is a welcome sight at the end of a long day for most people, affording them the chance to rest up in absolute comfort or sleep in late on rainy mornings. Part of what makes a bed a good bed is the type you choose since not all beds are made for all people or places.

· Platform beds. Platform beds are arguably the simplest choices, coming without a box spring and oftentimes without a head- or footboard. That makes them rather easy to assemble, something that appeals to people who are moving without the help of a professional service.

What's also appealing about platform beds is that, thanks to their lack of head- or footboards and box springs, they're easy to move around. Platform beds are often the ideal choice for apartment-dwellers whose quarters are more confined, as they leave more space for other amenities.

 Sleigh Beds. Sleigh beds look exactly as their name would suggest: like an old-fashioned sleigh. Among the most aesthetically appealing types of beds, sleigh beds boast anoupward curving headboard and footboard, creating a sense of style and coziness.

Thanks to their headboards and footboards, however, sleigh beds might not be the best choice for apartment dwellers or those with loft-style bedrooms that don't boast an abundance of space.\*

 Upholstered beds. These are ideal for anyone who likes to read in bed before they go to sleep at night, as the headboards are upholstered with fabric that is both soft and supportive of the back. When purchasing such a bed, be sure to bring along a picture or design of your bedroom, as the color scheme of your room can be incorporated into the headboards.

· Waterbeds. While they were more popular years ago, waterbeds still have their devotees. Much of those devotees

# Sizing up your next mattress

Oftentimes what makes a bed most comfortable is the room it allots its occupant or occupants. People generally find that the bigger the mattress, the more comfortable the bed. The following rundown provides a quick glimpse of what size mattress you might want to consider for your next bed.

- Twin: Generally only for kids or smaller adults, At 39" x 75", these are not suited for grown men or women and don't provide much space even for smaller
- Full Size: At 54" x 75", the full size (or double, as it was once called) can prove sufficient for one or two smaller adults.
- Full XL Size: These mattresses are slightly bigger at 54" x 80" than full size, so taller can adults will find them more comfortable.
- Queen Size: The most popular choice at 60" x 80", these are both wide enough and long enough to comfortably accommodate two average-sized adults.
- King Size: Though roomy at 78" x 80", king-size mattresses are typically only necessary for taller adults.

provides because waterbeds are known to distribute weight and avoid pressure spots. That makes for a comfortable sleep. In addition, the vinyl mattress on waterbeds does not collect dust or mites, a significant benefit to those suffering from asthma or aller-

Instantly, when many people hear of waterbeds thoughts of the bed bursting come into their mind. Those thoughts are often unwarranted, as puncturing a waterbed is very difficult, and even if that does happen, they come with safety liners to ensure you won't wake up atop a puddle and a shrunken mattress.

Waterbeds can be bulky and heavy, making them a less-than-ideal choice for anyone with a smaller apartment or bedroom. Those with more ample sleeping quarters, however, might want to consider a waterbed.

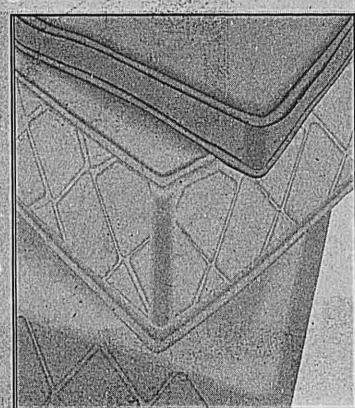
. Futons. Futons have become particularly popular choices over the years for apartment dwellers or as extra guest beds. Resembling a sofabed, futons typically come with a wooden frame and a thin mattress on top. The futon's owner determines how to best use it, whether as a sofa or a

One thing to look for in a futon is not just price, but how comfortable the mattress is. Whereas older futons were widely known to have paper-thin mattresses that weren't very comfortable,

cite the back support their waterbed nowadays most still boast thin but ited space. more supportive mattresses.

· Chest bed. Chest beds are a particular type of platform bed that offer more aesthetic appeal as well as practicality. Chest beds are so called because they have a chest of drawers or compartments built into them. In lieu of nothing but space underneath the mattress, chest beds essentially provide users with a built-in dresser, particularly valuable for people with lim-

· Bunk beds. Certainly not the choice for adults, bunk beds can be ideal for young children who either have limited space or just want to sleep in the same bedroom. Bunk beds can even be fun for kids, and they take up less space than having two beds in the same room. Be careful to ask about weight or age specifications for certain bunk beds, as most are made with kids of a certain age and size in mind.



# Autumn Gardening

# Perennial power and pots for fall and more and power and

Fall is an excellent time to plant perennials as you will give them a full season of growth and a healthy start to spring enjoyment. The warm soil encourages root growth, there is often good rainfall, and there are fewer instance of disease or pests. Garden centers usually offer a wide variety of perennials for sale at this time of year, so it's an inexpensive way to experiment with a variety of plants you might not have tried previously in your garden.



# Pots too

If you're living in smaller quarters and garden with containers or just want some pots for accent on your patio, this too is an excellent time to create perennial pots to enjoy throughout the year. The key is to plant several 'backdrops' such as cedars, heathers, conifers or ivy. Then, leave space to plant some colorful annuals or bulbs as the seasons change to provide you with that accent of color. Inside your home, the containers give annuals a chance to take root in the soil yet not be exposed to too much moisture.

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# Making the most of limited space

Many people, especially those living in big cities or young people just starting out, realize early on that space comes at a premium. Whether you're fresh out of college and need to stretch your paycheck or living in a big city with bigcity prices, occupying a small apartment doesn't necessarily mean you need to be cramped all the time. The following tips should help you make any small space seem more spread

·Use bright colors on the walls. If you're allowed to paint the walls, by all means do it. While darker colors are more popular, using bright colors to paint the walls makes a room appear more spacious. Darker colors make a room's walls appear to be closing in, whereas lighter colors give the illusion that the walls are receding. Multicolored or patterned walls often cause the eyes to pause a lot, making a room seem smaller.

· Keep scale in · mind. While it may seem as though putting larger furniture in your room will make it appear smaller, fewer, larger pieces of furniture will make the room appear more open and less cluttered. Whenever possible, keep from putting too much furniture in a small area, even if the items you're putting in are small.

The color of the furniture is also something to note. Darker furniture is preferred because chair or chest of drawers, will contrast with your walls, making the room appear larger that it actually is. If you so choose, you can go for the blending effect instead, where you simply upholster your furniture in material that's the same color as your walls, making the furniture essentially disappear into the walls.

· Utilize wall space. A big concern for many living in tight quarters is where to put books. While a bookcase can look nice, it can also take up lots of space. Hang a few shelves on the wall above your desk and put your books there.

The easy accessibility will still be there, but now you'll have more floor space as well. And remember to leave space between books with collectibles, vases, etc. Books crammed all in a row will seem cluttered.

· Let the light shine in. Much like darker paint makes a room appear smaller, rooms without adequate lighting appear small as well. Don't block windows, and let the outside light shine in. This will make the room appear more welcoming and larger. Also, make sure the natural or manufactured light is even throughout the room. Dark corners or areas without adequate lighting make small spaces seem even smaller.

· Keep the floor free of clut-. ter. Try to keep your belong-

darker furniture, such as a ings in one or two designated areas throughout, a room. Having multiple items strewn about will severely limit your available floor space, a lack of which makes a room appear very small. A clean floor allows for you to move around more freely, something that will make the room feel larger than it really is.

· Use mirrors or paintings to give the illusion of depth. Mirrors or paintings that feature lots of depth can make a room appear larger than it really is. While these are certainly optical illusions, they serve a great purpose when attempting to make a small space seem less cramped. Any empty walls you have that you're not quite sure what to do with would probably be perfect to house a mirror.



Those who reside in close quarters can do a number of things to make their-space seem larger.

### did you know?

While hidden costs are things many homeowners have to expect when paying a contractor to renovate their home, do-it-yourselfers are also not immune to hidden costs. Oftentimes, such projects are held up because a homeowner failed to expect the unexpected. One of the more problematic and common hidden fees that many do-it-yourselfers run into is permit costs. While those fixing the interior of their home might not feel as though a permit is necessary, that's not always the case. Anytime any electrical, mechanical or plumbing work is involved, a permit is usually a requisite. In addition to paying for the permit, expect to pay an application fee as well. To avoid interrupting a project, it's always best to inquire as to any permits you might need and how much they might cost. In general, permit fees are contingent on the size of the project. Another contingency any potential do-it-yourselfer should leave some money for is human error. Even the most skilled professional makes mistakes from time to time, and doit-yourselfers should not expect their project to go off without a hitch. For instance, a plumbing mistake could possibly result in flooding or significant water damage. You'll want to have some money available to fix such a problem immediately so your home is not damaged further and you can continue tackling your project.

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# Seven steps to a de-cluttered home

For many people, having an abundance of personal items serves as a security blanket. For others, it's a sign of prestige: The more stuff I have, the better I am. The trouble is, too many belongings can quickly turn an orderly home into one overrun with clutter.

Perhaps you've heard of the recent news story where a man had more than 70,000 empty beer cans filling his residence, so much so that the landlord could barely enter the building. Others newspapers, knickknacks, books, sock collections — you name it. What items have taken over your home? The good news is that it only takes a little determination and a few supplies to cut down on clutter.

1. Getting started: The hardest part about clearing out clutter is getting up the gumption to start. The entire process can be less overwhelming if you tackle one small project at a time: for example, one closet, drawer or cabinet. As you build up expertise and momentum, you can move on to bigger and better de-clutter-fests.

Choose an area that needs attention and assess the situation. Set a reasonable timeframe to complete the task - say, a few hours. Now it's time to get your supplies.

2. Supplies: Those home-organizing shows on TV are a great source of ideas. Most instruct homeowners to form three separate piles: trash, keep and donate/sell. Depending upon the size of the items you're organizing, you can use three baskets, boxes or bags for the purpose of sorting. Also bring in a beverage to keep you hydrated and a small snack to boost your energy levels while cleaning. A radio tuned to your favorite music can help keep you in an upbeat spirit and moving along on your task.

Stock up on organizational containers that can be used to hold the belongings you will be keeping. There are plenty of options at neighborhood stores or specialty shops.

You may also want to arm yourself with a vacuum, duster, broom and bug spray. You never know what you might uncover!

3. Limit distractions: Plan your de-cluttering session for a time when you can devote your undivided attention to the task at

hand. Don't plan it close to an appointment, mealtime or when the kids can get in the way (unless you're recruiting them to help). Also, make sure you are well-fed prior to starting, so you won't be tempted to procrastinate any further.

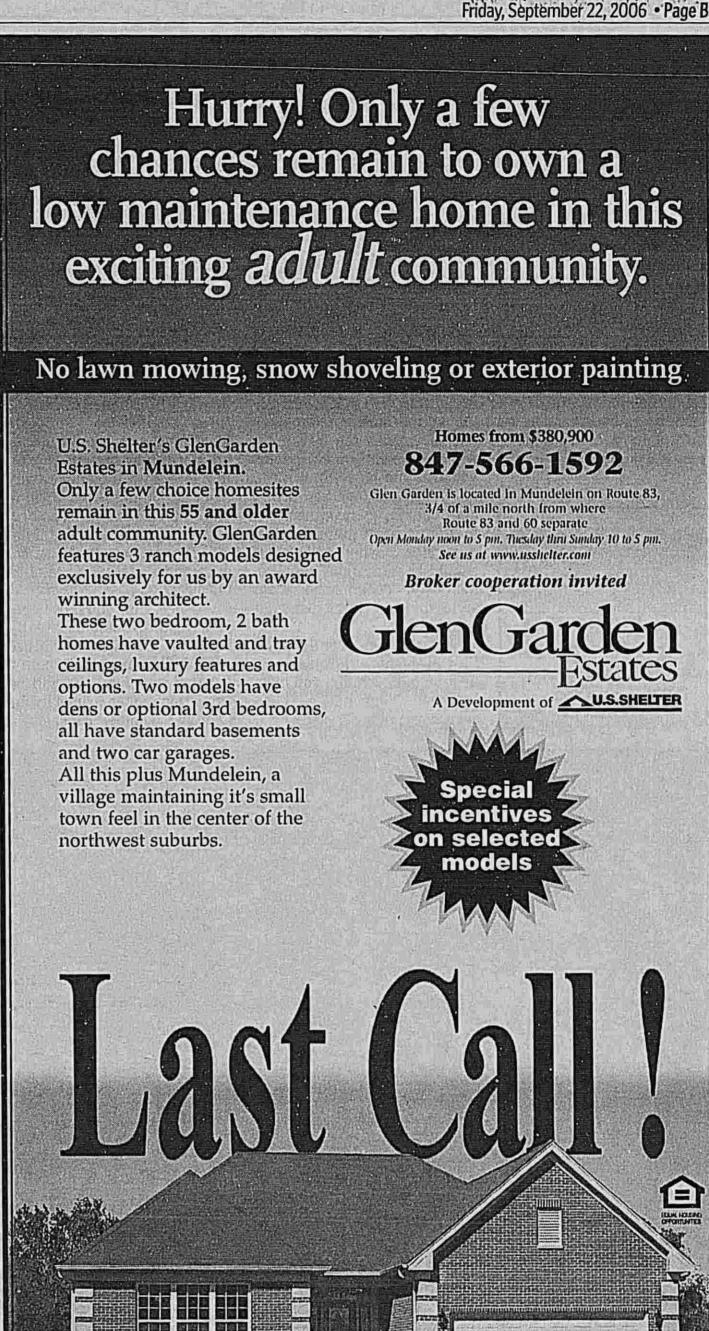
4. Full swing ahead: Start by emptying everything out of the cleaning space so you can see just what is lurking inside. Once all items have once again seen the light of day, begin the sorting process. Any items that are visibly beyond repair should be immediately trashed. If you haven't worn or used something in a year or two, you can also throw it out or put it in the donate pile. Keep only the items that you will truly use, and be extremely reasonable about deciding which items are keepers. Hoarding too much stuff is what got you in this situation to begin with, so there's no point in just putting everything back without removing a chunk of stuff.

5. Remove the trash and donations: Pack up the items that will be leaving the house. Put the trash at the curb and place the items for donation in your car. Anything that can be sold at a garage sale should be marked as such. Plan to host a garage sale as soon as possible to rid yourself of the remaining items. Out of sight, out of mind is key - further reducing the temptation to keep things you don't need.

6. Clean the keepers: Anything that is being kept should be cleaned (if necessary) and put back in an orderly fashion. Group like items together (such as vases with vases, bowls with bowls) and put them back into your closet or cabinet.

7. Plan your next project: Now that you've successfully de-cluttered one area of the home, set goals for others. Remember, if the items are collecting dust or socked away in a closet, they should be thrown away, sold or donated. If you haven't used them, you don't need them.

Advantages to conquering clutter: Taking the time to declutter your home can offer you a liberating and "in control" feeling over your space. In addition, if you're deciding on selling your house, a home free of clutter makes the home appear more spacious and inviting to potential buyers.



The Corbett 2,244 Sq. Ft.

# Easy start to furnishing a home

Buying a home is a big decision. As homeowners soon find out, however, the decision to buy the home is the first of many big decisions they'll face. One such choice is how to furnish this new abode. For those who have never had to do such a thing before, the process can be scary, as styles are varied and prices can range greatly.

According to the National Home Furnishings Association (NHFA), much of what goes into purchasing furniture for a home is subjective, based largely on the person doing the purchasing and his or her indi-

777 Elm, Round Lake Park

Connie Mollit

buying furniture. Go with what styles you like. Many people are unsure, and that's perfectly all right. Perusing newspapers and magazines can be a great way to determine just what it is you like and how you want to put your place together. If that doesn't help, try heading down OPEN HOUSE Sunday, Sept. 21 · Noon to 2pm to your nearest home-furnishings store, where the staff should be more than happy to help you decipher between styles and determine just what

> your style is. · Money. What furniture you fill your home with is also a reflection of how much you have to spend. Your budget, however, does not necessarily need

purchase. As opposed to just

buying chairs and couches and

beds because that's what you

put in a home, buying furniture

is more a reflection of the indi-

vidual and what one prefers

and hope to get out of those

is largely the most subjective of

all things to consider before

Personal Preference. This

very items.

vidual reasons for making the to restrict what styles you can choose from. Most styles come at all price levels — some are substantially more expensive depending on what they're made of.

> In addition to material, NHFA notes that design (original antique versus reproduction), how the furniture was manufactured (mass-produced versus handcrafted), and even shipping and storage (alreadymade versus assemble-athome) all influence price. For those hoping to keep costs lower, the style you want does not need to be sacrificed. You just might want to steer away from a handcrafted antique and veer toward a mass-produced re-creation. The look will remain largely the same, but your wallet won't take as big a hit.

> · Usage. How you'll be using your furniture should greatly influence just what furniture you'll be buying. NHFA points out that someone who will be using their couch primarily for lounging should consider a

### The Word on Wood

Oftentimes, furniture shoppers will be overwhelmed by what type of furniture they should buy. At the root of that dilemma is what type of wood furniture is appropriate. Adding to the confusion and misconception are the two common wood categories: hardwood and softwood. Whereas many might be quick to think hardwood, on account of its name, is more durable than softwood, that's not the case.

. These two terms, according to the National Home Furnishings Association (NHFA), are merely a reflection of the types of trees the wood comes from. "Hardwood" is from trees that lose their leaves seasonally (i.e., ash, maple, oak) while "Softwood" refers to trees that keep their leaves through the year (i.e., pine, cedar, redwood). Interestingly enough, the softwood pine is actually harder than the hardwood balsa wood — further reiterating that a name is just a name.

more durable piece, as you'll be spending more time on it than someone who is more into throwing formal gatherings for friends.

It's also wise to consider just who will be using the furniture.

If there are kids in the household, durability and longevity should be chief considerations. Children have been known to be particularly hard on furniture, so parents will want something a little more durable.



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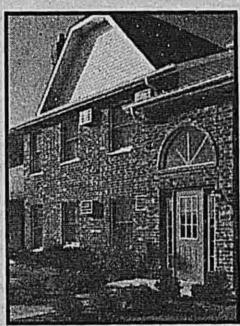
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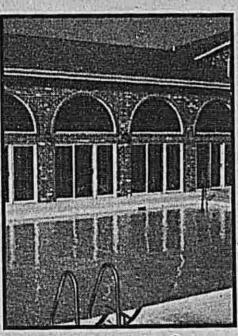
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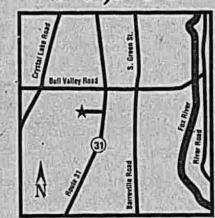
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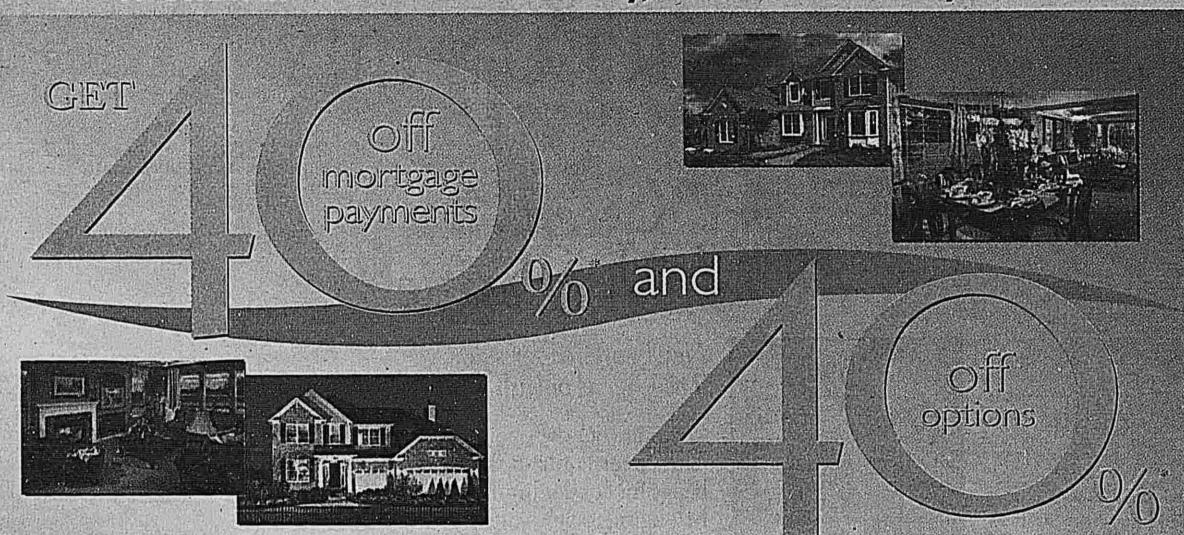
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Appliances

Kenmore 21cu.ft Self-defrosting refrigerator w/ ice maker \$99 obo 815-356-1794

Kenmore Microwave lke new. 1200Watt, white. Counter top model. \$25 815-337-9250

Kitchen Aid Dishwasher "Superba" Biscuit Color Good Condition \$60 B15-337-264B

Refrigerator/Freezer 1957 Philco, works fine Great for garage \$65 847-931-5008

Signature Deluxe Upright Freezer Good Condition \$75 815-648-2683

WHITE Maytag oven. Good cond. Gas, selfcleaning, deluxe bake and others. \$99. Please call 630-513-8423.

> -FRIDGE-Almond tappan good condition \$50 815-444-9982

-Microwave oven-Panasonic 900w 1.5cft Jke new, clean, cookbook \$40 815-459-8640

Arts/Antiques 4130

1960's Teen Magazines! **Excellent Condition** 17 in all, \$70obo for all 815-814-0623

Wooden School Deck w/ attached chair. Circa 1920 \$75 815-477-3432

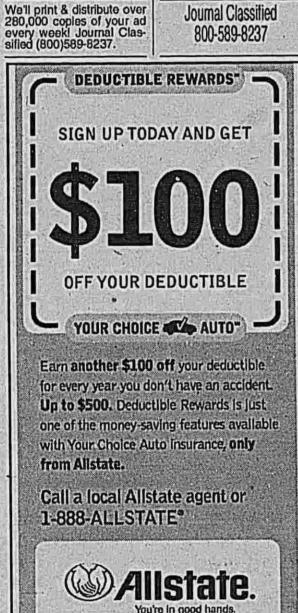
WOW! 24X36 original painting or rooster in country colors. Framed with chicken wire. \$95. 847-973-9707.

Baby Items 4150

Baby Formula 7- 1lb cans Nutramigen Enfamil \$22 retail, going for 4 \$99 total exp Oct 07 815-236-8755

BOYS 18-speed blue Huffy bike. Like new. \$50. 630-208-0607.

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### Baby Items 4150

CRIB, dark wood color, includes mattress, mattress sheets, comforter, bumper pads & changing table, \$65 for all. Please call 630-890-9150.

> CRIB- Dark Brown with mattross **Excellent Condition** \$99 815-943-6428

Eddie Bauer double and single strollers. **Both Excellent Condition** \$99 both 815-728-7259

Eventlo Infant carrier base. Excellent Condition Used w/ Embrace 5 seat \$20 815-363-6923

> Medeta fully automatic broast pump. Like New! \$35 815-578-1498

Oak Baby bed, Double bad Legacy, Baby's Room G.C. \$75 815-308-7621

PACK-N-PLAY: Graco, like new, \$30. Please call: 630-377-2511

Potty Training Chair \$5 obo 815-648-2577

### Bicycles 4160

10 Speed Lady's Bike In Excellent Condition \$45 815-385-0528

26IN. ALL TERRAIN 10spd. Bike, white, like new, \$35. 847-548-9785.

> 27 Inch Schwinn 10 speed bike \$25 847-659-8663

Adult-Child tandem bike by Allycat, holds up to 80#'s on tandem \$99 815-568-8477 (Marengo)

> Bike-men's 27", Good Condition \$20 815-477-2566

Come Along "Alley Cat" 5 speed, ex cond. \$95 815-459-7104

DYNO VFR 20 INCH BIKE, GREAT SHAPE \$75 815-790-9897

20-inch magna bike. Pink & purple. Great condition, \$30. Please call 630-208-7663.

Girls Trek 20" Purple bike, **Good Condition** 

\$25 cash 815-455-6361 INSTEP bike traller. Seats 2 - used twice! \$50. Call

630-845-1806. Mongoose Allycat-NEW-tag along 20' blue and silver 815-444-8791 \$170-sacrifice for \$99

Tag-Along bike for kids age 5-13. Connects behind adult bike. Exc. Cond \$85 847-668-0476

### Building Supplies 4170

40 Gallon natural gas water heater. Only about 2-3 years old \$50 815-790-9897

### Building Supplies 4170

Ceiling Fan w/ lights 52" antique brass w/ etched dome cover \$50 847-428-7954

Stainless w/ Koehler single handle faucet w/ hoses \$99 815-765-3725

Moen One Touch Kitchen Faucet. Pull out wand, white. Brand new \$90 815-943-3017

Over 100 ft of wire mesh \$40 obo 815-385-3949

Solid Oak Bathroom Varities \$99/ea obo 815-236-6027

Storm Windows- wht alum 30w X 57h clad w/screens Good condition \$15 847-754-0422

VynII Windows Ecgar tolett \$50 choice 815-385-8505

### Business Equipment 4180

Office Credenza Cherry, Like New **Great Condition** S99 847-452-9119

### Computers

Brother MFC 32206 rinter, copier, fax, scanner all-in-one \$35 847-322-7047

Compaq IJ650 series Color inkjet printer used 2 weeks \$25 815-459-3465

Gateway 16" monitor w/keyboard, mouse & spoakers. All work great. \$20 all 815-788-9538

HP PSC 750 COPIER scanner, printer. Needs ink. \$15. 847-546-1683

### Crafts/ Bazaars

CRAFTERS WANTED Millburn Church Pumpkin Fest. Oct. 14, 9am-4pm Call Paige 847-356-4333.

4210

### Rental Facts

Most renters consider rental rates, floor plans, and location the most important items of Information in a rental ad. Rent your property faster with help from a Journal Classified representative. Call (800) 589-8237 today.

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### Firewood/

4220 Fireplace

PRE-SEASON PRICES! **FIREWOOD** CALL FOR **QUALITY WOOD** & QUICK DELIVERY L&D

Firewood 2yr. Seasoned Mixed hardwood **WE DELIVER** AND STACK IT OR YOU FREE! CALL FOR PRICES!! Home

### 4240 Furniture

(847) 223-3161

Cell

(847) 845-8027.

2 Twin Beds, 1 Full size bed White kids dresser White kids hutch 815-355-2811

2 White wooden dressers, Need some work, no broken drawers, missing hrdwr. \$99 takes them both.815-788-0727

3pc. Sectional Wood Bookcase. Good Cond S75 Julie 847-669-8608

4 Drawer filing cabinet Great for home office or commercial office! \$30 815-621-8077

4 Padded Chairs Round Glass Table Like New \$99 847-526-6471

6 Foot Pine Plank table w/2 lvs 8' total + 6 chairs \$99 815-404-1090

Antique Child's Wood Double Lift top Desk \$99 847-516-3464

Beautiful Mahogany 5 drawer dresser \$99 815-444-0930

BLACK leather rocker recliner. Exc. Cond. Must see. Paid \$400 - asking \$99. 630-761-0417.

TON w/mattress pad. Only Cell 313-282-

Chairs(5) 2ll bl Wng bk, 1lt bl Brl, 1gld Wng bk, 1 desk swyl. (will sep.) \$99 all 815-477-1374

CHEST COMBO, Dresser, good cond., \$95. 815-459-2640.

Chest of Drawers oakwood **Good Condition** \$75 815-459-2640

Chest/oak hinged Amish cedar lined, Beautifull 17"h, 14"d - 32"x15" \$99 815-356-5400

COUCH-LOVESEAT beige & floral, good condi-tion, \$75, 847-393-7118.

Couch-Sleeper Sofa Navy Blue, great condition \$99 or best 815-728-1608

www.mchenrycountysports.com Local Sports Attitude.

### Furniture 4240

CRIB- Simmons Natural wood, Juvenile safety certification \$65 847-669-5864

Dresser w/ mirror, chest, full head/ft \$75 all 815-790-6323

Drossor w/8 drawers Dresser w/6 drawers \$99 both 815-459-0829

Duncan Phyle 3 leaf dining room table w/4 chairs, started refinishing \$99obo 815-338-8547

**Entertainment Center** w/ lots of storage Holds 27 TV - Must Sell \$50 obo 847-829-4030

KITCHEN TABLE with 4 chairs. Exc. Cond. \$99. 815-675-6315.

Lane Cedar Chest- 15yrs old. Has some damage on leg & top but inside immaculatel \$25 815-788-9538

Large IKEA desk white top, silver legs can email pics \$80 815-363-1218

Large Navy Blue Are Rug apx. 12X13 **Good Condition** \$99obo 815-236-6027

Large, Steel Office Desk w/ matching storage unit off white \$75 for both 815-788-8151 leave msg.

Like New Roll Top desk cent. Drawer, 3 more each side. \$99 815-206-0259

LIVINGROOM, ingroom, bedroom, ent, center. All 2yrs. old. Hardly used. Call for more info. 847-546-2337.

Maple Roll Top desk Maple Dresser & small bookshelf \$70 takes all Connie 815-477-9370

Nice Small Desk w/ chair \$75 815-334-1938

Nine Drawer Dresser& matching mirror. Sturdy construction Needs some TLC \$90both You Haul 815-788-1468

Oak End Table with glass top \$35 815-344-8773 altr. 4pm

Office Desk 3'x6' hard wood, cherry finish 7 drawers, 1 w/filing G.C. \$99 815-459-4495

Parsons Bench dark stained wood **Excellent Condition** \$35 815-385-1110

Ple Safe/oak 3 partitions w/copper fronts \$99 815-356-5400

Queen Water bed Frame Lighted bookshelf headboard, Must GOI \$40obo 815-477-9086

QUEEN WROUGHT IRON CANOPY BED FRAME, good cond. \$75, 847-838-

ROCKER pine, early American \$40 815-459-2208

Roll Top desk 43¼"Hx 24¾"Wx17¼"D S30 815-356-0716

### 4240 Furniture

SET of 3 tables, Dark wood, 2 end tables & cocktail table. Good cond. \$99/best. 630-761-0417.

SLEEPER SOFA \$99 Pastel colors, white/blue & mauve. Excellent cond. Call 847-658-3205.

SOFA- large Ashley Fum. 6 pillows, fem color, 2 cushion. \$199 815-382-0106

Solid Wood Desk Glass top GREAT CONDITION \$99 obo 847-516-0405

Table(wooden rectangular 56x42) & 4 rounded back chairs, it oak. Fabric covered seats. \$65 847-669-5864

TEA / BEVERAGE cart solid oak, brown linish \$99firm 815-356-5958

White twin day bed with mattress \$50 815-385-6978

WICKER SET from Little Traveler. Bench, chair & table, \$60. Good cond. Pleaso call 630-761-3352.

### Collectibles 4250

15" by 24" Neon red & white "Coors Illinois" sign hang or set, pull chain switch. \$65 815-943-5685

50 Kathe Kruse & Hunnel post cards from Germany with calender \$75 obo 847-658-4019

Beanie Babies w/ tags in mint condition. 25 only \$50 847-516-9830

### Home Electronics 4280

27" Zenith T.V. In great working condition \$99 815-653-1769

3-Way bookshell speakers 8" woolers, RCA, new. Great for bedrooms/ dorms S40/pr 815-356-0716

ADMIRAL 19" TV, like new, \$60, 815-675-2216.

New DVD player, \$30, VCR, \$30, TV, 20", \$40. 847-854-1529

Nintendo DS Mint Condition Includes touch screen Stick \$60 815-759-0136

SILVER REED ELECTRIC TYPEWRITER, \$30. 815-385-7812.

Sony/DVD/CD Player model DVP-NS55p S New in box \$50 847-659-1284

Works Great \$35 815-385-3796

T.V. 9"

TV-27" JVC color w/ black stand. Works Great - no remote \$99 obo 815-814-1732

### Housewares 4290

30" Bisgue Range Hood 2 speed, w/light **Excellent Condition** \$25 847-659-1980

### Housewares 4290

Ceiling fan 42", 5 blade, pink with light, \$15 815-477-2566

CURIO CABINET, rounded glass, large, 5ft, High, 4ft. Wide, 18in. Deep. No shelves. Not old. \$65. 847-564-0639.

Dirt Bike Wallpaper border 3 rolls @ 10 it each \$15/all 815-338-8090

outdoor bar w/ umbrelia & 2 bar stools \$50 847-331-3323

Miller Lite aluminum

RUG- Oriental 9x12, wool, woven, reversible \$60obo 847-516-3632

Sink-kitchen, white, Americast w/ matching faucet \$75 815-943-6428

4300 Jewelry

DIAMOND RING Approx 25 pts., 14K gold Solitaire. \$99. 847-740-5000.

Diamond stud earrings. Wore once(1/7ct.) Still in case/box from Haltzberg \$75 815-385-9709

### Lawn & Garden 4310

10 Cu. Ft. Lawn & Garden Utility Cart for Lawn Tractor, great cond. \$40. 815-385-9266

1995 MTD Riding Mower 3 blade deck, 46" cut. Does not run, parts or repair. \$99 obo 815-568-1843

8 Piece Wrought Iron Set \$50 224-333-0078

Bobcat 20" Push Mowe 4HP with bag \$75 815-459-5506

FALL CLEANUP AVAIL. **FIREWOOD** CALL FOR QUALITY WOOD & QUICK **DELIVERY!!** PRE-SEASON PRICES! Ŀ&D Firewood

2yr. Seasoned Mixed Hardwood **WE DELIVER** AND STACK IT FOR YOU FREE!! CALL FOR PRICES!! Home (847) 223-3161 Cell

Hosta Seedlings Tray with 24 plants \$20 815-338-5338

(847) 845-8027.

\*\*FIREWOOD

**AVAILABLE\*\*** 

Mower, 22" Craftsman self-propelled, 6.0HP Mulcher, runs well \$65 815-356-7327

### Lawn & Garden 4310

Push Mower for small lawn Good exercise Save gas, maintenance \$50 815-648-2577

> Rally 22" **Push Mower** \$65 815-363-8131

Wrought Iron Patio Set tables 42" 26" 6 chairs \$99 847-515-8603

### Machinery & 4320 Tools

SAWMILLS from only \$2,990.00. Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. Www.norwoodindustries.com Free information: 1800-578-1363 ext. 300-N

### Medical Equipment 4330

WHIRLPOOL Sears Whirlpool Bath, 34 HP motor, lits over bath tub, used once, \$65, 815-943-3785

### Miscellaneous 4340

2pr Lace Panels with valances \$40 224-569-3034

> Amana radarange Good Condition. Works Well \$25 815-455-4701

Brother 9290 Lock Serger all accessories that came \$99 847-658-6971

Canning Jars Quarts - 10cents each 815-459-3105

CANNING JARS. Over

Call 630-370-7913. Drapery, 1pr. Lined with valance

\$35 224-569-3034

350 jars, \$70 for all.

**EDU-SCIENCE NEW Telescope** \$75 815-385-8688

Ethan Allen Maple Quilt Rack, Excellent Condition \$75 847-516-9830

assorted pièces, many full yds. \$50 for full lot. Obo 815-356-6671

GAS GRILL (altr 6) Brinkman Proseries 2300 3-brass burners, part stainless never used. \$99 847-854-0678

Harry Potter Books on CD "order of the phoenix" "goblet of lire" & "hall-blood prince" \$75all 815-338-8090

HYDRAMATIC third HP. above ground, never used. \$25, 630-232-1080.

LAPIDARY dual wet drum

pollsher, 110V. Antique. \$55/best. 630-584-1419. We'll print & distribute over 280,000 copies of your ad every week! Journal Clas-silled (800)589-8237.

### Leave msg. 815-568-5314 Party Lite Moroccan spice Lg bowl Like New \$50 815-337-6160

4340

PFALTZGRAFF dishes. Over 100 pieces. \$95 -The Village pattern. Call 630-879-6110.

Miscellaneous

Leather snowmóbile black

bibs, Joe Rockett

\$ 99 firm 847-659-8459

Microfiche viewer.

Micron 785, works great

\$10obo in marengo

2 xl. Excellent Condition

Plates Rediscovered Women's Collection w/ certs.

599 847-639-7861 SAND & SUN 12ft.x3ft. Round easy set pool, w/filter, pump, used 1 summer, \$99. 847-847-8632.

Von Welse Satellite Actuator, model VA-18 and 2 Receivers \$50 815-568-6166

brand new, still in box. \$45. 847-623-8822. ~6 Floral arrangements~ varied greenery w/ bur-

WEBER BB-Q GRILL,

gundy leaves, berries \$39 815-344-0818 ~WORLD COINS~ 15lbs of coins, good mix of many different countries

### Musical Instruments 4360

\$99 815-455-2133

Baldwin Accutronic Piano, \$100/obo. 847-639-4266

Clarinet Student model Perfect Condition \$99 John@ 847-658-4608

Gemeinhardt 2sp Student Flute with Case \$199 815-568-8917

Guilar Collector. Will pay op dollar for old Fender Stratocaster), Gibson, Martin, or any USA made guitars/basses. Any condition. Honest, reliable. Call Steve 517-242-4866

Black, adjustable height \$99 815-477-0701

Music Stand

# Organ Lowry & Bench SACF Good Condition \$95 815-459-2640

Photography 4370

CAMCORDER. Nikon Hi8 VN-720. Mini-camcorder. \$99. Call 630-715-4510.

Nikon N-70 SLR with 28-80 zoom lens **Excellent Condition** \$99 815-943-2912

RCA VHS-C Camcorder model cc800, Like new with accessories \$99 847-658-6971

OPEN HOUSES Watch for the Journal Classified Open House Di-

rectory every Friday, Sat-urday and Sunday, In-clude your listing by calling (800) 589-8237.

For Sale

### Snowblowers 4400

John Deere snow thrower for tractor 36 wide & lifs 100 peries tractors complete with weights & chains \$98 815-477-2434

### Sporting Goods 4410

Air Hockey Table Coleco 3'x6' Works Great \$ 20 815-344-1873

Basketball Hoop and Stand **Good Condition** \$15 obo 815-459-7793

EXERCISE BIKE - small, like new. \$25. Please call 630-232-2935.

> Gold's Gym Weight Cage & Versa Bench GREAT CONDTION 599 815-477-2712

HUFFY PORTABLE BAS KETBALL SYSTEM, \$99. 847-546-1561.

> Riedell Ice skates w/ fiesta blades girls size 2 \$45 815-337-9437

RWS 177 Cal. 4" Pistol incid. Case pellets, co2 Never fired. \$80 815-344-5025

Safe Weight Bench & weights -5721D.S. Wall unit \$50 847-345-3941

Set of Weights Like new ~ Lifted once \$50 or best offer 815-943-5041

TRAMPOLINE 14' round Jumpking w/new cover, includes enclosure \$99 obo 847-639-3183

### Exercise Equipment 4415

Body by Jake Abrocker \$25 815-690-8031

Lifestyler Cardio Fit Barley used. \$25 847-331-3323

847-331-3323

Techrod Home Gym(used)
Good Condition \$75 you pick up 815-307-4413

Vitamaster exercise bike w/ electronic monitor good condition \$35 obo 815-337-6108

Weider Weight set w/adjustable bench-180# Excellent Condition \$95 Frank 847-836-7940

4440

### Toys

Fisher Price Roll-a-Rounds Drop & Roar Dinosaur, Like New \$15 815-337-6160

Game Boy Advanced & 7 games:4Pokemon, Godzilla, Tony Hawk & Galaga \$30 815-477-7101

Gamecube:Animal crossing \$15 Godzilla \$15 Super Mon-key ball 1&2 \$12conflict desert storm \$10 815-356-6980

The nicest people read classified adsl Journal Classified (800)589-8237.

4440 Toys

Kenner Easy Bake Oven with Accessories Excellent Condition \$10 815-385-4532

Leap Pad Learning System in case w/ 5 extra books & cartridges \$40 815-477-3432

LITTLE TYKES COUN-TRY KITCHEN, with table & food, 815-759-9021

LT Vanity, Bratz stage w/dolls & accessories, 15 Barble dolls \$75 all 815-728-7259

Over 15 lbs of Legos (that's a lot) \$150. Over 7 lbs of Kinex \$90. 815-455-

Pachinko (Japanese pinball machine) needs repair, \$200 value \$99 847-639-7861

Pink Little Tikes Cradle w/ drawer (hebron area) \$15 815-861-6452

Rescue Heroes 5 vehicles, 8 figures w/ backpacks \$30 815-363-7743

> Sand & Water Table Little Tykes, all pieces incl. \$25 847-516-7925

Swing Set Play Fort w/ slide \$99 847-875-0656

Thomas the Tank Wooden railway. Freight yard Expansion pk. \$35 815-568-8477

-American Girl-American Girl Today doll bicycle \$30 815-444-1558

-American Girl-Molly's Bicycle for doll Excellent Condition \$30 815-444-1558

Pets & Supplies 4460

BOSTON TERRIER male, 4/mos old, partially housebroken, up to date on shots, 1yr, OI health insur-ance, \$800/best. Owners unable to keep pet. 847-650-6155,

DOG FREE To a Good home Large female mix Great w/kids and animals 815-703-3580

FREE to a good home Male orange Tiger, Appx lu wks old. Liller trained Lv.msg. 815-675-6862

Kitlens 8wk old, Orange tabby, potty trained, play full, and great w/ kids \$30 815-307-8294

KITTENS - 10 wks old, orange & white tabby, \$20. 847-426-7989

Large Dog Run Multiple sections w/ gate 4' high \$75 obo 847-650-6362

Nice Dog Cage Excellent Condition \$45 815-334-1938

PIT BULL MIX PUPS \$100 ~. 815-378-4363

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Pets & Supplies 4460

SCRATCHING post -large, very sturdy. Hand-mado. \$40. 630-377-9128.

Horses & Tack 4470

Stalls avail. Heated indoor & bam. Dressage size arena. Midge 815-385-1262

4500 Garage Sales

Fox Lake Sales

GARAGE SALE Fri. 9/22, Sat. 9/23, 9am-3pm, Misc. items. Oaks of The Hollow Sub. 304 White Tail Ln.,

HUGE SALE New & used items, household & clothing. 106 Bay Rd., Fox Lake, Fri. 9/22 & Sat. 9/23, 9am-5pm.

Ingleside.

Richmond Sales 4840

10-CD CHANGER FOR CAR S45 847-854-0678 aftr 6

Round Lake Sales 4853

HUGE GARAGE SALE 519 W Hawthom

Round Lake Thurs, Fri & Sat . 9a - 5p



Portable dishwasher, riding mower, 1984 Kawasaki motorcycle parts (frame, lires, wheels & extra parts) new gas fireplace, 2 men's bicycles,

Schwinn complete & Sebring, no wheels, furniture, lots of hardware, electrical, plumbing, garden tools. Too much to list!

MOVING SALE Sun. 9/24, 10am-4pm. 1412 W. Rem-Ington Ln., Round Lake (near Fairfield & 134), be-hind Pasquinelli Hornes. 847-401-6812.

### Job Facts

According to the Newspa-per Association of America, 41% of job seekers used weekday or Sunday newspapers but not online sources, while only 11% used online sources but not weekday or Sunday newspapers. When you combine the Journal Employment and ChicagoJobs.com, you've got it cov-ered! To connect with qualified candidates, call (800) 589-8237 today.

**SpringGrove** Sales

4880

MARCY'S SALE

SAT ONLY SEPT 23 9-4PM

TERRACE LANE Off of Route 12

New Things - Nice Things - Old Things Too Much To List!

### 5000 Transportation

Auto Parts & Supplies 5100

1981 Olds Cullass, 4dr Good car for demolition derby \$950bo 815-459-1254

49-50 Ford Parts-Original door handles, tail lights; ash-trays, grill parts, heater parts,\$25 847-639-9012

8ft Knap Melde Flat bed custom tool boxes & side rails. Needs floor off GM \$90 B15-943-3017

Bumpers and body panels 94' Probe GT OEM - VGC \$99 815-765-3725

Front and Rear bumpers from 2004 Silverado \$99 815-385-2203

MUD TIRES-half wom 33 x 12.5 x 16.5 still good condition \$99 815-560-1938

Rochester quadra jet carburetor \$25 847-639-9012

Running Boards Fiberglass, full length, also liberglass tonneau cover, silver off 2001 Dodge Ram shortbed \$300/all or will sop. 815-363-4410

Autos

1993 BUICK ROADMAS-TER, good shape, runs perfect, \$2,500/best. 847-487-5001.

5150

1996 Chrysler Sebring JXI Convertible, 148K mi, fully loaded! New Sony disc player, \$4,500. 815-455-2506 - Aft 4pm

2000 DODGE NEON 4 dr. a/c, 80K miles, \$4,400/obo B15-276-2954

2000 HONDA CIVIC DX Coupe, silver, only 56K miles, 5 speed, AM/FM stereo, great MPGI \$6,500 815-790-1160

2002 Dodge Intrepid Silver \$9,980 877-254-8983 DL

2002 FORD MUSTANG GT Conv, silver, 36K miles garage kept, mint cond! No winter driving, power, leather, Borla exhaust, etcl \$17,900 815-276-3999

2002 Pontiac GrandAmGT \$7,980 877-254-8983 DL

5150 Autos

2003 Chevy Malibu Teal \$9,980 877-254-8983 DL

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2003 Pontiac Grand Am \$9,980 877-254-8983 DL

2003 Pontiac Grand Prix \$11,980 877-254-8983 DL 2003 Pontiac Grand Prix

GT \$14,980 877-254-8983 2004 Chevy Impala Gray \$11,980 877-254-8983 DL

2004 Chevy Malibu Biege \$10,980 877-254-8983 DL

2004 Ford Crown Vic Blue \$14,980 877-254-8983 DL 2004 Pontiac Grand Am \$12,980 877-254-8983 DL

2004 Pontiac Grand Am \$13,980 877-254-8983 DL

2005 Chevy Malibu Biege \$11,980 877-254-8983 DL

2006 Chevy Cobalt Plum \$14,980 877-254-8983 DL PONTIAC '01 GRAND

847-623-3000 DLR

PRIX 4DR \$6,995.

Classic Autos 5200

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5250 Pick-ups

1997 CHEVY 1/4 Ton, Red 4WD, a/c, auto, cab cover. Very Good Condition! \$5,200. 847-682-0936

1999 CHEVY S-10, gr 90K \$4,500/best. 815-671-8195.

2002 FORD F-250 XLT 4x4 Super Cab, silver, shortbed, LineX bedliner, sun visor, tonneau cover, new BF tires! 84K miles, \$17,500 815-378-8363

Sport Utility 5275 Vehicles

1998 OLDS BRAVADA Black Loaded, excellent condition, garage kept, \$5,500. 847-540-8713

2002 Jeep Liberty Black \$12,980 877-254-8983 DL

\$11,980 877-254-8983 DL

2002 Land Rover Freelander \$9,980 877-254-8983 DL

Vans

1997 MERCURY Villager GS, good condition, clean, 130K miles, \$2,500/obo 815-790-5824

**Boats & Marine** Services 5450

1986 HOBIE CAT 17 Free sailing lessons with purchase of Catamaran sailboat, new main sail & new tramp, \$3500 incl trailer. 847-366-3203

Boats & Marine Services 5450

2006 Bayliner 185 Almost Brand NEWI Merc Cruiser 135 HP I/O, AM/ FM/CD, Bow Rider w /Bi-mini top & custom canvas cover. Low hrs. Still under warr. New trailor. \$13,500/ obo. 815-385-6388

everything except exhaust manifolds \$99 815-385-0062

454 Mercruiser hardware

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6000 Real Estate for Sale

Real Estate 6100 Services

Bank Foreclosures! Homes from \$10,000! 1-3 bedrooms available! Repos, Reo's, FDIC FSBO, FHA, etc. These homes must sell! For listings Call 1800-425-1620 ext. 3421

TimeShare Resales The cheapest way to Buy, Sell, and Rent Timeshares No commissions or broker fees. Call 1800-640-6886 or go to www.buyatimeshare.com

Housesfor Sale

FIRST TIME BUYERS Why rent when you can own? Free computerized list of homes available with no money down. Free recorded message. 1-800-969-8703 ID 1051.

6250

FIXERS & BANK OWNED! Free list w/pictures! \$100K+ Free recorded message. 1-800-969-8703 ID 1048 www.MyDistressHomeSales.

Harvard - New Constr. priced to sell! Cherry hrdwd firs, frpic, ceramic tile, wood windows, oak trim, full basement. \$189,900 815-568-0808

LAKE DELEVAN, WI Furn 2 bdrm turn key vacation cabin. Private beach plus boat ramp and pier \$139,900 847-275-8964

LAKE IN THE HILLS charming 2 bdrm house, priv. wooded, near beach. \$165,000 262-249-0824

McHenry- On Country Club 2 bdrm 1 bath, 617 John St. S139,000 815-236-3908 815-344-3317

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Housesfor Sale

6250

10718 38" Ave.

\$253,900.

3+1bdrm., 2-bath,

eled kitchen & baths. New

mechanicals, driveway &

roof. 262-694-0060.

www.candew.com/Isbo

PLEASANT PRAIRIE, WI

A family's dream. Over 1/2

acre on quiet dead-end

street. 4-bdrm., 5" bdrm in

fin bsmt., 2-baths, new kit.

w/breakfast nook, livin-

groom wilrplc. Formal din-ingroom, familyroom over-

looking bi-level patio w/pool & beautiful yd. First

fir. laundryroom, ig. front & back foyers, gar. drywalled

w/cabinets. Exc. Cond. 5929 105° St. \$309,000, 262-942-4119.

ROUND KLAKE HEIGHTS

4-bdrm., 2-bath, unfin. Bsmt, big house, Needs lit-

tle TLC. \$153,000. Seller

will consider Land Con-tract, 847-722-0269.

**Round Lake Beach** 

A lot of house for the

moneyl 4BR, 1 BA, large

eat-in kitchen, basement,

fireplace, 1 car garage &

hardwood floors, 1 Block

from the lake, \$145,900

Call Matt Bresnahan@

**Bresnahan Real Estate** 

847-223-5201

ROUND LAKE PARK Great 3-4 bdrm., 2-bath

spacious house. Eat-in kit.

livingroom, familyroom,

laundryroom, big deck. Room to ad a gar In mint cond., \$153,000. Owner

will consider land contract

with \$8,000 down. Act

WAUKEGAN 1700 GLEN

FLORA 4-bdrm., 1-1/2 ba.

R ranch, gar., fenced, A/C, \$159,000, 847-578-9711.

Ads that work pay for themselves. Ads that don't

work are expensive. De-

Fastl 847-612-6393.

AFFORDABLE SPACIOUS 1 BDRM. LOFT PLEASANT PRAIRIE, WI CONDO+OFFICE B rooms, 1/2 acre, Remod-ONLY \$83,900!

Corner of Rt. 41 & Rt. 137. Seller to pay \$3,000 in Buyer's closing cost. BEST BUY IN LAKE CO. Call Brenda 847-596-6109 RE/MAX SHOWCASE.

Condos/Townhomes

6300

ROUND LAKE VALLEY LAKES SUB. 3-bdm.+loft, 2-1/2 baths, 2-car gar., frpl., Priced to sell. \$169,900. 847-370-9612.

TWIN LAKES, WISC. 2yr. Old Condo for Sale. 3bdrm., 1-3/4 bath, lg. kit., dining area, LV, 2-story, full bsmt, 24x24 att. fin. gar., black top driveway, lg. yd. 200' from grocery, hardware store, bank, church & pool. Approx. 1/2 mi. from public beach, Twin Lake. No condo fees. \$224,900, 20% down, 6% interest will carry. 262-492-4479, 262-534-7676.

Lots & Acreage For Sale 6460

Kentucky waterfront land 2.51 acres of lakefront property on the TN/KY bor-der. Partially wooded, opening to a beautiful view down to the lake. \$50,500 Call Today 866-880-3539

LAKE CUMBERLAND, KY Lakeside parcels from the \$70's. Off water parcels from the \$30's. Over 600 acres of protected paradise. Amenities include pool, tennis, driving range, nature trails & much more. Appt. only: 866-467-9210

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Our websile. Call For A Free Brochure And Video

Design Homes

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Lots & Acreage 6460 For Sale

VA Land: 12 acres Riverfront, \$58K, 30 minutes north of NC/VA line; near Kerr Lake, Wooded, quiet, deer, bear, turkey, stars. No Hurricanes. Pictures: owner@newbranch.com 919-693-8984

VACANT LOT Lg. Build-able lot in Trevor, WI, 50'x240', quiet dead-end street. City sewer. Lak-erights. \$58,900. Mike erights. \$58, 262-206-9119.

Mobile Homes 6500 For Sale

WAUCONDA IN TOWN LOCATED IN AN **OVER 54 COMMUNITY** 1-bedroom, 1-bath Start @24,900 1-bedroom, 1.5 bath

27,000 \*2-bedroom, 1-bath Start @33,000 2-bedroom, 2-bath 49,900

Some include gar., carport, shed, decks, room additions & warranty. (847) 526-5000 loave message,

Waterfront Property

Florida Waterfront Condo \$189,000 www.seasidevillasfl.com SSV Roalty 727-341-0186 727-599-4826

6515

Lakefront acreage 2,000 acre lake. 5 acres with 222' of sand frontage on huge lake. Fully wooded with great views. Paved roads & all utilities in place Great fishing and minutes from town, \$140K McKeough Land Co. 800-240-LAND (5263)

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Land wanted to buy. Building lots, in-fill lots, or land suitable for subdividing. Send information to: Flatland Development Cor-poration, P.O.Box 566, Urbana, IL 61803

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To Share 7200

FOX LAKE ROOMMATE

WANTED to share beautiful home. Ideal for male. Full house privileges, 5bdrm., 3-bath, jacuzzi, laundry facilities. Every-thing included, DirecTV, high speed internet, exphone. Downtown, cept close to train, shopping & lake. \$500/mo. (B47)370-4465.

LAKE VILLA STUDIO APT FOR RENT. Pvt. & quiet. Includes FREE heat, gas, electric, central air, cable, TV, water, garbage and more. ONLY \$495/mo. One person only. No smoking. No pets. 847-863-5563.

Apartments For Rent

ABOVE COFFEE SHOP DOWNTOWN GRAYSLAKE. Spacious 1-bdrm. apt. w/walk-in closet. Near CLC, shops & train, \$675/mo. 847-331-

7250

FOX LAKE 1-bdrm. apt. in Vacation Village, access to pool, laundry, lennis courts, beach. Avail. 10/1. \$625/mo.+sec.dep. Robert 708-243-4316.

FOX LAKE Avail. Now. 2bdrm., newly decorated. Balcony, security intercom, free parking, water, sewer & garbage, No pets. 37 Nippersink Blvd. \$795/mo. Rent in Sept. bring this ad & get free car gas for

6/mos. 815-403-9558 FOX LAKE VACATION VILLAGE 2bdrm. unit w/A/C, includes appls., wator. New paint, hrdwd. firs throughout. Pvt. pool, laundry facilities, \$725/mo. 630-350-8800.

GRAYSLAKE 2 bdrm. Unit Clean, bright, quiet. Most utilities Included. \$875/mo. No pets, No smoking. 847-735-1719

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fied to sell any item under \$100. Look for the free ad coupon in our Journal Classified section.

2330 N. Samson Way - Waukegan ~ 847-623-0800

Featuring One, Two & Three Bedrooms Apts.

Priced From \$855 - \$1575

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HARROS SORPHAN

Washer & Dryers In Every Apartment

Many Ammenities! On Site

Private Garages & More

Call Today, Visit Today!

Maintenance & Management

VORTHGATE Luxury Apartments

Apartments 7250 For Rent

GRAYSLAKE/ WILDWOOD SAVANNA RIDGE New w/in-unit laundry, htd. gar., exercise rm, all appl. 2 BDR special \$1225.

No pets. ½ mi. E of Rt. 45 & Rt. 120 847-223-7766 IGL Brokerage, Corp.

**GURNEE/WILDWOOD** ROYAL OAK APTS. 1 & 2 BDRMS. FROM S825 TWO MONTHS FREE RENT See office for details near Gumee Mills shopping.

On Gages Lake Rd. between Rt. 45 & Hunt Club. (847)986-2988 IGL Brokers Corp.

HEBRON Old farmhouse with 1 large 2 bdrm, 1 small 2 bdrm Apt water & garbage incl 815-560-2608

INGLESIDE WOOSTER RIDGE APTS. 26445 W. Slate Rt. 134 2-bdrms., Near Wooster Lake, quiet location. Water included. Avail. In November.

\$775/mo+sec. dep. &

credit check fee.

(847)487-0232 LAKE FOREST STUDIO APT. Cable, all utils, Included. On private horse farm. Immediate tollway access. \$395/mo. 847 363-1032.

NORTH CHICAGO Large, clean 2-bdrm. Avail. now. sec. dep req. \$635/mo. ONE MONTH RENT

FREE. 847-910-2789. NORTH WAUKEGAN 1bdrm., eat-in kit., lg. livingroom, all utils included. Will furnish for military Avail. 10/1. \$675/mo. 847

WAUCONDA 2bdrm. Apt. heat & hot water included. \$675/mo. Lease, sec. dep., ref. No pets. (847) 433-0891.

ZION 2 BDR APT new appls., carpet. Walk to schools and shopping. \$850 /mo. 847-356-

·ZION LG. 1-BD., eat-in kit. Place a FREE 4-line, 7-day ad in Journal Classi-Tenant pays elec. Off street parking. \$600/mo. 1/mo. Sec. Will turnish for Military. Avail. Immediately. (847) 212-7757.

MODEL

OPEN

Condos/Townhomes 7300 For Rent

FOX LAKE 1-bdrm. Waterfrony condo for rent. \$625/mo. 815-563-4312.

GRAYSLAKE T.H. 3bdrm., 2.5 bath, 2-car att. gar., w/many upgrades. Bit in 2002. \$1,500/mo. RE/MAX Showcase, Craig Stein 847-624-6184.

GRAYSLAKE/ WILDWOOD 1, 2, 3 bdrm, Condos. From \$109,900-\$169,900. Mins. to Gurnee Mills. 36/mo. Free assessments IGL R.E. (847)548-5100.

GURNEE TOWNHOME, 2 BDR, 1.5 BA, loft, 2 frpls, 2 car garage, all appliances. \$1,195/mo. 847-623-8355.

Gurnee/Grayslake 1 BDR Condo - \$860/mo 2 weeks free - tennis, basketball, volleyball courts and covered parking, 630-638-6408

Hainesville / Grayslake Area - 3 bdrm, 2.5 bath Twinse. Frplc, balcony, 2 car att. gar w/rights to Cranberry Lake & Nature path. \$1435 w/opt. to buy. 815-260-0854

LINDENHURST T.H. 2bdrm., 2-1/2 bath, frpl., 2-1/2 gar. Very clean, Mil-burn/Lakes Schools. \$1,275/mo. 847-265-0867.

ROUND LAKE 9/mo. new T.H. 2-bdrms., 2.5 baths+loft, 2-car alt. gar View of pond and park \$1,200/mo.+utils. O.K. Immediate occupancy. GMAC Coachlight 847-254-8363 Mary Rice.

ROUND LAKE BEACH T.H. 2-bdrm., 1-1/2 bath -car gar., washer/dryer new carpet, C/A. Avail. Now. \$995/mo.+sec. dep.

847-271-9703.

ROUND LAKE SOUTH OF RT 120 New construction T.H. For Rent. 3-bdrm. 2.5 bath, 2+car gar., maintenance free, walking trail. Grayslake School Dist. \$1,350/mo. Avail. 11/15, View at:

www.internetconxions.com/ townhomes/ 847-877-2314.

VERNON HILLS CONDO FOR RENT 1-bdrm., 1-1/2 bath, newly remodeled. Section 8 O.K. \$900/mo. 847-596-0544.

There is a new group of people every day, looking for a deal in Journal Classified (800)589-8237.

Houses For Rent

815-341-1967.

CHANNEL LAKE WATER-FRONT Newly redecorated, 6 rooms, 3-bdrm., 1-

7400

CHANNEL LAKE WATER-FRONT, 3-bdrm., 2-bath, 7 rooms, small bsmt., central A/C, ht., appls., lg. lot. \$1,250/mo.+1/mo. sec. dep. Call Tom 815-341-

bath, appls., central ht. &

air, \$950/mo. Call Tom

drm. 2 bath dining rm/ large deck, nice yard, boat dock, NO SMOKERS/No pets \$1250 +sec. 815-707-0831 GRAYSLAKE 3-bdrm., 2-

Fox Lake-Water front, 3b-

car gar., fenced yd. \$1,175/mo.+utils. 847 366-0054.

GRAYSLAKE 4-bdrm., 3bath, fin. bsmt., big back yd. \$1,990/mo. Rent to buy option. Avail. Oct. 1st, 847-401-2111.

GURNEE 5-bdrm., 3-bath full bsmt., 2-car gar. Rent \$2,400 or for salo \$349,000. 847-445-6039.

ISLAND LAKE Newer 2bdrm. duplex, 2-bath, 2 2-story, \$1,175/mo. 847-778-3486.

KENOSHA, WI New con-struction 4-bdrm., 2-1/2 bath, 3,000sq.ft. No smoking \$1,900/mo+sec.dep. Avail. 11/1. 262-652-3878

LAKEVIEW CUTE 3bdrm., 1-bath in Round Lake Beach, \$900/mo.+ sec. 847-740-0784.

MCHENRY AGENT OWNED 3-bdrm., 2-bath, 2-car gar., \$1,200/mo. 847-367-8686, ext. 208.

MCHENRY AGENT OWNED Rent to own 3bdrm., 2-balh, 2-car gar., \$1,300/mo. T. Gamnes 847-367-8686, ext. 208

PISTAKEE LAKEFRONT 2-bdm., 1-bath, appls. pier, \$950/mo.+sec. 312-504-3441.

PORT BARRINGTON FISHERMANS DREAM Waterfront 2-bdrm., 1-bath, 1-car gar., fully rehabbed, No pets. \$1,075/mo. 773-457-5366,

ROUND LAKE BEACH Newer 4-bdrm., 2-bath, frpl., A/C, dishwasher, deck, fenced yd., gar., \$1,275/mo. 847-778-7874.

www.mchenrycountysports.com Local Sports Attitude.

Houses For Rent 7400

ROUND LAKE HEIGHTS 4-bdrm, 2-bath, unfin. bsml., no gar, \$1,150/mo. 847-612-6393.

Round Lake Heights Built In 2001 4 bdrm. 2.1 baths, lin. bsmnt, hrdwd II. Ceramic tile. Fenced yrd w/large patio & newer playset. Pets Welcomel Lake Villa School dist. \$1650/mo +1 mo/sec 847-652-5347

TWIN LAKES WISC. 3-bdrm., new construction house, Randall Schools, \$1,195/mo. 4+Bdrm., huge house, 3-car gar. \$1,095/mo. 262-210-2773.

WAUCONDA Rmld 3bdrm., 1-bath, best loc. at the lake, \$1,375/mo+1/2/mo free Pets O.K. 847-902-9163

FOR RENT OR SALE 3-bdrm. 2-bath, 2car gar. 847-757-6696.

Comm. Property For Rent

**GRAYSLAKE OFFICE** 1,600-6,000 sq.ft. Shop, storage or warehouse 1,000-6,000sq.ft Utils, Included, Mon-Fri. 8am-4pm. (847)223-2244.

INDUSTRIAL/COMMER-CIAL SPACE FOR RENT 2,000sq.ft., 16ft. high, 14ft. overhead door, 3 phase power, 683 E. Center St., Grayslake, 847-223-8877

Retail/Office Space For Rent

**OFFICE/MEDICAL** SPACE FOR RENT 2045 Grand Ave., Lindenhurst. Shared common space. Call 847-265-8880.

Richmond - Main Street Storefront, full bsmt, \$1000 mo. Broker owned. Sue Miller, Coldwell Banker Primus 815-236-2387

**Rental Facts** 

Most renters consider rental rates, floor plans, and location the most important items of information in a rental ad. Rent your property faster with help from a Journal Classifled representative. Call (800) 589-8237 today.

Industrial For Rent

LAKEMOOR/VOLO

INDUSTRIAL

**BUSINESS RENTALS** 

**AVAILABLE NOW!** 

**COUNTRY PRICES** 

720sq.ft. \$575/mo.

1000sq..ft, \$625/mo.

1200sq.ft. \$695/mo.

2000sq.ft. Drive thru

12x12ft. Doors.

27992 W. Rt. 120,

at Fisher Rd. 4 blocks

W of Rt. 12.

Open Mon-Fri.

9-3 or by appt. (815)578-8000.

Cell (847)903-7788.

Legals

LEGAL NOTICE

LIEN SALE

A-J Self Storage

702 Sunset Drive

Round Lake, IL. 60073

BARTHOLOMEW JONES

All goods from this unit will

be sold on or after

September 29, 2006 for

past due rent, late lees

and other charges due.

A-J Self Storage reserves

the right to withdraw any of

the items from the sale

prior to September 29,

2006. For more info.

Call 847-331-1778.

PUBLIC NOTICE AFFORDABLE SELF

STORAGE

Affordable self storage wil

dispose of goods for non-

payment of rent from: Unit #32 belonging to Lisa

A. Berzek consisting of

various household goods.

Unit #26 belonging to

John Jones consisting of

Unit #89 belonging to Nick Baldassano consisting of

various household goods.

Disposal of the items will take place at Affordable

Self Storage, 133 S. Rt. 12, Fox Lako, IL. On Sat-urday October 7, 2006 at

September 22, 29, 2006

ATTENTION

Job Seekers

According to the Newspa-per Association of Ameri-ca, more than 4 in 10 job

seekers say they read

newspapers more often during their job search

than they did before that time. To connect with

qualified candidates, call

Looking for a Career Change?

According to the Newspa-

per Association of Ameri-

ca, approximately 1/3 of all job changers said they were still checking ads in

newspapers, and half that

number had been consulting online job ads since

their job change. With the Journal Employment section and ChicagoJobs.-

com, you've got it covered! To connect with qualified

candidates, call (800) 589-8237 today.

(800) 589-8237 loday.

0922D-7971-FL

10:00 am.

various household goods.

Legals

A/C office & baths

7600

Assumed Name 8200

**PUBLIC NOTICE ASSUMED BUSINESS** NAME APPLICATION NAME OF BUSINESS: Unique Expressions NATURE/PURPOSE Gift baskets ADDRESS(ES) BUSINESS IS TO BE CONDUCTED TRANSACTED IN THIS 2707 E. Delaware Ln., Lindenhurst, IL. 60046, 847-

265-8466 NAME(S) AND POST OF-FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) CONDUCTING OWNING, BUSI-TRANSACTING

Elizabeth A. Rausch, 2707 E. Delaware Ln., Lindenhurst, IL. 60046, 847-265-8466

STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Elizabeth A. Rausch

August 28, 2006 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 28th day of August, 2006.

OFFICIAL SEAL /s/Melissa Wesenberg Notary Public Received: Aug. 28, 2006 Willard R. Hellander Lake County Clerk 0908B-7961-LV September 8,15, 22, 2006

**PUBLIC NOTICE** ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS: Avia Fine Art Resources NATURE/PURPOSE Art sales and consultation ADDRESS(ES) WHERE BUSINESS IS TO BE TO CONDUCTED TRANSACTED IN THIS 507 Fairlawn Ave., Libertyville, IL. 60048, 847-327-NAME(S) AND POST OF-

FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) CONDUCTING TRANSACTING OWNING, BUSI-Heldi Green, 507 Fairlawn

Libertyville, STATE OF ILLINOIS COUNTY OF LAKE This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Heidi Green August 28, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 28th day of August, 2006.

OFFICIAL SEAL /s/Kathryn C. Mulvaney Notary Public Received: Aug. 29, 2006 Willard R. Hellander Lake County Clerk 0908B-7962-LB September 8,15, 22, 2006

We'll print & distribute over 280,000 copies of your ad every week! Journal Clas-sified (800)589-8237.

Section 1 Come join us at COUNTRY FAIRE **CONDOMINIUMS FOR RENT** Route 120 & Route 45 in Grayslake

> FIRST MONTH RENT FREE \$400 Security Deposit

> > Full Amenities

1 Bedrooms \$775.00

847-223-5100

2 Bedrooms \$875.00

### Assumed Name 8200

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS: Sparkle Cleaning and Errand Service NATURE/PURPOSE Cleaning and Errand ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS 412 Meadow Green Ln., Round Lake Beach, IL. 60073, 847-740-9890 NAME(S) AND POST OF-FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSI-Michelle Powell,

Meadow Green Ln., Round Lake Beach, IL. 60073, 224-757-5211. STATE OF ILLINOIS COUNTY OF LAKE This is to certify that the undersigned intend(s) to

conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown. /s/ Michelle Powell

August 29 , 2006
The foregoing instrument was acknowledged before me by the person(s) in-tending to conduct the business this 29th day of August, 2006.

OFFICIAL SEAL /s/Cheryl E. Saral Notary Public Received: Aug. 29, 2006 Willard R. Hellander Lake County Clerk 0908B-7963-RL September 8,15, 22, 2006

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS:

Scrapwave NATURE/PURPOSE \*Custom designed digital scrapbooking service ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OF TRANSACTED IN THIS 510 Valley Park Dr., Libertyville, IL. 60048, 847-477-

NAME(S) AND POST OF-FICE OR RESIDENCE ADDRESS(ES) OF THE OWNING, PERSON(S) CONDUCTING BUSI-TRANSACTING

Kelli, Tim Mason, 510 Valley Park Dr., Libertyville, IL 60048, 847-918-1546. STATE OF ILLINOIS COUNTY OF LAKE

undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business Is/are correct as shown.

/s/ Kelli Mason /s/ Tim Mason September 6, 2006

The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 6th day of September, 2006.

OFFICIAL SEAL /s/Mark K. Ward Notary Public Received: Sep. 6, 2006 Willard R. Hellander Lake County Clerk 0915C-7964-LB September 15, 22,29,2006

### Assumed Name 8200

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS:

Art Spark Electric NATURE/PURPOSE Light residential electrical ADDRESS(ES) BUSINESS IS TO BE

CONDUCTED OR TRANSACTED IN THIS 112 Navajo Trail, McHen-ry, IL. 60051, 815-578-

NAME(S) AND POST OF-FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSI-

Art E. Petersen, 112 Nava-jo Trall, McHenry, IL. 60051, 847-812-1706. STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Art E. Petersen September 8 , 2006 The foregoing instrument was acknowledged before me by the person(s) in-tending to conduct the business this 8th day of September, 2006.

OFFICIAL SEAL /s/Barbara J. Noster Notary Public Received: Sept. 8, 2006 Willard R. Hellander Lake County Clerk 0915C-7966-FL Sept. 15, 22, 29, 2006

PUBLIC NOTICE **ASSUMED BUSINESS** NAME APPLICATION NAME OF BUSINESS:

Cencula Enterprises NATURE/PURPOSE Properly Rental ADDRESS(ES) BUSINESS IS TO BE CONDUCTED -TRANSACTED IN THIS 22150 W. Morton, Lake Villa, IL. 60046, 847-356-

NAME(S) AND POST OF-FICE OR REGIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, PERSON(S) CONDUCTING TRANSACTING

Helen C. Cencula, 20772 W. Verona, Lake Villa, IL. 60046, 847-356-0362. STATE OF ILLINOIS COUNTY OF LAKE

undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Helen C. Cencula September 8, 2006 The foregoing instrument was acknowledged before me by the person(s) in-tending to conduct the business this 8th day of

September, 2006 OFFICIAL SEAL /s/Jennifer Gerloff Notary Public Received: Sept. 8, 2006 Willard R. Hellander Lake County Clerk 0915C-7967-LV Sept. 15, 22, 29, 2006

### Assumed Name 8200

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS: TK Freight International NATURE/PURPOSE TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY 917 E. Liberty #1, Wau-conda, IL 60084, 847-487-4228. NAME(S) AND POST OF-FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) CONDUCTING OWNING, TRANSACTING BUSI-Allison, Joshua Brodsky, 917 E. Liberty #1, Wau-conda, IL 60084. STATE OF ILLINOIS COUNTY OF LAKE This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct

as shown. /s/ Allison Brodsky /s/ Joshua Brodsky September 13, 2006 The foregoing instrument was acknowledged before me by the person(s) in-tending to conduct the business this 13th, day of September, 2006.

OFFICIAL SEAL /s/Mario Garcia II Notary Public Received: Sept. 13, 2006 Willard R. Hellander Lake County Clerk 0922D-7970-WL September 22, 29, 2006 October 6, 2006

PUBLIC NOTICE ASSUMED BUSINESS NAME APPLICATION NAME OF BUSINESS: AL Construction NATURE/PURPOSE

Remodeling ADDRESS(ES) BUSINESS IS WHERE TO BE CONDUCTED TRANSACTED IN THIS

COUNTY: 2 Sextant Dr., Grayslake, IL 60030, 847-543-1977. NAME(S) AND POST OF FICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, PERSON(S) CONDUCTING TRANSACTING OR BUSI-

Albertas Cimelius, 2 Sextant Dr., Grayslake, IL 60030, 847-543-1977. STATE OF ILLINOIS COUNTY OF LAKE

This is to certify that the undersigned intend(s) -to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Albertas Cimelius September 14, 2006 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 14th day of

September, 2006. OFFICIAL SEAL
/s/Claudia C, Rodriguez
Notary Public
Received: Sept. 14, 2006 Willard R. Hellander Lake County Clerk 0922D-7969-GL Sept. 22, 29, 2006 October 6, 2006

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Statement of Cash Receipts Disbursements

**GENERAL FUND** 

May 1, 2005 to April 30, 2006

### CASH RECEIPTS

Cash on Hand May 1, 2005 \$ 245,594.42 Contract- Lake Villa Fire Protection District 353,842.80 16,236.63

Total Cash on Hand at beginning of year & Cash Received during fiscal year

\$ 615,673.85

### CASH DISBURSEMENTS

Administrative	\$ 35,944.29
Building	32,317.65
Fire Equipment	32,903.81
Insurance	38,374.96
Personnel	125,834.58
Radio	16,476.06
Utilities	22,225.93

**Total Cash Disbursements** 

\$304,077.28

BALANCE ON HAND APRIL 30, 2005

\$ 311,596,57

I, Brock Millsop, Treasurer of Lake Villa Volunteer Fire Department, do hereby solemnly swear that the above report contains a full and true statement of all moneys belonging to the General Fund of Lake Villa Volunteer Fire Department, received by us, and disbursed by us on account thereof during the period May 1, 2005 to April 30, 2006 inclusive, to the best of my knowledge and belief.

nuk Millan

ORDINANCE PROVIDING FOR BUDGET AND APPROPRIATIONS OF GRAYSLAKE AREA PUBLIC LIBRARY DISTRICT, LAKE COUNTY, ILLINOIS FOR THE FISCAL YEAR BEGINNING JULY 1, 2006 AND ENDING JUNE 30, 2007 **ORDINANCE 2006-4** 

WHEREAS, the Board of Trustees of the Grayslake Area Public Library District, Lake County, Illinois, caused to be prepared in tentative form a Budget and the Secretary of this Board has made the same conveniently available to public inspection for at least thirty (30) days prior to final action; and

WHEREAS, a public hearing was held as to such Budget on the 12th day of September, 2006, and notice of said hearing was given at least thirty (30) days prior to as required by law, and all other legal requirements have been com-

NOW, THEREFORE, be it ordained by the Board of Library Trustees of the Grayslake Area Public Library District, Lake County, Illinois, as follows:

Section 1: That the fiscal year of this Public Library District is hereby

fixed to begin on July 1, 2006 and end on June 30, 2007.

Section 2: That the following Budget containing an estimate of the amount available and expenditures and the appropriations contained therein be and the same is hereby adopted as the Budget and Appropriations for this Public Library District for this fiscal year; and the sum of \$4,069,130, or as much thereof as may be authorized by law, is hereby appropriated for the purpose of the Grayslake Area Public Library District, as hereinafter specified for said fiscal year.

		Estimated Revenue Available	
	Item 1:	Balance on hand as of July 1, 2006	\$ 4,089,979.39
SHANKS AROUS	Item 2:	Receipts during current fiscal year from library district levy of 2005 and receipts from other sources such as grants, fines, rentals, donations and revenue sharing TOTAL ESTIMATED AMOUNT AVAILABLE	\$1,540,414.60 \$5,630,393.99
WARRIED IN	SALARIE	PART II Estimated Expenditures - Corporate S	
10 SE		Salaries Staff Development	\$1,357,746 \$39,353

ALAR	NES	
	Salaries	\$1,357,746
	Staff Development	\$39,353
	Trustee Development	\$5,022
37.	Health Insurance	\$75,193
	Total	\$1,477,314

### UTILITIES Electricity \$74,400 Gas \$25,200 Water \$2,280 Trash \$6,000

Telephone \$14,250 Total \$122,130

**OPERATING** Maintenance \$30,240 \$16,051 \$12,000 \$31,152 Service contracts \$6,690 Accounting & payroll \$14,256 Want Ads \$360 Bindery \$930

InterLibrary Loan Fees \$240 \$21,348 Programming Newsletter-\$12,431 **Pub Relations** \$3,600 Supplies \$68,388 Volunteers \$540 Postage \$13,320 Automation \$68,100 \$6,000

\$3,847

\$309,493

\$416,218

Other Total

MATERIALS Books \$204,804 Reference Materials \$47,592 Electronic Reference \$68,758 Periodicals \$21,264 Miscellaneous \$72 Audio Visual . \$73,728

### CAPITAL EXPENDITURES

Total

Automation \$87,984 Equipment \$3,936 Fumiture \$4,446 Total \$96,366

The foregoing appropriation is hereby appropriated from the general property tax for corporate purposes. TOTAL CORPORATE FUND \$ 2,421,521

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PART III Estimated Expenditures - Grants

8100 Legals

 Per Capita
 \$37,535

 Grants
 \$6,000

 Total Grants
 \$43,535

The foregoing appropriation is hereby appropriated from the proceeds of grants from the Illinois State Library and other agencies and is in addition to all other library district taxes as provided by law.

PART IV

Estimated Expenditures - Building and Sites Fund

Total Building and Sites \$285,000

The loregoing appropriation is hereby appropriated from the proceeds of a special tax for building and sites expense purposes and is in addition to all other library district taxes as provided by law.

PART V

Estimated Expenditures - Social Security
Social Security - Employer's Contributions \$ 103,867

The foregoing appropriation is hereby appropriated from the proceeds of a special tax to pay the Library District's contributions to Social Security and is in addition to all other library district taxes as provided by law.

PART V

Estimated Expenditures - Illinois Municipal Retirement Fund
Illinois Municipal Retirement Fund \$ 113,096

The foregoing appropriation is hereby appropriated from the proceeds of a special tax to pay the Library District's contributions to the Illinois Municipal Retirement Fund and is in addition to all other library district taxes as provided by law.

PART VII

Estimated Expenditures - Public Liability Insurance (including Workers' Compensation & Public Officials' Insurance)

Public Liability Insurance

The foregoing appropriation is hereby appropriated from the proceeds of a special tax for public liability insurance purposes and is in addition to all other library district taxes as provided by law.

PART VIII

Estimated Expenditures - Audit Fund Audit Expenses

The foregoing appropriation is hereby appropriated from the proceeds of a special tax for audit expense purposes and is in addition to all other library district taxes as provided by law.

PARTIX

Estimated Expenditures - Bond and Interest Fund

Bond and Interest Expenses \$ 400,000

The foregoing appropriation is hereby appropriated from the proceeds of a special tax for bond and interest purposes and is in addition to all other library district taxes as provided by law. (per Ordinance 2006-4 filed 7/1/2006.)

PARTX

Estimated Expenditures - Library Project Fund

Total New Library Construction Expenses \$ 150,00

The foregoing appropriation is hereby appropriated from the proceeds of a special tax for new library construction purposes and is in addition to all other library district taxes as provided by law.

PART XI

Estimated Expenditures - Special Reserve Fund

Total Special Reserve Fund \$ 4,600

The foregoing appropriation is hereby appropriated from the unexpended balances of the proceeds received annually from public library taxes, impact fees and Interest to acquire equipment, furniture, library materials and electronic data storage and retrieval facilities in connection with the new building.

PART XII

Estimated Expenditures – Host Fees

Total Host Fees \$ 50,000

The foregoing appropriation is hereby appropriated from the proceeds of income from Host Fees and Impact Fees is in addition to all other library district taxes as provided by law.

PART XIII

Estimated Expenditures -Impact Fees

Total Impact Fees

The foregoing appropriation is hereby appropriated from the proceeds of income from Host Fees and Impact Fees is in addition to all other library district taxes as provided

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PART XIV
Estimated Expenditures – Working Cash Fund

Total Working Cash Fund

The foregoing appropriation is hereby appropriated from the proceeds of the Working Cash Fund and is in addition to all other library district taxes as provided by law.

SHIMMARY

8100

TOTAL APPROPRIATION FOR CORPORATE FUND EXPENDITURES \$ 2,421,521 TOTAL APPROPRIATION FOR GRANTS \$ 43,535 TOTAL APPROPRIATION FOR BUILDING AND MAINTENANCE \$ 285,000 TOTAL APPROPRIATION FOR SOCIAL SECURITY \$103,867 TOTAL APPROPRIATION FOR IMRF \$113,096 TOTAL APPROPRIATION FOR PUBLIC LIABILITY INSURANCE (INCLUDING WORKERS' COMPENSATION AND PUBLIC OFFICIALS' INSURANCE) \$ 36,150 TOTAL APPROPRIATION FOR AUDIT EXPENSES \$ 6,360 \$ 400,000 TOTAL APPROPRIATION FOR BOND AND INTEREST EXPENSES TOTAL APPROPRIATION FOR NEW LIBRARY CONSTRUCTION \$ 150,000 \$ 4,600 TOTAL APPROPRIATION FROM SPECIAL RESERVE FUND TOTAL APPROPRIATION FROM HOST FEES \$ 50,000 TOTAL APPROPRIATION FROM IMPACT FEES \$ 80,000 TOTAL APPROPRIATION FROM WORKING CASH FUND \$ 375,000 TOTAL FUNDS \$4,069,130

Section 3: That all unexpended balances of any item or items of any general appropriation in this Ordinance be expended in making up any insufficiency in any other item or items in the same general appropriation and for the same general purpose of any like appropriation made by this Ordinance.

Section 4: That the invalidity of any item or section of this ordinance shall not affect the validity of the whole or part thereof.

Section 5: That all ordinances or parts of ordinances conflicting with any provision of this ordinance be and the same are hereby repealed.

Section 6: That the Board of Library Trustees of the Grayslake Area Public Library District has established a Special Reserve Fund to be accumulated from the unexpended balance from the proceeds received from library taxes, said fund to be accumulated and set aside as a Special Reserve Fund for the purchase of sites and construction and equipment of buildings for library purposes and that the Board of Library Trustees shall adopt a plan or plans in accordance with applicable Illinois law.

Section 7: That this Ordinance shall be in full force and effect from and after passage, approval and publication as provided by law.

ADOPTED this 12th day of September, 2006, pursuant to a roll call vote as follows:

AYES: NAYS: ABSENT:

Kristine Mobley, President

ATTEST:

Beverly Duran , Secretary Pro-Tem

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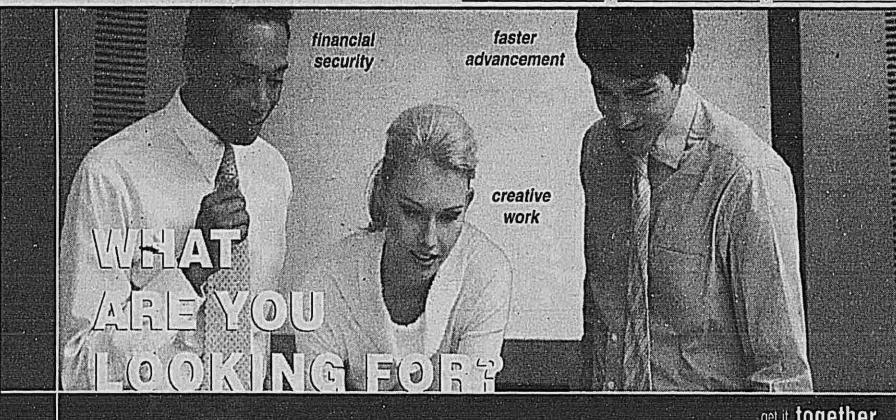
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Friday September 22, 2006

WEEKLY JOURNALS
Section C

### - This Weekend

Come visit the Field Museum in Chicago, and experience an interactive exhibit that looks at the discoveries of an Augustinian friar who worked by himself to crack some of science's toughest mysteries.

See Page 5

### **Movies**

Pam and George Singleton review the new comedy "Confetti," a film that takes an inside look at the drama of a wedding.

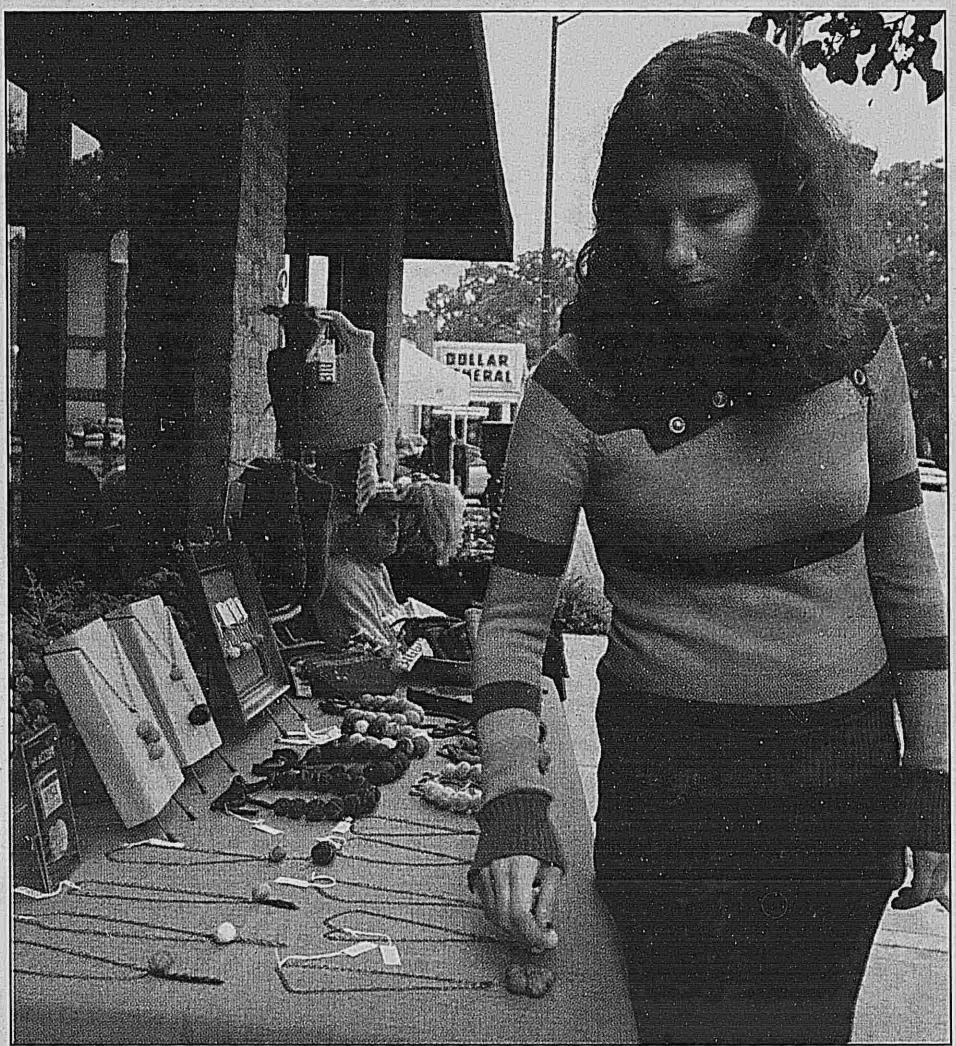
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### **Monster madness**

Meet the lovable monsters of "Disney/Pixar's Monsters Inc.," as they skate into two Chicagoarea venues through Oct. 1.



# A crafty adventure



Chris Padgett - cpadgett@nwnewsgroup.com

A variety of handmade accessories, made by Grayslake resident Bridget Hanson, are on display at the Grayslake Farmers Market. Hanson owns Biggie Handmade Goods, which can be shopped by visiting www.thebiggie.com. See the story on page 2.

# Handmade goods that catch the eye

Grayslake resident makes fun, colorful accessories for all

By KATHY GRESEY

kgresey@nwnewsgroup.com

GRAYSLAKE - Ahh, acces-

They are fun. Numerous. Eye-catching. And, a necessity for many.

Grayslake resident Bridget Hanson knows the enjoyment that can come from wearing the perfect accessory. She not only dons jewelry and carries a colorful bag, but she runs her own accessory business.

Biggie Handmade Goods specializes in handmade necklaces, earrings, handbags, coin purses and clutches. Hanson runs the business online and also sells her products at shops and fairs across the country.

Like many woman, the business owner began crafting as a child.

That enjoyment for constructing things led her toward obtaining an art degree from Northern Illinois University.

"I've always been making stuff, since I was a kid," Hanson said. "Then, I started to get into it more seriously."

After graduating from col-Hanson established Biggie Handmade Goods with some help from a business acquaintance. She now makes and sells her products full-

"Sea Monster," "Barbie" and "White Bubbles" are just a few of the names used to describe her online products. Many of her accessories are hand-knit-



Chris Padgett - cpadgett@nwnewsgroup.com

Bridget Hanson sits near her vendor table at the Grayslake Farmers Market. Hanson, a Grayslake resident, makes her own necklaces, earrings, handbags, coin purses and clutches. She is at the farmers market from 3 to 7 p.m. on Wednesdays, through Oct. 4.

ted and felted. All are one-of-a- Park. kind.

"I'm always doing something new," Hanson said.

This time of year, the crafter can often be found at fairs and festivals in the Chicago area. Earlier this month, she was a vendor at the Renegade Craft Fair in Wicker

From 3 to 7 p.m. on Wednesdays, Biggie Handmade Goods is set up at the Grayslake Farmers Market on the corner of Seymour Avenue and Center Street. The market runs through Oct. 4.

In addition to selling already-made products, Hanson does custom pieces, as well.

She said she gets a lot of enjoyment from making things and working with fibers. She hopes to continue with crafting for some time.

"If I could do this for the rest of my life and get paid for it, I'd do it," Hanson said. "I enjoy it."

### All the details

What: Biggie Handmade Goods

Who: Bridget Hanson

Specialties: Necklaces, earrings, handbags, coin purses and clutches

For more information: www.thebiggie.com

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# 'Disney/Pixar's Monsters Inc.' skates into town

CHICAGO – Straight from the city of Monstropolis, oneeyed Mike Wazowski, his furry friend Sulley and the adorable girl Boo, are on their way to perform in the dazzling Disney On Ice presentation of "Disney/Pixar's Monsters Inc."

This comical caper is scheduled to appear through Sept. 24 at the Allstate Arena in Rosemont. It will then take place from Sept. 27 to Oct. 1 at the United Center in Chicago. Tickets are on sale now.

Mike, Sulley and Boo will bring all of Monstropolis to life in a side-splitting tale that is sure to spark mega-watt laughter. Hilarious hijinks ensue when Boo ventures into the Monsters Inc. factory – bringing her infectious giggle along for the adventure.

"This show is a monster of a spectacle," Producer Kenneth Feld said in a release. "It is the largest and most complex Disney On Ice show we've ever done. There are more monsters than you can possibly imagine

### **Ticket prices**

- Tickets for the Disney On Ice presentation of "Disney/Pixar's Monsters Inc." are \$12, \$19 and \$24, with a limited number of \$50 and \$65 front row seats available.
- For group rates, call (847) 891-8916 for Allstate Arena tickets, or (312) 455-7469 for United Center tickets.
- For general show information, call the Allstate Arena at (847) 635-6601, or the United Center at (312) 455-4500.

on the ice, and audiences will be amazed by these out-of-thisworld monsters and their humorous and human-like characteristics."

"Disney/Pixar's Monsters Inc." features an international team of award-winning figure skaters, thrilling choreography and an expanded, antenna-tapping musical score. State-of-theart special effects, a monstersized setting and energized ac-

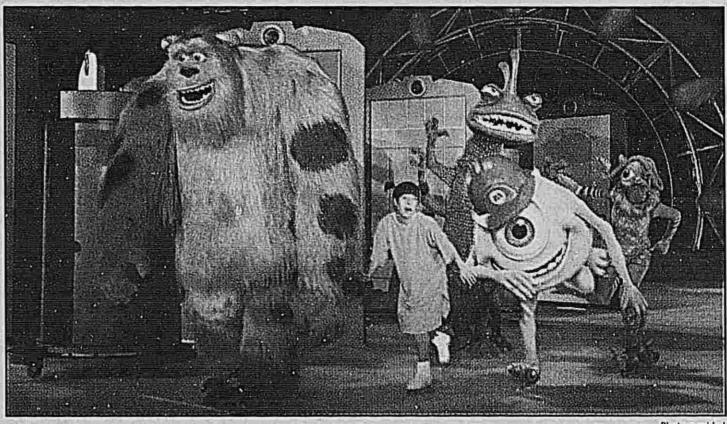


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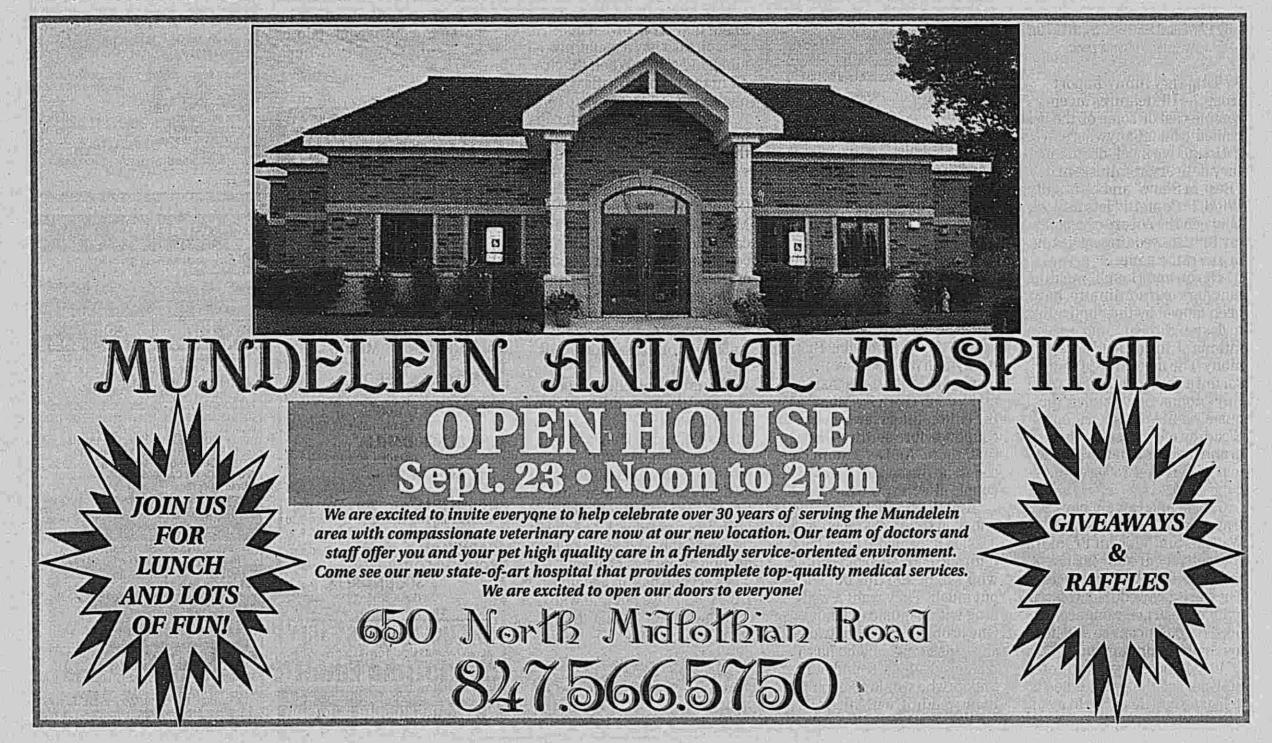
Disney On Ice will present "Disney/Pixar's Monsters Inc." at the Allstate Arena and United Center in September and October. Tickets are on sale now at Ticketmaster, or at the Allstate Arena and United Center Box Offices.

robatics will make each audience member feel like a citizen of Monstropolis. This enormous production bursts from the ice with ecstatic laughter and monsterrific excitement.

Tickets for "Disney/Pixar's Monsters Inc." are available at the Allstate Arena Box Office, 6920 N. Mannheim Road, in Rosemont, and at the United Center Box Office, 1901 W.

Madison St., in Chicago. Tickets also can be purchased at Ticketmaster, www.ticketmaster.com, or (312) 559-1212.

For more information, visit www.disneyonice.com.



Page C4 **WEEKLY JOURNALS** Friday, September 22, 2006



The new comedy "Confetti" tells the story of three couples competing in a contest, hosted by a British wedding magazine, for the title of "Most Original Wedding of the Year." The film was written and directed by Debbie Isitt.

## Love is in the air in 'Confetti'

By PAM and GEORGE SINGLETON welisten@playrules.com

This very funny import from the UK features an ensemble cast of some of the best comedic talent anywhere. With a distinctive mock-documentary delivery, reminiscent of "Best in Show" and "A Mighty Wind," "Confetti" lets us peek between the covers of a popular British wedding magazine of the same name.

Heron and Hough, wedding planners extraordinaire, have been tapped by the publication to design three unique presentations of the age-old ceremony. The magazine is sponsoring a contest to select, from three competing couples, the one with the "Most Original Wedding of the Year." The grand prize is a new home, valued at well over \$500,000 (U.S. currency).

Heron and Hough, portrayed brilliantly by Jason Watkins and Vincent Franklin, respectively, are our hosts through the selection process. They are a gay couple who recognize the art of romance, the need for compromise and how to respect your partner.

It soon becomes apparent that each of the couples needs to learn these lessons. In a

### Confetti

Director: Written and directed by **Debbie Isitt** 

Genre: Comedy

Additional info: Rated R for nudity and language; Fox Searchlight; running time is 94 minutes.

funny scene, Hough threatens to pummel a tough guy, as he holds him down and tells the guy that he learned to fight because he was gay at an all boys school, Antoni (popular British funnyman Jimmy Carr), the owner of Confetti magazine, and Vivian (Felicity Montagu). the editor, interview several couples before settling on the final three. And as Antoni concedes, he did select at least one couple after a two-wine lunch.

And the finalists are: Matt and Sam (Martin Freeman and Jessica Stevenson) are a good natured, good-hearted couple, who will be starting out without much. They want a wedding with a musical theme. One problem (actually two): she's tone-deaf, and he has a wild-eyed singer friend named Snoop, who would like to rock their wedding with his voice.

Make that three problems.

Sam also has a meddling mom and sister. When they're all in the midst of a disagreement, Sam's sister says to Matt, "I'm going to be your sister-inlaw. Have you thought about that?" Matt's answer ... "Yes, every night!"

Joseph and Isabelle (Stephen Mangan and Meredith MacNeill), a super competitive, tennis-playing couple, are out to beat all comers, on or off the courts. Vivian, with an eye always on what will work best for the magazine, is enthralled with Isabelle's upturned nose, as it will photograph well.

Rounding out the competition are naturists Michael and Joanna (Robert Webb and Olivia Colman). They are nudists, and Michael wants to remain that way, including at the wedding. Joanna doesn't have a problem being unclothed with other naturists, but she's uncomfortable being naked around "regular" people.

Everyone has an agenda. How it all plays out and who wins makes for a delightful romp - literally.

 The movie is opening at Renaissance Place Cinema in Highland Park.



### Now playing

These films are currently playing at local theaters. An average of six new reviews a week, as well as recent releases, can be found under Now Playing at www.reelmoviecritic.com.

Fearless (PG-13): A riveting martial arts film, packed with exciting, imaginative battle scenes accompanied with a touch of tragedy, "Fearless" is about a principled fighter's struggle to regain his honor and his family's name.

The film makes excellent use of Jet Li's astounding athletic talents. Often, his dizzying stunts and on-screen grace seem almost superhuman. "Fearless" showcases his fighting skills as perfectly as "The General" exhibited Buster Keaton's acrobatics.

· Review provided to Reel Movie Critic by Vittorio J. Carli.

Flyboys (PG-13): The first World War I aviation film in over 40 years is inspired by the epic, courageous tale of the young American men

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THE COVENANT [PG-13]
Daily 7:00 9:05

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THE BLACK DAHLIA\* [R]

INVINCIBLE [PG]

SCHOOL FOR

FLYBOYS\* [PG-13]

Daily 1:15 3:20 5:25 7:30 9:35

Daily 1:20 4:10 7:00 9:50

Daily 12:55 3:50 6:45 9:40

Daily 1:40 4:15 6:50 9:25

SCOUNDRELS\* [PG-13]

SNEAK PREVIEW Sat 7:10

JACKASS: NUMBER TWO\* [R]

who became known as the legendary Lafayette Escadrille. They were ordinary boys who volunteered to fight alongside their counterparts in France.

In 1917, prior to the official entry into the war by the United States, the Allied powers of France, England and Italy were on the ropes against Germany. Some young Americans volunteered to join the French infantry; others chose the Ambulance Corps. But 38 young men had a different idea: they decided to learn how to fly. The movie accurately portrays the aerial dogfights that played an integral role in the Allied resistance.

### REGAL CINEMAS.

ROUND LAKE BEACH STADIUM 18

ACKASS: NUMBER TWO (R) - ID REQ'D (1130 200 430) 700 Big Screen: JACKASS: NUMBER TWO (R) - ID REO'D (1230 300 530) 800 1030 Big Screen: JET LI'SFEARLESS (PG-13) (1145 215 450) 730

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THE LAST KISS (R) - ID REQ'D
THE COVENANT (PG-13)
HOLLYWOODLAND (R) - ID REQ'D
THE PROTECTOR (R) - ID REQ'D
CRANK (R) - ID REQ'D
THE ILLUSIONIST (PG-13)
HOW TO EAT EDIE'N WORMS (RG) HOW TO EAT FRIED WORMS (PG) (1240 240 440) INVINCIBLE (PG) (1155 225 500) 725 1010 LITTLE MISS SUNSHINE (R) - ID REQ'D (1140 205 435) 705

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ALL THE KING'S MEN (PG-13)
12:30 (3:30) 6:30 9:40

THE COVENANT (PG-13) 2:30 (5:15) 7:45 10:20

THE ILLUSIONIST (PG-13) 2:00 (5:00) 7:30 10:10

INVINCIBLE (PG) 1:45 (4:45) 7:15 9:50

ACCEPTED (PG-13) 12:45 (3:45) 6:15 9:15

THE LAST KISS (R) 1:30 (4:15) 6:45 9:30

HOLLYWOODLAND (R) 1:00 (4:00) 7:00 10:00

PIRATES OF THE CARIBBEAN:

DEAD Man's CHEST (PG-13) 1:15 (4:30) 8:00

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2:00 2:30 (4:45 5:15) 7:30 8:00 9:50 10:30
JET L'S FEARLESS (PG-13)
2:15 (5:00) 7:45 10:20
SCHOOL FOR SCOUNDRELS (PG-13)
COUNTRY SUPPLY SEPT. 25 SPECIAL SNEAK PREVIEW 7:15 SATURDAY SEPT. 23
BLACK DAHLIA (R) 1:00 (4:15) 7:00 10:00
EVERYONE'S HERO (G) 1:30 (4:00) 6:15 9:15
GRIDIRON GANG (PG-13) 12:45 (3:45) 6:45 9:40
LITTLE MISS SUNSHINE (R)
1:45 (4:30) \*7:15 10:10; \*No 7:15 SAT. SEPT. 23

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Health beat

# Making exercise fun for kids

**Question:** What are your thoughts on children's fitness?

**Answer:** Many of us grew up in a time when fitness was all about cardiovascular endurance. As youngsters, we were encouraged to do cyclic activities like running, cycling and swimming as ways of conditioning for a sport, or for general fitness.

These recommendations did not look at factors like chronological age, physiological age, structural differences, psychological development and individual preferences (yes, even for a child). It was simple: If you wanted to be fit, you did aerobic activity. There was little thought to strength conditioning and the different physical stimuli it provides.

It was believed that strength training in prepubescent children was futile because of the lack of circulating androgens in their bodies. There is, however, a lot of evidence that suggests resistance training in children is safe and quite effective.

Children with no previous experience respond better to higher repetitions (12 to 15). The reason that beginners respond better to higher repetitions is because of the degree of motor learning involved with movement. The majority of strength-gains in the first six to eight weeks of resistance training are associated with increased efficiency of the nervous system (i.e., increased inter and intramuscular coordination).

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The majority of research conducted on children's strength training makes use of machines designed for adults. While the results indicate an increase in local strength, they cannot be used to draw conclusions on the child's functional strength and efficiency.



**Linda DeFever** 

This is because machine-based training provides a fixed axis of rotation and requires little input from the body's stabilizing muscles. Muscles that synergistically work to produce functional movement are exercised in isolation.

Quite simply put, children, as well as adults, do not work that way. Our

bodies were not meant to function in isolated movement patterns. It is rare that we use our biceps alone – bicep work usually is coupled with pulling or back exercises – or that our leg muscles work alone. Our leg muscles help us bend, lunge and squat.

There is a fundamental problem with machine training in relation to children. First of all, these machines are designed for adults – a one size fits all philosophy. They are too big for children and, quite honestly, not the best choice for adults either:

We need to get away from thinking about strength training in relation to specific muscular changes, or isolated strength gains. Instead, we must recognize the benefit of strength training from a motor skill and movement pattern perspective.

One more element to a strength training program for children – choose a professional to work with the child, and make sure there is a big element of fun and play involved.

 Linda DeFever is the owner of Vitality Inc., Where Exercise and Nutrition Meet in Balance at Serenity Health Resources in Wauconda. To have your health and fitness questions answered, e-mail DeFever at ocfever01@yahoo.com.

# Mendel genetics exhibit debuts

CHICAGO — One of the most important scientific findings ever made went unnoticed for 35 years.

The Field Museum in Chicago is now sharing that story

In 1865, Gregor Mendel reported the results of plant hybridizing experiments and laid out the basic laws of inheritance – offering a tentative, but insightful sketch of how physical traits are passed from one generation to the next.

This amazing and groundbreaking work was ignored until the turn of the century, when it was rediscovered and confirmed by other researchers.

In an attempt to help rectify this lack of awareness and appreciation of Mendel's immense contributions to science, the Field Museum has developed "Gregor Mendel: Planting the Seeds of Genetics," which will be on display until April 1, 2007.

The exhibit tells the story of how an Augustinian friar, working by himself with relatively simple tools, came to crack some of science's toughest mysteries. From there, the exhibit traces the rise of genetics through its major milestones, including the discovery of chromosomes and the creation of the DNA model.

"This exhibit presents an exciting opportunity to broaden people's understanding of genetics," Field Museum Curator Dr. Shannon Hackett said in a release.

"Having the freedom to learn about the life story of one of the great minds in biology is one of the best things about being an academic."

Charles Darwin, a contemporary of Mendel, was unaware of Mendel's research. However, the underpinnings of Darwin's theory rested on the understanding of inheritance that Mendel's work provided. Those theories have since been unified into what is now called the modern synthesis of evolutionary biology. Together, their monumental findings comprise the cornerstone of modern biology.

"Without Mendel's discoveries, evolutionary biology wouldn't have its foundation," Field Museum Laboratory Manager Dr. Kevin Feldheim said in a release. "Although we use more sophisticated tools and analyses, we are still applying Mendel's ideas to today's genetic research."

### Interactive extras

"Gregor Mendel: Planting the Seeds of Genetics" incorporates five videos and 10 hands-on interactive activities to make the fundamentals of genetics accessible to everyone.

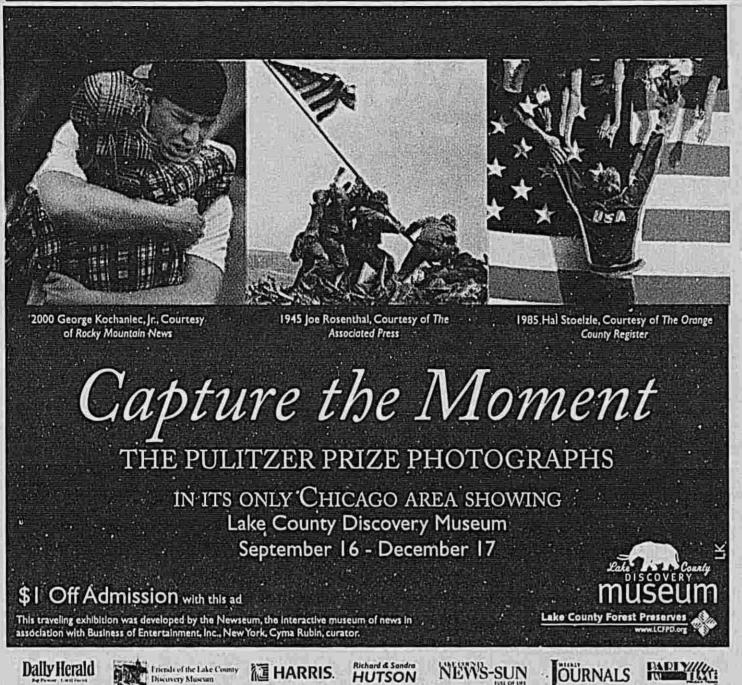
Visitors can have fun recreating the steps of Mendel's great experiment, identifying dominant and recessive traits on themselves and using microscopes, just like modernday scientists.

For general information, visit www.fieldmuseum.org, or call (312) 922-9410.









Route 176 & Fairfield Road, Wauconda, IL . 847-968-3393 . www.LakeCountyDiscoveryMuseum.org

# Sharing baby stories

### Documentary needs help of local baby boomers

 CHICAGO – Do you have a story to share?

The nation's most watched public TV station, WTTW, is currently in production of the next documentary in its series "Remembering Chicago" and is actively seeking contributions from area residents.

"Remembering Chicago: The 1950s and '60s" is a nostalgic salute to Chicago's boomer years – a time before most people in the city had air conditioning; when the white light of the Palmolive building beacon swept the sky; and when people ate lunch at a Woolworth's counter, or a new drive-in called McDonalds.

The production will feature interviews with Chicago-area residents, and also will include movie photos and photographic images.

"Being a baby boomer myself, I can't wait to relive some of the great times I had back then," producer Jamie Ceasar said in a release. Ceasar would like area residents to send in ideas for the documentary.

The documentary will air in late 2006. For more information, contact Jamie Ceasar at jceasar@wttw.com, or visit www.wttw.com.

### Correction

In the article "It's time to get silly with the alphabet," which ran in the Sept. 8 edition of the Weekly Journals, the caption under the photograph incorrectly listed the Web site for the book "Alphabet Silly Time." The correct Web site is www.alphabetsillytime.com.

The Weekly Journals regret

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# Fun-loving cast fuels classic comedy

By TOM WITOM thomaswitom@yahoo.com

Metropolis Performing Arts Centre begins its 2006-07 season with a sprightly production of "I Love You, You're Perfect, Now Change," the musical comedy by Joe DiPietro, with music by Jimmy Roberts.

The revue, smartly directed by Robyn Okrant, features four hard-working performers – Michael Ingersoll and Angela Ingersoll (married in real life) and Steve O'Connell and Julie Burt – who play some 20 different characters during the course of 2 hours and 30 minutes.

Not only is their comic timing finely tuned, but their singing voices are all well suited for the job.

DiPietro's laugh-riddled script explores the tricky relationship between the sexes, from the planet's first male and female inhabitants to the dating and mating scene in the 21st century.

Act I gets off to a good start with a couple meeting for the first time, but deciding to "skip" ahead to their second and third dates, then skip two months down the road to the real moment of truth: their first fight.

In another sketch, the two Ingersolls, portraying a nerdy, conversation-shy couple, secretly imagine how different their lives would be if their inner "stud"-or-"babe"-selves were to surface.

Other stereotypes come to light when the two males thoroughly monopolize dinner table conversation with end-

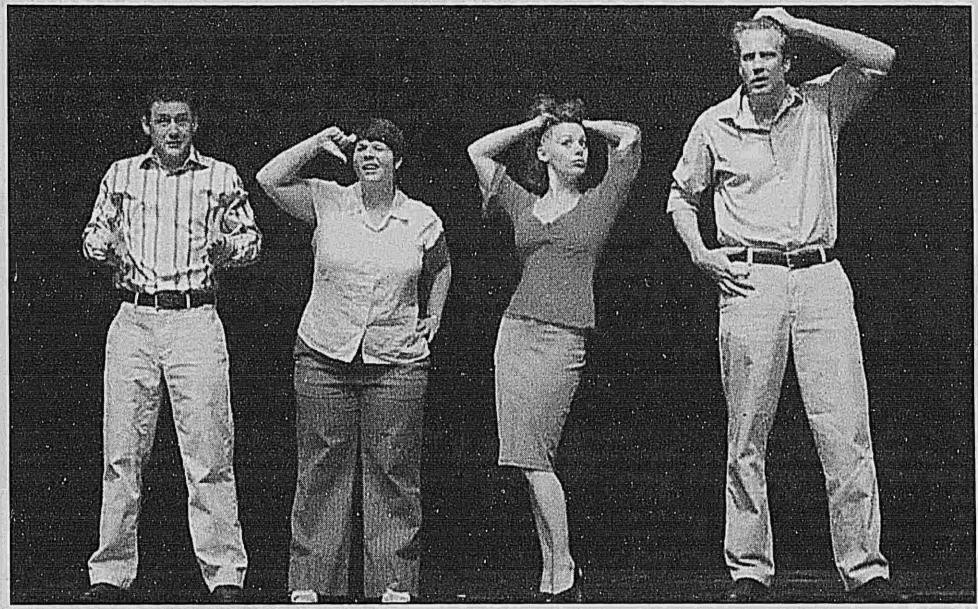


Photo provided

The cast of "I Love You, You're Perfect, Now Change" performs a scene from the production at the Metropolis Performing Arts Centre in Arlington Heights. The cast includes (from left) Michael Ingersoll, Julie Burt, Angela Ingersoll and Steve O'Connell.

less chatter about their jobs and sporting interest.

A sketch in which a young man with commitment phobia breaks off a long-term engagement to a young woman focused on her career is a howler. (Needless to say, his parents don't take it too well.) So is the one that's set in a prison and involves a fright tactic that leads couples straight to the altar.

Burt wins empathy with the

number "Always a Bridesmaid," which leads off Act II. And O'Connell gets laughs as a hen-pecked husband who finds small consolation behind the wheel of his car, a place where he once reigned, but now finds he's "not the boss."

Other numbers cover parents dead-tired from the inescapable rigors of raising kids and coping with mundane everyday tasks.

Divorce comes into play, too, and a caustic, but desperately lonely Angela Ingersoll bares her soul in her first dating service video tape. There's also a touching sketch when two oldsters, their spouses long gone, accidentally meet at a funeral home and a relationship is kindled.

Scenic design by Robin Hughes is simple, but effective, as are Elizabeth Styles' props and Julie Aubry's costumes. What: "I Love You, You're Perfect, Now Change"

Where: Metropolis Performing Arts Centre, 111 W. Campbell St., Arlington Heights

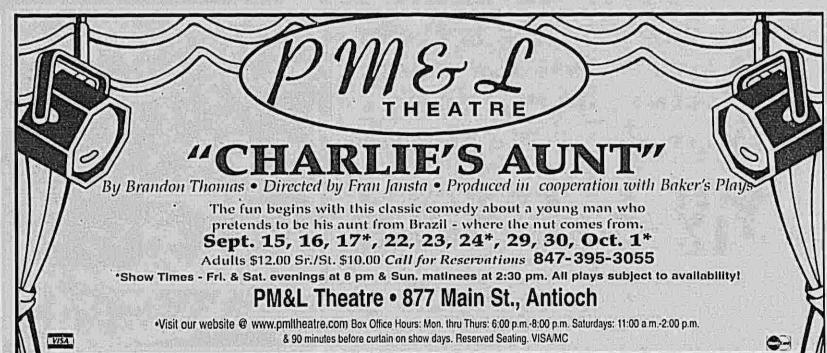
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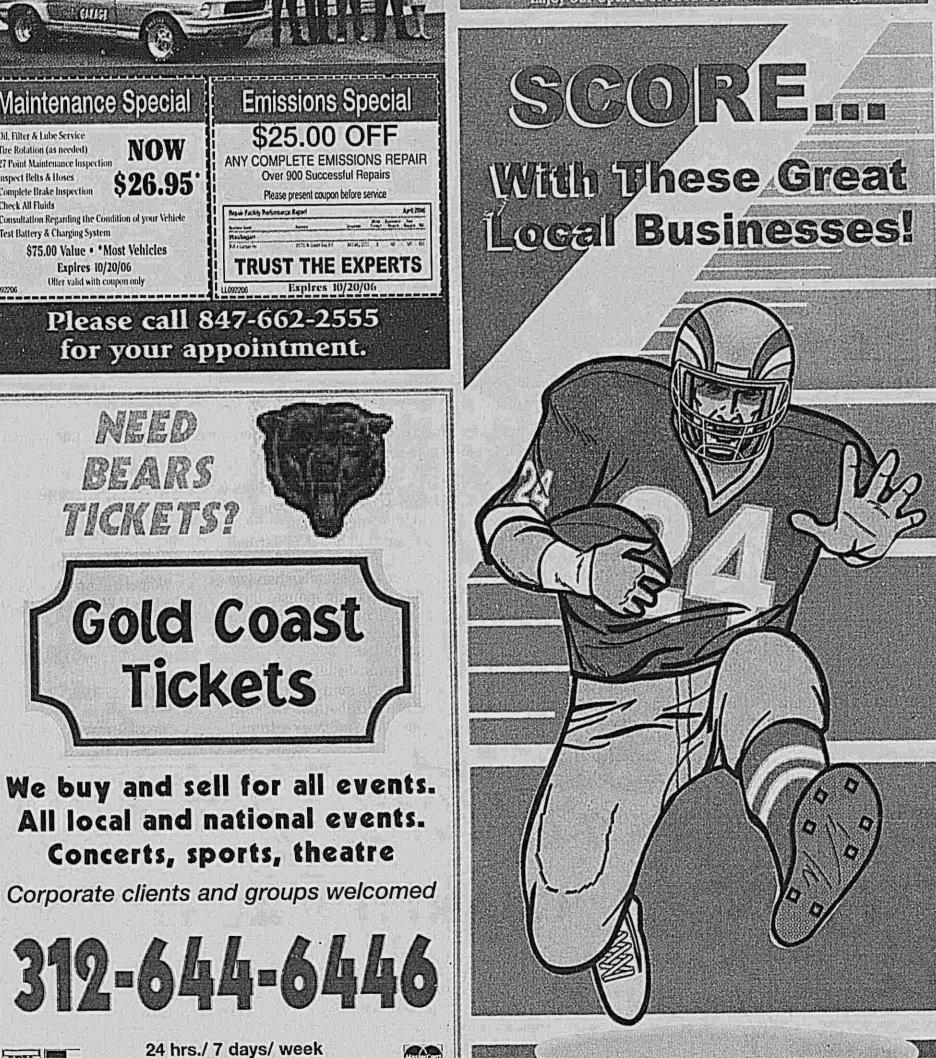
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(both teams) in this game

THIS WEEK'S GAMES

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rm, and decide which game you are SUREST of picking a winner in Write — Gunts of New York and other similar learns e name of your projected winner on the 16-point line, and so on down to 4. His points are awarded on tie games or in case any game is not Front line which came you foure to be a bass-up filed. (If in Tebreater olared for any reason during its scheduled week the total points scored by both learns in the week's designated game. If is step fails to produce a winner, the judges will apply Tiebreaker 2, total flensive yardage from scrimmage in this game. If a winner still doesn't — motional purposes at no charge. meme, a drawing will be held among those contestants still fied. Decisions

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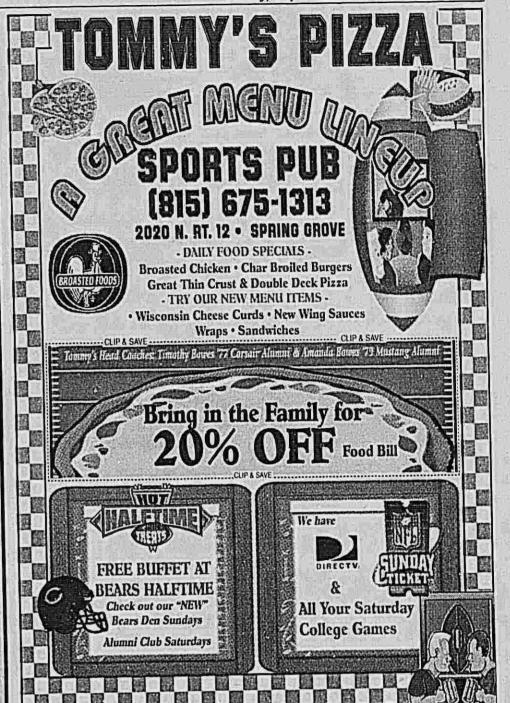
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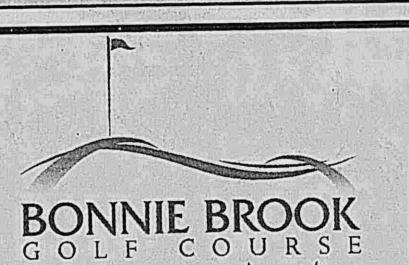
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—(see page C6)



Page C10 WEEKLY JOURNALS Friday, September 22, 2006

# Tasty soup comes in time for cooler weather

By TOM WITOM thomaswitom@yahoo.com

With 50 years under its belt, Bon Appétit has earned a reputation as a food magazine home cooks can count on.

Now the publication, through its editor Barbara Fairchild, has culled the best recipes and published 1,200 of them in "The Bon Appétit Cookbook" (Wiley, 2006). It's a massive volume, well-organized and with numerous jazzy photographs – a reference that readers are sure to return to again and again.

An especially enjoyable recipe is for Cheese Tortellini Soup with Cannellini, Kielbasa and Kale. It derives much of its tastiness from an array of fresh vegetables. Using prepared broth, purchased tortellini and canned beans make this homemade soup a snap.

Cheese Tortellini Soup with Cannellini, Kielbasa and Kale (Makes 6 main-course servings)

Ingredients:
2 tablespoons olive oil
12 ounces fully-cooked smoked kielbasa sausage, thinly sliced
1 onion, chopped
1 cup chopped fresh fennel bulb
4 garlic cloves, minced
1 1/2 tablespoons chopped fresh

1/2 teaspoon dried, crushed red pepper

10 cups low-salt chicken broth 4 cups chopped kale (about onehalf bunch)

15-ounce can cannellini (white kidney beans), rinsed, drained 9-ounce package cheese tortellini

Directions:

Heat oil in heavy large pot over medium-high heat. Add next six ingredients, and sauté until vegetables are soft and kielbasa is brown, about 12 minutes.

Add broth, and bring to boil.

Stir in kale and cannellini. Reduce heat to low, and simmer until kale is wilted, about 4 minutes.

(Can be prepared one day ahead. Cool slightly. Refrigerate uncovered until cold, then cover and keep refrigerated. Bring to simmer before continuing.)

Add tortellini to soup. Simmer until pasta is tender but still firm to bite, about 5 minutes.

Ladle soup into bowls. Serve, passing grated cheese separately.

Fresh Raspberry Cream Tart (8 servings)

Ingredients: Crust 1 cup all-purpose flour 1/4 cup cornstarch 1/2 teaspoon baking powder 1/4 teaspoon salt 10 tablespoons (1 1/4 sticks) unsalted butter, room temperature 1/4 cup sugar

2 teaspoons grated orange peel 11/2 teaspoons vanilla extract 1/3 cup raspberry preserves

Filling
8-ounce container mascarpone cheese, chilled
1/2 cup chilled whipping cream
1/3 cup powdered sugar
1 teaspoon grated orange peel
1 teaspoon vanilla extract
1/4 teaspoon almond extract
3 cups fresh raspberries

Directions:

For crust: Preheat oven to 350 degrees Fahrenheit. Butter 9-inch-diameter tart pan with removable bottom. Whisk flour, cornstarch, baking powder and salt in bowl.

Using electric mixer, beat butter, sugar, orange peel and vanilla in large bowl to blend. Add flour mixture, and beat until large clumps form. Gather dough into ball and flatten into disk. Press dough over bottom and up sides of prepared pan. Freeze 15 minutes.

Bake crust 10 minutes. Remove from oven. Using back of spoon, press crust sides to raise, until even with top edge of pan. Bake crust until golden brown, about 15 minutes longer. Spread preserves over bottom of crust. Bake 5 minutes. Cool on rack.

Meanwhile, prepare filling:
Using electric mixer, beat mascarpone, cream, powdered sugar, orange peel and both extracts in large bowl, until peaks form, about 2 minutes. Spread filling evenly in cooled crust. Chill until firm, at least 2 hours and up to 1 day.

Push up pan bottom to release tart. Arrange raspberries in concentric circles atop filling and serve.

# Cheesy treats and casseroles ready for the school year

Every mom knows that fall is perhaps the busiest time of her year.

With kids back in school, finding time to manage family and work-life responsibilities can become a real balancing act.

Even for the most organized mom, making a quick and wholesome dinner that delights the entire family can be a challenge. So, what is the perfect cheesy dish that will please everyone at the dinner table?

Casseroles!

With most having a short prep time and easy, unattended cooking, these delicious "weeknight wonders" deliver a home-cooked, satisfying supper to the table in no time.

Casseroles feature hearty, yet familiar and tasty flavors the entire family will love.

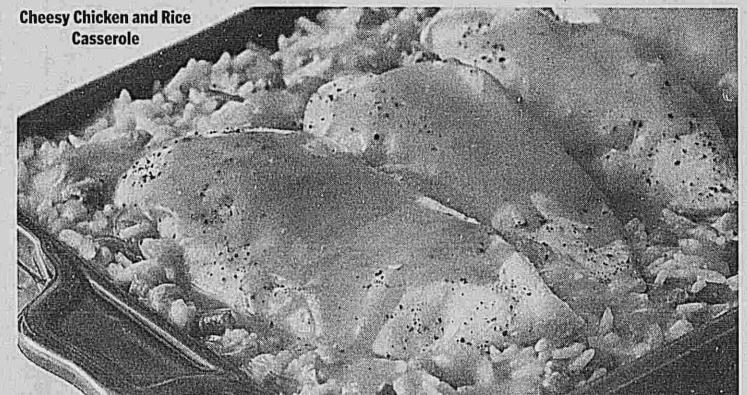
Always a favorite, Cheesy Chicken and Rice Casserole is a meal that can be easily customized from Mexican to Italian, just by switching the cheese! The secret ingredient in this classic dish is Cream of Chicken soup. The trusted pantry staple's creamy texture and zesty flavor is guaranteed to tantalize the tast buds of everyone in your family.

### Cheesy Chicken and Rice Casserole (4 servings)

Ingredients:

1 10-ounce can Campbell's
Cream of Chicken Soup (Regular
or 98 percent Fat Free)
1 1/3 cups water
3/4 cup uncooked regular longgrain white rice
1/2 teaspoon onion powder
2 cups fresh or frozen vegetables
4 skinless, boneless chicken
breast halves

1/2 cup shredded Cheddar cheese



Directions:

Stir soup, water, rice, onion powder and vegetables in 12- by 8-inch shallow baking dish. Top with chicken. Season chicken as desired. Cover.

Bake at 375 degrees Fahrenheit

for 45 minutes or until chicken and rice are done. Top with cheese.

Italian: In place of onion powder and pepper, use 1 teaspoon Italian seasoning. Substitute 1/3 cup

shredded Parmesan cheese for Cheddar. Mexican: In place of onion powder and pepper, use 1 teaspoon chili powder. Substitute Mexican cheese

blend for Cheddar.



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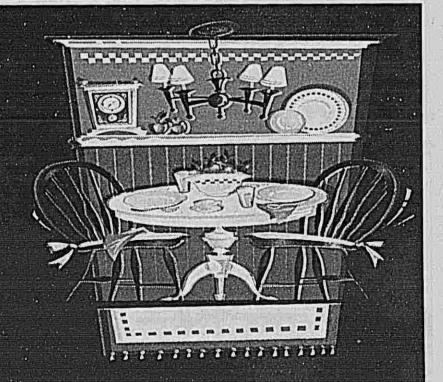
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# TODO

Flavors

Learn how to make a delicious, cheesy treat with the Cheesy Chicken and Rice Casserole.

—(see page C10)



Page C12 WEEKLY JOURNALS Friday, September 22, 2006

### **Dinosaurs**

The Dinosaur Discovery
Museum has just opened in
Kenosha, Wis. Area residents are
invited to check out life-size dinosaur replica casts, interactive
exhibits, bones, fossils and more.

The museum is located at 5608 10th Ave. For more information, call (262) 653-4460.

### **Global warming**

Is global warming reality or myth? Explore the question during a discussion at the College of Lake County from 10 a.m. to noon on Friday, Sept. 22. For more information, or to register for the class, call (847) 543-6507.

### Dr. Phil

Area residents will have the chance to meet Robin and Dr. Phil McGraw at 11 a.m. on Sept. 22, at Meijer, 855 S. Randall Road, in St. Charles. Dr. Phil is touring with his wife to promote her new book, "Inside My Heart: Choosing to Live with Passion and a Purpose." For more information, visit www.NovelEvents.com.

### **Essential oils**

Learn about therapeutic-grade essential oils and how they can improve health and well-being

from 1 to 3 p.m. on Sunday, Sept. 24, at Serenity Health Resources, 105 S. Main St., in Wauconda.

Cost is \$20 for those who preregister and \$25 at the door. Limited seating is available. For more information, call Linda DeFever at (847) 722-4376.

### **Festival Arts**

Festival Arts of Antioch will host auditions for soloists for the Christmas portion of "Messiah" from 7:30 to 10 p.m. on Sept. 24 at Antioch United Methodist Church, 848 Main St., in Antioch. Four soloists are needed – a soprano, alto, tenor and bass.

The performance will take place at 7:30 p.m. on Dec. 17. For more information, call Ken Smouse at (847) 395-1333.

### **School of music**

The David Adler Music and Arts Center offers individual music instruction for all ages and abilities. The individual music instruction faculty is made up of 17 highly educated musicians and music educators who teach piano, violin, viola, voice and guitar.

Students enrolled in Individual Music Instruction have the opportunity to perform in their instructor's studio recitals and at the Adler Center's monthly Performance Night. This year the Adler Center is also proud to host Kindermusik by Susan who will be holding Kindermusik classes at the Adler Center on Mondays and Tuesdays.

For more information, contact the Adler Center at (847) 367-0707 or visit www.adlercenter.org.

### A 'Wicked' contest

Cook Memorial Public Library is inviting students in grades six through 12 to participate in the Wicked Essay Contest 2006 by submitting a typed essay (less than 500 words) describing what it means to be popular. Official entry forms are available at participating libraries. Forms and essays are due by Sept. 29. For more information, call (847) 362-2348, ext. 108.

### Wine tasting

The Antioch Fine Arts
Foundation will host a wine tasting and silent auction from 6 to 9 p.m. on Friday, Sept. 29, at the Best Western, 350 Route 172, in Antioch. Wines will be provided by Antioch Fine Wines. For more information, call (847) 838-2274.

### 'Hairspray'

It's time to let your hair down, and dance the night away!
"Hairspray," Broadway's musical comedy phenomenon, is coming to the Genesee Theatre in Waukegan at 3 and 8 p.m. on Saturday, Sept. 30.

Tickets for "Hairspray" are priced from \$38 to \$58, and are

on sale now. They can be purchased at the Genesee Theatre box office, all Ticketmaster outlets, charge-by-phone at (312) 559-1212, or online at www.ticketmaster.com.

### **Harvest Festival**

Water's Edge Waldorf School, 150 E. Bonner Road, in Wauconda, will host its Harvest Festival, from 2 to 6 p.m. on Saturday, Sept. 30. Events will include pony rides, live music, barn dancing, storytelling, a puppet show, an obstacle course, and other children's activities. Refreshments include homemade soup, bread and sweet treats.

Water's Edge School integrates the arts with academics and offers preschool and grade school education. For more information call (847) 526-1372 or visit www.watersedgeschool.com

### **Relive history**

The Lake Villa Historical Society is now selling advanced tickets for its third annual Civil War Ball, part of the Civil War Reenactment weekend.

The ball will take place the evening of Saturday, Sept. 30, at Lehmann Mansion. Period costumes are encouraged but not required. Attendees must wear evening attire.

Tickets cost \$50 per person and can be purchased at village hall or by mail to the society, P.O. Box 519 Lake Villa, IL, 60046. All proceeds will benefit the historical society.

For more information regarding the Civil War weekend, log onto www.lake-villa.org or call the society at (847) 265-8266.

### **Music lessons**

Registration has begin for the fall session of "Music lessons make you smarter" on guitar, piano, keyboard, drums, percussion, band and orchestra instruments, and folk instruments at the Village School of Music in Deerfield.

As and incentive to monthly students, rental instruments are available on a monthly basis.

For more information about rentals, rates and appointment times, call Lana Rae at (847) 945-



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### Everymom

# The working mom

Sometimes, going to work is a breeze. I kiss and hug my children as I rush out the door.

Other days, I watch tears roll down my daughter's cheeks as she waves goodbye from the door, or she runs after me, asking for one more hug.

And then there are days when the phone rings at work. "Mommy," a little voice says

on the other line. "I can't find you."

I've also gotten the crying phone calls, the ones that begin with sobs and sentences like, "Daddy says no."

Phone conversations like these never last long and tend to end with an abrupt "byebye," as I'm in mid-sentence.

But when they come, they always trigger working-mom guilt. I don't think I'll ever escape it. My mother worked. I've always worked. I need to work to help support my family. And besides that, I enjoy working.

I think I might be a better person, even perhaps a better mother, because I work. I miss my children when I'm gone, but because of that, I probably appreciate them more when I return.

I must point out that I don't work full-time, and I don't use daycare. My husband and I work opposite shifts, so we're able to share child-rearing du-

Would I stay home full-time if we could afford it? Probably. Maybe. I don't know.

I hope this doesn't trigger a working mom versus stay-athome mom debate, because we're all probably weary of hearing both sides of the argument. Whether you work or not, it's tough to raise kids, so we all should just support one another.

You have to do what works for your family. And who am I to judge what that is? What I do know is that staying home to

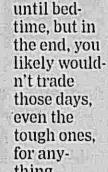
raise children is probably one of the toughest jobs out there. You just don't get a paycheck.

You also don't miss anything - your baby's first smile, her first steps, her first temper tantrum, her first successful "pee-pee in the potty."

You might have days when

you count the minutes until bedn't trade even the

thing.



Will I one day regret

the hours spent in the office? Maybe, Maybe not, When I see my daughter dress up in one of my shirts and announce that she's going to work, I honestly feel kind of proud.

Jami Kunzer

Yes, she sees me as a mom who shops for groceries, cleans the house and feeds her little sisters.

But perhaps that's a little easier to do if she grows up seeing me as something else. On the other hand, I'd be just as pleased if she wanted to be a full-time mommy as I would if she became a doctor.

I guess it all comes down to whatever makes her happy. Same goes for me, I suppose. Because if I'm happy, I'm a better parent, aren't I?

 Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through her blog, which can be found at www.nwherald.com. Reach Jami at jkunzer@nwnewsgroup.com, or (815) 459-4122.

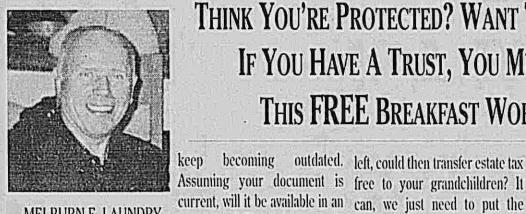


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becoming outdated. left, could then transfer estate tax

3 out of 4 cases the Patients' document.

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death not disability, but that can be be inherited by the next generation is staggering. Unfortunately, the amount our children or beneficiaries will lose due to financial difficulties such as bankruptcy, lawsuits and divorce will be just as staggering. If you could distribute your estate in such a way as to protect your children Your trust can be modified to or beneficiaries from their protect the surviving spouse's creditors for life...would you? I from frivolous lawsuits. Currently, it would be surprised if you said is only designed to reduce estate no. After all, isn't that why your taxes. Would you like it to do both? trust was created in the first place?

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> \*Any Attorneys and/or Financial Advisors in attendance will be charged a fee of \$1,000. \*\*Clients of the Law Firm of Laundry & Associates or clients of American Academy, Wealth Counsel or National Network of Estate Planning Attorneys, do not qualify, as many of their trusts address each of these issues.

> > ©2006 LOJMP. © 2006, Melburn E. Laundry

# BRIDAL SHOWCASE

# Honoring lost loved ones at your wedding

The emotions surrounding a loss of a parent become even more apparent during the times when we wish they could be there to help us celebrate. Milestones like graduations and birthdays can be particularly difficult. Weddings can be bitter, sweet for someone who has lost a parent, since the involvement of Mom and Dad is so evident in traditional wedding customs.

As such, the question arises on how to honor a deceased loved one on a day that is supposed to be joyous. There are mixed opinions on the subject. Some feel that it is distasteful and can drastically dampen the mood of the wedding. Others feel that when done properly, it can be a touching sentiment.

If you've made the choice to forge ahead with some type of memorial at your wedding, here are some key tips to follow, compiled from various wedding resources.

### At the ceremony

Depending upon your religious affiliation or preference, it is often customary for one or both of the parents to walk a bride down the aisle. Rely on someone to stand in for a deceased parent, walk with a surviving parent, or hold your head up proud and walk alone. Here are some other pointers:

 Wedding planners and experts in bridal etiquette agree that the names of deceased parents should never be included on wedding invitations.

 Mentioning the names of deceased relatives at a ceremony may be very emotional for guests and the bride and groom.
 Couples are often urged against this for that reason.

• A flower arrangement dedicated in honor of the couple is a tasteful solution. Other remembrance ideas include a "memory table" with photos, or burning candles that signify the relative's presence at the event. These symbolic gestures can be noted in a wedding program and may be better received than spoken gestures.

### At the reception

The reception signals the beginning of a your new life together and a chance to let loose and celebrate. Why put an unnecessary shadow on the festivities? Rather than forgoing a traditional mother/son, father/daughter dance, ask for a special friend or other relative to stand in. Choose a song that isn't overly sentimental, but expresses the mood of the event.

Others often look at large events, like weddings, as an opportunity to stand up and make dedications and speeches related to the couple and the day.

Perhaps you've seen someone express birthday or anniversary wishes to a fellow guest. In that regard, others may want to make dedications about the deceased. Speak to your DJ or band leader in advance about your preference to avoid these situations. Also consult with your videographer to edit out any moments you don't find to be in the spirit of your wedding.

With delicate planning and forethought, you can invoke the memory of lost loved ones on your wedding day without compromising the spirit of the occasion.

### **50th Anniversary**



**Darlynn & Don Brooks** 

### **Darlynn & Don Brooks**

Darlynn Monnier and Don Brooks of Lake Villa, were married on Sept. 15, 1956 at St. Andrews Episcopal Church in Grayslake, officiated by Father Jon Smedberg.

Don and Dar were treated to a 50th anniversary party on Aug. 19, hosted by their children, attended by many family and friends, some from as far as Virginia.

Their five grandchildren and five great-grandchildren also were in attendance. The party was held at the Saddlebrook Farms community center.

The Brooks have resided in Saddlebrook for the last five years, prior to that they lived in Wildwood for 39 years.

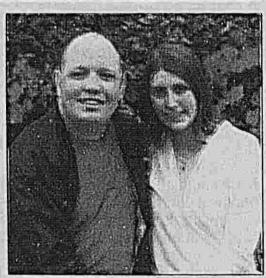
### **Engagement** -

### Jillian Koletsos & Charles Flesch

The engagement of Jillian Koletsos and Charles Flesch has been announced. Their wedding will take place on June 7, 2008.

Jillian is the daughter of Dennis and Cheryl Koletsos of Grayslake.

Robert and Susan Flesch of Grayslake, are the parents of Charles, the future groom.



Charles Flesch & Jillian Koletsos



### **SUDOKU**

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Sagittarius.

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of accomplishment and satisfaction,

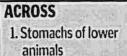
SAGITTARIUS - Nov 23/Dec 21

CAPRICORN - Dec 22/Jan 20

You're being pulled in too many direc-

Trouble seems to follow you this week,

### **CROSSWORD**



- 6. Languages of Sulu islands
- 13. Household (French)
- 14. Infested
- 16. More robust
- 19. Dunn & Bradstreet,
- 20. Coasted over ice
- 21. Blue pigment
- 23. Examination
- 25. Volcanic
- 26. Messenger ribonucleic acid
- 27. Widen a hole's opening
- 29. Role models 31. Jacob \_\_, American journalist
- pe: Sp/Am blanket cape
- 34. Breached a moral law 36. Lacking morals
- 38. CCC 39. No longer is
- 41. Corti\_\_\_: steroid hormone
- 43. Without (French) 44. Sicilian volcano
- 46. Drug enforcement officer (slang)
- 48. Doctors' group 49. Magic word
- 51. Goes to bed

AQUARIUS - Jan 21/Feb 18

PISCES - Feb 19/Mar 20

It might be a good idea to watch what

ARIES - Mar 21/Apr 20

Don't change your way of operating, Aries.

Domestic projects are at the forefront of

the week, Aquarius.

you're eating, Pisces.

### TAURUS - Apr 21/May 21

Start spending quality time with your family, or you will miss some of the memorable times along the way. Put work on hold for a while.

### GEMINI - May 22/Jun 21

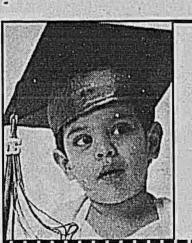
There's no need to make lavish purchases and put on airs, Gemini. People like you for who you are and not what you own.

### CANCER - Jun 22/Jul 22

There's no avoiding a blowout with your spouse or romantic partner this week, Cancer.

### LEO - Jul 23/Aug 23

Hold on tight, Leo, because this week you're in for a wild ride. Just when you thought your life was getting boring, a few spicy events will pop up.



Horoscope

on Friday, Virgo.

VIRGO - Aug 24/Sept 22

LIBRA - Sept 23/Oct 23

SCORPIO - Oct 24/Nov 22

A personal venture brings you feelings

Stop living just in the present and start

focusing on your future, Libra.

Revel in the good news you will receive

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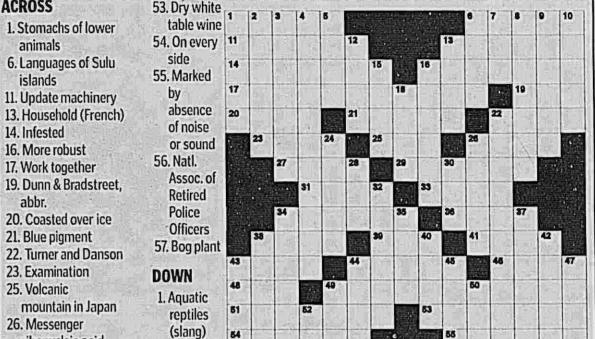
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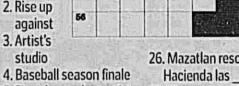
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- 5. Finnish woodcut artist Minna nade: balcony
- music 7. Not or
- 8. Young women 9. Program
- 10. Bosnian ethnic group 12. Rooms for
- experiments
- 13. Flat finish d: wanderer
- 16. Saintly crowns
- 18. Improvident
- 22. Traitorous
- 24. Cap\_Courageous by Kipling

Before and after school

program available

- 26. Mazatlan resort:
- 28. Time unit (abbr.) 30. Confederate soldier
- 32. Drains 34. Member of a
- legislative body 35. Collection of
- information 37. Made possible
- 38. Video equipment
- 40.60's civil rights
- organization
- 42. Making a mistake
- 43. Wrap 44. In bed
- population

45. Expresses

pleasure

47. Hindu hereditary

49. River in Florence

50. A platform for the

social class

head table

52. Internet user

1

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# LAKECOUNTY

Inside

SEDOL names two new directors. Page D2 Page D1 WEEKLY JOURNALS Friday, September 22, 2006

### **Around the County**

### - Emergency room death

An inquest, regarding the death of a woman who died at Vista East Medical Center, results in a jury ruling the case a homicide:

Page D2

### **─** Our View

President Bush's proposal to change laws that impact the war on terrorism has brought scorn from some Republicans and could cause the U.S. to lose status.

Page D4

### Seeing it Through

Columnist John Matijevich believes Congress has neglected the need for raise in the federal minimum wage rate for selfish and unwarranted reasons.

Page D4

### ─ Partylines

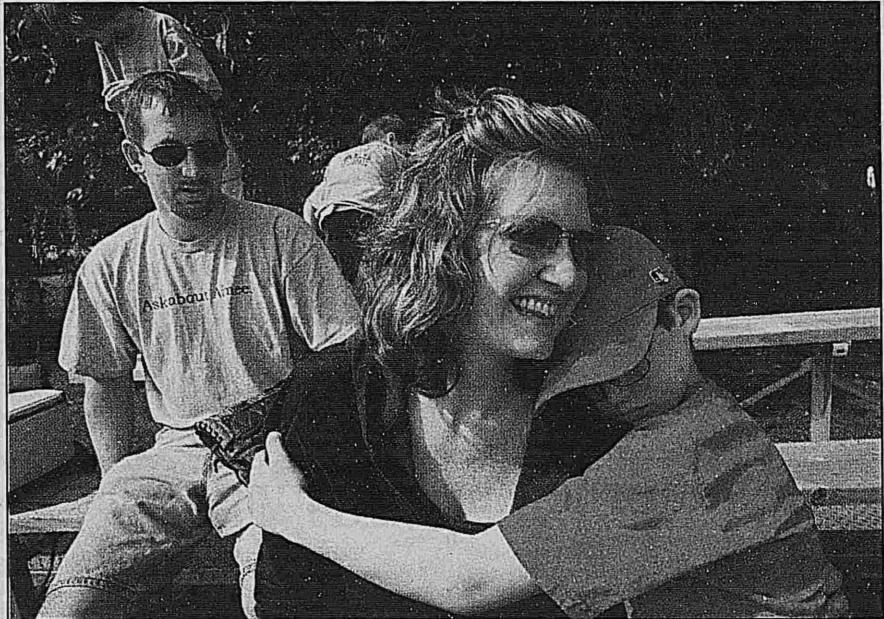
Republican 8th District candidate David McSweeney blasts incumbent U.S. Rep. Melissa Bean for her lack of debates. Meanwhile 31st Senate District candidate Sue Simpson is garnering support.

Page D5

### Fairgrounds update

Lake County Fair Association Board of Directors continue to work on the sales contract of the fairgrounds located at Routes 45 and 120.

Page D8



Sandy Bressner - sbressner@nwnewsgroup.com

Aimee Chamernik cuddles with her son, Nick, 9, as her husband, Jim, and children Emily, 6, and Zachary, 2, hang out in the bleachers. Aimee was diagnosed with amyotrophic lateral sclerosis, which is often referred to as "Lou Gehrig's disease," two years ago.

# A mission of awareness

### Local family wants public to know what ALS is all about

By KATHY GRESEY kgresey@nwnewsgroup.com

GRAYSLAKE – ALS. Amyotrophic lateral sclerosis. Lou Gehrig's disease.

If you are like most people, you're probably not aware of what these words mean. But after reading this article, you will know them well.

Two years ago, 37-year-old Aimee Chamernik was diagnosed with ALS. Because of the diagnosis, she is unsure whether she will live to see her 40th birthday.

What Aimee does know, is that every remaining day of her life will be spent sharing the best of times possible with her family – a loving husband and three adorable children.

The Grayslake resident also is on a mission to spread awareness about ALS. Earlier this month, she and a team of supporters raised more than \$20,000 to fight the disease, which currently has no cure.

"Somewhere along the line, there will be a breakthrough," Aimee said of finding a cure for ALS. "There are a lot of wonderful people helping."

Simply understanding ALS can make a difference to those affected by the disease, she said.

### What is ALS?

Though many people might know of amyotrophic lateral sclerosis by its more commonly used name – Lou Gehrig's disease – its specifics are still widely unknown among the public.

A progressive and degenerative disease of the nervous system, ALS affects motor neurons in the body that control movement of the voluntary muscles. Those affected with ALS will experience muscle weakness and atrophy, as well as changes in speaking and swallowing. However, one's ability to mentally process information does not change with the disease.

About 5,600 Americans are diagnosed with ALS every year, according to the Les Turner Amyotrophic Lateral Sclerosis Foundation Web site, www.lesturnerals.org.

The average length of survival for someone affected by the disease is three to five years, though a small percentage of people might live up to 20 years, states the site.

In September 2004, Aimee was diagnosed with ALS after undergoing months of testing. She said the confirmation was devastating.

See ALS, page D8

### Independent expressions



Chris Padgett - cpadgett@nwnewsgroup.com

Edison Vazquez, 15, peers from beneath a smudged face after finishing the Mexican Independence Day Parade in downtown Waukegan.

### SEDOL names new directors

The Special Education District of Lake County (SEDOL) recently named Gail Lantvit, principal of Gages Lake School, as the director of Curriculum and Assessment.

Also, Lea Anne Frost, supervisor of the Early Childhood Assessment Team (ECAT), was named Director of Instruction. The positions have been created to replace Dr. Sandra Brunati, who recently retired.

Lantvit was principal of Gages Lake School for the past four years. She also worked as a teacher within the SEDOL Emotionally Disturbed/Behavioral Disordered Alternative Elementary/Junior High School Program for nine years. She began her career with SEDOL as a student teacher in the late 1970s and began her first period of employment with SEDOL in 1978.

Frost, supervisor of the Early Childhood Assessment Team for the past two years, served as Program Supervisor at SEDOL for 14 years. In addition, she has taught in another special education cooperative and has served as the district Special Education Coordinator for Wauconda District 118. She also has state approval as a director of special education and is currently enrolled in the doctoral program at Roosevelt

**About SEDOL** 

SEDOL is a special education cooperative that was organized in 1960 to provide program planning, instructional programs, related services and professional staff development to ensure appropriate education for children with disabilities from birth to age 21, residing within the boundaries of 36 participating school districts. SEDOL's geographic area covers about 400 square-miles within Lake County.

University.

SEDOL named Susan Lava Coleman as Gages Lake School's new principal.

Coleman most recently served as the director of Student Services at Mundelein High School District 120. In that position, she worked closely with the guidance department on behalf of atrisk students and students with disabilities.

Prior to her work at Mundelein High School, Susan served six years as a bilingual special education teacher for District 214 at Wheeling High School. She also has four years of special education experience at the elementary/middle school level in District 21.

# State's attorney investigating emergency room death

### Jury at coroner's inquest rules case a homicide

By MATT PERA mpera@nwnewsgroup.com

WAUKEGAN - According to officials in the Lake County State's Attorney's office, it is a scenario unlike any they have

An investigation by Lake County Coroner Richard Keller's office into an incident in which a women died in the waiting room at Vista East Medical Center earlier this summer was ruled a homicide by a jury during an inquest on Sept. 14.

State's Attorney "The [Michael Waller] had made the comment previously that in his 30 years of practice, he hasn't seen a case like this before, nor have I," Jeffrey Pavletic, chief deputy of the Lake County State's Attorney's criminal division, said.

The inquest was led by Lake County Deputy Coroner Robert Barrett, and examined the details surrounding the death of Beatrice Vance, 49, Waukegan, who was taken by her daughter, Monique, to Vista East on July 28 after she complained of chest pains.

On Sept. 18 Paveltic said that the state's attorney's office was investigating the case to determine whether anyone would be charged with homicide.

"We have requested additional medical reports [from Vista East] and other reports generated by the hospital," he said. "We're in the course of reviewing that now in order to determine what exactly happened and if any criminal charges will be forthcoming."

Monique Vance told Barrett during his investigation that she and her mother were in the waiting room for more than two hours after being triaged, despite repeated appeals to the emergency room nurse for a doctor:

In relating his findings for the cause of death to the jury, Barrett concluded that Vance's death was caused by cardiac arrest, brought on by a blood clot in one of her main arteries. He added that, "a contributing factor to her death was the delayed and inadequate treatment of [Vance'] symptoms."

naed by the coroner's office, Barrett said, those symptoms included chest pains, nausea and shortness of breath, all strong indicators that a patient is having a heart attack.

Barrett cited the American Heart Association and the College of Cardiology during the inquest as determining that an emergency room triage department treat all patients complaining of chest discomfort as "high priority triage cases" and that such patients be placed on "a cardiac monitor immediately with emergency resuscitation equipment, including a defibrillator nearby."

However, Barrett said, interviews with Monique Vance and examination of hospital records showed that none of those steps were taken.

Barrett said that Vista East's records indicated that Beatrice Vance signed in at the hospital at 10:15 p.m. on July 28 and was seen by a triage nurse about 15 minutes later:

During the examination by the triage nurse, Vance complained of chest pains, shortness of breath and nausea. When asked to rate her chest pain on a scale of 1 to 10, with 10 being the most severe, Vance rated the pain as a 10.

Her condition was listed as According to records subpoe- "Priority 2," or "semi-emergent," by the triage nurse and Vance was sent back to the waiting room. The emergency room registrar typed in Vance's demographics and insurance information at 10:45 p.m. But it was

not until 12:25 a.m. that an emergency room nurse went into the waiting room to bring Vance to an examination room, Barrett 10 minutes, the inquest jury said.

At that time, the nurse found Vance unresponsive in the waiting room next to her daughter. Vance was then taken into the emergency room area, where it was discovered she did not have a pulse and a doctor began performing CPR.

Efforts to resuscitate Vance went on from 12:30 a.m. until 2 a.m., when she was pronounced dead.

Monique Vance told Barrett that her mother was groaning in pain in the waiting room. When she asked a nurse when her mother would be seen, she was told that her mother was next on the waiting list, Barrett said.

However, he added, Monique was later told that two ambulances had arrived and those patients were being tended to first.

Barrett explained that, while Vance was not displaying what would be classified as an overpowering heart attack, her symptoms should have conveyed to emergency room personnel at Vista East that she was suffering from a coronary.

"Some heart attacks are sudden and intense, where no one doubts what's happening," he said. "But most are heart attacks start slowly with mild pain and discomfort."

After deliberating for about came back with its verdict, finding that Vance died of a heart attack, "which was a result of gross deviation from the standard of care which a reasonable person would have exercised in this situation."

From the evidence presented, the jury's verdict went on to state, the cause of Vance's death was ruled a homicide. While the cause of death has now been determined as such, Keller explained that the jury's ruling was neither a civil nor criminal procedure.

An attorney representing Vista East who attended the inquest declined comment. Cheryl Maynen, spokesperson for Vista East, said hospital officials could not comment on the matter.

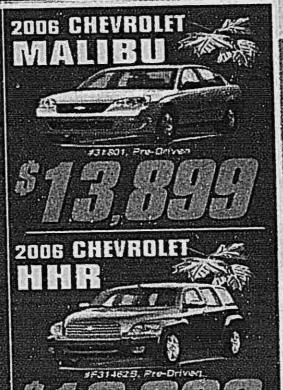
While Monique Vance also declined comment, her attorney, Allen Schwartz, of Chicago, said the ruling likely reflected indignation on the part of the

"The finding of homicide reflects the anger of the inquest jury," he said, adding that he could not speculate what the next steps would be in bringing the homicide case to trial, or who would be charged.

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Page D4 WEEKLY JOURNALS Friday, September 22, 2006

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─ Our View

## U.S. stands to lose status

President Bush spent much of last week trying to get laws changed to ensure that the war on terrorism is being fought legally.

The administration sought a law that would allow warrantless wiretaps to continue. **Bush also wanted Congress to** reinterpret the Geneva Conventions to allow for military tribunals of terrorism suspects. The legislation also would limit when an interrogator could be charged for mistreating a detainee.

Various legislation is being proposed that deals with the warrantless surveillance program. However, the White House has done a poor job explaining why new legislation is needed.

The current law that applies to such surveillance - the Intelligence Surveillance Act of 1978 - has not been shown to be a hindrance in the war on terrorism. The law already has provisions for "emergency warrant" situations. Congress should be wary of granting Bush any latitude. The president already has shown himself to not be shy about grabbing for and consolidating

Meanwhile, the administra-

tion's request for military tribunals and for limits on when interrogators can be punished for mistreating a detainee has drawn scorn -Republicans.

Among those who have vocally opposed Bush's proposal is former Secretary of State Colin Powell and GOP Sens. John McCain, John Warner and Lindsey Graham. Critics fear that if the United States begins reinterpreting parts of the Geneva Conventions, so will other nations. In the long run, international law could be undermined and put captured U.S. troops at greater risk.

Also, the Republican senators have drafted their own legislation that they say ensures detainees in the war on terrorism receive a fair trial. The senators also would like a more detailed list of banned practices for interrogators.

Bush would be wise to listen to prominent members of his party. Republican critics in the Senate are right to be concerned about international law. Bush should be, too.

The United States long has set an example on human rights. This country must maintain the moral high ground in the world.

## ELECTRIC ELECTRIC SHOCK STICKER SHOCK

Seeing it Through

### Raising minimum wage is a matter of fairness, not economy crusher

As I write this, a bulletin aired that California Gov. Arnold Schwarzenegger had just signed a minimum wage bill that will increase the minimum wage there up to \$8 an hour by 2008.

It will join the state of Massachusetts as the highest minimum wage states in the country. Twenty states have higher minimum wages than the federal minimum wage.

Where's the federal government on this? A "whopping" \$5.15 per hour.

That was done in 1997. So, if Congress doesn't act before the November election, it will mean that Congress thumbed its nose for 10 years at those at the bottom rung of the pay scale ladder.

A bill pending in Congress could raise the minimum wage from that paltry \$5.15 an hour to \$7.25 in three phases throughout 26 months. Will the election motivate them to do the right thing?

In Illinois, our minimum

wage is \$6.50 an hour, and the state has attempted, without success, to kick up its minimum. As usual, the arguments are the same, that any

increase would bring a sudden loss of jobs, while a failure to raise the minimum wage will further hurt those who are working but still living at or below the

John S. Matijevich

poverty level. Let's figure it out. At the federal \$5.15 an hour and a 40hour work week, that comes to 2,080 hours a year, with an annual wage of \$10,712 dollars. The poverty level for a mother and two children is \$15,000.

Then you have to think about filling up that tank of gas at today's prices. And the. rent. And the food on the

table. And other necessities of

Every time the state legislature debated the minimum wage bills, the chambers of commerce and other opponents cried that the legislation would crush the economy.

They argued those who needed jobs the most would be tossed out.

Some of the opponents were the same ones who argued that state funds should not be provided for the needy.

Strangely, when we passed those measly minimum wage increases, the "economic sky" didn't fall, and the jobs didn't disappear. And some workers were kept off of the public rolls because their families could make ends meet, just barely.

You would think that Congress would realize that what is really disappearing is the buying power of the dollar. It ain't what it used to be.

See MATIJEVICH, page D5

### **Letters to** the editor

Besides traditional mailed letters, Weekly Journals accepts letters by fax and E-mail. Limit letters to 250-300 words and include your name, address and daytime phone on all letters.

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WEEKLY

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Snapshot

Your thoughts on this week's hot topic

Should minimum wage be raised? If yes, by how much?



"No. Jobs will keep being moved overseas. We need to stay competitive." **Dustin Chierico** Lake Villa



"Yes. The cost of living keeps going up; raise it to \$7." Leyna Squillaci Lake Villa



"Yes. I know some people struggling in Chicago. Around \$7.50." **Judy Heikes** Mundelein



"Yes. No one can live what it is now. I think it should be \$10." Jerry Thiel Lake Forest

- Partylines compiled by staff reports

## Bean receives blasts from 8th District opponent

Republican congressional candidate Dave McSweeney is defending his record on taxes and has blasted his opponent, incumbent U.S. Rep. Melissa Bean, D-Barrington, for a recent mailer.

McSweeney and Moderate Party candidate Bill Schuerer are challenging Bean on the Nov. 7 ballot to represent the Eighth District in Congress.

"The first salvo was fired from Bean's campaign war chest," McSweeney said in a statement. "Citizens in the 8th District were feted by the first round of distortions and outright lies about my stance on the issues. We knew it was coming when Congress-woman Bean stopped agreeing to joint appearances and debates. She has been storing her 'jelly beans,' so that she can load them up and fling them at her oppo-

Regarding taxes, McSweeney has said that he is in favor of making President Bush's tax cuts permanent, lowering federal regulations on businesses and creating more jobs.

McSweeney, of Barrington Township, also has chided Bean for lack of debates. The final debate took place at McHenry County College on Sept. 5.

"I have called for 24 debates throughout the district because I thought Bean would want to remain consistent at least on the issue of debates," McSweeney said. "She criticized her 2004 opponent, Phil Crane, for not agreeing to debates and now that she has climbed the ladder she is pulling it up and denying the voters their opportunity to hear the candidates for themselves rather than having media consultants and direct mail be their source of information.

"I am appalled at the way Bean is using a very emotional issue like Stem Cell research to not only distort my position but to offer unscientific and potentially false hope to victims of a variety of diseases," McSweeney said.

"There are two months to go in this campaign and Bean has given us all a taste of what is yet to come. If Bean has the courage of her convictions, then she would not be afraid to debate the issues and let the public decide for themselves," he said.

Simpson support

Standing at the podium with

former Gov. Jim Thompson and former State Senate President "Pate" James Phillip, Republican Sue Simpson recently welcomed hundreds of supporters, who hailed from Fox Lake to Gurnee, at Midlane Country Club, in Wadsworth.

An energized group of supporters cheered Simpson on as she pledged her commitment to fight for the interests of all voters in the 31st Senate District.

Simpson, Warren Township Supervisor, is facing Democrat Michael Bond of Grayslake in the Nov. 7 election. Simpson, also of Grayslake, defeated longtime Sen. Adeline Geo-Karis in the Republican primary.

#### Blagojevich and biodiesel

As part of his comprehensive long-term energy plan to replace Illinois' dependence on foreign oil with homegrown alternatives, Gov. Rod Blagojevich is encouraging businesses and citizens throughout Illinois to consider using biofuels when fueling cars, trucks and other equipment.

Recently, state leaders met in Grayslake to discuss the increasing importance of biofuels as part of the nation's energy portfolio to reduce the need for foreign oil, as well as to talk about the important economic and environmental benefits of biofuels.

"If we continue making investments now in ethanol and other biofuels, within 10 years we'll be able to produce enough energy from our own natural resources to cut our dependence on foreign energy in half," Blagojevich said. "That means billions of our hard-earned dollars will stay here at home, in our economy, creating more jobs."

**Garrett goes global** 

State Sen. Susan Garrett, D-Lake Forest, was scheduled to attend the 2006 Clinton Global Initiative in New York on Sept. 20 and 21 to learn about world issues, such as global warming, poverty, and religious and ethnic conflicts.

The Clinton Global Initiative is a nonpartisan project of the William J. Clinton Foundation, "bringing together a carefully selected group of the world's best minds and most distinguished problem solvers to focus on practical, effective

measures that can be taken immediately."

These leaders - from a wide variety of political, ideological, religious, ethnic, and geographic backgrounds - include current and former heads of state, top business executives, preeminent scholars, and representatives of key nongovernmental organizations.

This initiative's purpose is to take prompt action by discussing some of the world's most pressing problems, detailing successful responses to them, seeking the best new solutions, and obtaining commitments from participants to take action in one of the focus areas discussed.

"Participating in this global program will be a once-in-alifetime opportunity," Garret said in a statement. "Hearing about issues that affect all of us worldwide and discussing how to resolve them will be both interesting and challenging."

Garrett will attend sessions on energy and climate change and global public health. Her participation in the Clinton Global Initiative is not being paid for at taxpayers' expense.

## Minimum wage importance losing out to Congress wage increases

#### MATIJEVICH

Continued from D4

In actuality considering the cost of living, the federal minimum wage of \$5.15 is at its lowest ebb in more than 50 years.

Surely, members of Congress are aware of the cost of living issue. They remind us of those expenses every time they enact their own pay scale increases.

By the way, in all of the years that Congress has given

"nil," yes, "zilch," to hourly lowscale wage earners, Congress has given themselves eight pay increases amounting to about \$32,000. Since 1997 Congress is winning \$32,000 to zero.

It is apalling that there is any argument against raising the federal minimum wage. The refrain. "let the free market decide" rings hollow. That was the tune during the days of slave labor.

Isn't it ironic that the free

market seems to work differently at the "highest ends" of the ladder? The average CEO at major American companies is paid more than \$12 million dollars a year. Plus fringe benefits that are often "off the charts."

We still hear it. The rich get richer and you know the rest.

There's nothing wrong with the rich getting richer. But do the poor have to get poorer - or just stay poor? The gap is getting wider, and it just isn't right.

Politicians say that they

don't listen to polls. Who are they kidding? Why do their political committees commission polls to be taken on certain issues? They put their voting finger to the wind and vote according to what's best to get them elected.

Well, the polls show that more than 80 percent of Americans believe that the federal minimum wage should be raised by more than \$2 an hour. So, why has Congress sat on its collective hands for so long?

I'll tell you why. Raising the minimum wage will affect such a small percentage of Americans, so many in Congress feel that most voters aren't strongly concerned about it.

What about all of that rhetoric about family values, responsibility, dignity, self sufficiency? If you really believe in all of those, you must be supportive of an increase in the federal minimum wage. It's a simple matter of fairness.



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Rules: No purchase necessary. Machine duplicated entries will not be accepted. Limit one entry per person. One contest entry per envelope. Employees of Shaw Newspapers, Field Museum, House of Blues and Homewood Suites and their immediate family members are ineligible. Winners' names and photographs will be printed in the Northwest Herald, Kane County Chronicle and Weekly Journals newspapers and appear on their Web sites. As a condition of winning this prize, winners will permit publication with no additional compensation of their names and/or photographs to be used in the newspaper sand online and in promotional materials. Three winners will be drawn in a random drawing to be held on 9-25-06. Winners each will receive: 1) Four admission tickets to the exhibition Tutankhamun and the Golden Age of the Pharaohs at Chicago's Field Museum. 2) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are required) and 3) A gift certificate redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the House of Blues (reservations are redeemable for dinner for four at the Hous tificate for a one-night stay at Chicago's Homewood Suites (reservations are required and subject to availability; parking, city and hotel taxes are additional). Winners will be notified by phone. All prizes non-refundable and not redeemable for cash.



#### Letters to the Editor

#### **Election-year gimmick**

To the Editor:

In true election-year style, State Sen. Terry Link and State Rep. Kathy Ryg recently announced a \$500,000 "gift" to the Cook Memorial Library District for a new Vernon Hills library. While a politician passing out money in an election year is hardly surprising, it is troubling. Apparently, the source for the \$500,000 has not been determined. My wild guess is that the money for this "gift" will come from Illinois taxpayers.

The current budget imbalance in Illinois is due primarily to profligate spending by the Blagojevich administration and Democrat-controlled General Assembly. The General Assembly approved this budget on party-line votes with Democrats voting to increase both spending and Illinois spiraling debt load and Republicans voting to hold the line on spending and prevent further public debt increases.

Given the Democrat administration's penchant for raiding public. pension funds and highway funds to balance their Enron-style accounting system, I wonder how many generations of Illinois taxpayers will pay for this "gift." Look for higher tax bills that further erode Illinois competitive position in the global economy and hamper job growth.

While Sen. Link and Rep. Ryg ponder how many votes this electionyear gimmick might buy, taxpayers ponder the certainty of higher tax bills for ourselves and future gener-

Don Castella Lincolnshire

#### **Hainesville questions**

To the Editor:

As a regular attendee of our [Hainesville] village board meetings, I am aware that the trustees have been urging that the vacant property at Hainesville Road and 120 be razed. After empty promises to "take care of it," "look into it," or "work on it," there was a fire, which has caused investigations that are now further delaying action. What will it take to rid our village of that eyesore?

The mayor has been trying to sell the old village hall, on his own, for more than a year. Although there was an interested buyer, the board insisted the sale be to a business that would generate sales tax income to the village. Hopefully, the property will be listed for sale or, preferably, for lease with a real estate agent shortly.

Why is it that Laura Shields, a resident who spoke at the meeting, was able to get "statistics" from the Round Lake Park/ Hainesville police chief when the board has been asking for that information for months? How is it that an officer on the Grayslake police department received a commendation for issuing the most DUI citations in Illinois while the village contiguous to Grayslake finds only five to seven? Let Hainesville regain its reputation as a "speed trap" if it makes everyone safer.

I hope Hainesville residents continue to attend village board meetings, express their opinions and urge that action be taken on important issues in a timely fashion.

**Georgeann Duberstein** Hainesville

#### What statistics say

To the Editor:

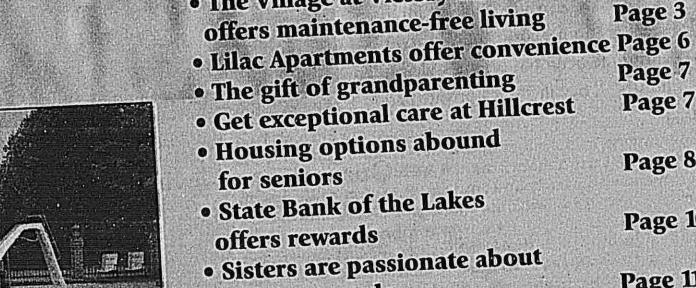
Reuters reports that the FBI crime statistics for 2005 show an increase in violent crimes. Most involved firearms. No surprise there. What is interesting is the fact that in states wthat prohibit or strictly limit concealed carry, such as Massachusetts and Wisconsin, violent crimes are up, or more vicious.

In states (more than 45 at last count) that allow concealed carry under reasonable regulation, murder rates decline an average of 10 percent after such laws are passed.

Illinois is among only three states that prohibit legally carrying concealed guns. While officials here debate the legality of .50 caliber weapons and assault rifles, they ignore the fact that most gun crimes involve the use of much more common weapons against defenseless victims. Also ignored is the fact that Illinois has hundreds of thousands, perhaps millions of residents who violate current state and city of Chicago laws related to firearms ownership. Yet these "criminals at large" seem to make up the bulk of our taxpayers and voters.

**Thaddeus Kochanny** Ingleside

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• The Village at Victory Lakes

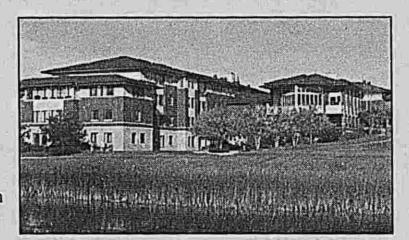


Friday, September 22, 2006



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and attached garage. The roomy oneand two-bedroom apartments feature a full kitchen, individual climate control and full-course meals in our elegant dining room. Our friendly associates look forward to helping you experience the fullness of life.

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The Village at Victory Lakes is sponsored by the Franciscan Sisters of Chicago and belongs to the family of Franciscan Communities.

### The Village at Victory Lakes offers maintenance-free living

Covering a sprawling 38 acres in scenic Lake County, The Village at Victory Lakes in Lindenhurst offers independent living apartments and garden homes as well as assisted living and skilled nursing services.

Complete with a health and fitness center, library, country store, scheduled transportation, peaceful outdoor walking paths and planned social, recreational, spiritual, educational and cultural activities, The Village at Victory Lakes provides the highest level of service to its residents.

"For seniors looking for a spacious home, we have beautiful two- and threebedroom prairie-style garden homes that feature private patios and attached garages," said Mary Riggs, executive director for The Village at Victory Lakes. "Our roomy one- and two-bedroom independent living apartments feature a full kitchen and individual climate control. Also, our residents enjoy full-course meals in our elegant dining room."

Riggs said residents who live at Victory Lakes are able to enjoy "a maintenance-free lifestyle.'

"Residents can take advantage of our many activities

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**Group Editor** 

Chris Krug

while not having to worry about yard work in the summer or snow shoveling in the winter," she said. "Our full range of services is geared towards helping seniors experience the fullness of life."

Looking to further the mission and vision of the Franciscan Sisters of Chicago to provide high quality senior services, Franciscan Communities acquired The Village at Victory Lakes last summer.

Franciscan Communities, which is sponsored by the Franciscan Sisters of Chicago and is a division of the Franciscan Sisters of Chicago Service Corporation, currently operates 16 senior living communities in Indiana, Kentucky, Texas, Ohio and Illinois. Franciscan Communities also provides home and communitybased health services in Indiana and a shelter for women and their children who are survivors of domestic violence in Indiana. Offering independent and assisted living, skilled nursing and Alzheimer's care, Franciscan Communities was ranked as the 6th fastest growing senior health and housing system in the nation in 2005.

For more information, please call (847) 356-4666.

General Manager:

Larry Lough



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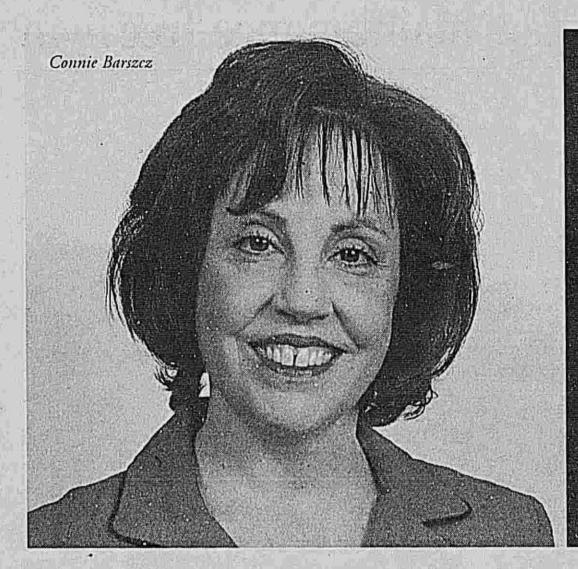
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Recently, an elderly couple visited the bank. Connie shared with them the impressive attributes of our PlatinumPreferred® Account, specially designed for those 55 and older. She also mentioned the exciting trips organized for those seniors ... including an upcoming adventure to downtown Chicago to see the King Tut exhibit, followed by dessert at Eli's Cheesecake Factory.

We're not sure if it was the account, the trip, or the food, but that couple signed on for all of the above. And Connie had another delighted new addition to our bank. See how exciting banking can be! Right now, open an account and we'll pay you \$75!\* Contact one of our Personal Bankers today for this limited-time offer.

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- ✓ Plus, membership in our PlatinumAdventures Club with professionally organized day tours to sporting events and the theater, extended trips to domestic and international destinations, seminars, and more!

OPEN ANY STATE BANK OF THE LAKES CHECKING ACCOUNT AND RECEIVE \$75

PLATINUM

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McHenry Bank: 2730 West Route 120 McHenry, IL 60050 815-344-5100 Spring Grove Bank: 1906 Holian Drive Spring Grove, IL 60081 815-675-3700



\* To immediately obtain \$75 cash bonus, an opening deposit of \$750 is required OR direct deposit must be activated at the time of opening. The \$75 cash bonus will be forfeited and a penalty charged if the account is closed within 6 months of opening. The \$75 cash bonus may be considered income for tax purposes and is 1099 reportable. Offer expires 10/31/06.

## Long-term care:

### More than a health issue

s lifespans have lengthened, so too has the most important goals are to remain finantime Americans spend in retirement. Healthy retirees can realistically expect to spend 20 or even 30 years in retirement. This trend, coupled with the ever-rising cost of health care and nursing home care, can become a significant factor in planning for a financially secure retirement. As Americans struggle to get financially prepared for retirement, many underestimate the expenses associated with health issues as they age.

According to two studies released earlier this year - 7 in 10 Americans feel rapidly rising health care costs in the recent past have hurt their prospects for a comfortable retirement. In addition, the research found that 2 in 10 anticipate they might need nursing home care in the first 10 years of retirement; when considering the second 10 years of retirement, that number swells to more than 4 in 10.

#### Rising costs, rising concerns

According to the research, among those who expect to need nursing home care in retirement, more than 9 in 10 are concerned that they could exhaust their savings. For those closest to retirement, their

Oticon Delta

cially independent and not become a burden to loved ones. In fact, 7 in 10 near-retirees feel it is "very important" to be able to afford necessary medical care or nursing home care.

### **Long-term Care Insurance Remains a Mystery to Many**

Although the public is increasingly aware of longterm care needs, long-term care insurance is not yet well understood. Even among those who are closest to retirement age, just 1 in 5 claims to have a sound understanding, and nearly half need help with understanding the coverage and options.

Here are a few tips to help you get started when considering the benefits of a long-term care insurance policy:

 Consider how you would pay for long-term care if you needed it today.

 Determine how much of your retirement savings and income you'd be willing and able to spend on long-term care services such as home care (home modifications, home health aids), care in a nurs-

ing home, or care in an assisted living facility.

 Investigate your options for purchasing longterm care insurance in a group plan, through your employer or association, or individually, through a financial professional.

 Buy long-term care insurance from a company with the financial strength and stability to be there when you need it.

The elderly population, many of whom could require long-term care services, will more than double in the next 25 years to more than 70 million. With the costs of nursing home care running \$61,000 a year on average, it is prudent for Americans to make long-term care insurance an integral part of their overall retirement and financial planning to protect their assets, their choice of care and their independence should the need for long-term care arise.

## KEED YOUR EdGE!

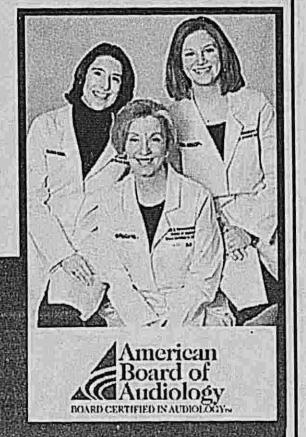
### "HEARING IS NOT MY PROBLEM, understanding is"

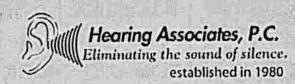
One out of two people over the age of 50 has difficulty understanding what people say in noisy situations. If you have experienced this, there is no need to worry anymore. Introducing Oticon Delta - a revolutionary new personal hearing device, where innovative design meets today's most advanced technology. Refreshingly discreet. Delta's sleek design comes in 17 attractive colors. It's tiny - yet sophisticated - and loaded with High Tech Artificial Intelligence that adjusts to virtually any situation. No matter who you are, there is a Delta just for you!

The Office of Dr. Linda S. Remensnyder together with Oticon, invite you and a family member to a FREE INFORMATIONAL SEMINAR ON PERSONAL HEARING DEVICES

Refreshments will be served

Wednesday, October 25 at 1:30 pm **Independence Grove Visitor Center, Libertyville** Reservations are required by October 19. Space is limited so call now: 847-662-9300 or 847-680-7580





Hearing Associates, P.C. Libertvville

> Condell Medical Campus 755 S. Milwaukee Ave., Ste. 189 847.680.7580

Hearing Associates, P.C. Gurnee

> Greenleaf Medical Center 35 Tower Court, Ste. A 847.662.9300

Enjoy socializing with family and friends at Lilac Apartments in Fox Lake.



## Lilac Apartments offer convenience

If you are 55 years or older, Lilac Apartments in Fox Lake could be for you.

"It is a secure environment where seniors have the opportunity to live independently and easily socialize with their peers," explained Karen Andersen, property manager.

Lilac Apartments at 3 Lilac Avenue has been a part of Fox Lake for 12 years and is conveniently located within walking distance of restaurants, banking, shopping, professional services and a ten-screen movie theater. Metra and Pace public transportation are available, as well as, the Village of Fox Lake free shuttle service that can be used locally by senior citizens.

All 105 units are handicap-

accessible. Seniors have a choice of spacious one and two-bedroom styles. Common areas feature two large lounges — each with a fireplace. Laundry facilities, a craft room, card and game rooms and a sundeck are also provided. Organized activities within the community and planned outings are on-going. A paved walking trail curves through the wooded grounds

Lilac Apartments qualify for the Federal Affordable Housing Tax Credit Program, which makes the housing affordable to seniors. For more information, please call Brandi at 847-587-8830 or visit the Web site at www.lilacapt.com.

adjacent to the patio for bar-

beques.

#### Zion Park District Senior Citizens' Club

The Zion Park District Senior Citizens' Club is in its 44th year of providing quality leisure time pursuits to those 60 years of age and over.

The Senior Citizens' Club meets every Wednesday morning at 10:00 a.m. at the Shiloh Center, 2600 Emmaus Avenue, Zion. These meetings are an opportunity for the seniors to get together for a time of fellowship and fun, and on the first Wednesday of the month, food.

In addition to the Wednesday meetings, the Park District also offers the seniors a full schedule of day long outings to area points of interest and three to four extended tours per year to such places as Alaska, Caribbean Cruises, Hawaii, and Nashville.



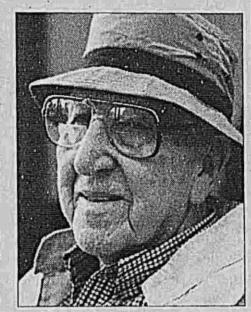
## The gifts of grandparenting

ime spent with grandparents fosters some of life's fondest memories. Whether it's learning how to make grandma's famous chicken-soup recipe or discovering the family tree with Grandpa, sharing moments with grandparents can be priceless.

- · Learn about the family's ancestral roots. Fill out a family tree, or video-tape a grandparent discussing the history of the family legacy.
- Get cooking in the kitchen. Grandparents can teach kids how to make a family recipe, whether it be Grandma's apple pie or Grandpa's special chicken.
- Share a hobby. For example, buy some clay and make something together, or go to a ballgame at a local ballpark or stadium.
- · Encourage children to interview grandparents about their lives. Then record the stories in a journal to share with other grandchildren and the rest of the family.
- · Grandparents and grandchildren can label old family photos together.

funny or memorable stories thing or two about the joy of about ancestors.

 Grandchildren can write a song, poem or story about their grandparents. Tech-savvy family members can hop online to design a family Web site.



- Host a family reunion to celebrate grandparents and their contributions to the entire family. Hold contests like who is the oldest, who has the same birthday, etc.
- Play a game together. Games like checkers, chess, Monopoly or Scrabble are generational classics. Or you can try to learn a new board game or computer game that you can play together.
- Take children to visit senior citizens in a nursing home. Eat lunch with them or read them a story. Even a senior citizen with grandchildren will be happy to see the smiling face of another child.

With these and other activi-Grandparents can share ties, grandparents learn a grandparenting, and grandchildren and grandparents alike can explore their roots and enjoy the happiness that comes from spending time with family.

#### Did You Know?

According to the National Consumer Law Center (NCLC), many home-improvement scams target the elderly. The NCLC suggests dealing only with local tradespeople recommended by friends or reputable building-supply stores. Never deal with door-to-door contractors. Always get references from a contractor and ask to see prior jobs. If written documents are different from oral promises, don't sign them. Always get a second estimate from another contractor.

## Get exceptional care

Hillcrest Nursing Center of Round Lake Beach is one of the most respected names in exceptional senior care.

Joel Crabtree, Admission/Marketing Director for Hillcrest states, "Our objective has always been to provide the best care to our residents and support for the families we serve."

Hillcrest has always been there for the community; perhaps someone just has a question regarding senior care or needs help with alternative health care arrangements. We have always provided the highest standard of care with a personal touch. The Hillcrest family environment and caring staff ensures a positive transition into a new setting. Our dedication to ensuring your loved ones quality of life is seen daily by our encouragement of their involvement in a variety of programs. Pet therapy, bingo, holiday celebrations, and many enjoyable outings are just a few of the activities we provide.

Our admissions department is available 24 hours a day, and also offers a support network for seniors in the community.

We work closely with Catholic Charities, Office of State Guardian, and the Lake County Public Guardian to assist you with any situation. At Hillcrest all 142 beds are Medicaid certified. This allows us to serve a greater number



of individuals in the community regardless of their financial situation.

We look forward to our continued relationship and are here to assist you as needs arise. We never forget that we are here to help those in need." You may call Hillcrest at 847-546-5300.

Check out our website at www.hillcrestcares.com.

### Zion Park District Continues to Enrich Life... For ALL Ages.



Mall Walk 500 Mile Club Dominoes/Pinochle Line Dance Social **Beach Volleyball Light Aerobics** Munch N' Brunch Cribbage Tone-Up AM & PM

ZION

PARK

DISTRICT

55 AND OVER TRIPS

MONDAY, SEPTEMBER 25 - 9:30am-5:30pm The Magical Dancing Horses Show Lake Geneva, WI. \$27.00

TUESDAY, SEPTEMBER 26 - 10:00am-2:00pm Senior Citizens Picnic Trip - Racine Zoo \$5.00

THURSDAY, SEPTEMBER 28 - 8:30am "42nd Street" at the Fireside Theater Ft. Atkinson, WI. NOTE: This is a 55 & Over trip.

(Must register at the Leisure Center) \$69.00 THURSDAY, OCTOBER 5 Day trip to Manitowoc, WI. SATURDAY, NOVEMBER 11 "Cats" at the Genesee T

> THURSDAY, DECEMBER 7 A fireside Christmas Special

All September trips will depart from the Leisure Center and pick up at Shiloh Towers & Carmel House. Any questions re trips and/or to register, call 746-5500. Shoppers special bus each Friday starting at 9am.

IOIN US FOR THESE 55 & OVER PROGRAMS: Munch & Brunch - 1st Friday/Month 10am Line Dance/Potluck - 2nd Friday/Month 6pm

For more information on Zion Park District's Lifestyles for Seniors, please call 847-746-5500

2400 Dowie Memorial Drive · Zion

## Housing options abound for seniors

hen people buy homes, often a sense of permanence comes with that purchase. For those closer to middle age, a home is bought with the idea that it's the place you'll spend the rest of your life. As many homeowners find out, however, that's often not the case.

A multitude of reasons exist why senior citizens often decide to sell their homes and seek other living options. A greater sense of freedom, for instance, that allows seniors to shirk some of the responsibilities that come with home ownership and travel more frequently is one reason. Another common reason for selling the house is to be closer to family, giving many seniors the chance to visit their grandchildren more frequently. Yet another reason is health. Some seniors find it's simply too difficult to make it around or maintain a home that was once perfect for a big family, but is now just too large and time-consuming to keep in shape.

Such a wide variety of reasons is matched by the many housing options seniors have when they decide to sell their homes. Each option offers a uniquely different experience, depending on the individual's needs.

#### **Retirement community**

These are often age-restricted, so younger retirees looking for a place to rest their head during weeks when they're not out jetsetting around the world might not qualify. Typically, retirement communities are limited to people ages 55 and over, or ages 62 and over. The former communities are open to residents under the minimum age as long as they live with someone who meets the requirement. The latter communities, however, often require all residents meet the minimum age standard.

Retirement communities are also more attuned to active senior citizens, who prefer activities, which are typically offered by the community. Laws used to man-

date such activities be offered, but that's no longer the case. Still, most communities have maintained the practice, making these places one of the more ideal options for seniors looking to lessen some of their responsibility but maintain an active lifestyle.

#### **Congregate housing**

Congregate housing is similar to senior apartments. Seniors live in separate apartments that they can either rent or purchase. Congregate housing typically offers programs for recreation and other opportunities for seniors to get to know their neighbors.

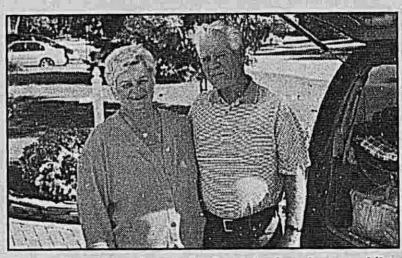
Oftentimes, seniors who choose to live in such communities do so within a relatively small proximity to where they owned their home, meaning they're more likely to see familiar faces.

#### Seniors-only apartments

It's easy to confuse seniors-only apartments with congregate housing, though they're not entirely similar. Categories of seniors-only apartments differ greatly, depending on rent. Market-rate apartments are typically affordable, while above-market rate are more luxurious, an amenity that will be costly. Seniors who haven't rented in a while might raise an eyebrow or two at the cost of rent. Laws regulate rents as to their affordability, but what might be affordable is not necessarily amenable. In addition, geography often dictates rents, and senior housing is no exception to that unwritten rule.

Similar to congregate housing, seniors-only apartments often offer activities and meals for residents to do together.

However, unlike congregate housing, seniors-only apartments typically do not offer additional services such as Alzheimer's care or nursing services. This can and should be a consideration, as those looking for a



There are many options today in senior housing, providing all levels of care and recreational facilities.

place might not want to move again in the unfortunate circumstance their health takes a turn for the worse.

#### **Assisted living**

Assisted living does just what its name implies: helps seniors who might struggle with some of the daily chores of everyday life. Though no medical attention is typically offered, assisted-living staff are there to help remind residents when it's time to take medication, help them get dressed or bathe if need be, or help with laundry and other chores that seniors might find aren't as easy as they once were.

Living units are private, so a sense of independence is still there. In fact, many assisted-living facilities allow and encourage residents to be as independent as possible, though it's implied help is there if needed.

These facilities are often best for those who have only mild impairment, be it physical or mental. Mild mental impairment is where things like medication schedules and doctors appointments, which most facilities offer transportation to and from, are especially valuable.

## Make your home senior-friendly

s people grow older, getting around the house is no longer a given. Arthritis and other ailments can make moving around a difficult proposition. This puts seniors in the position of making choices — either risking the danger of falls and injuries or making a move to a home that may be more suitable. Few, however, relish the idea of changing residences in their retirement years.

Fortunately, there's another option: modifying the home to be safer and more user-friendly. Several preemptive steps can be taken to make a home equipped and comfortable for living out senior years.

· Lighting. While you may feel as though you know your home like the back of your hand, you should still install some extra lighting throughout your home as you get older. To avoid falls, make sure staircases are well lit. If not, have overhead lights installed and make sure all light switches are easy to reach. Around a staircase, make sure there's a light switch at the top and bottom of the stairs. Battery-operated lights can do the trick and help you avoid costly electrician costs.

Add a telephone or two.
 Though it's good, especially for

seniors, to always have a cell phone on hand, it's also a good



idea to equip your home with an extra telephone in key rooms — even in the bathroom, where falls often occur. If you suffer from arthritis, give your aches and pains a break and have a telephone installed in a reading room or family

room if they're not already there. In addition, install a telephone in your bedroom. This will keep you from making long, unnecessary walks, saving your legs for more important things like traveling or playing with the grandkids.

Install extra handrails.
 Staircases and bathrooms are often the scene of the crime with respect to home accidents involving seniors. Slippery floors in bathrooms can be

countered by adding a handrail along the wall right outside your shower or tub. With something to grab onto as you step out, you're less likely to slip on a wet floor. Consider also placing a seat or handrail in the shower so you can steady yourself when washing.

In addition, an extra handrail opposite the existing handrail on your staircase can compensate for any diminished vision that comes with aging and leads to a loss of depth perception that often causes spills on the staircase. With the extra handrail to hold onto, you can avoid falling altogether or minimize the damage done if you do fall.





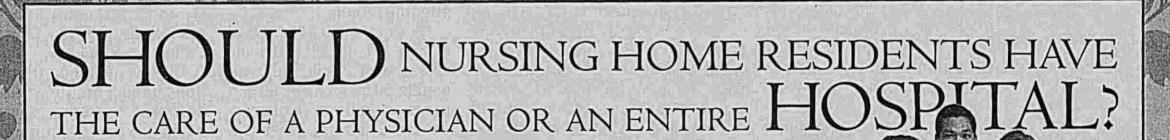
It's your home. We understand why you want to stay. Partners in Senior Care can help.

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Partners in Senior Care, Inc.

Our mission is the quality delivery of care services to the senior population.

Private Duty Home Care • Geriatric Care Management www.partnersinseniorcare.com



Westmoreland Nursing Center is just down a short corridor from Lake Forest Hospital on 160 wooded acres; every resident is assured of continuing care at whatever level necessary.

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Call (847) 535-6797 for more information.

## Lake Forest Hospital

**Westmoreland Nursing Center** 

lakeforesthospital.com

## State Bank of The Lakes offers rewards

tate Bank of The Lakes likes to reward those who deserve it. We've developed Platinum Preferred® Account with a special group of people in mind. Customers who have reached the age of fifty-five receive this attractive combination of products and services. When combined with our quality customer service, convenient banking options like Online Banking with unlimited bill pay, ovetdraft protection and several convenient locations, account holders get the most for their money. We think they've earned it!

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Platinum **Adventures Club** 

Platinum Preferred Account holders are automatically enrolled in our Platinum Adventures Club! Our club is famous for its professionally organized excursions to a wide variety of exciting places. Traveling with a group keeps costs lower than traveling alone and makes the experience a lot more fun!

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To open a Platinum PreferreO' Account or to find out more information, contact one of our Personal Bankers at (847) 395-2700 or (815) 675-3700 in McHenry county Visit www.sbotl.com current Platinum Adventures'~' Club informa-

eptember is Ovarian Awareness Cancer Month. Ovarian cancer is the deadliest of gynecological cancers and the fourth-leading cause of cancer death among American women. In 2006, it is estimated that over 22,000 women will be diagnosed with the disease and more than 16,000 will lose their lives to it. Although ovarian cancer is The silent killer

most common in women over digestion; the age of 50, it can affect changes in bowel habits, frewomen of any age. With no effective, easy-to-

use means of early detection available, many women may symptoms. Symptoms may include pelvic and/or abdominal discomfort or pain; vague but persistent gastrointestinal complaints such as gas, nausea, and in-

unexplained quency and/or urgency of urination; weight loss and ongoing fatigue.

Because of this, 75 percent miss the subtle and vague of cases are detected at a late stage. As a result, approximately 50 percent of all patients are alive and diseasefree five years after diagnosis. However, if caught and treated early, the five-year survival rate can jump to over 90

Fortunately, clinically important advances in diagnosis and treatment are being made every day. The Ovarian Cancer Research (OCRF) is making a tremendous impact on the world of ovarian cancer research, having funded numerous cutting-edge research projects across the country.

Rolling Hills Campus 6th Annual Craft Fair & Bake Sale Saturday, Nov. 18 9am to 3pm • Outside Crafters Treasures from the attic Baked Goods

Crafts made by residents of Rolling Hills Manor & Hot Dogs & Sods **Rolling Hills Place** 

Baked goods and craft items will be accepted for donation. Please bring in any items into our Activity Office by November 10, 2006 or contact us to arrange a pick up if needed.

If you have any questions, please contact either Debbie DeGraffenreid or Shannon Ferguson at 847-746-2147. Table space is available for local crafters on a first come, first serve basis. Call for more information.

This fair will be held at Rolling Hills Place. Mark your calendars

3521 16th St. • Zion, IL

(Corner of Rt. 173 & Kenosha Rd. Enter off 16th St. Follow signs) www.rollinghillscampus.org Calling all Seniors.

THURSDAY • OCT. 5TH • 11 A.M.

FALL KICKOFF WITH

Host Dr. George Sweeting

SUBJ. "AGING WITH JOY"

Guest...Ken Frizane

ALTO HORN • FLUGLE HORN • MELLOPHONE

By reservation only, call 1-847-838-0103 Lunch & program paid for by free-will offering.

**Future Dates** 

Nov. 2 • Dec. 7 • Jan. 4 • Feb. 1 • Mar. 1 • Apr. 5 • May 3 Chain of Lakes Community Bible Church 43 W. Grass Lake Road, Lake Villa, IL 60046

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on lunch, dinner or Sunday Brunch.

Seniors must be 55+.

Present this ad. Limited to one check per table. Not valid with any other offer or on holidays. Make reservations now!

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## Sisters are passionate about helping people

Madson and Denise Trinka were struggling to care for their elderly Mom while raising their own families and working part-time. As their mother's health worsened, the task of caring for her became overwhelming for the sisters. Cindy and Denise realized that it was time to look for in-home care from an outside source that would provide competent, dependable and loving care for seniors in their homes. Much to their surprise, what they found were companies that offered inferior services and low standards.

For over five years, Cindy searched franchises and recontacting the franchise corporate office and visiting local Home Instead Senior this company offered exactly what they were looking for. They insure, bond and have ongoing training for all their CAREGivers. There are over 75 different services offered including companionship, meal preparation, light housekeeping, laundry, transportation and other non-medical tasks.

Denise and Cindy opened the Home Instead Senior Care franchise in Cindy and Denise re- Grayslake on September 1,

2001. They have proudly joiced in finding Home served over 600 Lake County Instead Senior Care. After seniors since opening their office as well as employing over 400 CAREGivers.

The sisters are passion-Care offices, they realized ate about helping people relieve the stress associated with caring for their parents and also with assisting seniors to stay in their own homes which is where they are happiest.

> For more information, either for services or to become a Home Instead Senior CAREGiver please call 847-543-8881.



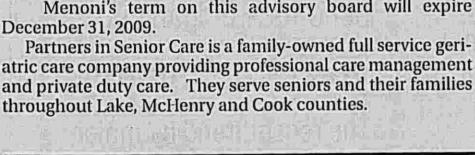
Sisters Cindy Madson and Denise Trinka have been running Home Instead Senior Care since September 1, 2001.

### Menoni appointed

Patricia Menoni, Administrator of Partners in Senior Care, Grayslake, IL, has been appointed a member of the Home Health, Home Services, and Home Nursing Agency Advisory Board. As a member of this body, she will be representing consumers of private duty care and the State of Illinois in an advisory capacity related to the Department of Public Health's administration of the Home Health, Home Services, and Home Nursing Agency Licensing Act (10 ILCS 55), including development of rule revisions.

Menoni's term on this advisory board will expire

atric care company providing professional care management and private duty care. They serve seniors and their families throughout Lake, McHenry and Cook counties.





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Fax 847-872-7683 Lower Level, Next to Beach Park Village Hall Exceptional CAREGivers. Exceptionally Good Choice for Non-Medical Services.



Being able to live at home can be one of the most important comforts in a senior's life. Our carefully selected CAREGivers M help make that possible, with a wide range of non-medical services, welcome companionship and a ready smile. At Home Instead Senior Care, we treat each senior as we would a member of our own family.

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- Wide variety of services, including meal preparation, light housekeeping, medication reminders, shopping, errands, and
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## HEALTHWATCH

For more information on senior living, see Weekly Journals special insert, Seniors Lifestyle, inside this issue.

Page D7 WEEKLY JOURNALS Friday, September 22, 2006

#### CONDELL

#### Breastfeeding **Support Group**

If you feel frustrated or isolated, or simply lack knowledge about breastfeeding, join nurse experts at Condell's new breastfeeding support group. Meets the second and fourth Monday of each month, 6:30 to 8:30 pm, Condell Day Center, 700 Garfield Ave., Libertyville. 847-990-5407.

#### Childbirth Education

Offering a variety of childbirth education classes to help you before and after baby arrives. Classes cover topics such as labor alternatives, breastfeeding, child development, Boot Camp for New Dads, and tips just for grandparents.

Register early in pregnancy. New Life Maternity Center, 801 S. Milwaukee Ave., Libertyville. 847-990-5407 or Español 847-362-2905, ext. 1289. Fees apply.

#### **Breastfeeding Support Group**

If you feel frustrated or isolated, or simply lack knowledge about breastfeeding, join nurse experts at Condell's new breastfeeding support group. Meets the second and fourth Monday of each month, 6:30 to 8:30 pm, Condell Day Center, 700 Garfield Ave., Libertyville. (847) 990-5407.

## It's never too late to get in shape



Exercise regularly will keep you active for years.

According to The National Institute on Aging, less than one-third of Americans over 55 are physically active. But those who have adopted a regular exercise program are living longer and enjoying their years to the fullest.

In fact, regardless of age or state of health, older adults can significantly slow the deterioration of both body and mind by engaging in regular cardiovascular exercise and strength training. Research shows that older adults who exercise have a lower risk of coronary heart disease; lower risk of hypertension; decreased blood pressure; control of late-onset diabetes; relief for arthritis pain; increased bone density; reduced risk of fractured bones; better balance; ability to avoid accidental injuries; maintenance of personal indeactive activities such as skiing, running and cycling.

Trainer and track competitor Bill Collins is proof that an active lifestyle promotes good health throughout your life. At age 53, Collins holds the world age group record in the USA Masters Outdoor Track and Field Championships as well as the 200-meter record in three different age groups. He's won 10 World Masters titles and more than 70 American Masters crowns, and he hasn't been beaten in years! His world records in the 100, 200, and most recently, 400 meter races, make him the fastest runner alive for his age. No one in his age group anywhere in the world has run as fast.

Collins should inspire anyone who leads a sedentary lifestyle, especially older adults who, at 50, are slowing down or feel it's too late to start an exercise program. Collins has no intention of slowing down. Presently, he is only a 1/2 second off his best running time achieved at age 18. In fact, he ran faster at age 50 than when he was 40 - thanks in part to a healthy exercise plan.

#### Exercise program ideas

For those who are older like Collins and want to get in shape, the American Academy of Family Physicians offers these tips for starting an exercise program:

· Wear comfortable, well-fitting clothing and sturdy shoes

pendence; and can engage in with good arch support and an elevated and cushioned heel to absorb shock. Collins friends call him "X-man" for the

· Check with your doctor first, then start slowly with exercises you are most comfortable with. You'll be less likely to injure yourself, and you will prevent soreness. Start with walking. As you become used to it, you can increase the intensity of your workout.

· Engage in some type of aerobic activity (walking, swimming or bicycling) for at least 30 minutes every day and resistance or strength training two days per week.

· Warm up for five minutes before each exercise session by walking slowly or stretching. Cool down with more stretching for five minutes (longer in warm weather).

· Don't exercise if you feel under the weather, have a cold, the flu, or another illness. Wait until you feel better. If more than two weeks pass, be sure to start slowly again.

· If your muscles or joints are sore the day after exercising, you may have overexerted yourself. Next time, exercise at a lower intensity.

· If pain or discomfort persists; if you have chest pain or pressure: have trouble breathing or have excessive shortness of breath; are light-headed or dizzy; have difficulty with balance; or feel nauseous while exercising, talk to your doctor.



## Lake County Fairgrounds sale inches forward

Board of directors to finalize contract for property

By KATHY GRESEY kgresey@nwnewsgroup.com

GRAYSLAKE - The waiting game has

It has been three weeks since the Lake County Fair Association Board of Directors was authorized to finalize the terms of a sales contract for the Lake County Fairgrounds in Grayslake. But an agreement is still in the works.

Board president David DeYoung said it could be some time before a final contract is signed.

"We have a working contract pending," he said. "I would hope that, shortly, we see an agreement."

In August, the Lake County Fair Association voted 211-32 in favor of a fairgrounds sale. Should a final contract be signed, and the necessary permits obtained, the fair will most likely move to the Titus Farm, near Route 83 and Peterson Road, in Fremont Township. The fair has taken place at Routes 120 and 45 for decades.

Proposed plans for the new fairgrounds include the construction of state-of-the-art exposition facilities and multi-purpose buildings.

DeYoung said that fair activities will not be disturbed by a sale.

"We will not interrupt the fair," he said.
"That is a commitment."

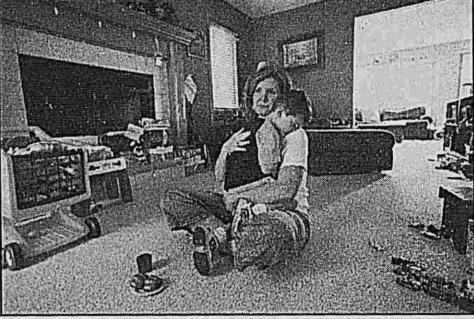
A fairgrounds transaction has been discussed by the community for some time.

Last year, the Grayslake Village Board authorized a sewer amendment and transportation agreement that put 60 acres of the Lake County Fairgrounds into Grayslake's sanitary sewer service area. Since then, the village has had sewer service control over the entire Fairgrounds property, making it more marketable.

If a sales contract is signed, research and design work will have to be conducted before construction of a new fairgrounds begins, DeYoung said.

He added that the 2007 Lake County Fair will take place at its current location, regardless of how long it takes to finalize a sale.

"We still have a long, bumpy road ahead of us." he said. "Right now, we're waiting."



Sandy Bressner - sbressner@nwnewsgroup.com

Aimee Chamernik consoles her son Zachary, 2, after he had a run-in with the wall. Aimee was diagnosed with amyotrophic lateral sclerosis, which is often referred to as "Lou Gehrig's disease," two years ago.

### Local woman finds new life after ALS diagnosis

• ALS

Continued from D1

"I got up every day and went through the motions of my life," she said. "I spent a lot of late nights just crying over the idea of losing a future with my kids."

It was a moment with her middle child, Emily, that pulled Aimee out of the fog.

After picking up her daughter from preschool, the mother told her daughter that they would be going to the grocery store to buy taco ingredients. It had been weeks since the two went on an after-school adventure, and the 6-year-old became very excited.

"I'll remember that face forever," Aimee said, "'Life is making tacos.' That became my mantra."

From that day onward, Aimee became focused on spending quality time with her family – sons, Nicholas, 9, and Zachary, 2; daughter, Emily; and husband, Jim. She receives ongoing support from her extended family and friends.

"I get up every day, and I fight for the good times that we have," she said. "I can't control ALS. But I can control how I live my life with ALS."

The fight

A few weeks ago, the "Ask About Aimee" team participated in the Fifth Annual ALS Walk4Life in Chicago. The team raised more than \$20,000.

"We blew past [our] goal," Aimee said.

Members of the Chamernik family are optimistic that it will

How to help

Want to become a part of the fight against ALS? Several options are available:

 Visit www.askaboutaimee.com, and click on "Your Turn." Donation options are available through the site.

•Write a letter to Congress through http://capwiz.com/alsa/home.

Become an ALS advocate or volunteer. Visit www.lesturnerals.org.

Then, click on "Get Involved."

be possible to eradicate ALS one day.

"The most important thing to me is to find a cure," Jim said. "Aimee means everything to me."

Laurie Fieldman, director of social services for the Les Turner Foundation, has worked with the Chamerniks since Aimee was diagnosed. She has helped families deal with the effects of ALS for a decade.

"At some point, someday, we are going to find something to help fight the disease, more than we do now," Fieldman said. "Aimee is courageous. She's thoughtful. And it's not that you forget anybody going through this at the end of the day, but there are just some people who are so amazing ... and she's one of them."

To learn more about Aimee's story visit her Web site, www.askeaboutaimee.com. Emotional, humorous and uplifting stories about living with ALS are posted on the site.



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#### **ARTHUR I. 'WRIGLEY'** SAGEL

Born: July 4, 1930 Died: Sept. 10, 2006 Was the scoreboard keeper for Chicago Cubs for many years

ROUND LAKE BEACH - Arthur I. "Wrigley" Sagel, age 76 of Round Lake Beach, died Sept. 10, 2006, at his home. He was born in Chicago to Ivan and Alma (nee Johnson) Sagel. For many years, "Wrigley" was the scoreboard keeper for his beloved Chicago Cubs.

Survivors include his children Arthur (Corrine) Sagel of Round Lake Beach, Jean Lagor of Round Lake, Janet Miicke of Round Lake Beach, Robert (Sissy) Sagel, Joyce Sagel of Wisconsin, Scott (Dawn) Sagel of Fox Lake, June Sagel of Round Lake Beach, and Joan (Dennis) Baumhart of Genoa City, Wis.; his 38 grandchildren; 12 great-grandchildren; and his siblings. His parents, his wife, Janet; and his sister, Eleanor precede him in death.

A memorial service will be held at 2 p.m., Saturday, Sept. 23, at Calvary Presbyterian Church, 510 N. Cedar Lake Road, Round Lake. Memorial contributions may be made to the family. Care and arrangements were entrusted to Strang Funeral Chapel and Crematorium, in Grayslake.

#### **WILLIAM GERBER**

Born: Dec. 8, 1908 Died: Sept. 12, 2006 Served in the U.S. Army during WWII



ANTIOCH - William Gerber, age 97 of Antioch, passed away Tuesday, Sept. 12, 2006, at Condell Medical Center in Libertyville. He was born Dec. 8, 1908, in Monroe, Wis., the son of the late Simon and Rosa (Zurfluh) Gerber. Bill came to Anitoch in the 1920s to work on the Little Orchard Farm. Later he owned the Midget Eat Shop Restaurant in Antioch. After serving in the U.S. Army during WWII he returned to Antioch and owned a pottery shop. Before his retirement in 1973 from Quaker Industries in Antioch, where he was a purchasing agent and chief inspector, he had worked at American Motors in Kenosha, Wis. His interests included, gardening, woodworking, refinishing antiques, building miniature doll houses, barns and homes. Bill also loved walking the town of Antioch and moved from Antioch to Victory Lakes in Lindenhurst in 2003. He was a charter member and very active with the

**OBITUARIES** Hickory Chapel in North Chicago, which is now the North Shore Baptist

Church, and had served on the church board, taught Sunday school and was a Deacon. On March 1, 1941, he married Lois Hunter in Antioch and she preceded him in death on June 8, 1973.

Survivors include his children, James (Dolly) of Holland, Mich., Carol (John) Brady of Lake Geneva, Wis., and Janice (Dwayne) Nicholson of Round Lake Beach; seven grandchildren; 10 great-grandchildren; two brothers, Clyde (Liz) Gerber of Watertown, Wis., and Ernie (Esther) Gerber of Sun Prairie, Wis., and one sister, Fern Delvis of Lake Mills, Wis. In addition to his parents and wife, he was preceded in death by his brothers, John, Jake, Fritz, Paul, Rudy, Max, Ben and Walter and his sisters. Lillian, Rose, Lena and an infant sister.

The funeral was held at 11 a.m., on Sept. 16, at the Strang Funeral Home of Antioch. Interment with Military Honors followed in Hickory Union Cemetery in Newport Township. Visitation was held from 5 to 8 p.m., Sept. 15. Those desiring may make contributions to World Ministries for the Armed Forces, P.O. Box 1075, North Chicago, IL 60064 in his memory.

#### **FRANCINE NOVY** (nee LEXA)

Born: Sept. 27, 1929 Died: Sept. 14, 2006 Earned degrees from Northwestern University and Pope's School of Cuisine

BROOKFIELD, WIS. - Francine Novy (nee Lexa), age 76, a recent resident of Brookfield, Wis., and longtime resident of Lake Villa, formerly of La Grange, died Thursday, Sept. 14, 2006, at Alterra Claitbridge Assisted Living in Brookfield, Wis. She was born on Sept. 27, 1929, in Chicago, to Frank and Anne (nee Zib) Lexa. Francine graduated from Pope's School of Cuisine in Chicago. and also graduated from Northwestern University with a bachelor's degree in Home Economics as well as other degrees. She was a former tour director, responsible for monitoring tour satisfaction for Forlow and Mid-American Tours. She was an avid golfer and loved reading. She enjoyed traveling with her husband and grandchildren with whom she spent many days boating and fishing at their cottage on Cedar Island on Pistakee Lake while her children were growing up.

Survivors include her children: Robert (Jill) Novy of California, and Deirdre "Deedee" (Robert) Faust of Brookfield, Wis.; her grandchildren, Bryan and Aimee Faust, both of Brookfield, Wis.; her brother, Frank (Betsy) Lexa of Bluebell, Penn. She was preceded in death by her husband, Robert "Bob" Novy, May 31, 2006 with whom she was united to in marriage on Sept. 26, 1953, in Cicero.

Visitation was held from 2:30 to 3:30 p.m., Sept. 19, at K. K. Hamsher Funeral Home, in Fox Lake The funeral was held at 3:30 p.m., Sept. 19, at the funeral home. Interment was private.

#### **WILLARD ERNEST** PEARSON

Born: March 7, 1925 Died: Sept. 11, 2006 He was employed with F.G. Hough for 42 years as a welder

FOX LAKE - Willard Ernest Pearson, age 81, a longtime resident of Fox Lake, died Monday, Sept. 11, 2006. in his home. He was born on March 7, 1925. in Chicago, to Carl E. and Lucy (nee Herrman) Pearson, and had been employed with F.G. Hough (now Komatsu) for 42 years

See OBITUARIES, page D10

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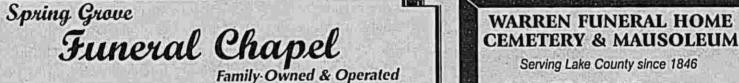
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#### OBITUARIES, continued from page D9

as a welder before he retired. He was a member of the United Auto Workers Union and had enjoyed downhill and water skiing.

Survivors include, nieces, nephews, great nieces and great nephews. He was preceded in death by his parents, his brother, Earl Pearson and by his sister, lla Adams.

Graveside services were conducted at 2 p.m. on Sept. 20 at Grant Cemetery in Ingleside, to which all were invited to attend.

Arrangements were completed by the K. K. Hamsher Funeral Home (The Chapel on the Lake)

#### **SAMIR ID-DEEN**

Born: Sept. 12, 1940 Died: Sept. 11, 2006 Was a retired freelance photographer

HAWTHORN WOODS – Samir Id-Deen, age 65, died Sept. 11, 2006. He was a retired freelance photographer. Although he was trained as a certified public accountant, his passion for sports, photography and music manifested in a very successful career as a freelance sports photographer. He was a staff photographer for the Newark, N.J., Star Ledger until he retired in 2001. After his retirement, he moved to Lake County, where he worked for Lakeland Publishing and All Mobile Restoration Inc.

He leaves to celebrate his life his companion, Sharmaine Miller of Hawthorn Woods; granddaughter, Dominique Edwards of East Orange, N.J.; an aunt, Olivia Gray of East Orange, N.J.; a brother, Sharif Farrakhan of Flanders, N.J.; stepdaughter, Kisha Ruffin of Atlanta, Ga.; stepson, Kareem Miller of Hawthorn Woods; and a host of family and friends. Samir was preceded in death by his parents and his son, Akbar Id-Deen.

In consideration of his many family and friends on the East Coast, a memorial service for Samir Id-Deen is being planned for a later date. Samir was interred according to Islamic tradition in Libertyville, on Sept. 13. The interment was conducted after the service at Highland Memorial Park in Libertyville. In lieu of flowers, a charitable donation to the Kellogg Cancer Care Center or the Midwest Palliative & Hospice Care Center is considered appropriate ways to honor Samir's memory. Arrangements were handled by Bradshaw & Range Funeral Home in Waukegan.

#### **OBITUARIES**

### LUCILLE JOHNSON (nee JACOBSON)

Born: Sept. 30, 1930 Died: Aug. 31, 2006 She lived on Library Lane and was known as 'Smiley'

GRAYSLAKE – Lucille (nee Jacobson) Johnson, age 73, a resident of Grayslake passed away Aug. 31, 2006, at her home. She was born in Oak Park, to the late Ernest and Hazel Ochse. Lucille was a member of the American Unit of the Lake County Extension Group. She belonged to several quilting clubs, participated in the "Great Escape" weekend trips, and donated many of her quilts to various charities.

Lucille is survived by her daughter Janet (Harold Fallos) Jacobson-Fallos of Maine; her grandchildren, her in-laws, and numerous nieces and nephews. She was preceded in death by her parents, her husband of 25 years Herb Jacobson in 1975, and her sister Jean Klaus.

A memorial service is scheduled for Friday Sept. 22, at 7:30 p.m. at Strang Funeral Chapel & Crematorium, at 410 E. Belvidere Road, in Grayslake. Friends of the family may visit from 6:30 p.m., until the time of the service. In lieu of flowers memorials may be made to

the American Heart Association, 208 S. LaSalle St., Ste 900, Chicago, IL 60604.

#### ELEANOR STRATTON STEFFENS

Born: July 15, 1927 Died: Aug. 9, 2006 Enjoyed to travel all over the world

CELEBRATION, FLA. – Eleanor
Stratton Steffens, age 79, of
Celebration, Fla., passed away
Wednesday, Aug.9, 2006. Eleanor
was born on July 15, 1927, in Lake
Villa. She attended the University of
Illinois and was a Delta Delta Delta.
Eleanor received her Ph. D from
Case-Western Reserve University.
Eleanor loved to travel all over the
world with her sister Helen. She is
preceded in death by her husband,
Robert Steffens and her sons, John
and David.

She is survived by her daughter, Laura and her husband Ray; two grandchildren, R.J. and Robert and a nephew, Charles Werhan.

Services are private. Inurnment at East Fox Lake Cemetery in Lake Villa, will take place at a later date. Grissom Funeral Home and Crematory in Kissimmee, Fla., is in charge of arrangements. (407) 847-3131.

JOSEPH E. FLANSBURG

Provided civil service to Fort

WILDWOOD - Joseph E.

Joseph and Edna (nee Sprin)

Flansburg. Joseph provided civil

years, Pauline Flansburg; his chil-

dren: Jeff of Wildwood, Mark of Fox

Lake, Keith of Wildwood; and his sis-

ter Dorothea Duddley of Cleveland,

Ohio. His son Scott Flansburg, and

The funeral was held at 2 p.m.,

Interment was privately held. Friends

of the family visited from 1 p.m., until

the time of service on Sept. 20.

Sept. 20 at Strang Funeral Chapel &

parents precede him in death.

Crematorium, in Grayslake.

Flansburg, age 81 of Wildwood, died

Sunday, Sept. 17, 2006, at his home.

He was born in West Salem, Wis., to

service to Fort Sheridan for 30 years.

Survivors include his wife of 46

Born: March 16, 1925

Died: Sept. 17, 2006

Sheridan

Sunday, Sept. 17, 2006, at Condell Medical Center in Libertyville. She was born March 1, 1929 in Evanston to Harold W. and Marion H. (Lapp) Seefurth. Priscilla was a resident of the Round Lake area since 1972, living at her Brentwood address until moving to Cedar Villas several years ago. In 2005, she became a resident of Winchester House in Libertyville. She was a longtime member of the Community Church of Round Lake. For many years, she was an avid bowler.

Survivors include two children, Mary (Daniel) Martin of Chicago and David (the late Sharon) Stump of Zion; four grandchildren, David, Eric, Mary Lois, and Danny; and a brother, John (Judy) Seefurth of Streamwood. She was preceded in death by her parents; and her husband, Harold, on Feb. 21, 1997.

Visitation was held from 4 until 8 p.m., Sept. 20, at Justen's Round Lake Funeral Home. The funeral service was at 10 a.m., Sept. 21 at the funeral home. Interment was in Memory Gardens in Arlington Heights. Memorials may be made to the Community Church of Round lake, c/o Building Fund, 217 Goodnow Blvd., Round Lake, IL 60073. Friends may send an online condolence at www.justenfh.com

#### EDWARD R. GUDGEON

Born: May 22, 1949 Died: Sept. 14, 2006 He was an avid sports fan

NEW ULM, MINN. – Edward R.
Gudgeon, age 57 of New Ulm, Minn.,
formerly of Antioch, passed away
Thursday, Sept. 14, 2006, at the New
Ulm Medical Center in New Ulm,
Minn. He was born in Chicago, the
son of the late Thomas and Virginia
(Robinson) Gudgeon. He attended St.
Peter Grade School and was a graduate of Antioch High School. He
worked for Gudgeon Trucking until
he was forced to retire in July 2006.
On July 18, 1990, he married Sandy
Bloedel in Las Vegas, Nev.

Survivors include his wife, Sandy of New Ulm, Minn.; daughters, Jenny (Brian) Compton of DePere, Wis., Amy (Christopher) Stevenson of Green Bay, Wis., Jessi (Jeremy) Reber of Ruthton, Danielle Gudgeon of New Ulm; sons, Eddie Gudgeon of New Ulm, Matthew Bloedel of New Ulm; his grandchildren; sisters. Virginia Sonheim of Nacogdoches, Texas, Rosemarie Schreiber of Grayslake, Nancy Gudgeon of Cudahy, Wis.; brothers, Tom (Nancy) of Lake Geneva, Wis., Richard of Magalia, Calif., Mike of Lake Geneva, Wis., Jim (Mary) Stewart of Sylvan Springs, Ala., Ray of Chicago, Pat (Anita) of Antioch and David (Lynn)

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ROUND LAKE - Priscilla J. Stump, age 77, of Round Lake, passed away

PRISCILLA J. STUMP

Born: March 1, 1929 Died: Sept. 17, 2006 She was an avid bowler of New Ulm; many nieces, nephews and many other relatives and friends. In addition to his parents, he was preceded in death by a niece, and his good friend, Elmer Bacon.

A memorial service was held Sept. 16 in New Ulm, Minn. Interment was private.

#### **ERNA T. KIRSCH**

Born: March 16, 1913 Died: Sept. 15, 2006 Enjoyed her gardens, especially planting flowers

LINCOLNSHIRE - Erna T. Kirsch, age 93 of Lincolnshire, passed away Friday, Sept. 15, 2006, at her home. She was born in Chicago.

Surviving are two sons, Raymond Kirsch of Lincolnshire and Douglas (Linda) Kirsch of Gray Summit, Mo.; and her grandson, Michael Kirsch. She was preceded in death by her husband, Raymond in 1998; by her son, Dennis; a brother; and six sis-

Visitation was from 3 to 8 p.m., Sept. 18, at the Burnett-Dane Funeral Home in Libertyville, Mass of Christian Burial was at 10 a.m., Sept. 19 at St. Mary's Church in Buffalo

Grove. Interment followed at Willow Lawn Memorial Park in Vernon Hills.

#### DANA L. FRANCIS

Died: Sept. 5, 2006 Died at home following a heart attack

FOX LAKE - Dana L. Francis, 44, of Fox Lake, formerly of Palmer, lowa, died Tuesday, Sept. 5, 2006, at his home in Fox Lake, following a heart attack.

Survivors include his daughter Danielle Francis (Sharla) of The Colony, Texas; fiancée Pamela Bartoli of Fox Lake; brothers Darren (Tasha) Francis of Fort Dodge, Iowa, Dale (Teresa) Francis of Savage, Minn.; father Larry Francis of Fort Dodge, lowa; paternal grandmother Etta Francis of Pocahontas, Iowa; maternal grandmother Beulah Johnson of Manson, Iowa.

Funeral services were held on Monday, Sept. 11 in Palmer, Iowa. A local memorial service to remember Dana will be held on Monday, Sept. 25, from 5 to 7 p.m., at The Stonegate, 2401 W. Higgins Road, Hoffman Estates, IL.

#### **OBITUARIES**

#### **AUGUST L. DIESTERHEFT**

1914 Died: Sept. 15, 2006 Served in the U.S Army during WWII

Born: Aug. 1,



LIBERTYVILLE - August L. Diesterheft, age 92, of Libertyville, passed away Friday, Sept. 15, 2006, at the Balmoral Care Center in Lake Forest. He was born in Chicago, where he attended Lane Tech High School and his family were founding members of Bethesda Evangelical Lutheran Church. He was the former owner of Diesterheft Distributors in Chicago and a veteran of the U.S. Army, having served in during WWII.

Surviving are his wife, Marcell Diesterheft and son, Les (Barbara) Zematis of Libertyville; two grandsons, two great-grandsons; and a brother, Richard (Helen) Diesterheft of Florida.

The funeral was held at 11 a.m., Sept. 18 at Bethesda Evangelical Lutheran Church in Chicago. Interment followed at Memorial Park in Skokie. Visitation was from 3 to 7 p.m., Sept. 17, at the Burnett-Dane

Funeral Home in Libertyville. In lieu of flowers, contributions can be made to St. Jude Children's Research Hospital.

Interment was in Ascension Cemetery. Donations may be made to the Grayslake Fire Department.

#### MARGARET E. **CHRISTIAENS**

Born: Jan. 2, 1913 Died: Sept. 11, 2006 Was a member of the choir, guitar group, Leisure Club and Altar and Rosary Society at St. Gilbert Church

GRAYSLAKE - Margaret E. Christiaens, age 93 of Grayslake, died on Monday, Sept. 11, 2006, at Condell Medical Center in Libertyville.

She is survived by her children, Donald (Mary Ellen) Christiaens of Gravslake, Theresa (Gerald) Brewster of San Luis Obispo, Calif., and Gerald Christiaens of Grayslake; grandchildren; a great-grandchild; and a brother. She was preceded in death by her husband, Raymond; her parents, Stanley and Margaret Korn; and six brothers.

The Funeral Mass was celebrated at 10:30 a.m., on Sept. 16 at St. Gilbert Church in Grayslake with the Rev. James Merold officiating.

WALTER H. OLSON

Born: May 24, 1925 Died: Sept. 13, 2006 Was a lead actor in television commercials



MUNDELEIN - Walter H. Olson, age 81 of Mundelein, died Wednesday, Sept. 13, 2006, at Lake Forest Hospital. He was a writer, movie extra in several blockbuster films. Walter was a veteran of WWII. The author of "Shan: The Mountain," a fictionalized memoir of his time in Burma during the war.

Walter is survived by his son, David, an artist; his daughter, carol; and his grandson, Michael.

Graveside services were help privately, Sept. 19 from the Kristan Funeral Home PC in Mundelein. Interment followed in Mt. Hope Cemetery in Chicago. In lieu of flowers, memorials may be made to the Veterans of Foreign Wars.

To submit an obituary, please call Nancy Thielsen at (847) 223-8161, ext. 143 or e-mail wjobits@weeklyjournals.com. Obituaries must be received by noon on Tuesday.



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## FAIL HOME & GARDEN 2006



## Home networks becoming the norm

s computers have become a fixture as common as a television most people, have. many begun to use them more and more away from the office, often spending some time each day on their home computers as well. In fact, computers have grown to be such an essential part of everyday life that many families now have more than one in their home.

Many homeowners choose to set up their own computer networks inside their homes because of their frequent computer use. Anyone with two or more computers in their home can set up their own network, which can allow computers to share files, an Internet connection and even supplementary products like printers and scanners. This means you can save time and money by allowing everyone in the home access to one printer or scanner, rather than having to hop computers when you want to print or scan something, or buy multiple items for each individual computer.

The most popular, not to mention least stressful, approach to installing a home network is to install a wireless network, which removes bulky and inconvenient wires from the process, enabling you to carry a laptop around from

room to room without the worry of whether or not you'll be getting an Internet signal. For this type of network, your router (see box) must be a wireless router. While wireless networks do rid you of the hassle of all those computer wires, it can also be tougher to get a signal, as things like walls can interrupt a wireless signal, though that's not always the case. Older computers will need a wireless adapter, though many computers made in recent years come fully equipped with wireless capabilities.

Another disadvantage to a wireless network is the potential for your signal to be stolen. This may also make it possible for others to hack into sensitive computer information. While it won't affect whether or not you can get on the Internet, it can affect the speed with which

you do so. The best way to ensure that neither of those things happen is to install wireless security when setting up your network. A handful of security options

handful of security options exist that will allow you to protect yourself from anyone looking to freeload on your network

The other network option for homeowners is an Ethernet connection, which is the traditional way of establishing a network. An Ethernet connection can often be faster than a wireless, though much of that might change as wireless technology continues to advance. In lieu of a wireless router, Ethernet connection is made possible by a medium to which all Ethernet devices are attached. Nowadays, the most common medium is fiber optic

Ethernet networks are

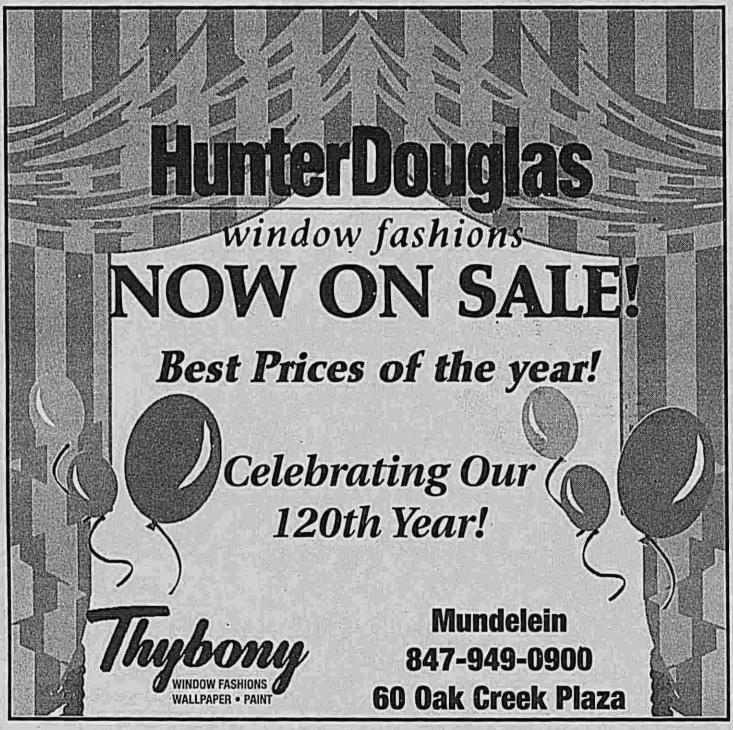
cable.

often better if a user needs to frequently move lots of information quickly, as the faster connection than wireless networks comes in particularly handy in such instances. Whereas a wireless router is necessary for any wireless network, a router need not be necessary for establishing an Ethernet network in your home. If connecting just two computers, a network interface card and connecting cable is all you'll need. However, more than two computers will require an Ethernet router.

Whichever network you choose to install, each is easier than the mouthful of computer jargon might suggest. Information on how to install your own network can be obtained from most Internet Service Providers (ISPs), but which network you choose to install remains up to you.



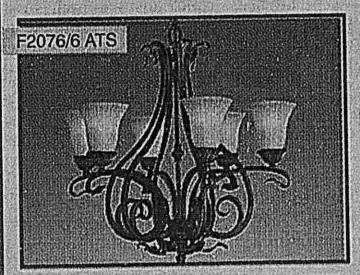
Curio cabinets are specialty pieces of furniture with the express purpose of housing people's collections. They can be filled with trophies, crystal, porcelain statues and other memorabilia. Curios are placed in any room of the home, but are typically found in the living room or dining room, where collectibles are best displayed. Interestingly, the term "curio" is a derivative of "curiosity cabinet," which makes sense considering many people are curious as to what decorative knick-knacks you may have. Curio cabinets keep items safe and dust-free, lending to their popularity.



## September 22<sup>nd</sup> through 30<sup>th</sup>

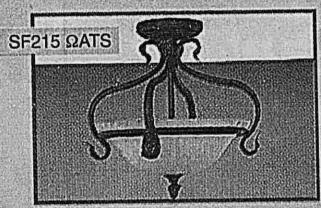
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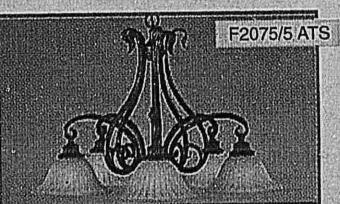
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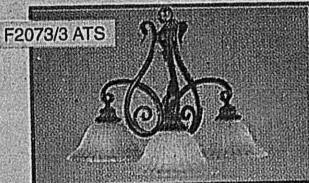
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## Prepare your lawn for winter

summer long you've toiled in the front yard to green carpet of

However, come autumn, are you supposed to just sit back and let Mother Nature take her course and turn your hard work into a dried-out eyesore?

spring and The lawn experts at The Scotts Company say no, and that, in fact, there are steps you can take early in the season to prepare create a perfect your lawn for next year.

 Watering is one of the lush, thick grass. most important preparations for a healthy lawn come spring. Although your lawn goes dormant during winter months, it is important to remember the grass is living and needs moisture for survival.

Water your lawn prior to the "deep freeze" to keep the soil moist. It takes much colder air temperatures to lower the temperature of moist soil than that of dry soil.

 Make sure the soil is well fertilized. Slow-release formulas or winterizing fertilizers are available to keep your

lawn well fed and healthy.

Or, consider adding a nutritional boost using a soil product like Scotts Enriched Lawn Soil to make maintaining the lawn even easier.

Enriched soil often works better than native soil, which is often depleted of the essential nutrients needed to maintain vibrant, green grass, and balances the problems of moisture winter arrives.

retention, fertilization and poor soil composition.

 Rake and pick up fallen leaves. Autumn foliage makes the time of year an awe-inspiring spectacle, but those beautiful falling leaves can wreak havoc on your lawn.

Leaves compacted on top of the lawn can cause snow mold development when

### 

### Housing architecture styles:

Considering buying a new home or selling yours? You may want to pay attention to the styles of houses available. When browsing through the real estate section, here are some of the most common ones you'll discover:

Ranch — A single-story dwelling with a low roof.

• Raised ranch — Also known as a "split-level," this home may feature a finished basement with windows to create a lower living space, and a raised roof that offers room for bedrooms above.

• Cape Cod — Small, center-hall styled house with a steep roof that allows for living space in the attic. Some will feature an attic dormer to allow for extra space and illumination.

 Colonial — A house generally featuring a symmetrical design in floor plan, windows, roof, etc. "Center hall" signifies the main entryway in the center of the house.

• Tudor — An English-style, imposing house with fortress lines. Exterior is typically stucco or stone with exposed half timbers.



#### Easy weekend project ideas

Redecorating doesn't have to take a lot of time or money. This weekend, why don't you:

1. Paint a wall a color that is shared by fabrics or objects in the room. Hang interesting art on the wall and move a piece of furniture nearby.

2. Buy a few new lamps and get rid of old ones. A new lighting scheme gives a room a whole new feel.

3. Switch your bathroom accessories. Change the bath mats and shower curtain to a new hue. Get a new

tissue box, soap holder, garbage pail or other accessories.

4. Clear out clutter. Throw out those old magazines in the magazine rack, dying plants or unnecessary knick-knacks. Excessive stuff detracts from the personality of a room.

5. Adorn a bed or couch with some decorative pillows, a throw or an afghan. They come in all kinds of fabrics and patterns, adding texture and color to a room.

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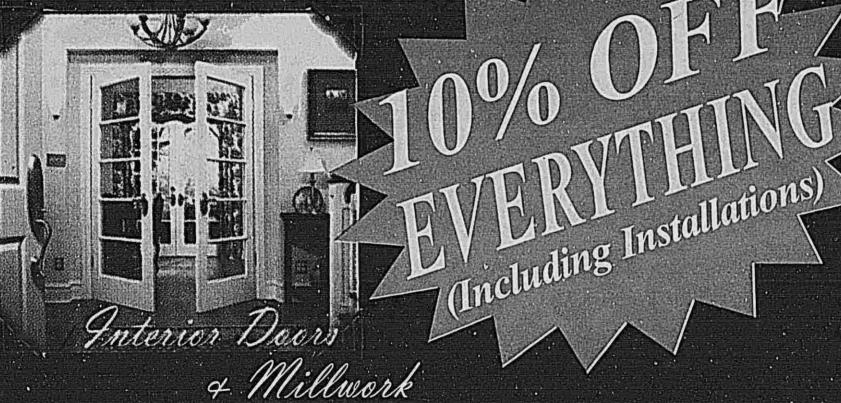
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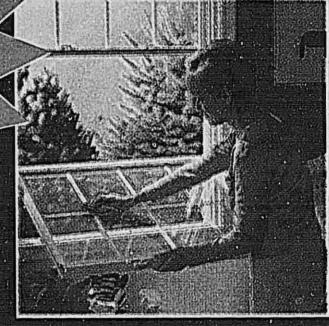
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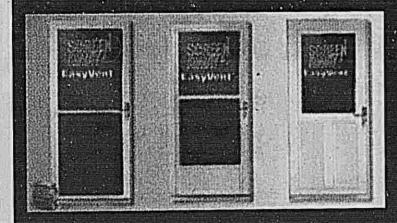
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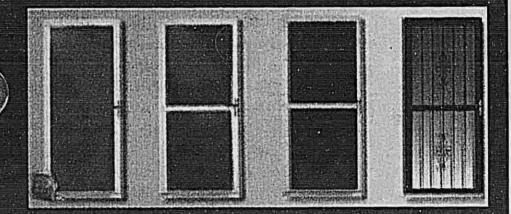








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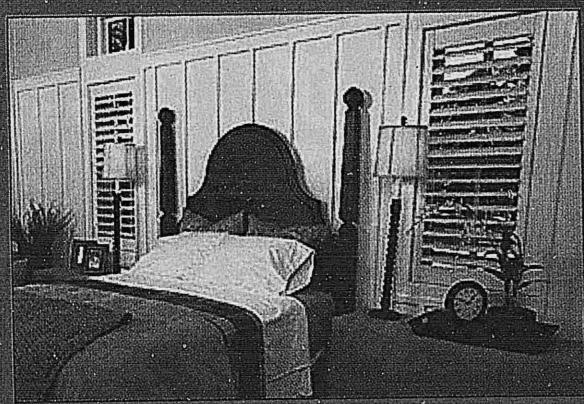
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## Take action to avoid winter home damage

Ice dams may not exactly be a household word, but they cost the public millions of dollars each year, when ceilings and walls are ruined as a result of winter water seepage.

Ice dams usually form when warmth from inside a home causes snow on the roof to melt and trickle to the roof's edge, where it refreezes, blocking gutters and drains. Since water cannot flow over the built-up ice, it seeps into the home under the shingles.

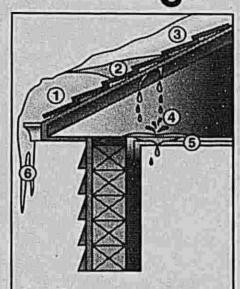
If your house is susceptible to ice dams, it's a good idea to take action in the fall before weather conditions threaten your home.

#### Steps to take in the fall

- Keep all gutters and downspouts clear. Make certain that leaves, sticks and debris are removed completely from your home's gutters and downspouts.
- Keep your attic chilly. The most effective way to eliminate ice dams is to stop snowmelt by making the roof colder. This can be achieved by insulating the floor of the attic and under the roof, and by blocking all crevices (known as "bypasses") where warm air from the interior can rise into the attic.
- Identify water entry points within the home. You may wish to contact a contractor to locate these entry points and take the appropriate actions to create a waterproof barrier.

#### Steps to take in the winter

• If possible, use a roof rake



- 1. Ice Dam
- 2. Trapped Water 3. Melting Snow

seep into the home.

- 4. Water backs under shingles
- and leaks into attic
- 5. Plaster 6. Icicle

Ice dams occur when melting snow trickles to the roof's edge and refreezes, causing water to

or push broom to reduce the amount of snow that could melt. Do not stand on a ladder or climb on the roof to clear the snow, as serious injury may result. Also, be cautious of electrical wires.

- To melt the ice, bring new life to an old set of legs. It may sound strange, but placing old nylon stockings filled with snow-melting chemicals on an ice dam is an effective way to melt the dam and create a channel for the water to run off. Be certain to lay the stockings perpendicular to the gutter near the edge of the roof.
- In an emergency situation, when water is seeping into the house, the best advice is to notify a professional contractor.

#### Women's clothes sold at Diva's Boutique

An Ingleside couple opened a women's clothing store downtown Richmond.

Fred and Diana Barbalace own Diva's Boutique, 5608 Broadway. It sells women's clothes and accessories, such as jewelry, shoes and purchases, featuring designer clothes at everyday prices.

The 1,100-square-foot store formerly was occupied by a jewelry and antique retailer, Forget-Me-Not. Renovations before opening included a new wood facade, new windows and a tin ceiling. —

The Barbalaces also own Able Garages Inc.

Diva's can be reached at 815-678-3482. It's a great store you won't want to miss is.

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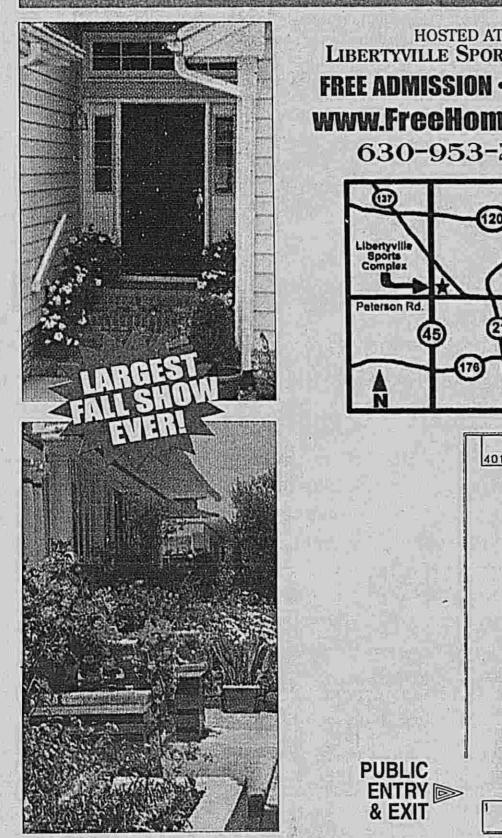
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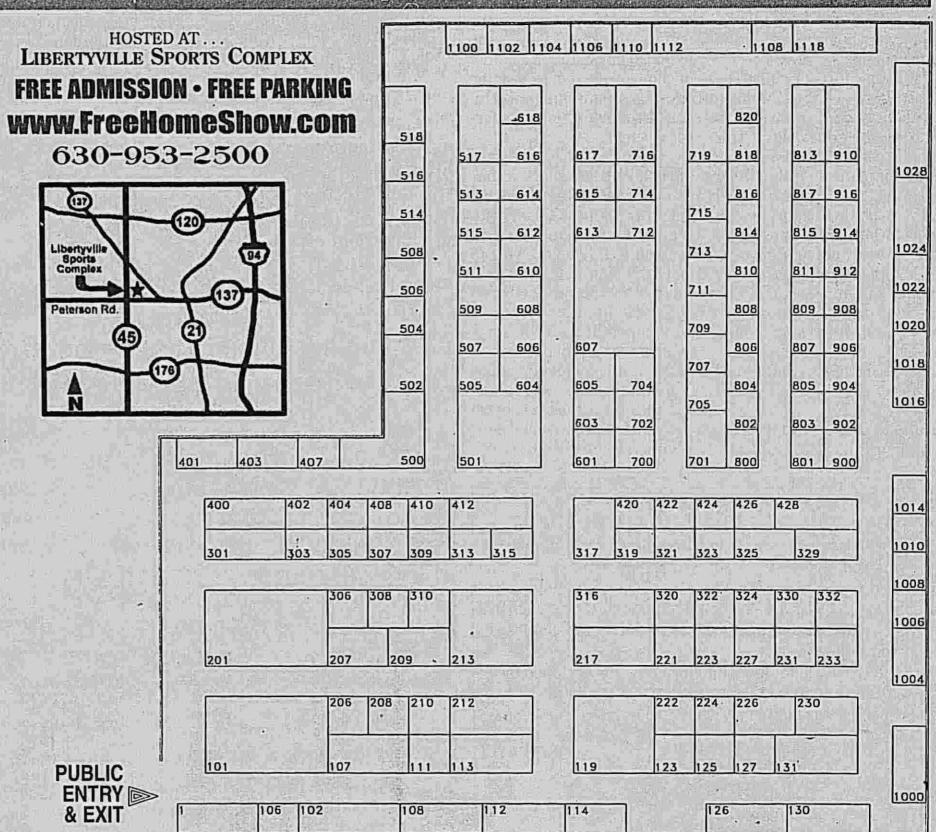
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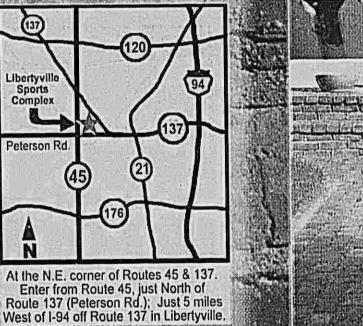
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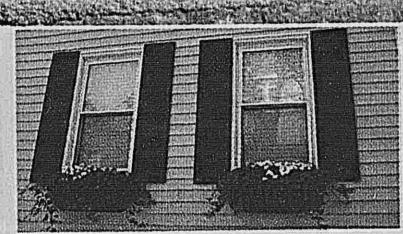










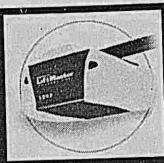




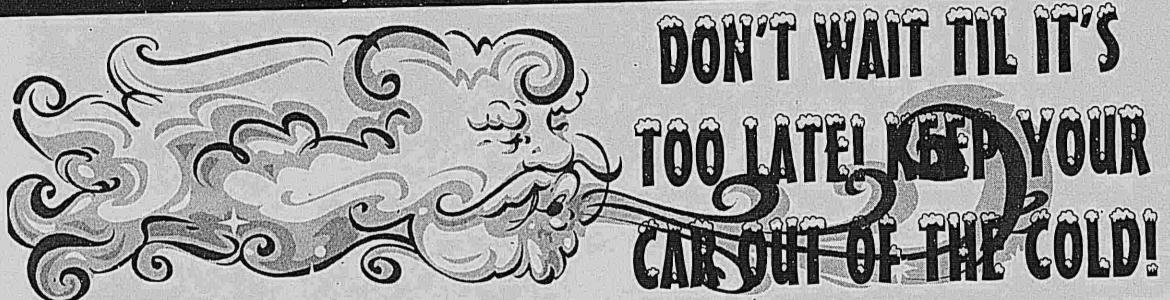
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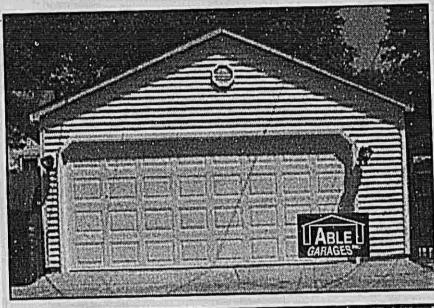
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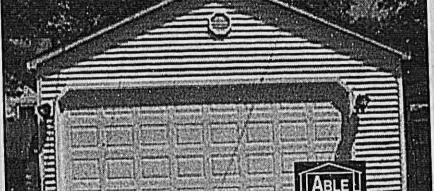
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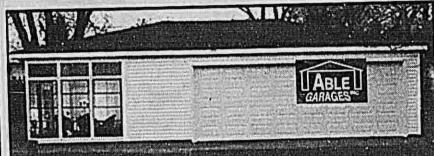


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### Perricone Bros. has served Lake County for almost 30 years

In 1977, a year after emigrating from Italy to the United States, Frank Perricone took the knowledge gained working on the family farm and started a landscape maintenance business. One year later, his teenage brother, Salvatore, joined him. As they finished school, the two younger brothers, Tony and Mario, also entered the family business.

At first, Perricone gained experience working for an uncle, amassing private land-scape maintenance clients whom he serviced at night, until he had enough to go out on his own.

Gradually, as the business grew, the brothers added design/build services. Now Perricone Bros. Landscaping, Inc. has a wide variety of offerings, including maintenance, design/build, installation of stonework and hardscapes, retaining walls, brick paves, and waterfalls and ponds. They also run a retail garden center, a wholesale and retail nursery, have a perennial specialist on staff, and provide snow removal to their clients during the winter months. The landscape contractor side of the business is divided about 50-50 between maintenance and installation.

Within two years of starting the business, they had to hire outside help. Now they have 95 employees during the peak season, with 20 who are full-time year round. While Perricone credits hard work for the company's success, he also tips his hat to the talented people who work for his brothers and him. "Without all of our hard-working employees, some of whom have been with us for 30 years, all of this would not have been possible," Perricone says.

Landscape designer Mike Oberto has been with Perricone Bros Landscaping for eight years. He is, says Perricone, artistic and a hard worker, known for his willingness to tackle any project. Andy Vaccaro, 12-year employee handles residential customers' special requests, and heads crews that handle landscape maintenance. Joe Anderson, who is in charge of landscape maintenance, customer service and sales, has been with the company for seven years. Perricone lauds him as a problem solver who is customer



service oriented. Naz Ranaldi is the main mechanic with responsibility for keeping all the trucks and equipment in good working order. A five-year veteran of the company, he is a certified mechanic whose

Richard Peterson, the garden manager, is a 10-year employee. "He listens, he's smart and he's knowledgeable," says Perricone.

main focus is safety.

Chris Runge, garden center buyer, a seven-year employee, is known for "seeking out the best plant material in the Midwest," says Perricone. "He has a good eye for quality." He often doesn't have to look far, since Perricone Bros. grows 70 percent of the plants that is sells in its garden center. Eventually, they hope to be self sufficient,



says Perricone.

Pat Coffey not only manages the Woodstock Garden Center, but also helped to open it two years ago. A former landscape contractor, Coffey is good with details, says his boss. Assistant manager and greenhouse coordinator Barb Schneider has a long history working with plants.

Knowledge about perennials, she also is good with design, says Perricone, Bartolo Maniscalco is the nursery manager. A cousin who used to grow fruit trees in Italy, he often tells his relatives that this is by far the easier job.

Perricone says he is proud of what he and his brothers have built. "I like what I do and try to do the best that I can for our customers," he says. "I will bend left and right to please them."

### Moisture-fighting tips

#### Problem area: bathroom

Symptoms: Condensation on windows or toilet tank; mold between ceramic tiles; rotting window sills; damaged or bulging gypsum board under windows; peeling paint or wallpaper; curling floor tiles

Treatment: Turn on an exhaust fan or open a window. After you are done, towel-dry surfaces of the bath or shower stall.

#### Problem area: Kitchen

Symptoms: Condensation on windows, ceilings and/or walls; peeling paint or curling tiles; moisture under sinks or kitchen counters

Treatment: Install and use a quiet kitchen exhaust fan vented to the outdoors when

cooking or running the dishwasher. Vent the stove to the outside when possible. Cover liquids and foods when simmering or boiling. Open cupboards occasionally to let heat in.

#### **Problem area: Basement**

Symptoms: Wet or damp floors or walls; stains on carpet; condensation on windows; rotting windowsills

Treatment: Fix cracks and leaks in basement. Repair sump pump, making sure it has a tight-fitting cover. Avoid using the basement as a storage space or a place to hang dry wet clothing. Cover cold water pipes with insulation. Use a dehumidifier.





### Get ready for next spring now

he air is cooler. Clouds are darker. Plants are loosing their summer luster. blooming. Now is the time to get ready for spring!

#### **Getting ready**

getting ready for the next season. In the spring, they are growing. In the summer, they are in full-swing with blooms and leaves. By fall, they are storing food in their roots, getting ready to go dormant. In the winter, perennial plants are reading gardening books to find out who their new neighbors will be.

You can help perennials get. ready for spring by feeding them in the fall and doing a few maintenance tricks. For plant specific help, contact your local nursery.

#### Perennials

growing in the spring, they use food reserves that were stored in their roots the previous fall. By fall-feeding plants, you Fall flowers are make sure roots are filled with these food reserves. These helps perennials survive winters' ravage and are ready to grow vigorously when spring arrives. Generally, this means Perennial plants are always , an application around Labor Day to give plants time to take up nutrients and transfer them to root storage.

#### Trees

Fertilize trees just as their leaves begin to color. At this time, trees are rapidly moving food reserves into their root systems. An extra helping of a slow release fertilizer, which won't burn roots, helps trees survive the winter and begin growth in the spring. For trees that tend to be chlorotic in the spring, such as silver maples, you may wish to add iron to your fertilizer. This will help When perennials begin trees overcome this early

spring chlorosis...

#### Lawns

Northern lawns should be fertilized around Labor Day. This keeps them in good condition so their roots are full of reserves for winter and early spring. Another late fall fertilization after lawns quit growing but before freeze-up gives grass the nutrients they need to survive the winter. Research at the University of Wisconsin indicates that northern lawns take up nutrients even when they are not actively growing. Starving lawns during early winter sets the stage for winter-

Southern lawns are trickier to fertilize in the fall. Even though southern lawns benefit from a fall application of fertilizer, don't fertilize these lawns within thirty days of dormancy. If you fertilize too late, you will encourage growth when they should be entering dormancy. This causes winter kill.



This type of nitrogen stays in the soil until plants use it. This is especially important when plants are growing slowly, as in the fall.

#### Watering

Fall is arguably the most critical time to make sure plants have adequate moisture. In order for them to store nutrients, plants must have enough water to move them into their roots. Without adequate water this will not happen. Water deeply, to rooting depth. Shallow watering only teases plants and, in many cases, may do more harm than good.

#### Cleaning up

Your garden plants also need regular cleaning to keep them healthy. Depending on your preference, removing dead plant debris can be done either in the fall or early spring. By cleaning up in the fall, you are giving plants a head start in the spring by not allowing debris to shade the ground from early spring sun. By waiting for spring, you are giving local wildlife a chance to eat seeds and collect debris for winter nesting. The choice is yours. Just remember, don't put diseased and insect egg infested debris in your composting bin.



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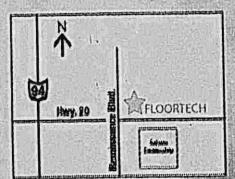
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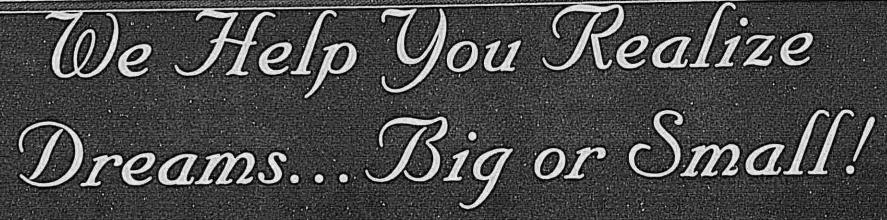
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### Over-wintering tips to gardeners

To prepare and plant your on a healthy plant or bush. garden for fall and winter means more than raking dead leaves and generally tidying up the yard.

"A few extra steps now can make a big difference in your garden for next year," says Jeff Howe, president of Fernlea, the flower experts, and also the home of the famed Icicle Pansies. "For example, during the last weeks of summer while you're cleaning up spent flowers and vines, try to leave seed pods and dried blooms.

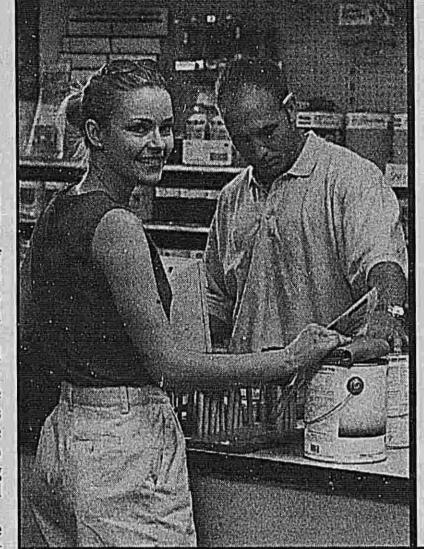
Birds will thank you, and your garden will have an opportunity to re-seed itself. Plus, you will create some winter interest."

Look for any leaves or branches that are diseased or contain pests and ensure that they are not put into the compost bin to spread disease. Also, if you've removed any such problem with pruners, be careful to clean them with a household disinfectant before using

"Once your garden is ready to plant this fall's Icicle Pansies, be sure to choose an area with lots of sun, and minimal wind exposure for the best results," Howe explained. "This type of pansy is hardy and guaranteed to bloom in fall and again in the spring, whether you're in a snow belt or cool zone."

Pansies should be planted in moist soil, enriched with organic matter. Improve drainage by mounding up raised beds and adding mulch around the base of the plants. This will also insulate the roots. Avoiding road salt is critical to successful overwintering.

Check the website www.fernlea.com for plant hardiness zones, and also to assist you in choosing the right plants for your temperature zone. Fernlea has further suggestions and recipes for fall gardens and containers.



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# INSIDE:

- Benefits of massage
- •Winterize your car
- Our Picks
- Hearty fare recipes

SPOTLIGHT: Wamego, Kan., treasures Wizard of Oz



"My father was white, of Half & Half's Rachel True German and Eastern European background, and my grandmother was a gypsy. My mother is black with some American Indian. I am the melting pot," laughs the native New Yorker, who says her personality is very much like the character of Mona Thorne she played on the UPN sitcom Half & Half from 2002 until its recent cancellation. She's 39 and has always looked young—she was almost 30 when she played a teenager in the 1996 horror movie The Craft.

Loni Anderson

Whatever happened to actress Loni Anderson? I know she divorced Burt Reynolds many years ago, but is she still acting?

-C. Tielert, Sebring, Fla. Since her 1993 divorce from Reynolds, Anderson, 61, has appeared on various TV shows, including Melrose Place, Nurses and Sabrina, the Teenage Witch. She currently

plays Tori Spelling's mother on the VH1 series So Notorious. Her first acting role, as an endangered beauty queen on a 1975 episode of S.W.A.T., wasn't much of a stretch for this one-time Miss Minnesota runner-up.

I would like to know about Michael Shanks, who plays Dr. Daniel Jackson on Stargate SG-1.

—D. Vardeman, Waco, Texas

Canadian-born Shanks, 35, attended the University of British Columbia and was inspired to become an actor after seeing the



early-1990s TV series MacGyver, starring Richard Dean Anderson-who, years later, would become Shanks' co-star in the futuristic space drama Stargate SG-1. Shanks, who also has appeared in episodes of The Commish, Highlander

and NYPD Blue, lives in Vancouver, B.C., with his wife, actress Lexa Doig, who starred in the sci-fi series Andromeda.

Please tell me whatever happened to Ray Combs, who hosted Family Feud.

-Mary Jane O'Bryan, Bullhead City, Ariz.

Combs, who began his career in stand-up comedy in the early 1980s, was hired in 1988 to host the popular TV game show, previously hosted by Richard Dawson. But by 1993, ratings had dropped, Combs' contract was cancelled and Dawson returned to replace him. This contributed to Combs' depression and subsequent suicide in 1996.



Actor Michael Shanks

TV show host Dick Cavett

once worked

as a magician.

# JUST RELEASED . . .

# Kenny Chesney Connects With Fans in Concert

Superstar Kenny Chesney's new CD, Live Those Songs Again, is a collection of some of his biggest hits-including "How Forever Feels," "I Go Back" and "When the Sun Goes Down"recorded live in concert in four different cities.

"I'm not all that different from the kids who see our shows," Chesney says. "I sing the songs that feel right to me, and I think those songs feel right for everyone who comes out to our shows."



Dick Cavett was always one of my favorite TV talk show hosts. My husband tells me he got his start as a magician. Is that true, and does he have any plans to return to television?

-Mary U., Steubenville, Ohio

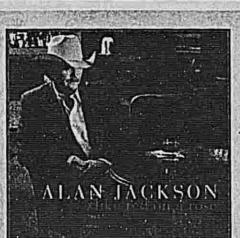
Cavett, 69, the witty and intelligent host of various talk shows bearing his name from 1969 to 1996, did indeed perform as a magician as a young man, even winning a "Best New Performer" trophy in 1952 at an International Brotherhood of Magicians convention. On Thursday evenings through Nov. 2, you can see him back on the air on the TCM network, hosting "encore" telecasts of some of his classic TV interviews from the 1970s with Woody Allen, Bette Davis, Alfred Hitchcock and Katharine Hepburn. A new four-disc DVD, The Dick Cavett Show: Hollywood Greats, repackages more of Cavett's revealing celebrity conversations.

> \* Cover photo courtesy of CBS Paramount Domestic Television



# Behind the scenes with Dallas Cowboys Cheerleaders

It started as a two-hour special last fall, and now Dallas Cowboys Cheerleaders: Making the Team is a new eight-episode CMT series that takes you behind the scenes of tryouts for pro football's most prestigious cheerleading squad, where the women must prove they've got what it takes or leave the field. Watch the premiere Friday, Sept. 29, at 8 p.m. Central.



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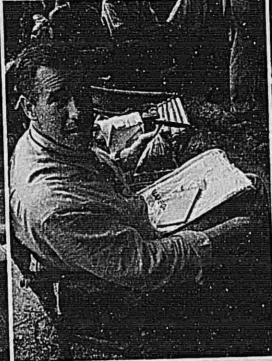
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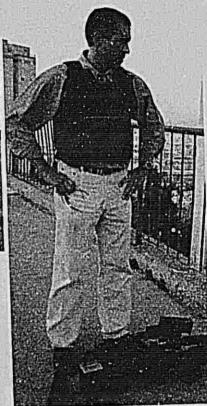
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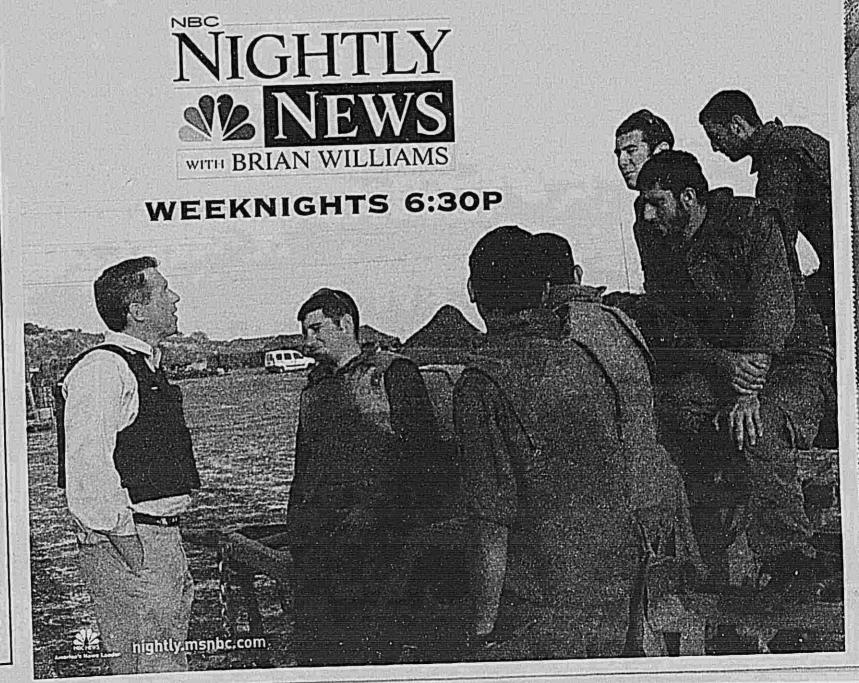








# REPORTING AMERICA'S STORY





# The Benefits of Massage

Many people think of a massage as an expensive, indulgent luxury. However, enjoying a massage has become more commonplace, and studies show that it provides many health benefits.

"Research has suggested that massage is an excellent technique for relaxation that improves the body's response to stress," says Dr. Lee Litvinas, who integrates alternative therapies with conventional health care in Charlottesville, Va. (pop. 45,049).

The power of massage lies in its ability to improve immune function, stimulate muscle tissue, and encourage blood flow through key areas of the body. Proper blood flow revives sore muscles and relieves pain, especially in the neck, shoulders and lower back.

People have discovered that massage can help a wide range of medical conditions, including anxiety, circulatory problems, depression, headache, insomnia, sports injuries and all types of stress, Litvinas says.

Massage returns the body to its normal state (homeostasis) and repairs the chemical imbalances caused by stress. "Studies show that massage decreases certain stress hormones," he explains.

While it's easy to see why massage can be relaxing, some people feel uneasy about disrobing in front of a complete stranger. Fortunately, there are simple steps to help you make the most of your massage experience.

Denise Logsdon, a certified massage therapist based in Louisville, Ky., provides these tips:

- Be honest when completing the health form prior to the appointment. Some medical conditions such as pregnancy and varicose veins require certain considerations.
- The office or clinic should be clean at all times; fresh sheets and blankets should always be available.

- Expect the massage therapist to treat you with respect at all times. You should have privacy when disrobing and while positioning yourself on the massage rable.
- If you are uncomfortable about disrobing completely, wear gym shorts or keep your underclothes on during the massage.
- Do not expect the massage therapist to judge you about your body, cellulite or unshaven legs. The goal is to relax, so don't worry about those few extra pounds.
- Select a qualified massage therapist. Thirty-seven states require licensing for massage therapists. Credentials may originate from massage school certificates, national certification or membership in the American Massage Therapy Association.
- If an hour-long massage is too expensive, some massage centers offer 30-minute massages at a lower cost.
- Let your massage therapist know about any pain you're experiencing so he or she can properly treat these areas. Always speak up about what you need, particularly if the pressure of the massage is too light or too deep.
- Check your health insurance policy to see if it covers massage therapy. Some insurance plans maintain a list of massage therapists who give their policyholders a discount.

If you're looking for a local massage therapist, the American Massage Therapy Association maintains a list of therapists who have met certain standards. Call (847) 864-0123 or visit www.amtamassage.org for more information.

Bethanne Black is a freelance writer in Dacula, Ga.

# Nurturing the Nurturer

by KATHY PEEL

Today's moms are extremely busy, with laundry, food preparation, house cleaning and keeping track of their family's schedule. Many even hold down a full- or part-time job, or work as a volunteer in the community. So the real challenge for women is carving out time each day for self-care.

But taking time daily to nurture yourself pays off in many ways. You have more energy. Your body bounces back quicker from minor illnesses. You feel better about yourself and have more emotional strength to weather life's storms.

Finding time for self-care is not as hard as you might think. There are plenty of nurturing things you can do for yourself, even if you only have a few minutes.

You can . . .

- · Give yourself a mini-facial.
- · Read a chapter in an inspirational book.
- Slice some raw veggies and store them front and center in your fridge so they're easy to grab.
- · Walk around the block.
- Take your vitamins.
- Do some crunches while you're watching the news.
- Climb the stairs instead of riding the
- Make an appointment for a mammogram.
- Sign up for the kick-boxing class your friend has been raving about.
- · Make a list of things you are thankful for.
- Fill a pitcher with water and float some lemon slices in it. Every time you walk into your kitchen, drink an 8-ounce glass.
- Do online research to learn about adult education classes offered at a local college.
- Play soothing music and give yourself permission to close your eyes and rest for a few minutes.

Kathy Peel is founder of Family Manager Coaches. Learn more at www.familymanager.com

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EXHILARATE YOUR SENSES





# Hometown Treasuring the Wizar

by LOU ANN THOMAS

"There's no place like home.

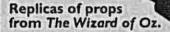
There's no place like home," whispers Elizabeth Barton of Dallas as the 4-year-old clicks the heels of her shoes and presses her face against a display case holding exact replicas of the ruby slippers worn by Judy Garland in The Wizard of Oz.

Elizabeth continues to quote lines from the 1939 film classic as she strolls, wide-eyed, with her mother and grandmother through one of the largest collections of Oz artifacts in the world. The Oz Museum in Wamego, Kan. (pop. 4,246), houses some 2,000 items associated with the timeless movie, its actors and the magical world created by author L. Frank Baum.

"The museum isn't just for Oz fanatics," says Ellie Coots, who manages the museum's gift shop. "It appeals to everyone of all ages who has ever seen the movie. When they walk through and see the displays, it brings back a rush of memories."

The museum houses the private collection donated in 2004 by Wamego native Tod Machin, 45, who began collecting Oz-related items in the early 1980s. His collection now spans more than 100 years of Oz, starting with copies of the books by Baum on which the movie was based.

"I never set out to collect Oz memorabilia," says Machin, who now lives in Kansas City. "But the more I learned about Oz and the more people I met associated with the movie, the more I wanted to know." Eventually his collection grew too large for him to keep



at home, and the museum was born.

The artifact-packed Oz Museum beckons visitors to

downtown Wamego, Kan.

For a group of 5- and 6-year-olds from a nearby preschool, encountering a life-size, full-color, costumed acrylic sculpture of Dorothy holding her faithful pet terrier elicits a round of "ooos" and "ahhhs."

"Toto!" screams Jarva Chambers, 6.

'Look! It's the Scarecrow!" says Tristan Olyncik, 5, pointing at the sculpted man of straw sitting with pumpkins and crows in a cornfield, just

as he first appears in the movie.

The students can hardly contain their delight as they view displays filled with autographed photographs, playbills, posters, costumes and props from the movie, including the Wicked Witch's death certificate and a dress worn by Diana Ross in The Wiz, the 1978 movie musical version of the Oz story.

The museum will feature prominently during Wamego's annual OZtoberFest Oct. 20-22, a weekend (Continued on page 8)





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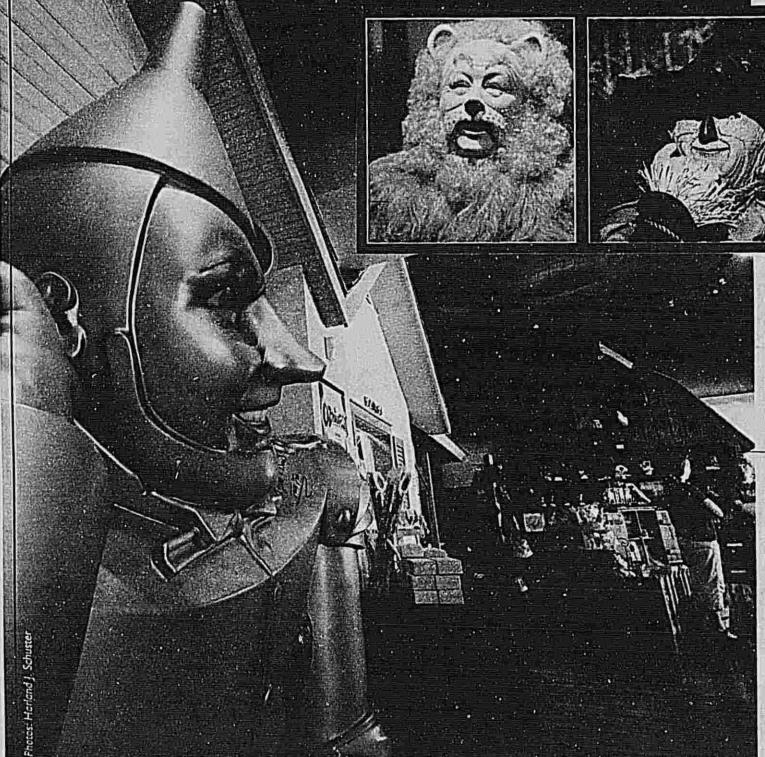
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Depictions of characters from the 1939 movie classic, including the Tin Man, the Cowardly Lion, the Scarecrow and the Wicked Witch, are displayed in settings similar to scenes from the beloved film:

(Continued from page 6)

of activities and entertainment for the entire family, including presentations by descendents of Baum and several actors who played Munchkins in the film.

"We won't always have these actors around, and OZtoberFest is a great opportunity to meet them in person," says Jim Ginavan, the museum's executive director.

Although the Wizard of Oz movie begins and ends in Kansas, it never specifies exactly where—giving artistic license for various locations throughout the state to lay claim to Oz magic. Liberal (pop. 19,666) has Dorothy's House, a full-size replica of Dorothy's prairie home, and a display of memorabilia. In the town of Sedan (pop. 1,342), a winding Yellow Brick Road snakes through downtown. Wamego's Oz Museum has welcomed more than 30,000 visitors from all over the world since it opened in 2004.

Ginavan believes this unflagging interest in Oz, which continues more than 65 years after the movie's release, stems from its enduring tale of a girl, her loyal pet, her three traveling companions in search of something missing from their lives, the

(Continued on page 11)

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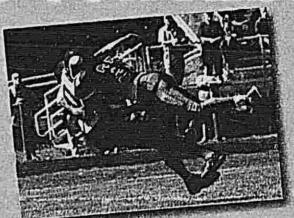


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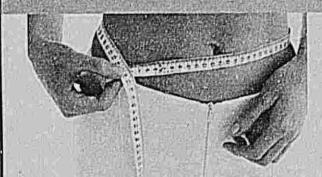
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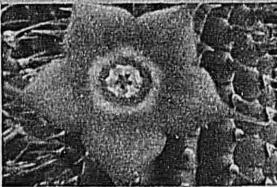
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Jim Ginavan is the Oz Museum's director.

(Continued from page 8)

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"The story is so heartfelt, with such a good and positive message," he says. "It's about family, it's about roots and about how sometimes the best things in life are in your own back yard."

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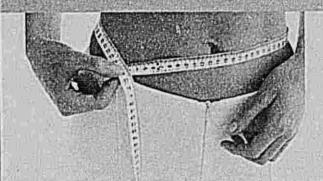
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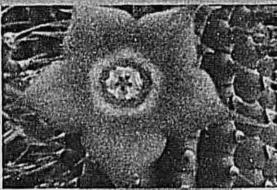
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by MARY DIXON LEBEAU

# Winterize Your Car

While you may be ready to take on the harsh winter weather, your car may not. The key is to take preventative maintenance steps, according to John Paul, known as AAA's "Car Doctor."

"A well-maintained car will perform in almost any circumstances and stand up to most weather conditions," Paul says. Unfortunately, most of us aren't proficient in automobile maintenance checkups. So start your winterizing by having a professional check your spark plugs, filters and hoses.

"The main issue facing drivers with winter weather is that it usually makes a car harder to start," Paul says. To help prevent this, he suggests the following:

- If necessary, have your battery tested. The typical life is about 40 months, so if the battery is approaching three years old, have it checked before winter weather hits.
- Make sure you have the proper amount of antifreeze in your radiator.
- Visibility is crucial in winter weather, so check the heater and defroster before there's an immediate need for defrosting.
- Check the windshield wiper blades and make sure they are working properly.
- Check headlights, taillights and brake lights, so other drivers can see you.
- Buy quality tires—snow tires if necessary—and then maintain them. Tire threads should be deep to provide greater traction. Also make sure your tires are properly inflated, as air inside a tire contracts in cooler temperatures, reducing pressure. A good rule of thumb is to check the pressure every week in colder weather.
- Have an emergency box in the trunk, stocked with a snow brush, scraper, kitty litter or salt, a flashlight, reflectors and flares. For your own comfort and convenience, pack an extra pair of winter clothes, an extra hat and a pair or two of gloves (one waterproof to wear outside, and one woolen for inside) if you travel in remote areas.

Mary Dixon Lebeau is a frequent contributor.

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# Homemaker Invents A Shine That Lasts

Miracle Polish Ends Struggle With Tarnishing Metals. By D.H. Wagner



Lately, I have noticed quite a few newspapers and magazines praising a polish formulated by a homemaker. The articles report that Donna Maas grew frustrated with rubbing and scrubbing her silver, brass and other metals only to see them quickly become dull and tarnished again. Determined to put an end to her constant battle with tarnish, Donna formulated a metal cleaner and it's transforming the industry.

Anita Gold, nationally syndicated columnist and expert on the restoration of antiques calls MAAS named after its inventor) "The best and most

amazing polish in the world." Ms. Gold wrote in her column, "A truly miraculous polish referred to as "miracle polish" that'll turn the most disastrous pieces into the most debright-ful is MAAS Fine Polishing Creme For All Metals, which cleans, restores, preserves and polishes to perfection any brass, copper, chrome, silver, stainless steel, aluminum, gold or any other metal with amazing results - no matter how badly stained, spotted, discolored, flood-damaged, weathered, dirty, dingy, drab, or dull they may be."

Since I had an old brass lamp in desperate need of restoration, this journalist decided to put MAAS to the test. The lamp had been stored in the garage and was in far worse condition than I remembered. I was flabbergasted as I watched the polish wipe away

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layers and years of tarnish. Never have I used anything so easy. The lamp actually looks better than when I purchased it. Better yet, months later it's still glowing!

The polish worked so effortlessly, I decided to refurbish my mother's antique brass and copper developed black spots that had been impossible to remove. MAAS wiped away years of built-up residue even from the most discolored pieces. While polishing, I noticed MAAS applying a shine on the stainless steel sink. WOW! The shine is unbelievable and although I wash dishes every day, the shine keeps-on-shining. And it's no longer covered with ugly water spots, water just rolls off the protective finish and down the drain.

Good Housekeeping Institute recommends MAAS for restoring heavily tarnished heirlooms stating, "MAAS cleans best and gives lasting results." The Miami Herald says, "Polishing product can renew old silver." The Chicago Tribune headline sums it all up by saying "One Amazing Polish Is The Best At Everything.'



How did a homemaker come up with something the industry's experts couldn't? The reporter in me had to find out.

During our interview Donna explained, "I enjoy the warmth that beautifully polished metals add to a home. However, not the hours it took to keep them tarnish free. The harsh cleaners left my hands

dry and burning - one instant silver dip smelled so bad I felt sick. That's when I became determined to find a better way to care for the metals in

And that she did. Her formula developed with a chemist friend quickly restores and leaves a deep, rich one-of-a-kind luster beyond anything I've ever seen.

"To my surprise," Donna reveals, "the formula far exceeded my original goal. MAAS restored glass fireplace doors, clouded crystal vases, fiberglass, linoleum even plastic. The restorations were so remarkable everyone suggested that I sell my invention on television".



Donna sent samples of her polish to televised shopping channels and both QVC and Home Shopping Network asked Donna to personally appear on TV to demonstrate her product. As soon as viewers saw how effortlessly MAAS removed tarnish, stubborn spots, and stains from the piles of badly oxidized metals on stage MAAS hit big time. 17,000 viewers called during MAAS' debut and

encore performances quickly brought a million dollars in record-breaking sales.

Sheila Oetting in Florida wrote Donna saying, "Thank you, for a wonderful product! Family treasures with 30 years of tarnish, grime and corrosion are gleaming. I'm so thrilled to see the beauty that had been hidden all those years."

Leona Toppel was about to throw away a brass chandelier. "No amount of elbow grease could shine it up. With very little effort (a big plus since I suffer from arthritis) MAAS made that chandelier look like new. It's been years and to everyone's surprise it's still glowing."

A consumer study of 28 metal polishes reports, "MAAS Polishing Creme has no equals in all around polishing performance..." MAAS retained its shine longer

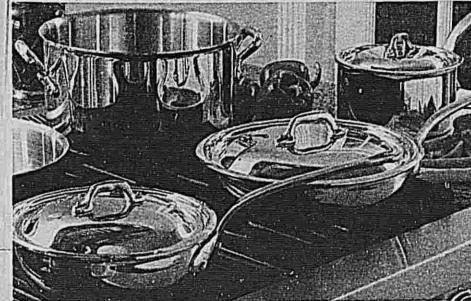
than every polish tested.

"MAAS outperforms every polish I've tried," Donna beams with satisfaction. "So if you're as tired as I was of cleaning metals just to see tarnish reappear a few weeks later, MAAS it!"

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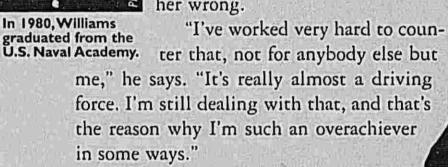




# Drivento Succeeding

Growing up in Baltimore, Montel Williams didn't think there was anything unusual about his dad's multiple occupations. "My father had a lot of jobs," recalls the successful TV host. "I knew him as a fireman, carpenter and musician. I thought everybody's parent had three jobs."

His multitasking dad and his mom, a factory worker, impressed on young Montel and his three siblings the importance of hard work, self-motivation and education. Those strong values kicked Williams into high gear when a third-grade teacher told him that he would "never be nothing" in his life. He vowed then that he would grow up to prove her wrong.



Like the Energizer Bunny

Today, Williams, 50, has found success beyond anything he could have imagined while growing up in Baltimore's public housing. The decorated U.S. Navy officer and Emmy-winning host of TV's popular *The Montel Williams Show*, which recently began its 16th season, also is an author, actor and entrepreneur.

He's writing a diet and exercise book, a follow-up to three previous bestsellers, including 2004's Climbing Higher. He recently became a partner in The Click, a snowboarding and skateboarding retailer, and heads an investment team operating five Fatburger franchises

heads an investment team operating five Fatburger franchises in Colorado, with plans to open five more. "I'm overly passionate about everything," he says. "I am almost like the Energizer Bunny."

Because of this fierce resolve, he has been able to stand up to his greatest challenge yet: multiple sclerosis. He was by
BEVERLY
KEEL
Contributing
Editor

TV host

Montel Williams

always has been

an overachiever

courtesy of CBS Paramount Domestic Telev

diagnosed with the incurable, progressive neurological disease in 1999, yet his schedule is busier than ever. Fit and muscular, he is the picture of health as he sits in a dressing room near the New York studio where he tapes his shows. But looks are deceiving.

He is in pain every day, especially from the shins down, and often has problems with balance. He says he often feels like he's being hit on the bottom of his foot with a sharp or burning hammer. He's had blurred vision, digestive problems, chest spasms and swallowing difficulties. He's grappled with the depression that can accompany MS, which led to some dark moments in the early days of his diagnosis when he even contemplated suicide.

# 'I have MS, but MS does not have me'

Williams says those dark days are now behind him, but he remains convinced that he can alter the outcome of his situation. He is dealing with MS just like he's dealt with every other obstacle in his life.

"Rather than sit back and just wait to see what happens, I've taken a very proactive stand against this illness, and I'm going to take that proactive stand until the day I die. I've been this way my whole life, and circumstances and other things may be a part of the reasons why I'm so driven."

He takes 70 pills each day and works out rigorously. A healthy eating regime has vastly improved the way he feels. He discovered that snowboarding relieves his leg pain, so he spends about 110 days annually on the slopes.

(Continued on page 16)



American Profile . Page 15

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(Continued from page 15)

"I have MS, but MS does not have me, and I'm not going to let it," he says. "That's the difference. I may be ill, but I am not weak, and I'm not going to let myself be weak. If my body plays tricks on me, then I'll be as strong as I can be in whatever body I have.

"I work very hard at making sure I stay on top of my medications, my diet, everything I need to stay on top of to counterbalance the negative effects of this illness. To answer the question of how I'm doing, I'm doing incredibly well for a person with MS, but I stay at it every day."

He's also committed to using his celebrity to find a cure. He established



Williams was diagnosed with MS in 1999.

the Montel Williams MS Foundation, which has raised more than \$1 million to date, to further scientific study of the disease. "Every single penny that the public has given me has gone back out and been put in the hands of research," he says. He's increased national awareness of the disease by devoting numerous episodes of his TV show to the topic, delivering public speeches and pressing drug companies to find a cure.

"I'm so impressed personally with Montel because it took a lot of courage for him to go public," says Joyce Nelson, president and CEO of the National MS Society. "He has put a real face on MS and he has been willing to commit to very publicly speaking about the disease. Now, more and more, when I say I work with MS, people say, 'Isn't that what Montel Williams has?' That has made a tremendous difference. The people who have MS know that there is someone who is really fighting for them and is willing to use his platform and influence to bring more awareness to the disease."

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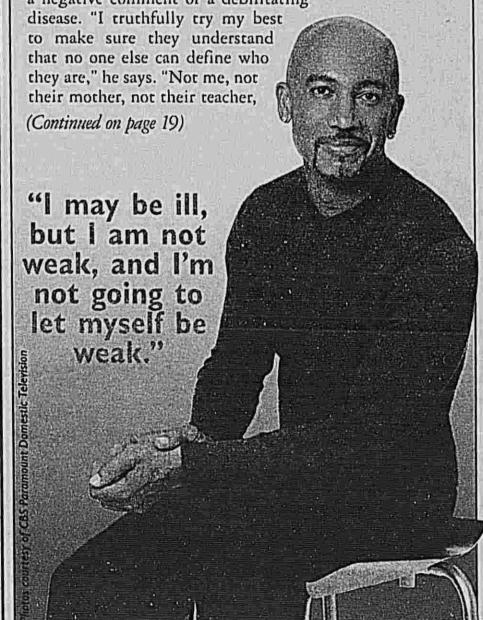
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A greater understanding

Williams doesn't view his MS as a tragedy because it's brought him a greater understanding of himself and others, and now he's less judgmental and more aware of the needs of those around him. "It's made me live every day to the fullest," he says. "I don't put stoppers on it. Also, the longer I stay on this journey with this illness, the more open and honest it makes me."

He's intent on fostering a positive attitude and instilling that sense of honesty in his own four children, who range in age from 12 to 23, so they'll be equipped to conquer whatever roadblocks that come along, whether it's a negative comment or a debilitating



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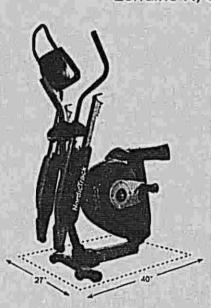


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ILLINOIS—New York native Isaac Swan founded Canton (pop. 15,288) in 1825 and named it on the mistaken belief that the location was diametrically opposite Canton, China.

INDIANA—The state has had a bouquet of official state flowers. In 1913, the carnation was adopted, but critics noted it wasn't native to the state. In 1923, the tulip tree was adopted, but was replaced by the zinnia in 1931. Since 1957, the peony has been the official state flower.

IOWA—A 56-foot-tall replica of a railroad spike in Council Bluffs (pop. 58,268) marks the eastern terminus of the Union Pacific Railroad, the nation's first transcontinental railroad, completed in 1869. The Golden Spike monument was dedicated in 1939.

KANSAS—In 1949, the Merci Train arrived from France with 49 boxcars—one for each state and one shared by the District of Columbia and Territory of Hawaii—loaded with gifts of appreciation to America for the food and supplies sent to the war-torn country after World War II. The restored Kansas Merci Boxcar is at the American Legion Hall in Hays (pop. 20,013).

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MICHIGAN—That lovable hunk of green clay, Gumby, was created by filmmaker Art Clokey, born in 1921 in Detroit. A photo of his dad sporting a wacky hairstyle inspired Gumby's lopsided head. Gumby debuted on *The Howely Doody Show* in 1956.

MINNESOTA—Built in 1910, the Fitzgerald Theater in St. Paul is named after native son F. Scott Fitzgerald, but perhaps is best known as home for Garrison Keillor's A Prairie Home Companion radio show.

MISSOURI—Established in 1911, the Capaha Arrow at Southeast Missouri State University in Cape Girardeau (pop. 35,349) is among the nation's oldest college newspapers. The second editor was Rush Limbaugh Sr., grandfather of radio talk-show host Rush Limbaugh.

NEBRASKA—Founded in 1890 by Joseph Steiner, Deshler (pop. 879) Broom Co. swept away the competition and became the world's largest broom factory during its heyday in the 1930s and 1940s. The factory closed in 1998 after 108 years.

NORTH DAKOTA—Students from Sioux reservation schools held their first Scrabble tourna-

ment—in the Dakota Sioux language—in March in Hankinson (pop. 1,058). With the support of game maker Hasbro, tribal members are handcrafting letter tiles from local stone for the games in an effort to save their dying language.

OHIO—To celebrate the porato chip's 150th birthday in 2003, five Ohio porato chip companies created a bag of porato chips weighing 1,082 pounds and serving 16,000. Chipping in were Ballreich's in Tiffin (pop. 18,135); Conn's in Zanesville (pop. 25,586); Jones' in Mansfield (pop. 49,346); Shearer's in Brewster (pop. 2,324); and Mike-sell's in Dayton.

SOUTH DAKOTA—Vern Sager, a cowboy in Porcupine (pop. 407), is the subject of the 2005 PBS documentary *The Last Cowboy*. Filmmaker Jon Alpert spent 23 years trailing and filming Sager to capture the realities of cowboy life.

WISCONSIN—In 1986, Pleasant T. Rowland created the popular American Girl books and dolls, which represent specific historical time periods. She sold the Middleton (pop. 15,770) company to Mattel in 1998 for \$700 million.



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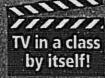
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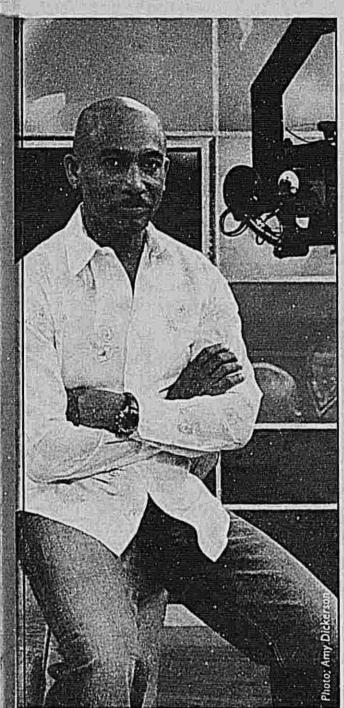
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The Montel Williams Show debuted in 1991. (Continued from page 16)

no one. They have to figure out who they are."

He's optimistic about the future, especially since the twice-divorced Williams became engaged to flight attendant Tara Fowler in July. Forget the cliché about stopping to smell the roses: His schedule remains overwhelming, and if anything, he has a heightened awareness of how short life is and how much there is to accomplish.

"I don't fear death at all," he says. "If it happens, it happens. But between now and that time, I'm living 1 million percent. Beyond that, I look for every opportunity to just do something different today, something good today. As I end every single day, I will never close my eyes without asking myself, 'What did I do today that's worth talking about tomorrow?""

→

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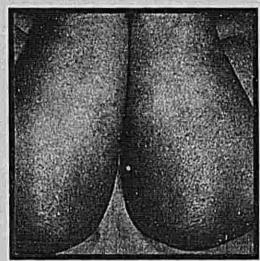
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# BEFORE



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Hometown Recipes

# Hearty

This week, American Profile presents a menu sure to draw a crowd to your dinner table. You may even find your kitchen filling up with family members and friends while the meal is cooking, drawn there by the hearty aroma. And once they're seated at the table, the side dish of zesty spinach will tantalize their taste buds. Add a tart fruit salad and some bread, and you're set for a great meal.

Debra Braley, of Gladwin, Mich., sent us her recipe for Sauerkraut and Ribs. "This recipe has always been one of our favorite dishes," she explains. It's also an easy way to cook pork ribs. There's no need to bread, marinate or parboil the ribs—just lay them on top of the sauerkraut and cook in the oven.

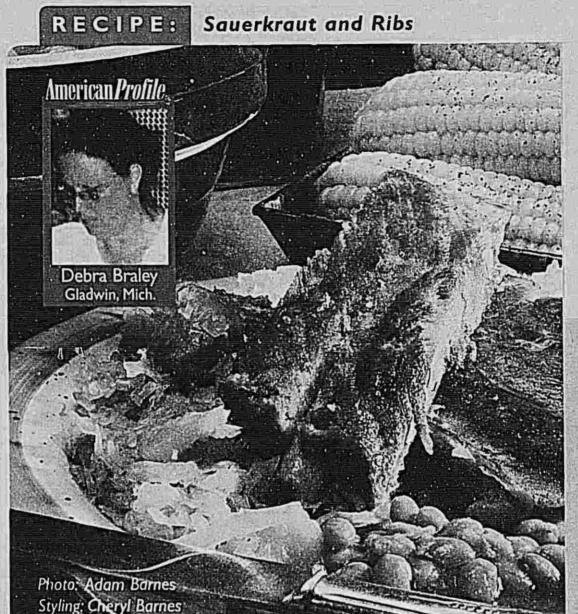
To accompany the ribs, try the Zesty Spinach Casserole submitted by Patty Newton of Prescott, Ariz. "This recipe has been in my 'among favorites' box for more than 40 years. I first used it to get my children to eat spinach. Now my grandchildren request it." This creamy side dish gets a kick from horseradish; adjust the amount you use according to your taste.

As always, American Profile looks forward to receiving—and publishing—your recipes and sharing them with our millions of readers across the nation.

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# Sauerkraut and Ribs

- 2 quarts sauerkraut
- 2 cups firmly packed brown sugar
- I large onion, diced
- I large unpeeled apple, cored and diced Water (enough to cover sauerkraut)
- 2 pounds country pork ribs

Preheat oven to 350F. In a large roaster, combine sauerkraut, brown sugar, onion and apple. Add enough water to cover sauerkraut mixture. Place ribs on top. Cover and cook for 4 hours. Check occasionally to be sure water continues to cover sauerkraut; add more water, I cup at a time, if needed. Uncover ribs and cook for an additional hour. Serves 6 to 8.

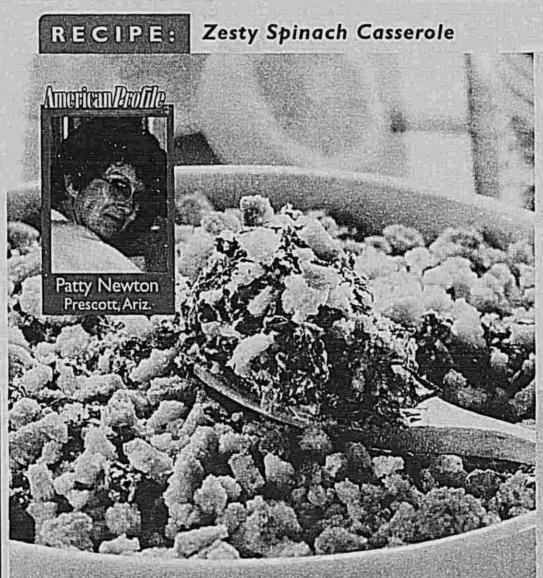


Photo: Mark Boughton

Styling: Teresa Blackburn



# Zesty Spinach Casserole

- 3 (10-ounce) boxes frozen spinach, thawed
- 8 ounces cream cheese, softened
- ½ cup butter, softened
- 4 tablespoons sour cream Salt and pepper
- I tablespoon grated lemon rind
- I tablespoon minced onion
- 4 to ½ teaspoon prepared horseradish
- cup seasoned stuffing mix

Preheat oven to 350F. Lightly grease a 2-quart baking dish. Place spinach in a colander to drain; squeeze out liquid. In a large bowl, stir together cream cheese, butter and sour cream. Add spinach. Season with salt and pepper, lemon rind, onion and horseradish. Spoon into dish and cover with stuffing mix. Bake about 20 minutes or until edges begin to bubble. Serves 6 to 8.

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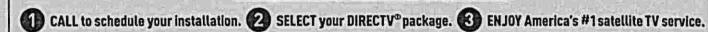


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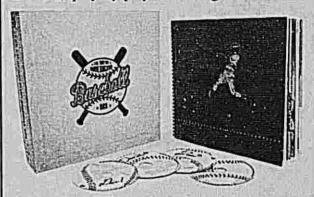
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# Great American Baseball Box CD collection

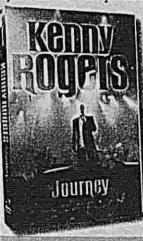
Neatly packaged in a box covered in faux leather to look like an actual base, this four-CD set is a-nostalgic grand slam with more than four hours of material, including songs about the game (including "Centerfield," "Say Hey" and, of course, "Take Me Out to the Ball Game"), play-by-play recordings of momen-



tous moments taken from original broadcasts (Ted Williams homers in his final career at-bat, Willie Mays makes "the catch"), interviews with legendary players past and present, radio commercials and much more, including a 60-page companion book. Batter up!

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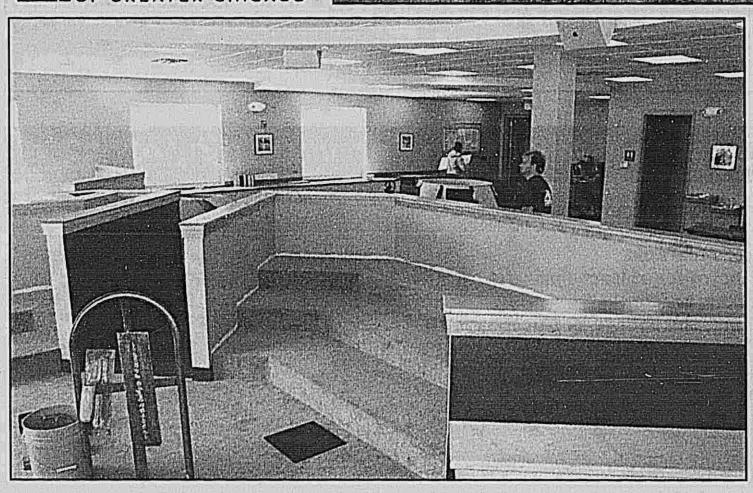
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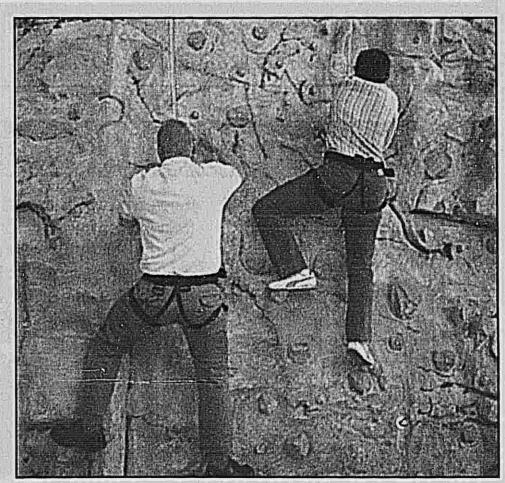
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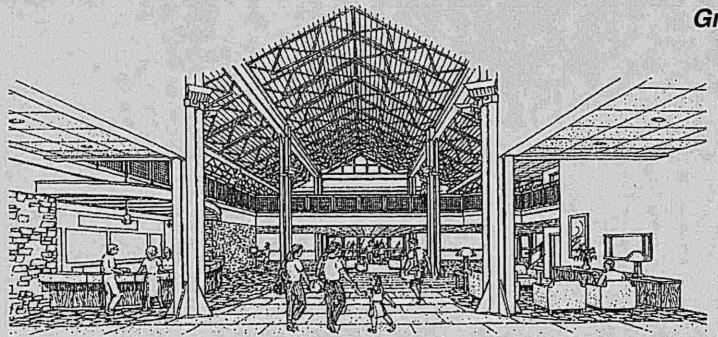
# HUNT CLUB PARK COMMUNITY CENTER GRAND OPENING!!









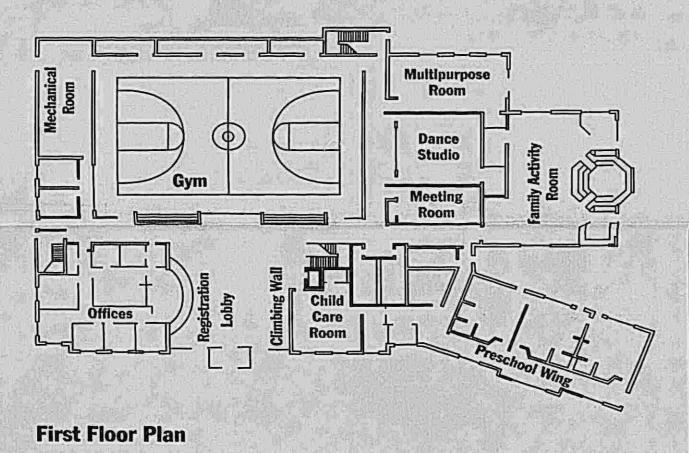


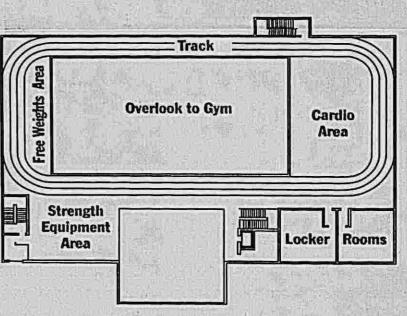
Rendering of main entry, showing registration desk, lobby and lounge.

# Grand Opening Saturday, Sept. 30th

Hunt Club Park Community Center 920 N. Hunt Club Road Gurnee, IL 60031

Providing an attractive addition to Hunt Club Park, the new and highly appointed Community Center promises to offer a distinctive fitness area and community gathering place for Gurnee and its neighboring communities.





**Second Floor Plan** 

# Are you taking glucophage or Metformin for your diabetes?

We are currently looking for volunteers to participate in a clinical research study

# for Type II diabetes.

Qualified participants will receive a blood sugar meter, study-related examinations at no cost and you may be compensated for time and travel.

If you can say yes to most of these statements you may be able to join us in a research study for Type II diabetes:

- ✓ I am between 18 and 70 tears old
- ✓ I have had type II diabetes for at least 6 months
- √ I am not currently taking insulin
- ✓ I am taking Metformin®, Glucophage, or Glucophage XR for my diabetes
- ✓ I am on a stable dose of Metformin®, Glucophage, or Glucophage XR for at least 4 weeks

# Interested in finding out more?

Please call toll free 877-50-TRIAL for additional information.



# Grand opening celebration at the new Hunt Club Park Community Center

Get ready for the grand opening of the newest gathering place in Gurnee - the Hunt Club Park Community Center. The celebration will kick off at 11:00am until 3:00pm on Saturday, September 30. This free event, will feature aerobics demos, Fitness Area and facility tours, dance demos, story tellers, magicians, basketball workshops, face painting, Dance Dance Revolution tournaments, balloon makers and a monster mural the whole community can help paint.

Located next to the Hunt Club Park Aquatic Center on Hunt Club Road, between Washington Street, and Grand Avenue, the new center is being funded using existing resources. The new Hunt Club Park Community Center is scheduled to open October 1, 2006.

Fitness Area: Check out our second floor fitness area that includes Precor® cardio-vascular equipment with personal viewing screens, comprised of treadmills, elliptical trainers, bicycles and stair climbers; and, Magnum E-Series Fitness System strength-training stations with biangular mechanism

# The new state-of-the-art facility features:

- · 4,000 square foot fitness area with the latest cardio, resistance equipment and free weights
- 1/12 mile, elevated track for running, jogging, and walking
- · Regulation basketball court
- · Multipurpose room for group exercise and classes
- Dance studio
- Meeting room
- · Family Activity room
- Child Care room
- · 24-foot rock climbing wall with two belay stations
- · Preschool classrooms and playground
- Locker rooms for Fit Pass holders
- Private parties, children's themed birthday parties and rentals
- Fully handicapped-accessibility

that offer the safest, most effective multi-motion movement. A variety of free weight equipment will also be available.

Elevated Track: Joggers and walkers can cover a mile in 12 laps. Windows provide a view of the beautiful outdoors as well as an interior overview of the gymnasium

### Multipurpose Room:

Aerobics lovers will enjoy the myriad of classes offered in this room, which features state-of-the-art sound and suspended floors to help reduce impact and injury. This room will also be used for general programs and birthday parties.

Child Care: If you have smaller children, being able to

count on quality, affordable child care makes it so much easier to commit to a fitness regimen. That's why the Gurnee Park District offers children 3 months to 6 years old in the Child Care Room and children 7 and older in the Family Activity Room.

Family Activity Room: Here's a place like no other, where kids of all ages 6 to 100 will find new friends and fun. This room will be equipped with games, arts and crafts, flat screened computers with family friendly software, DDR Pads, foosball table, an entertainment area, Lego® room and so much more. This is a perfect place for kids to hang out with their friends or for the entire family to have fun together. There'll be a weekly calendar of activities from which to choose.

Rock Climbing Challenge your friends and family on our 24-foot rock climbing wall. If you enjoy climbing or have always wanted to scale a wall like Spiderman, then this is the place! A variety of classes will be offered throughout the year with certified staff on hand. Event schedules and classes will be available.

Open Gym: This regulation professional child care services for wood floor basketball court will house instructional programs, leagues, rental, as well as permanent open gym space. Perfect your jump shot or join in on a pick-up game. Open gym schedules and rules will be available at the Hunt Club Park Community Center and

> Dance Studio: From Tiny Dancers to Intermediate Ballet, this state-of-the-art studio offers a wood floor, mirrored walls, and balanced sound system paired with our experienced staff.

> Preschool Wing: The center's classrooms house a variety of programs, including preschool, arts and crafts, and music.

> Rentals: The Center is a great place to hold your next party, meeting, business function or special event. For more information, availability and pricing, call 847-599-3785 or visit us online www.gurneeparkdistrict.com.

# Fit Pass Memberships to the Fitness Area

Join by October 1, 2006 & get 25% off the orientation fee\* or join with a friend or family member & waive the full orientation fee. \*\*

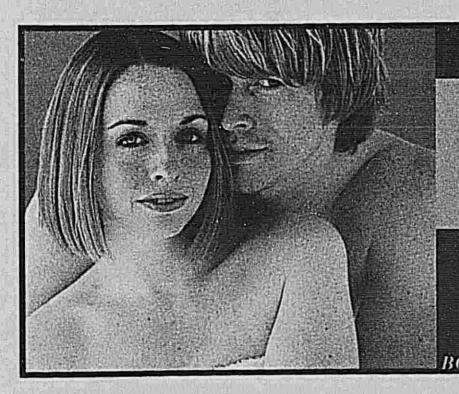
(\*Pay only \$74 for Residents & \$93 for Nonresidents. \*\*Applications must be submitted together to qualify.)

Membership offers you full access to the fitness area, running/walking track access, open gym and discounts on group fitness classes. Fit Pass members must be at least 12 years old. (An adult member must accompany youth 12-15 years old.) Note: All memberships are a minimum oneyear commitment with the exception of Break Specials.

# Fit Pass Memberships and Monthly Rates

TYPE	RESIDENT	NONRESIDENT
Individual: 16 years old & up	\$29	\$36
Family of Two: Two people sharing the same residence	\$49	\$61
Additional Members: Valid for those sharing the same residence as an Individual/Family of Two member.	\$19	\$24
Senior Mid Day Pass: 62 years of age & up (with restricted hours):  Mon-Fri: 9am-3pm; Sat-Sun: 12-5pm	\$19	\$24
Teen "R" Pass: 16-18 yrs. old, signing up individually (with restricted hou Mon – Fri: 3-5pm & 8-9pm; Sat – Sun: Noon-5pm	irs): <b>\$19</b>	\$24
Orientation Fee/per person (18 yrs. & older)	\$99	\$124
		<b>是一种企业的企业</b>

Call for special deals for college students during summer and winter breaks.



# Want Better Results?

SHOW YOUR FIT PASS MEMBERSHIP AND RECEIVE

**ANY OF OUR SERVICES** 

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Gerald K. Fleer, M.D. 1800 Nations Drive Ste. 221 • Gurnee



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(PRICES PER TREATMENT) Chin.......\$119.00 Bikini......\$199.00

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We treat the whole body and guarantee you will see results

Don't believe everything you hear,

# but hear everything

www.hearingdoc.com



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847.680.7580

**Greenleaf Center** 35 Tower Court, Suite A

847.662.9300

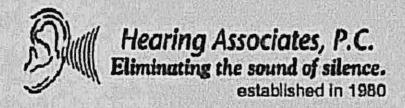
Join Us For Our FREE Informational Seminar

Wednesday, October 25 at 1:30pm Independence Grove Visitor Center, Libertyville

**Reservations Are Required** 

Call Now 847-662-9300 or 847-680-7580 Dr. Linda Remensnyder, **Doctor of Audiology** and Doctoral Candidates







# Partnering in Adult Education

# TRINTY & CHAIN OF LAKES INTERNATIONAL UNIVERSITY Community Bible Church

# Introduction to Christian Thinking and Living IDS100R (3 credits)

An introduction to thinking and living as a Christian in the world of ideas and lifestyle, focusing on the concept of "worldview". How do we discern the worldview messages being communicated to us through popular culture (internet, art, music, film, television, journalism, etc.), and what are the responses required of us as followers of Christ?

Five Monday evenings Oct. 16th - Nov. 13th

6:00-10:00 P.M.

Chain of Lakes
Community Bible Church
43 W. Grass Lake Road • Lake Villa, IL

**Cost: \$600 -** a special tuition discount for this first course

# **Contact:**

Christine Newton, Christian Education Director

847.838.0103 chris.Newton@CLCBC.com

- Quality, Christian higher education at convenient locations.
- Courses taught by faculty who understand adult students and your competing priorities.
- Enroll for college credit to apply to a B.A. degree program in Christian Ministry, Organizational Leadership, or Elementary Education.
- · Enroll for personal enrichment.

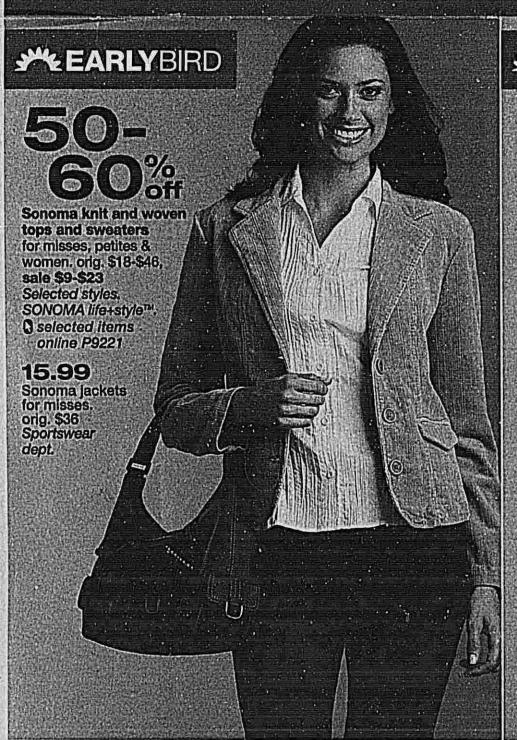
Interested in continuing towards a degree? Additional courses will be offered this spring. Contact Christine and complete an application. Once enrolled in IDS 100R, you can have any previous college transcripts evaluated and complete the application process.

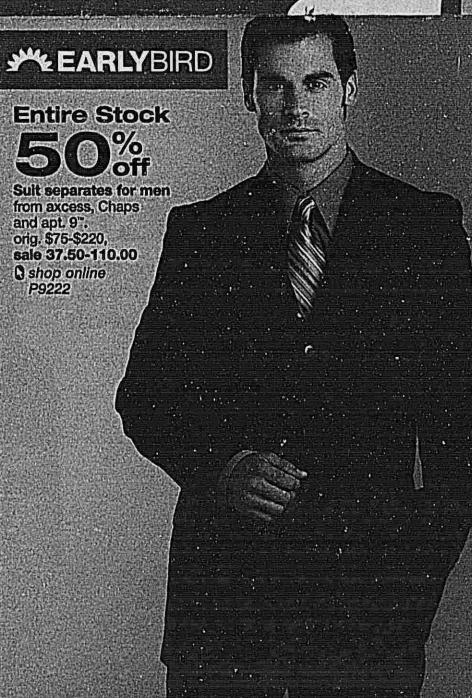
The REACH admissions staff is pleased to answer any questions you may have about any of our programs. Contact Sharon Whited at 877-237-0806.

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# 7am to 1pm ONLY







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299.99







ALL-DAY SAVINGS Saturday, September 23 7am to 10pm







**Entire Stock** 

reg. 129.99-299.99,

sale 64.99-149.99









ALL-DAY SAVINGS SATURDAY, September 23



and women. orig. \$18-\$46, sale 10.80-27.60 Selected items online P92213



**Entire Stock** 33= AB Studio, daisy fuentes° and Nine & Co.º orig. \$18-\$64 sale 12.06-AB stunto

**Entire Stock Entire Stock** Dress shirts & orig. \$24-\$40, sale **\$12-\$20** neckwear for men from Croft & Barrow orig. \$25-\$46 sale 15.00-27.60 P92214

**Entire Stock** 

O selected items online P92217

**50**<sup>3</sup>

Boxers and

loungepants for men

orig. \$12-\$20, sale \$6-\$10

SONOMA

Selected items online P92215

from Sonoma and Croft & Barrow\*.

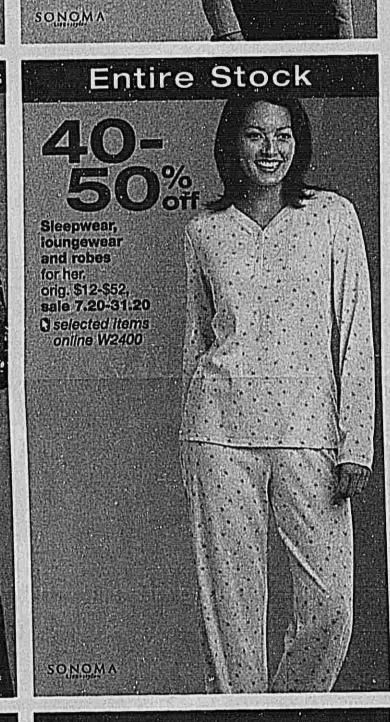
Save knit tops & sweaters for men from Dockers, Arrow, Sonoma. Croft & Barrow® Haggar and Axist orig. \$20-\$50, sale 11.99-29.99 ARROW **Entire Stock Entire Stock 50**<sup>%</sup> 9999

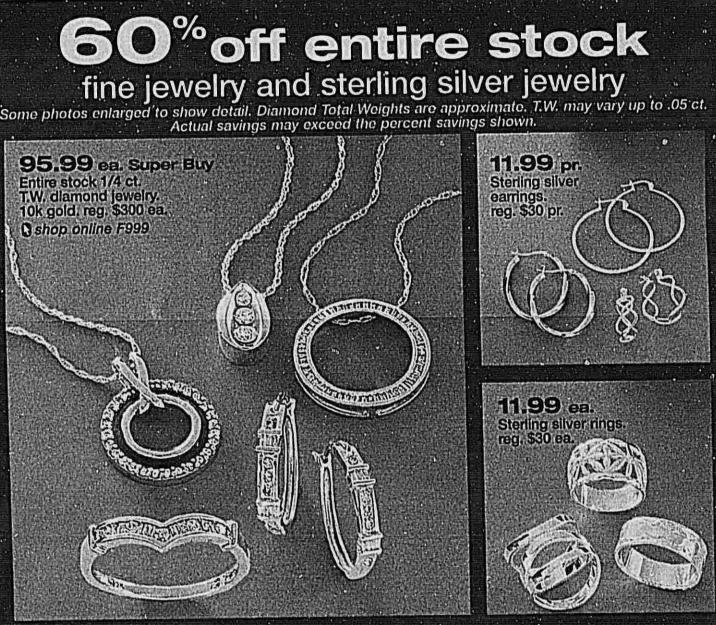


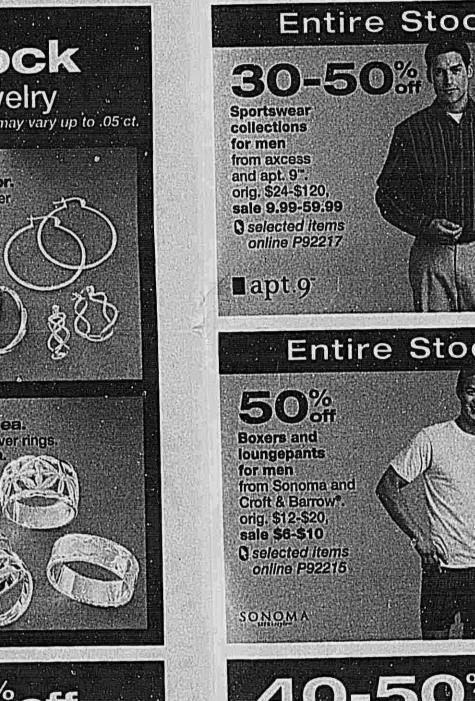


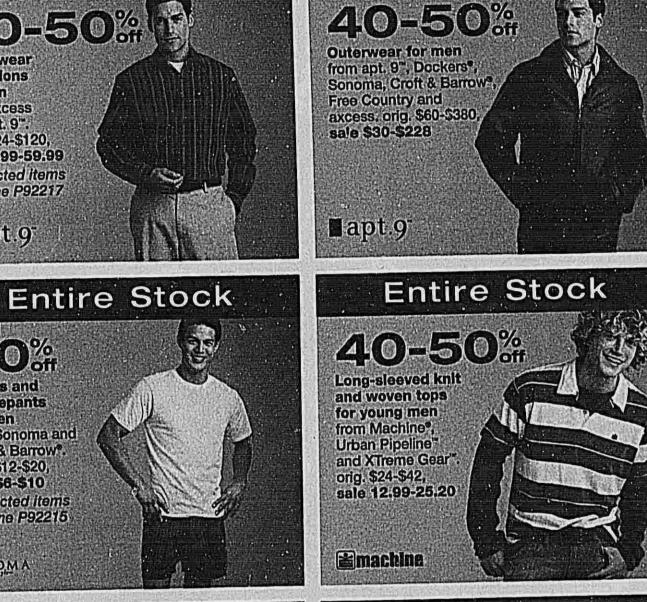
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orig. 19.50-119.50,









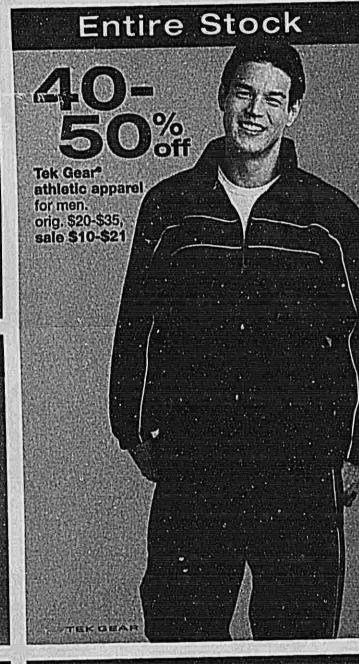
**Entire Stock** 

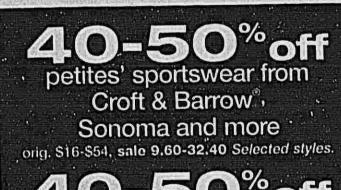


40%

for young men. orig. \$38-\$100,

ale 22.80-60.00





40-50% off 40-50% off entire stock entire stock Oh Baby!" by Motherhood separates from Briggs®, maternity apparel Notations & Carolyn Taylor orig. \$20-\$52, sale 12.00-31.20

**Entire Stock** Save 40% Bras from Lily of France\*, Barelythere\* and Playtex\* reg. \$24-\$30, sale 14.40-18.00 Selected styles. 40% off all panties and nnerwear orig. 3/\$15 to \$21 ea. sale 3/9.00 to 12.60 Excludes Jockey® & bra coordinates. LILY OF FRANCE

40% off entire stock fashion accessories for her, orig. \$8-\$40, sale 4.80-24.00 handbags and minibags

orig. \$16-\$65, sale 9.60-39.00 Selected styles

selected items online W1600

50% off entire stock boxed fashion jewelry reg. \$15-\$25, sale 7.50-12.50 40% off

entire stock bath & body reg. 1.50-25.00, sale .90-15.00

**Entire Stock** 

25-

reg. 19.95-550.00, sale 14.96-412.50

save

19<sup>99</sup> entire stock Lee Performance Khakis for men

**30**% off entire stock belts, wallets & jewelry for men. reg. 512-528, sale 8.40-19.60 Men's dept.

**Entire Stock** 

50%

for boys 8-20

orig. \$16-\$36 sale **\$8-\$18** 

**50**% off entire stock graphic tees

for young men. orig. \$18, sale \$9

Excludes collections and athletic. 50% off entire stock fleece tops for boys 8-20

Excludes collections and athletic.

**30**% off entire stock team apparel for boys 4-20. orig. \$16-\$45, sale 11.20-31.50 **18**99 entire stock

Urban Pipeline jeans & fashion cargo pants for young men



20-50% off

active- and fitnesswear

for misses

orig. S16-S50, sale S12-S40 Selected styles.

**Entire Stock** 25-50 Fashion Jewelry orig. \$8-\$32, sale 5.60-24.00 (selected items online items) 1928

**Entire Stock** 1499 Urban Pipeline" basic cargo pants for young men. orig. 29.99

40-50% off

entire stock

golf tops for men orig. \$28-\$50, sale 16.80-29.99

**50**% off

entire stock

Hanes pocket tees

for menereg. \$12, sale \$6

**Entire Stock** Chaps apparel for boys 4-20.



the new goldstar EETEINGE

O/O We've made it easy.

Final price is marked on the ticket. We do the math. You enjoy the savings.

Clearance prices represent savings off original prices. Selection varies by store. Interim markdowns may have been taken. Sorry, no price adjustment's given on prior purchases





ALL-DAY SAVINGS SATURDAY, September 23





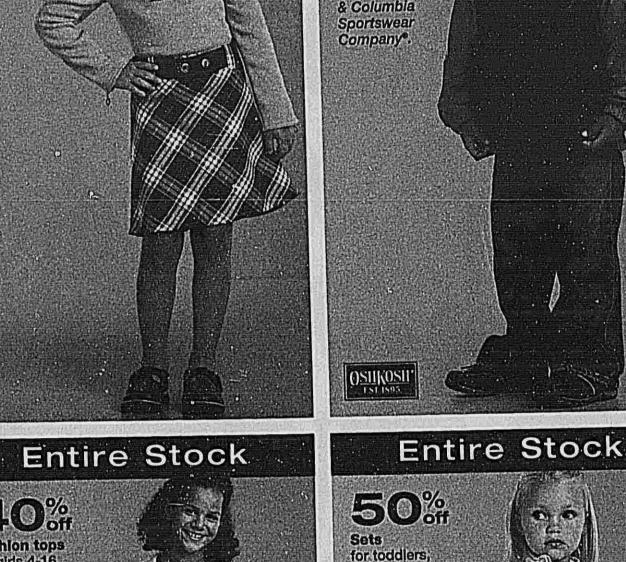




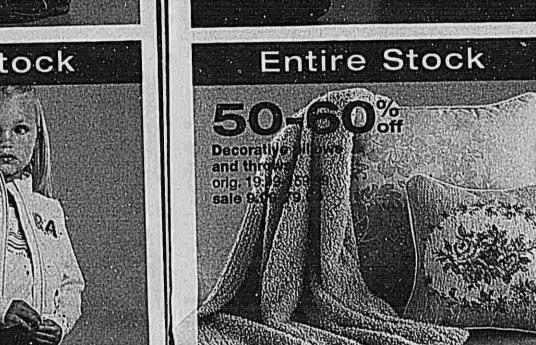
**50**%







& boys 4-7 Excludes athletic.





**Entire Stock** 

cutlery



orig. 26.99-169.99, sale 12.99-84.99

40-50%





entire stock

5-pkt. jeans for juniors from GLO\*, I.e.i.\* & Angels. reg. 29.99

Entire Stock Dockers

off off

Shoes & boots

orig. 39.99-79.99, sale 23.99-47.99 selected items online: SHOES

DOCKERS

or women



entire stock

active pants
for juniors, orig. \$26, sale \$13
Excludes MJ Soffe



25-40% off

entire stock

accessories



50% off

entire stock

Sonoma sets

for newborns & infants.



glassware & pantryware

. . . . . .

Entire Stock

4(0)(5(0))











Mootsles Tootsles\* True Grit

**Entire Stock** 

reg. 34.99-49.99;

sale 26.24-34.99











personal care



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**Entire Stock** Corduroy pants from Lee\*, Gloria Vanderbilt® and Dockers® for misses & petites.

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save an extra 15%

on entire stock denim jeans for juniors, misses, kids, young men, petites, women & men. Excludes Levi's & collections.



EARLYBIRD SPECIALS 7am to 1pm ONLY

Selected Early Birds also available online.

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999 All Sizes Home Classics 180-thread count bed in one bag sets

60% off all other bed in one bag sets orig. 89.99-269.99, sale 35.99-107.99 \*EARLY BIRD

249.99 plus save an extra 10% Dyson" DC07 All plus save an extra 10% Bissell\* Powersteamer\* Floors vacuum.

10-50% off plus save an extra 10%

on entire stock of floor care k selected items online H1400 \*\*EARLYBIRD



**EARLY**BIRD **Entire Stock** Handbags & minibags from Sonoma, apt. 9", SO... & Croft & Barrow® sale \$12-\$29 SO...so real. so right. selected items online W1600

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expect great things

Prices good Saturday, September 23, 2006.

Selection may vary by store. Some merchandise may not be available at every store. "Sale" prices and percentage savings offered in this advertisement are discounts from Kohl's "Regular" or "Original" prices. The "Regular" or "Original" price of an item is the former or future offered price for the item or a comparable item by Kohl's or another retailer. Actual sales may not have been made at the "Regular" or "Original" prices, and intermediate markdowns may have been taken. Clearance merchandise is excluded from "Entire Stock" promotions in this advertisement. In some events, actual savings may exceed the percent savings shown. KOHL'S® and KOHL'S brand names are trademarks of Kohl's Illinois, Inc. @2006 Kohl's Department Stores, Inc.

open a Kohl's Charge & take 15% off

Your first day's Kohl's Charge purchases. Plus, Kohl's Charge customers enjoy additional discounts 12 times a year. Limited time offer good now-Sept. 23, 2006. Subject to credit approval. See store for details.

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